

JOURNEY ~~2~~ WHOLENESS!



Breaking the **CURSE** of
ILLEGITIMACY and **SHAME**

J2W Book 1

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Preface



Journey2Wholeness is our follow-on series, after working through *Journey2Freedom*. J2W deals with the very important “*other side of the coin*” to deliverance and breaking generational curses — inner/emotional healing and maturity. Both dealing with deliverance and inner healing are so essential in themselves ... *but you cannot have the one without the other!*

While J2F focused on cleaning you up, closing illegal gateways, and breaking bondages — J2W focuses on *emotional* pain, inner wounds, arrested development, and restoration. Like J2F, this series is quite

intensive — J2W is really the practical “how to” series in walking in complete healing and victory. There are no lasting band-aids or plasters (B.E.E.P.S.) to inner wounds and pain, only the everlasting Cure of Y’shua¹ (Jesus) Messiah and His Ways.

Walking continuously in victory IS POSSIBLE in and by HIM!

¹ Y’shua (Hebrew) is Jesus’ real name, which means “Salvation”. We have no problem with the name “Jesus” — it is merely the Greek transliteration of “Y’shua”. Jesus is the name most of us grew up with. Remember though, Y’shua was a Jew, of the Tribe of Judah, not a Greek. It’s sort of like this ... when you come to know someone’s real name, you want to use it, hence the use of Y’shua instead of Jesus. Another powerful reason to use Y’shua is that every time you say His Name, you are proclaiming “Salvation”. You will also note in some places, we have used the real Name of the FATHER, YHWH. The Name is made up of the Hebrew letters, Yod-Hey-Vav-Hey, and is most commonly pronounced “Yahweh” or “Jehovah”. Again, we have chosen to use this, as YHWH is the FATHER’s Name.

Part 1:
*Curse of
Illegitimacy*

Introduction

This is a genuine problem that exists even today. The curse of illegitimacy affects the ability of believers to build a close fellowship with the FATHER, and with other believers.

In doing so, this curse targets the free flowing of the Spirit of Adoption noted in the New Testament — that Spirit which enables believers to cry out, “Abba, FATHER!”. Satan’s purpose is to prevent or destroy the intimacy of our FATHER with His children, preventing them from having a close and personal “Daddy” relationship.

Freedom from the curse of illegitimacy has deep implications for the practical deliverance of GOD’s people. This curse is a noteworthy device of satan to manipulate behind the scenes in order to keep GOD’s people from their rightful inheritance in the congregation of the righteous.



You are invited to consider the Scriptural evidence, both doctrinal as well as Biblical examples. We must realize that no one can be set free where ignorance prevails. This manual is not presenting a new doctrine, nor a new formula for deliverance ministry. This teaching is taking one of the roots (orphan heart, slavery vs. sonship, victim spirit) from the J2F series, and adding more understanding and revelation.

We want to advise you as reader to please not take things out of context and to see this teaching as part of the J2F series. J2F forms the foundation of all our teaching material at Kanaan Ministries, and we want to encourage you to work through this series because many of the basic terminology is explained in J2F and will not be repeated again in this teaching.

So, please journey with us in these pages to identify, understand, and overcome this weapon of the enemy — the curse of illegitimacy — and enable GOD’s people to become set free.

May the FATHER give us all grace and mercy to continue to set captives free, and confirm HIS WORK in them with signs, miracles, and wonders following.

AMEN!

ILLEGITIMACY SECTION 1:
GOD's Plan of Redeeming LOVE

The Heart of our Heavenly FATHER has always longed for fellowship with His people. In creating Adam and Eve, GOD created people who could receive His love. Parents long to have children simply because they love. Imagine our FATHER, Who is all LOVE, having no children with whom He could share it!

The enemy's intent is to destroy and hurt our FATHER's Heart. By deceiving Eve and bringing about the fall of man, satan attempted to frustrate what GOD created, and deny Him the joy and intimacy of fellowship with man which is so dear to His Heart. Thankfully, GOD initiated a plan to fully and completely deal with the problem. That plan was and remains our KING and MESSIAH, Y'shua (Jesus Christ).

Assault on the BLOOD

Ever since Genesis 3:15, GOD's Plan of deliverance has been Y'shua (Jesus). Scripture from Genesis 3:15 to Revelation 22:21 reveals Y'shua (Jesus) as the Red Thread that runs through all of history. His Atoning Blood became the ultimate sacrifice to redeem man completely. Since Leviticus tells us that the life GOD gave us is in the Blood, the life Blood of Y'shua (Jesus) is appropriately the final payment for the debt that was first initiated by the devil.

Remember that fellowship with man has always been GOD's objective. Y'shua's (Jesus') Purpose is to restore that fellowship for all who desire to have it. It takes the Perfect Blood of a Perfect Savior to satisfy the legal requirements necessary to restore relationship with the FATHER — logically in turn, corrupted blood legally blocks that relationship.

Corrupting the blood of generations has proven to be an effective legal blocking tactic of satan, and as with any weapon, it is most effective when it is hidden and not understood.



Since blood is transferred from generation to generation, and since, according to Deuteronomy 23:2, illegitimately conceived children perpetuate the transference of that cursed, corrupted blood for ten generations — the curse of illegitimacy is a particularly effective legal tool for satan's purposes. Ten generations is a long time. It is at least 400 years, perhaps more.

Thus this generational curse is perhaps far more effective and far-reaching than any other device the enemy has ever utilized to date.

What can be more damaging than corrupting the bloodline of GOD's people for present and future generations? The curse of illegitimacy has served satan well to accomplish this end. For all this, GOD has a marvelous plan to remove the authority of this curse for every generation and every bloodline.

As we have mentioned in our J2F series, breaking the authority of curses upon one's life or one's generations does not occur automatically with the acceptance of Y'shua (Jesus) as KING and Savior, any more than healing is always or fully received automatically with the new birth. But, just as healing arises with faith in the accomplished and ongoing ministry of healing through Messiah, so deliverance from curses can arise through the ongoing deliverance ministry of Y'shua (Jesus).

The believer's arsenal is spectacularly enhanced with the knowledge and understanding of the availability that Y'shua (Jesus) gave to each believer to overcome every curse, just as it is enhanced with the availability to receive healing by faith each time healing is needed.

John 8:32 *"32 And you will know the Truth, and the Truth will set (make) you free."*

It is not the truth that makes us free, but the truth we know, or the truth we understand and act on, that makes us free. It is progressive.

Sonship

Man was created on the sixth day of Creation. Man has a unique characteristic, which differentiates him from all else in creation. Immediately after this Creation, we find that GOD:

1. **Gave man purpose and direction — he is told to take dominion:**

Genesis 1:26 *"... and let them have complete authority over the fish of the sea, the birds of the air, the [tame] beasts, and over all of the earth, and over everything that creeps upon the earth."*

2. **Blesses man.** Take note the blessing came even before man had moved an inch — at this stage he had done nothing. The blessing is therefore a gift of love — we need to take this blessing in faith and go forth and live up to it. We can't earn the blessing — it's not my works, my cleverness, my gifts, and talents, etc. that counts — the blessing is a gift.

GOD's Blessing includes:

- Blessing to the CHILDREN (parents are to multiply).

Genesis 1:28 *"28 And GOD blessed them and said to them, Be fruitful, multiply, and fill the earth, and subdue it [using all its vast resources in the service of GOD and man] ..."*

- Blessing upon MARRIAGE — Not only is man a "blessed" individual but he has a mate/partner that is uniquely made to fit with him, to be his other half.

Genesis 2:23-25 *"23 Then Adam said, This [creature] is now bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of a man. 24 Therefore a man shall leave his father and his mother and shall become united and cleave to his wife, and they shall become one flesh. 25 And the man and his wife were both naked and were not embarrassed or ashamed in each other's presence."*

Blessing upon EVERY BELIEVER — GOD desires to bless by calling every single one of the people of Israel “children” and goes on to instruct the priests to bless the “children” of Israel every week.

Numbers 6:24-26 “24 The LORD bless you and watch, guard, and keep you; 25 The LORD make His face to shine upon and enlighten you and be gracious (kind, merciful, and giving favor) to you; 26 The LORD lift up His [approving] countenance upon you and give you peace (tranquility of heart and life continually).”

The Hebrew translation of this blessing reads:

“YHVH will kneel before you presenting gifts, and HE will guard you with a hedge of protection. YHVH will illuminate the wholeness of His Being toward you, bringing order, and HE will provide you with love, sustenance, and friendship. YHVH will lift up the wholeness of His Being and look upon you, and HE will set in place all you need to be whole and complete.”

With this blessing, GOD makes this proclamation — “I will mark you as my own.” This mark is something quite special — it almost seems that GOD’s Mark becomes a part of my DNA.

Numbers 6:27 “27 And they shall put My name upon the Israelites, and I will bless them.”

What does it mean to be made in GOD’s Image?



Let’s go back to how Man is created. Genesis 1:26 tells us Man is created in GOD’s IMAGE and LIKENESS — but what does this MEAN?

What does GOD LOOK like?

In Exodus 34, GOD reveals HIMSELF:

Exodus 34:6-7 “6 And the LORD passed by before him, and proclaimed, YHVH! YHVH! A GOD merciful and gracious, slow to anger, and abundant in loving-kindness and truth, 7 Keeping mercy and loving-kindness for thousands, forgiving iniquity and transgression and sin, but Who will by no means clear the guilty, visiting the iniquity of the fathers upon the children and the children’s children, to the third and fourth generation.”

The Scriptures were written in HEBREW. Hebrew is a VERB-orientated language — the focus is not on what I am, or what I think ... but on what I DO!

We see this in GOD’s Revelation of Himself — the focus is on what GOD DOES!

He ACTS with compassion, mercy, and grace ... He FORGIVES ... these are VERBS!

So how does that relate to YOU?

When you ACT as GOD acts (as particularly described in Exodus 34), you reflect GOD's IMAGE and LIKENESS!

This is the particular MANDATE for PARENTS ... to reflect GOD's Image to your children! LOVINGLY role-modeling GOD's IMAGE will establish your children in LEGITIMACY.

Deuteronomy 6:6-7 "6 And these words which I am commanding you this day shall be [first] in your [own] minds and hearts; [then] 7 You shall whet and sharpen them so as to make them penetrate, and teach and impress them diligently upon the [minds and] hearts of your children, and shall talk of them when you sit in your house and when you walk by the way, and when you lie down and when you rise up."

FATHERS, your role-modeling has CONSEQUENCES — either death or life!

And we ALL need to become TRUE sons/daughters of GOD!

How is a TRUE son/daughter of GOD described?

Psalms 103:17-18 "17 But the mercy and loving-kindness of the LORD are from everlasting to everlasting upon those who reverently and worshipfully fear Him, and His righteousness is to children's children—18 To such as keep His covenant [hearing, receiving, loving, and obeying it] and to those who [earnestly] remember His commandments to do them [imprinting them on their hearts]."

There are TWO elements to a RIGHTEOUS man (pertains to women too):

1. One who FEARS GOD and TEACHES this to his children.
2. One who keeps GOD's Commandments and remembers to DO them (obedience/ SH'MA).

And there are THREE kinds of believers:

1. GRACE Believer
 - a. Keeps the faith but shows no evidence of obedience (SH'MA) to the Commandments.
2. LEGALISTIC Believer
 - a. Diligently keeps MAN-MADE laws but no evidence of LIFE-giving faith.
3. TRUE Believer
 - a. Believers in ONE GOD through the LIFE-giving Blood of Y'shua (Jesus), AND is obedient to all GOD's Commandments.

Revelation 14:12 "12 Here [comes in a call for] the steadfastness of the saints [the patience, the endurance of the people of GOD], those who [habitually] keep GOD's commandments and [their] faith in Jesus."

We are to follow in our MESSIAH's Footsteps, and do as He did!

This definition of a true son may disturb many people. We want to think that GOD is only love and that as long as I “only” believe I will be fine.

But this kind of thinking and teaching battles to deal with the Scripture where Y’shua (Jesus) is teaching and says “I never knew you.”

Matthew 7:21-23 “21 Not everyone who says to Me, Lord, Lord, will enter the kingdom of heaven, but he who does the will of My Father Who is in heaven. 22 Many will say to Me on that day, Lord, Lord, have we not prophesied in Your name and driven out demons in Your name and done many mighty works in Your name? 23 And then I will say to them openly (publicly), I never knew you; depart from Me, you who act wickedly [disregarding My commands].”

It is clear from this word that some believers operate:

- In the works (legalism).
- In power (gifts).
- And although they seem to have the outward appearance of a son — in reality they do not have the IMAGE of GOD, and aren’t a true son.

Y’shua (Jesus) was a True Son:

- He professed the sovereignty of GOD the FATHER at all times.

Matthew 3:4, 7, 10 “4 This same John’s garments were made of camel’s hair, and he wore a leather girdle about his waist; and his food was locusts and wild honey. 7 But when he saw many of the Pharisees and Sadducees coming for baptism, he said to them, You brood of vipers! Who warned you to flee and escape from the wrath and indignation [of GOD against disobedience] that is coming? 10 And already the ax is lying at the root of the trees; every tree therefore that does not bear good fruit is cut down and thrown into the fire.”

- He obeyed GOD the FATHER at all times.

Matthew 5:17-20 “17 Do not think that I have come to do away with or undo the Law or the Prophets; I have come not to do away with or undo but to complete and fulfill them. 18 For truly I tell you, until the sky and earth pass away and perish, not one smallest letter nor one little hook [identifying certain Hebrew letters] will pass from the Law until all things [it foreshadows] are accomplished. 19 Whoever then breaks or does away with or relaxes one of the least [important] of these commandments and teaches men so shall be called least [important] in the kingdom of heaven, but he who practices them and teaches others to do so shall be called great in the kingdom of heaven. 20 For I tell you, unless your righteousness (your uprightness and your right standing with GOD) is more than that of the scribes and Pharisees, you will never enter the kingdom of heaven.”



John 6:6, 37-40 “6 But He said this to prove (test) him, for He well knew what He was about to do. 37 All whom My Father gives (entrusts) to Me will come to Me; and the one who comes to Me I will most certainly not cast out [I will never, no never, reject one of them who comes to Me]. 38 For I have come down from heaven not to do My own will and purpose but to do the will and purpose of Him Who sent Me. 39 And this is the will of Him Who sent Me, that I should not lose any of all that He has given Me, but that I should give new life and raise [them all] up at the last day. 40 For this is My Father’s will and His purpose, that everyone who sees the Son and believes in and cleaves to and trusts in and relies on Him should have eternal life, and I will raise him up [from the dead] at the last day.”

This is why GOD can make the declaration TWICE — “This is My Son”.

Mark 9:7 “7 And a cloud threw a shadow upon them, and a voice came out of the cloud, saying, This is My Son, the [most dearworthy] Beloved One. Be constantly listening to and obeying Him!”

Matthew 3:17 “17 And behold, a voice from heaven said, This is My Son, My Beloved, in Whom I delight!”

Benefits/Blessing of Sonship:

We see (and there are many more Scriptures that can be quoted) that the blessing is conditional on:

- LOVING GOD with all of your heart,
- And KEEPING His Commandments.

Let’s look at some highlighted BLESSINGS of SONSHIP from Job, Chapter 11 ...

Job 11:13 “13 If you set your heart aright and stretch out your hands to [GOD],”

1. We will take dominion. Both in the natural (i.e. over our own personal circumstances) as well as over the broader community.
 - a. We live a lifestyle of prayer, proclamation, and victory in our PERSONAL spheres — ourselves, our spouses, families, jobs, etc.
 - b. And the BROADER community — as we MATURE, we are involved in greater intercession/leadership, and become elders in the community.
2. We will love our neighbour as ourselves.
 - a. Because I have been redeemed, both within my spirit as well as in the soul (mind, will and emotions), I will become whole once again. From this platform of security I will be able to reach out confidently to others in need and bless them with love.
3. My Foundation is solid — I will be steadfast, and will not fear:

Job 11:15, 19 “15 Then can you lift up your face to Him without stain [of sin, and unashamed]; yes, you shall be steadfast and secure; you shall not fear. 19 You shall lie down, and none shall make you afraid; yes, many shall sue for your favor.”

4. I will no longer remember my past mistakes (many of us carry the guilt of past mistakes with us trying to make amends).

Job 11:16 “16 For you shall forget your misery; you shall remember it as waters that pass away.”

5. I will grow old with a shiny face.

Job 11:17-18 “17 And [your] life shall be clearer than the noonday and rise above it; though there be darkness, it shall be as the morning. 18 And you shall be secure and feel confident because there is hope; yes, you shall search about you, and you shall take your rest in safety.”

6. I am forgiven therefore I can forgive:



Psalms 32 “1 BLESSED (HAPPY, fortunate, to be envied) is he who has forgiveness of his transgression continually exercised upon him, whose sin is covered. 2 Blessed (happy, fortunate, to be envied) is the man to whom the LORD imputes no iniquity and in whose spirit there is no deceit. 3 When I kept silence [before I confessed], my bones wasted away through my groaning all the day long. 4 For day and night Your hand [of displeasure] was heavy upon me; my moisture was turned into the drought of summer. Selah [pause, and calmly think of that]! 5 I acknowledged my sin to You, and my iniquity I did not hide. I said, I will confess my transgressions to the LORD [continually unfolding the past till all is told]—then You [instantly] forgave me the guilt and iniquity of my sin. Selah [pause, and calmly think of that]! 6 For this [forgiveness] let everyone who is Godly pray—pray to You in a time when You may be found; surely when the great waters [of trial] overflow, they shall not reach [the spirit in] him. 7 You are a hiding place for me; You, LORD, preserve me from trouble, You surround

me with songs and shouts of deliverance. Selah [pause, and calmly think of that]! 8 I [the LORD] will instruct you and teach you in the way you should go; I will counsel you with My eye upon you. 9 Be not like the horse or the mule, which lack understanding, which must have their mouths held firm with bit and bridle, or else they will not come with you. 10 Many are the sorrows of the wicked, but he who trusts in, relies on, and confidently leans on the LORD shall be compassed about with mercy and with loving-kindness. 11 Be glad in the LORD and rejoice, you [uncompromisingly] righteous [you who are upright and in right standing with Him]; shout for joy, all you upright in heart!”

7. I am “asher”-happy, therefore I make others happy:

Psalms 1:1-2 “1 BLESSED (HAPPY, fortunate, prosperous, and enviable) is the man who walks and lives not in the counsel of the un-Godly [following their advice, their plans and purposes], nor stands [submissive and inactive] in the path where sinners walk, nor sits down [to relax and rest] where the scornful [and the mockers] gather. 2 But his delight and desire are in the law of the LORD, and on His law (the precepts, the instructions, the teachings of GOD) he habitually meditates (ponders and studies) by day and by night.”

8. I will prosper ... many times believers focus on prosperity as a sign of GOD's Blessing, but do not experience this in reality. We need to check our hearts and motives — the sin of envy/covetousness is the root of all evil. However, GOD has promised us this abundance of provision:

Psalm 1:3 “3 And he shall be like a tree firmly planted [and tended] by the streams of water, ready to bring forth its fruit in its season; its leaf also shall not fade or wither; and everything he does shall prosper [and come to maturity].”

In MATURING as a SON, we need to highlight the streams/FRUIT of LIFE/growth that I must look out for:

1. RIVERS of running WATER:

- I must be beside, around, in a Source of Life-giving Water. The work of my hands must be blessed. I must not be lazy, I must be diligent with my talents.

Matthew 25:16, 21 “16 He who had received the five talents went at once and traded with them, and he gained five talents more. 21 His master said to him, Well done, you upright (honorable, admirable) and faithful servant! You have been faithful and trustworthy over a little; I will put you in charge of much. Enter into and share the joy (the delight, the blessedness) which your master enjoys.”

- I must be an oasis in the wilderness (river water) — a place where someone can be refreshed before they venture out on the next part of their journey of destiny.

Matthew 20:13, 16 “13 But he answered one of them, Friend, I am doing you no injustice. Did you not agree with me for a denarius? 16 So those who [now] are last will be first [then], and those who [now] are first will be last [then]. For many are called, but few chosen.”

Revelation 22:1 “1 THEN HE showed me the river whose waters give life, sparkling like crystal, flowing out from the throne of GOD and of the Lamb”

2. A TREE which bears much FRUIT:

Matthew 12:33-37 “33 Either make the tree sound (healthy and good), and its fruit sound (healthy and good), or make the tree rotten (diseased and bad), and its fruit rotten (diseased and bad); for the tree is known and recognized and judged by its fruit. 34 You offspring of vipers! How can you speak good things when you are evil (wicked)? For out of the fullness (the overflow, the superabundance) of the heart the mouth speaks. 35 The good man from his inner good treasure flings forth good things, and the evil man out of his inner evil storehouse flings forth evil things. 36 But I tell you, on the day of judgment men will have to give account for every idle (inoperative, nonworking) word they speak. 37 For by your words you will be justified and acquitted, and by your words you will be condemned and sentenced.”

- My work will be reflected in the standard of excellence.

Luke 6:43,45 “43 For there is no good (healthy) tree that bears decayed (worthless, stale) fruit, nor on the other hand does a decayed (worthless, sickly) tree bear good fruit. 45 The upright (honorable, intrinsically good) man out of the good treasure [stored] in his heart produces what is upright (honorable and intrinsically good), and the evil man out of the evil storehouse brings forth that which is depraved (wicked and intrinsically evil); for out of the abundance (overflow) of the heart his mouth speaks.”

John 14:12-15 “12 I assure you, most solemnly I tell you, if anyone steadfastly believes in Me, he will himself be able to do the things that I do; and he will do even greater things than these, because I go to the Father.”

"13 And I will do [I Myself will grant] whatever you ask in My Name [as presenting all that I AM], so that the Father may be glorified and extolled in (through) the Son. 14 [Yes] I will grant [I Myself will do for you] whatever you shall ask in My Name [as presenting all that I AM]. 15 If you [really] love Me, you will keep (obey) My commands."

- My life will reflect the Fruit of the Spirit.

Galatians 5:22 *"22 But the fruit of the [Holy] Spirit [the work which His presence within accomplishes] is love, joy (gladness), peace, patience (an even temper, forbearance), kindness, goodness (benevolence), faithfulness,"*

- I will be able to perform work of charity and upliftment.

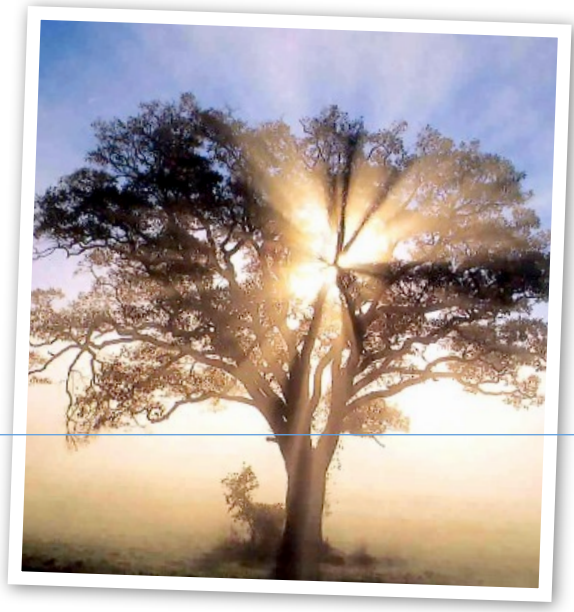
John 14:12-15 *"12 I assure you, most solemnly I tell you, if anyone steadfastly believes in Me, he will himself be able to do the things that I do; and he will do even greater things than these, because I go to the Father. 13 And I will do [I Myself will grant] whatever you ask in My Name [as presenting all that I AM], so that the Father may be glorified and extolled in (through) the Son. [Exod. 3:14.] 14 [Yes] I will grant [I Myself will do for you] whatever you shall ask in My Name [as presenting all that I AM]. 15 If you [really] love Me, you will keep (obey) My commands."*

3. The LEAVES shall not wither ...

But will bring HEALING — to be TALL like a DATE palm in an oasis ... those who come will be REFRESHED and treated with the sweetest of fruit, the DATE.

- I will walk in the victory of a HEALTHY life — living to a ripe old age — the silver in my hair will bear witness to my wisdom.

Romans 8:11 *"11 And if the Spirit of Him Who raised up Jesus from the dead dwells in you, [then] He Who raised up Christ Jesus from the dead will also restore to life your mortal (short-lived, perishable) bodies through His Spirit Who dwells in you."*



1 Peter 2:24 *"24 He personally bore our sins in His [own] body on the tree [as on an altar and offered Himself on it], that we might die (cease to exist) to sin and live to righteousness. By His wounds you have been healed."*

- I will counsel with words of life/healing, deliverance, and help for all who pass me by.

Revelation 22:2 *"2 Through the middle of the Broadway of the city; also, on either side of the river was the tree of life with its twelve varieties of fruit, yielding each month its fresh crop; and the leaves of the tree were for the healing and the restoration of the nations."*

4. FRUIT will be GENERATIONAL ...

Leaving a LEGACY/inheritance for the next generation, and those still to come.

A spiritual father will always be ready to lift up his son's hands — to use his wisdom/ experience to support their vision and strength.

A true son/father will release the potential for the next generation to fly even higher than the father ever could.

- I will forgive, reconcile, and RESTORE.

Luke 15:20-24 "20 So he got up and came to his [own] father. But while he was still a long way off, his father saw him and was moved with pity and tenderness [for him]; and he ran and embraced him and kissed him [fervently]. 21 And the son said to him, Father, I have sinned against heaven and in your sight; I am no longer worthy to be called your son [I no longer deserve to be recognized as a son of yours]! 22 But the father said to his bond servants, Bring quickly the best robe (the festive robe of honor) and put it on him; and give him a ring for his hand and sandals for his feet. 23 And bring out that [wheat-]fatted calf and kill it; and let us revel and feast and be happy and make merry, 24 Because this my son was dead and is alive again; he was lost and is found! And they began to revel and feast and make merry."

- I will empower and RELEASE.

Luke 15:31 "31 And the father said to him, Son, you are always with me, and all that is mine is yours."

- I will leave a good NAME.

Ephesians 3:14-15 "14 For this reason [seeing the greatness of this plan by which you are built together in Christ], I bow my knees before the Father of our Lord Jesus Christ, 15 For Whom every family in heaven and on earth is named [that Father from Whom all fatherhood takes its title and derives its name]."

1 John 3:1 "1 SEE WHAT [an incredible] quality of love the Father has given (shown, bestowed on) us, that we should [be permitted to] be named and called and counted the children of GOD! And so we are! The reason that the world does not know (recognize, acknowledge) us is that it does not know (recognize, acknowledge) Him."

- I will leave an INHERITANCE.

Romans 8:17 "17 And if we are [His] children, then we are [His] heirs also: heirs of GOD and fellow heirs with Christ [sharing His inheritance with Him]; only we must share His suffering if we are to share His glory."

1 Peter 1:1-9 "1 PETER, AN apostle (a special messenger) of Jesus Christ, [writing] to the elect exiles of the dispersion scattered (sowed) abroad in Pontus, Galatia, Cappadocia, Asia, and Bithynia, 2 Who were chosen and foreknown by GOD the Father and consecrated (sanctified, made holy) by the Spirit to be obedient to Jesus Christ (the Messiah) and to be sprinkled with [His] blood: May grace (spiritual blessing) and peace be given you in increasing abundance [that spiritual peace to be realized in and through Christ, freedom from fears, agitating passions, and moral conflicts]. 3 Praised (honored, blessed) be the GOD and Father of our Lord Jesus Christ (the Messiah)! By His boundless mercy we have been born again to an ever-living hope through the resurrection of Jesus Christ from the dead, 4 [Born anew] into an inheritance which is beyond the reach of change and decay [imperishable], unsullied and unfading, reserved in heaven for you,"

"5 Who are being guarded (garrisoned) by GOD's power through [your] faith [till you fully inherit that final] salvation that is ready to be revealed [for you] in the last time. 6 [You should] be exceedingly glad on this account, though now for a little while you may be distressed by trials and suffer temptations, 7 So that [the genuineness] of your faith may be tested, [your faith] which is infinitely more precious than the perishable gold which is tested and purified by fire. [This proving of your faith is intended] to redound to [your] praise and glory and honor when Jesus Christ (the Messiah, the Anointed One) is revealed. 8 Without having seen Him, you love Him; though you do not [even] now see Him, you believe in Him and exult and thrill with inexpressible and glorious (triumphant, heavenly) joy. 9 [At the same time] you receive the result (outcome, consummation) of your faith, the salvation of your souls."

- I will provide a HOME.



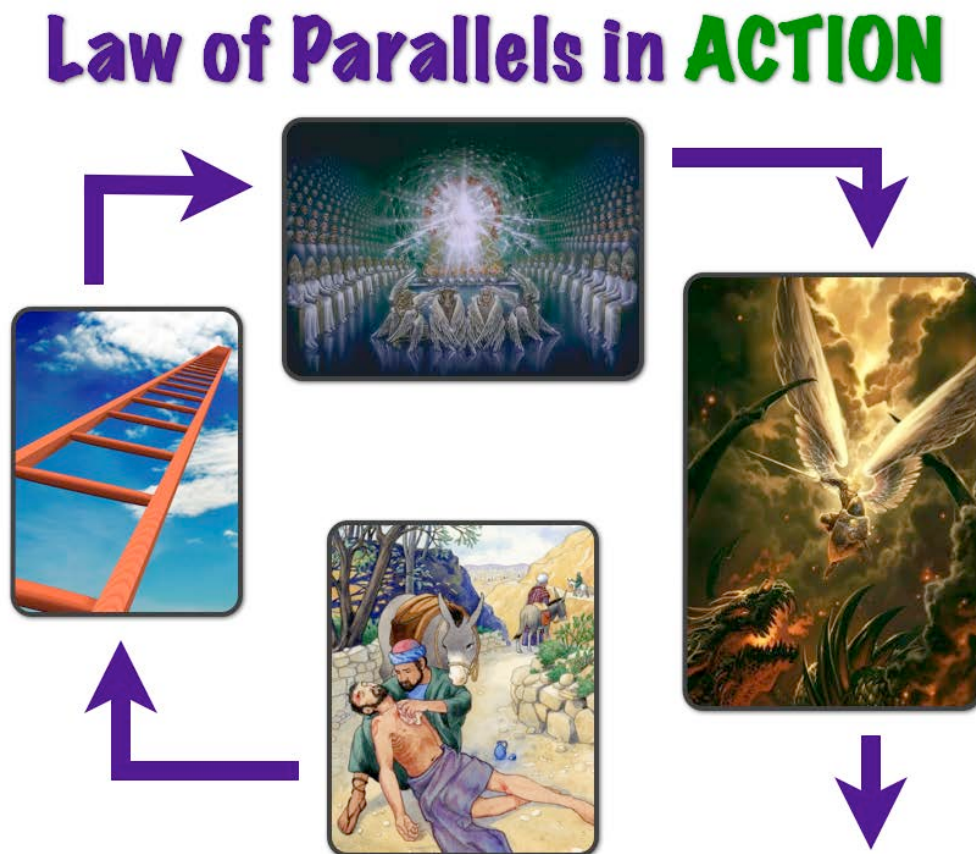
John 14:1-3 "1 DO NOT let your hearts be troubled (distressed, agitated). You believe in and adhere to and trust in and rely on GOD; believe in and adhere to and trust in and rely also on Me. 2 In My Father's house there are many dwelling places (homes). If it were not so, I would have told you; for I am going away to prepare a place for you. 3 And when (if) I go and make ready a place for you, I will come back again and will take you to Myself, that where I am you may be also."

ILLEGITIMACY SECTION 2:
When I am NOT a SON

Law of Parallels

Before continuing — we need to put in place a foundational principle, which is necessary to the study of GOD's Word.

In 1 Corinthians 15:45-46, Paul tells us that the PHYSICAL comes first, as it is a representation (picture) of the spiritual. We look to the physical, in order to understand the SPIRITUAL realm. We also understand then, that our ACTIONS — whether they be prayer, showing kindness to someone, or in any way reflecting GOD's Image — our lives/ actions here EFFECT the spiritual realms.



If we keep the “Law of Parallels” principle in mind, we will better understand some of the seemingly difficult concepts of the Old Testament.

The following verse for EXAMPLE:

Deuteronomy 23:2 “2 A person begotten out of wedlock shall not enter into the assembly of the LORD; even to his tenth generation shall his descendants not enter into the congregation of the LORD.”

GOD will never turn away a REPENTANT soul ... so what can this mean?

BASTARD means “estranged” from the purity of a GODLY bloodline, and as such, is blemished. We are all called to take dominion (our purpose), however, illegitimacy causes us to not be able to enter into the blessing of a true son/daughter.

Illegitimacy robs us of SONSHIP and rulership on earth — I can't take dominion! Illegitimacy also robs me of a sense of LIFE — I am a city with holes in the wall. I therefore struggle in my relationship with others, and my ABBA FATHER!

Illegitimacy will ROB me of my INHERITANCE of fellowship, relationship, and belonging!

Let's look at the HEBREW word for "bastard" (Strong's H4464), **M-(a)-M-Z-(e)-R**, spelt:

- MEM
- MEM
 - The MEM represents chaos.
- ZAYIN
 - The ZAYIN represents a weapon.
- RESH
 - The RESH represents a head and/or family.

The word picture we get is — ***"a father who is a weapon of chaos"***.

Every child born into this world was created to be a son or daughter to someone, with a capacity to receive love from a mother and father. Yet, many of us cannot say that we have been true sons or daughters to our parents or to spiritual fathers. We are born with a spirit of independence and want control of our own lives. This kind of slave-thinking affects our relationship with authority and ABBA FATHER.

We do not cast out a slave-heart, but it must be introduced to a Loving FATHER and then be willing to receive the FATHER. If we do not allow ourselves to be fathered by the FATHER of Creation, it becomes very easy to be deceived by the father of lies, the first, chief spiritual orphan.

We are then left living life as if we do not have a home and feeling like spiritual orphans — a feeling that we do not have a safe and secure place where we are affirmed and protected, where we find identity and a place of belonging in the FATHER's Love.

There are TWO categories of children of GOD:

SONS/DAUGHTERS

Those living their lives knowing they
have a HOME

ORPHANS/BASTARDS

Those living their lives AS IF they
don't have a home ... the illegitimate
heart will always fight for that which
belongs to the TRUE sons/daughters
of GOD ... the illegitimate heart is
always ENVIOUS of those who are
in true relationship with GOD!

The slave-spirit can be a demonic spirit and also a heart attitude. The slave-heart always feels like you're on the outside looking in.

Submission and subjection is very important for sonship. Sonship understands the FATHER's Mission — receiving His Love and giving it away.

When I am subject to GOD's Mission — I have LIFE.

When I am subject to MY OWN mission — I end up in DEATH ("I will").

Always remember — the Great Commandment comes BEFORE the Great Commission!

Satan's TWO-fold attack in the Garden was:

Has GOD said?

Brings DOUBT

Has GOD said?

Makes you feel INSECURE in GOD's
love for YOU

Have you experienced doubt and insecurity in your walk with GOD? Whose voice have you been listening to?

The BEGINNING of Illegitimate Thinking

The first orphan ever was Lucifer when he was expelled from Heaven. Eve was deceived into illegitimate thinking:

- "You will be like the Father".
- "Just do it the way you want to do it."
- "Eat of the wrong tree."

FATHER GOD knew when Adam and Eve had sinned. They went into hiding and did not want to fellowship with Him.



As parents, we know when our children are lying to us. We know when they are hiding from us because they close off their heart to us. The FATHER wants to cover you — GOD took an animal and made clothes from the skin.

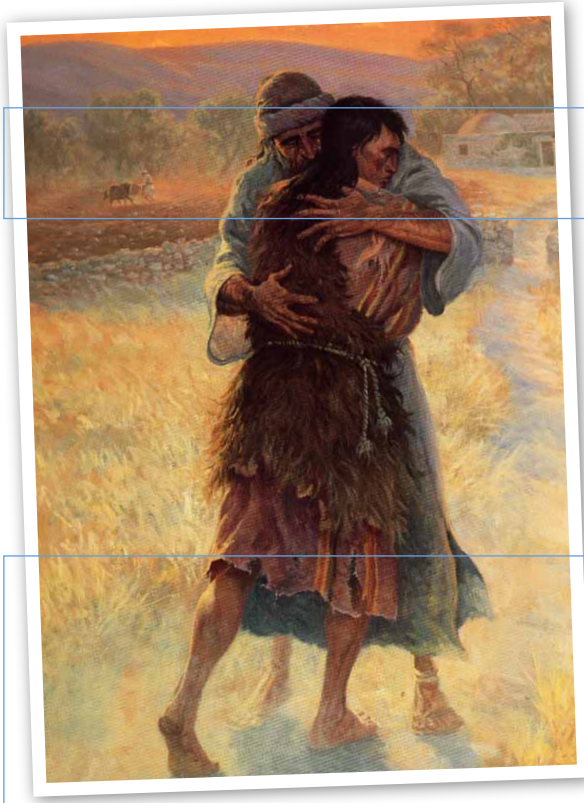
Orphan thinking:

- Will not take responsibility (Adam blamed Eve, Eve blamed satan).
- Blames others.

If you choose orphan thinking, you have to leave the Garden of the FATHER's Love.

A Universal Problem!

Not one of us have ever had sonship. We are all born with an illegitimate spirit. We are all born as orphans. We can be born again, spirit-filled, etc. ... but still have slave/illegitimate thinking.



What was the turning point of 4,000 years of history?

John 14:18-23 *"18 I will not leave you as orphans [comfortless, desolate, bereaved, forlorn, helpless]; I will come [back] to you."*

Orphans have no faith for anyone to meet their need. The only thing they know is to take it for themselves. You may have been introduced to the FATHER, but you can't receive His Love. You can legally be a son or daughter, but still live your life as if you don't have a home — you can't receive the LOVE.

Hebrews 12:7 *"7 You must submit to and endure [correction] for discipline; GOD is dealing with you as with sons. For what son is there whom his father does not [thus] train and correct and discipline? 8 Now if you are exempt from correction and left without discipline in which all [of GOD's children] share, then you are illegitimate offspring and not true sons [at all]."*

So, if you can't receive discipline, correction, guidance then you become like an illegitimate child spiritually.

One of a father's duties is to help his child deal with his/her own heart — anger, bitterness, etc. If a child experiences that there is something in them that is against their FATHER, we need to ask the following question: "When did you cease from being the son/daughter of your father or mother?" When was the day you rejected your father and mother (most often, in your heart) because they hurt you so badly, and from then on you stopped trusting? You became an orphan ... ?

ILLEGITIMACY SECTION 3:
The Eight-Step Progression to an
Illegitimate/Slave Heart

The 8-Step progression to an illegitimate/slave heart:

1. Small children focus upon the faults we see in parental authority. Parents who have been hurt, hurt their children in a repeating cycle of generational destruction. We receive our parents' faults as disappointments, discouragement, grief, rejection, woundedness ... how can you be a father if you were never a son, but a slave in your home?
2. We lose basic trust in parental authority. For EXAMPLE — I step accidentally on your foot and ask forgiveness — you still trust me as a person with integrity, love, etc. However, next time I walk past you, you withdraw your foot to prevent another hurt.

You trust me as a person BUT you've lost basic trust and won't let me come too close — you will withdraw. Life with pain and rejection will cause us to lose basic trust in relationships, and can be ingrained by the time you are five years old. If anyone gets too close, you move behind your walls of protection. Don't trust, don't talk, and don't feel. I will not trust you enough to allow you to get near my feelings.



Our relationships are superficial because of a loss of basic trust. Basic trust is the capacity to hold your heart out to another person.

Basic trust means that even when it hurts, you risk becoming vulnerable and keeping your heart open. If you are secure in the FATHER's Love you can move beyond the weaknesses in others, and you can release GOD's Love in the situation. You move back into the FATHER's Love in every situation — even if they come at you in full anger ... even if someone is misrepresenting the FATHER's Love to you, you can still be secure.

Loss of basic trust causes us to avoid people. However, the lack of basic trust is not an issue between you and other people, but ultimately between you and GOD.

Relationships work if they are built on trust and initial respect. If I can't respect you, there will be animosity in our relationship. If I can't trust you, there can't be a flow of relationship.

If we want to have Godly relationships we must never end relationships on a negative note. Agree with your adversity. Enter into FATHER's Rest — a place of meekness and gentleness. Relationships blow up when I focus on what man thinks of me.

When I enter GOD's Rest and know what GOD thinks of me — I live life like I have a home — I am secure. I do not need to take on the same spirit as the person that is attacking me. If I am subject to the FATHER, I am loved. Then GOD's Grace comes in whatever the circumstances — that is basic trust.

3. When you lose basic trust, you move into a fear of submission in receiving love, comfort, and admonishing from others — “I’ll just do it myself!” — and you close your heart to others.
4. You take on an independent self-reliant attitude. You become a SURVIVOR — “I’ll just do it myself — I can’t rely on anyone to do it for me”. You take care of everything, yourself included, and therefore you can’t cast your cares upon Y’shua (Jesus).

We want the power and control of your own life and destiny. We won’t be real or open to admit need of anyone or anything. Our pain/baggage says — it only results in someone hurting you, disappointing you, someone letting you down again.

5. Because of our WOUNDING and our world being “UNSAFE”, we start controlling our life and all our relationships. Relationships become superficial, and we keep people at a distance. We become independent and isolated, and fear being hurt.
6. As you continue in this CYCLE — being wounded and closing your heart — you now form STRONGHOLDS of illegitimate thinking, “No-one will be there for me ...” And you live life as an ORPHAN.

You feel as if no-one is there for you. You have to do things for yourself and then we build a stronghold of Independence, self-reliance, rebellious attitude and begin to live life as spiritual “bastard”. You don’t have a safe place. You will have to fight, , wrangle, and argue for everything.

7. As we’ve seen in J2F8, in whatever degree we are still WOUNDED and ARRESTED in our development, we chase after B.E.E.P.S. to “medicate” the PAIN and COPE with life!
- **Behaviours** — work, ministry, career, etc.
 - **Events** — thrills, adrenaline junkies, parties, etc.
 - **Experiences** — sex, pleasures, etc.
 - **People** — relationships, family, etc.
 - **Substances** — alcohol, drugs, money, possessions, etc.

B.E.E.P.S. are ANYTHING we run to, to substitute and use to medicate our PAIN!

8. We continue in the DESTRUCTIVE cycle, and live a life of oppression — the final stage of SLAVERY.

Heaviness, darkness and great difficulty, to receive any love and admonition from GOD and others.

Roman 8:14 “14 For all who are led by the Spirit of GOD are sons of GOD.”

To come to the place of sonship you have to be led by the Spirit of GOD. Those that are being led by satan are not sons.

When you cut off intimacy in a relationship, the cold love that exists defiles all other relationships — they all become conditional. Only those that act right do right, talk right will be accepted. Those who don't agree with you, will be rejected.

You can be born again, living in the FATHER's House, Spirit-filled, BUT if you're not led by a Fathering spirit (Hebrews 12:8), you become more like a slave and when the Holy Spirit begins to move, all you want is the POWER, the FIRE, and manifestations ... but you can't receive the discipline of the FATHER.

Anything in us that is not subjected to the FATHER's Mission must change. During the outpouring of the FATHER's Blessing in Toronto and elsewhere in the world, many were touched by the FATHER's Love — but did NOT change and live a SH'MA lifestyle — walking in loving obedience to FATHER's Instructions.

If we are not MATURING in being sons/daughters of our FATHER — and we are not grounded in Him and His Ways/Words — the blessings/tolls of the FATHER become “toys” for our own SELFISH pleasure — and results in an “ALL ABOUT ME” attitude ... and we don't produce Godly FRUIT!



Everyday — you are either doing the deeds of the father of lies, OR the FATHER of Truth. We all want to be like Y'shua (Jesus) — do not focus your life on Y'shua (Jesus) — focus on what He focused on. Y'shua (Jesus) was Who He was (and is) because of His FATHER.

John 5:19 “19 So Jesus answered them by saying, I assure you, most solemnly I tell you, the Son is able to do nothing of Himself (of His own accord); but He is able to do only what He sees the Father doing, for whatever the Father does is what the Son does in the same way [in His turn].”

We will be who we are, depending on whom we are focused on. You must discern whose voice you are listening to!

Either you focus on the FATHER as He speaks out of Love, or the father of lies (a legalist) deceives you by questions/use of partial truth, to try to cause confusion. Every thought we accept determines our future. Every voice you hear and obey determines your inheritance.

If you are a child of GOD, you are joint heirs with Messiah Y'shua (Jesus Christ).

Our inheritance is love, joy, peace, meekness, patience, self-control, ability to trust, miracles, signs and wonders.

You must live in agreement with the FATHER of Creation, in submission to HIS Purposes and Kingdom — to receive love, and give it away!

Questions you need to ask yourself:

- Who are you subject to?
- Whose son/daughter are you?
- Who are you listening to?

SONS:

The Comforter.

Innocence.

Gentleness.

Meekness.

Openness.

Humility.

Liberty.

Rest.

Health.

Wholeness.

Mercy.

Forgiveness.

Not just physical healing, falling down, or laughing — but a SH'MA lifestyle, producing Godly fruit.

ILLEGITIMATE THINKERS:

Accuser of the brethren.

My gift and position.

Let people see ME.

Cannot submit to anyone.

Take everything as personal.

Criticizing, judging.

Track record of broken heart.

Escaping humanity.

Fight for everything.

Manipulate, control.

Wrangle trying to steal inheritance.

Undermining.

Making others look bad so you can look good. Sucking up to people, to get things and position. Never satisfied. Always wants more.

ILLEGITIMACY SECTION 4:
Before you can inherit ...
you SUFFER!

Hebrews 5:8-9 “8 Although He was a Son, He learned [active, special] obedience through what He suffered, 9 And, [His completed experience] making Him perfectly [equipped], He became the Author and Source of eternal salvation to all those who give heed and obey Him,”

Inheritance is not for slaves — it's for sons! Conflict in relationships helps you see what the uncrucified areas in your heart are.

Illegitimate thinkers are always looking for the high places, the places where you'll be recognized, and the place where you're stroked and patted — it's every slave's thinking.

Illegitimate thinkers walk with an intravenous drip in their hand, they run up to whoever is important in the building, stick in their intravenous drip — “Just praise me, just value me, let me be the centre of attention!”

Illegitimate children will try to get their unhealed needs of fatherlessness met.

When the FATHER of Creation tells you that He loves you and values you and your needs are fulfilled, you don't need to get other people's approval ... “I'm loved the way I am and not the way I should be”.

Illegitimate thinkers have relationships built on what you will do for them. You cannot measure your sonship on other people's faithfulness and loyalty.

The Parable of the Prodigal

Consider the parable of the prodigal — he was not interested in being in the House with FATHER, nor working with FATHER, submitted to HIS Purposes ... He just wanted the BLESSINGS and INHERITANCE, to speak on HIMSELF!

What happens in the parable?

The son spends all his inheritance, until it is all GONE — and he's sitting with the PIGS! Yet, he decides to REPENT, to RETURN, and SUBMIT himself under FATHER as a slave ...

- His FATHER was WAITING.
- And RAN!
- FATHER restored the prodigal as a SON!

But have you thought about the end of the story? And the older brother? He may have stayed with FATHER — and yet, still lived as an “orphan” never really knowing the FATHER ...



QUESTION: What are your reasons for being loyal and faithful? What am I to get out of all this? Doing all the right things but never having the FATHER's Heart — are you the older brother.

Illegitimate thinkers value the FATHER for what the FATHER will do for him — not for intimacy and love.

The illegitimate thinker is not subject to the FATHER's Mission. They believe they are being used. When FATHER says "NO" to what they want, the illegitimate thinker takes offense — personal rejection.

- Illegitimate thinkers don't look to the future, but on — "What comforts my pain NOW?!" They have a "short-cut" spirit.
- Their feelings of being right justifies their negative attitude.
- They can't feel compassion. Everyone must meet their need.
- They are always right.
- They justify and vindicate out of their rightness, the amount of hurt they cause others. Criticizing and demeaning others.

The illegitimate thinker values authority figures for what they can get out of them. Even in marriage — "What can I get out of this?" Their children must meet their needs.

Illegitimate thinkers do all the right things for the wrong reasons. They don't feel other's pain. All they know is they are right. "If someone else is hurting, it's their problem."

Illegitimate thinkers consume the Blessings of GOD upon their own lusts until one day their inheritance is all gone.

Hebrews 12:7-8 "7 You must submit to and endure [correction] for discipline; GOD is dealing with you as with sons. For what son is there whom his father does not [thus] train and correct and discipline? 8 Now if you are exempt from correction and left without discipline in which all [of GOD's children] share, then you are illegitimate offspring and not true sons [at all]."

If you're not able to receive discipline/correction, then you are illegitimate children. The word SUBJECT is the same as SUBMISSION — this means to "be underneath, and push up and life flows through you".

To illustrate, let's look at this scenario — two people fall into a pit. For both to come out, one will need to submit to another. One will need to bow down and allow the other one to climb onto his back. Then the one in submission needs to push up so that both will live. Thus, submission results in self-redemption.

Illegitimate Thinkers are subject to their OWN mission ... and end up dying in the pit. "I don't have enough basic trust to submit to believe you'll get me out of the pit!"

Romans 8:16-17 "16 The Spirit Himself [thus] testifies together with our own spirit, [assuring us] that we are children of GOD. 17 And if we are [His] children, then we are [His] heirs also: heirs of GOD and fellow heirs with Christ [sharing His inheritance with Him]; only we must share His suffering if we are to share His glory."

We are joint heirs with Messiah, but we must FIRST SUFFER, then inherit.

Illegitimate thinkers say — “As long as you meet my needs, I will serve you.” But when the authority figure has a need, or a place of weakness and despair — then we see what is really in the heart of an illegitimate thinker.

- The illegitimate thinker’s heart will abandon.
- The illegitimate thinker values more what you can do for him than intimacy, love and relationship.
- The illegitimate thinker is in agreement with the accuser — “I will!”

When we are no longer submitted to the FATHER’s Mission — death begins to come. Elisha said to Elijah — “My Father, my Father, I will not leave you”. If you stay with the FATHER, you will inherit. The sufferings of this present time can’t compare with the GLORY that lies ahead!

The enemy tried very hard to get Y’shua (Jesus) to receive the heart of an illegitimate thinker. He knew if he succeeded, we would never be saved. The illegitimate thinker will never come into the glory that is yet to be revealed. You learn obedience through suffering as a son, and then you’ll become a signpost towards eternal salvation.

What is the suffering?



In Luke 2 we read the story of Y’shua (Jesus) as a twelve-year old teaching in the synagogue. It was during the time of the Feast of Passover — He had to submit to parents who did not understand what He was doing. Years later, Y’shua (Jesus) weeps over Jerusalem. For the next eighteen years, He went home to make furniture and submitted to His earthly father and mother.

Luke 2:51-52 “51 And He went down with them and came to Nazareth and was [habitually] obedient to them; and his mother kept and closely and persistently guarded all these things in her heart. 52 And Jesus increased in wisdom (in broad and full understanding) and in stature and years, and in favor with GOD and man.”

Y’shua (Jesus) continued in subjection to them, underneath and pushing up. Y’shua (Jesus) showed us through His example, that He had to do His earthly Father’s mission FIRST, before He could do His Heavenly Mission.

The pattern we have in the Scriptures is — FIRST the natural, and THEN the spiritual (1 Corinthians 15:46). Y’shua (Jesus) was given favour, acceptance, kindness, thanks, gratitude, grace, without expectation of anything in return.

Galatians 4:6-7 “6 And because you [really] are [His] sons, GOD has sent the [Holy] Spirit of His Son into our hearts, crying, Abba (Father)! Father! 7 Therefore, you are no longer a slave (bond servant) but a son; and if a son, then [it follows that you are] an heir by the aid of GOD, through Christ.”

Y'SHUA (JESUS) and John the Baptist

Y'shua (Jesus) fulfilled all righteousness in His Life — and exemplified humility and submission, when he submitted Himself to be ministered to and baptized by John the Baptist. For us, we learn that we must receive from man, to be able to receive from GOD. How can you minister to others, if you are not receiving ministry from others? Willing to be subject to man brings humility and brokenness — dying to the flesh.

What is very important to understand is that submission does not mean you must submit to ABUSIVE authority of control and manipulation.

1 John 4:20 *"20 If anyone says, I love GOD, and hates (detests, abominates) his brother [in Christ], he is a liar; for he who does not love his brother, whom he has seen, cannot love GOD, Whom he has not seen."*

How can you love GOD who you can't see? If you can't love man who you can see?

In the example of Y'shua (Jesus), we see there was FIRST relationship, THEN ministry. BEFORE Y'shua (Jesus) ever started His Ministry — He was FIRST affirmed by His FATHER — "This is My Beloved Son, in Whom I am well pleased!"

We must always walk in the Great Commandment FIRST, before walking out the Great Commission!

After you receive the FATHER's Love, you are led into the wilderness to make sure that all you need is really only the FATHER's Love. Satan will do everything to try and steal from you your sonship. He will come to you with illegitimate thinking. When satan tried to tempt Y'shua (Jesus) in the wilderness, he attacked Him on all three levels where Adam and Eve failed.

Has GOD said?

1. The passions of the flesh — "turn these stones into bread".
2. Position — "cast yourself down" — self reliance.
3. Possessions — "kingdom of this world".

These are all counterfeit affections — B.E.E.P.S. After the temptations in the wilderness, satan departed and the angels ministered to Y'shua (Jesus). Note the order — FIRST the revelation about the FATHER's Love, then the wilderness experience.

What equips us for ministry?

- Being established in FATHER's LOVE.
- Being subject to the FATHER's Mission.
- Submitting one to another, in COMMUNITY, in accordance to the Kingdom and GOD's Ways.
- Being MENTORED by an older/trustworthy person — in order to MATURE!

- Overcoming temptation in wilderness (moral failures).
- Only then are you ready for your own ministry.

Luke 4:18-19 “18 The Spirit of the LORD [is] upon Me, because He has anointed Me [the Anointed One, the Messiah] to preach the good news (the Gospel) to the poor; He has sent Me to announce release to the captives and recovery of sight to the blind, to send forth as delivered those who are oppressed [who are downtrodden, bruised, crushed, and broken down by calamity], 19 To proclaim the accepted and acceptable year of the LORD [the day when salvation and the free favors of GOD profusely abound.]”

And **EXAMPLE** of abusive authority — Saul

David was forced to get away from Saul or else he would die. He continued to live as a son and stayed submitted, honoring Saul. There are many Sauls in the land. But that does not change the Godly principle about sonship.

The illegitimate heart is dependent on his gifts, talents, and anointing to make it in the ministry. But the son is completely dependent on the FATHER. Qualifications for being able to minister: “I can’t do this without the FATHER”.



This is reflected in the sons of Aaron. These first two sons die because of their illegitimate attitude, but the younger two go on to become priests. The meaning of the son’s name who takes over (Eleazer) is: “I can’t do anything without GOD.” We pride ourselves to being independent, but it is un-Godly.

SONSHIP

Seeking after TRUTH in LOVE,
walking after GOD’s Ways in LOVE

At PEACE with FATHER

NOT dependent on performance, but
on what FATHER and Y’SHUA has
done and is DOING

ILLEGITIMATE THINKING

Lives by the RULES, relationship
with GOD is based on LEGALISM

Constantly INSECURE, striving,
trying to act right and do right, NO
PEACE

Dependent on the praise of MEN,
fears MAN and seeks MAN’s
approval, which always results in
TROUBLE and pulling you away
from GOD

ILLEGITIMACY SECTION 5:

The Nature of the Illegitimate
Man is revealed by the
Motives of His HEART

If we're HONEST ... what is the motivation for much of our prayers, fasting, and self-discipline? For man, sense of acceptance is based on his human effort.

What we see taking place in the natural is often a reflection of what is beginning to occur in the spiritual (1 Corinthians 15:46). The spirit of Ishmael (the orphan heart) warring against the spirit of Isaac (the spirit of a son) seems to be the dominating spirit upon the earth today.

The same spirit that is releasing terrorism upon the earth is also prevalent within all of society. Rivalry, envy, and jealousy produce violence within both the natural and spiritual realms as we compete with one another for the hearts of people and seek to establish our own land.



Our search for acceptance, significance, and identity often results in a wrestling match as we grasp for what we deem is rightfully ours. It is evident within politics, the workplace, the entertainment and sports industries, and sadly, even within the Church. The result can be a “holy war” unconsciously proclaimed by those with an orphan heart as they struggle with their brethren for position, and authority, and inheritance.

Ishmael (meaning “whom GOD hears”) was the first-born of Abraham to Hagar, the handmaiden of Sarah, Abraham’s wife. At 16 years of age, Ishmael was forced into the wilderness, away from his father, because of jealousy and rivalry between the two women over whose son would have rights to the inheritance of Abraham (Genesis 21:9-21).

Arabic historians divide the Arabs into two races:

- Pure Arabs, descendants of Joktan.
- And Mixed Arabs, descendants of Ishmael.

The prophecies from Genesis 16:12 and 25:18 are now and have always been true:

“And he (Ishmael) will be a wild donkey of a man, his hand will be against everyone, and everyone’s hand will be against him ... He settled in defiance of all his relatives.”

Since the moment Ishmael experienced rejection from his father — through the next 3,900 years — many of Ishmael’s descendants’ attitudes, dispositions, manners, habits, government, or dress have not changed.

What also has not changed is the tension between the one who lives life as if he does not have a home (the spirit of a slave), and the one who is secure in his father’s love and heart (the spirit of sonship).

Often within the church, it is difficult to tell whether a person walks in the heart attitude of a slave or a son (this includes daughters). Outwardly, a person may have a pattern of service, sacrifice, discipline, and apparent loyalty — but you do not know what is inside a person until he or she gets bumped. Then the attitude of the heart overflows at a time when they feel they are not getting the recognition or favor they deserve.

Somehow the difference lies in the motives and intentions of the heart. Let us look at the following chart and see what is revealed as we put definitions to the terms “spiritual orphan” and “spiritual son” and place them side by side in contrast with one another.

Hebrews 12:7-9 “7 You must submit to and endure [correction] for discipline; GOD is dealing with you as with sons. For what son is there whom his father does not [thus] train and correct and discipline? 8 Now if you are exempt from correction and left without discipline in which all [of GOD’s children] share, then you are illegitimate offspring and not true sons [at all]. [Prov. 3:11, 12.] 9 Moreover, we have had earthly fathers who disciplined us and we yielded [to them] and respected [them for training us]. Shall we not much more cheerfully submit to the Father of spirits and so [truly] live?”

Defining an Illegitimate Thinker versus a Son:

THE ILLEGITIMATE THINKER	TOPIC	SON
See GOD as Master.	IMAGE OF GOD	See GOD as a LOVING FATHER.
Independent/Self-Reliant.	DEPENDENCY	Interdependent/ Acknowledges Need.
Live by religious LEGALISM.	THEOLOGY	Live by LOVING obedience to GOD’s Commandments.
Insecure and lack PEACE.	SECURITY	Restful and at PEACE.
Strive for the praise, approval, and acceptance of MAN.	NEED FOR APPROVAL	Totally accepted in GOD’s Love and justified by GRACE.
A need for personal achievement as you seek to impress GOD and others, or no motivation to serve at all.	MOTIVE FOR SERVICE	Service that is motivated by a deep gratitude for being unconditionally loved and accepted by GOD.
Duty and earning GOD’s Favor or no motivation at all.	MOTIVE BEHIND CHRISTIAN DISCIPLINES	Pleasure and delight.

THE ILLEGITIMATE THINKER	TOPIC	SON
"Must" be holy to have GOD's Favor, thus increasing a sense of shame and guilt.	MOTIVE FOR PURITY	"Want to" be holy, do not want anything to hinder intimate relationship with GOD.
Self-rejection from comparing yourself to others.	SELF-IMAGE	Positive and affirmed because you know you have such value to GOD.
Seek comfort in counterfeit affections -- B.E.E.P.S.	SOURCE OF COMFORT	Seek times of quietness and solitude to rest in the Father's Presence and Love.
Competition, rivalry, and jealousy toward others' success and position.	PEER RELATIONSHIPS	Humility and unity as you value others and are able to rejoice in their blessings and success.
Accusation and exposure in order to make yourself look good by making others look bad.	HANDLING OTHERS' FAULTS	Love covers as you seek to restore others in a spirit of love and gentleness.
See authority as a source of pain ... distrustful toward them and lack a heart attitude of submission.	VIEW OF AUTHORITY	Respectful, honoring ... you see GODLY authority as mentors, helping you to mature.
Difficulty receiving admonition ... you must be right so you easily get your feelings hurt and close your spirit to discipline.	VIEW OF ADMONITION	See the receiving of admonition as a blessing and need in your life so that your faults and weaknesses are exposed and put to death.
Guarded and conditional, based upon others' performance as you seek to get your own needs met.	EXPRESSION OF LOVE	Open, patient, and affectionate as you lay your life and agendas down in order to meet the needs of others.
Conditional and distant.	SENSE OF GOD'S PRESENCE	Close and intimate.
Bondage	CONDITION	Liberty
Feel like a servant/slave.	POSITION	Feel like a son/daughter.

THE ILLEGITIMATE THINKER	TOPIC	SON
Spiritual ambition, the earnest desire for some spiritual achievement and distinction and the willingness to strive for it ... a desire to be seen and counted among the mature.	VISION	To daily experience the Father's Unconditional Love and Acceptance and then be sent as a representative of His Love to family and others.
Fight for what you can get!	FUTURE	Sonship releases your inheritance!

Illegitimate thinking is not something you can cast out — it is un-Godly beliefs and/or attitudes of our flesh/emotions, that have been developing over a lifetime (and particularly stemming from our childhood). It has become part of our personality and character. It must be displaced (put to death) and HEALED by a personal (and CONTINUAL) experience in the FATHER's Love and a revelation of the spirit of Sonship. This will require a re-positioning of our life — and out choosing to remain TEACHABLE, open, and willing to MATURE.

Many people have been given words that GOD will use them mightily to minister to others. Yet, it seems the day and the hour of the LORD's release in your life has been delayed ... others have wondered why they have prayed every prayer known to mankind for deliverance or healing of emotional pain, yet they still battle frustration, anxiety, loneliness, and fears. We have to address the hidden, unconscious issues of the spiritual slave ... and it's a JOURNEY!



Hebrews 13:5 "5 Let your character or moral disposition be free from love of money [including greed, avarice, lust, and craving for earthly possessions] and be satisfied with your present [circumstances and with what you have]; for He [GOD] Himself has said, I will not in any way fail you nor give you up nor leave you without support. [I will] not, [I will] not, [I will] not in any degree leave you helpless nor forsake nor let [you] down (relax My hold on you)! [Assuredly not!]"

- I am at home with the FATHER!
- If GOD had a refrigerator, He would have your picture on it.
- If He had a wallet, your photo will be in it.
- He could live anywhere in the universe He wants, BUT He chose to live in you!

WOW! What an AWESOME Abba!

ILLEGITIMACY SECTION 6:
Understanding the Curse
of Illegitimacy

The curse of illegitimacy starts at the time of an illegitimate conception. Its consequence is that for ten generations people are not able to come into the congregation of the LORD.

Sex outside of marriage, even if that couple subsequently gets married before the child is born, produces an illegitimate child. That child is the second generation of the next ten. If the people repent and break that curse, they and the child that they have authority over, are set free to come into the congregation of the LORD.



In the New Testament, Y'shua (Jesus) died on the cross to redeem us from the penalty of our breaking GOD's Commandments — IF we repent. His Death is our ATONEMENT — and now, without fear of death, we can confidently (being empowered by His SPIRIT and GRACE) walk in loving obedience to GOD's Commandments and Ways — Y'shua's (Jesus') Death also redeems us from all bondages and curses!

Praise GOD! His Mercy endures forever and ever!

In Deuteronomy 23:2, it says TEN generations. Do you know everything that has transpired in the last ten generations in your family? Many parents don't even know what their children did last night. How can we know the details of all our ancestors' lives for the past four hundred or more years?

Just as Israel, though given the Promised Land, had to take each city by faith and obedience to divine revelation, so must we today take each of their promised blessings by such faith and obedience.

Today, our deliverer is not Moses. Just as it was not Moses, but JOSHUA (meaning GOD is my Salvation) that took the people into the Land — so, our Deliverer is Y'shua (meaning Salvation). He will lead His people to a place of learning to hear and obey GOD. If we resist and remain stubbornly disobedient to hearing and obeying His Voice, we will never cross over into the Promised Land of our inheritance. Instead, we will remain in the place of wilderness wandering — it is OUR CHOICE!

For example, Y'shua (Jesus) came to bring a more than abundant life (John 10:10). And in 3 John 2, we learn that above all things, GOD wants us to prosper and be in health.

3 John 2 *"2 Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well and prospers."*

But what does it take to receive this health and prosperity? The rest of the verse says that our SOULS must prosper. How do our souls prosper? By believing and obeying the Word of GOD, which leads us to developing a personal relationship with The Word of GOD, Messiah Y'shua (Jesus Christ). He is the Living Word, the Way, the Truth, and the Life.

Curses are the very things that satan uses to interfere with the blessings given to GOD's people by their Heavenly FATHER. They are his stealth technology.

Generational curses, occultic curses, curses spoken by believers against other believers, Christian judgmental statements (which are curses), gossip curses, even clergy curses — these give all the authority satan needs to undermine the believer's blessings from GOD. Remember, GOD's Gifts and Calling are without repentance. GOD never takes away His Gifts.



The curse of illegitimacy and its consequences directly interfere with our ability to come into the congregation (fellowship) of the LORD. We believe that the curse of illegitimacy interferes with our ability to stay GOD-hungry. This results in our seeking to find our own way to GOD. Or, stated in the language of Deuteronomy, we try to find our own way into the congregation of the LORD.

ILLEGITIMACY SECTION 7:
Tracing the Curse of Illegitimacy

How does satan use the curse of illegitimacy to keep GOD's people from drawing near? How has he used it to frustrate the Purposes of GOD to have close fellowship with His people? To answer these questions, let's begin again in Deuteronomy 23.

1. Lot's Daughters

Deuteronomy 23:2-3 *"2 A person begotten out of wedlock shall not enter into the assembly of the LORD; even to his tenth generation shall his descendants not enter into the congregation of the LORD. 3 An Ammonite or Moabite shall not enter into the congregation of the LORD; even to their tenth generation their descendants shall not enter into the assembly of the LORD forever,"*

Why does GOD immediately mention that the Ammonites and Moabites fell under the curse of illegitimacy? The reason is explained in verse four — they failed to help Israel with bread and water in the wilderness, and because they hired the prophet Balaam to curse them.

But, these behaviors are the direct result of the curse of illegitimacy, and the record of this incident is noted in Genesis 19:30-38:6. In these Scriptures, Lot's daughters have no husbands after the cities Sodom and Gomorrah were destroyed. In order to raise up children to carry on their father's name, they made their father drunk and laid with him at night.

Both daughters became pregnant from their incest and bore sons, Ammon and Moab, who became the nations by those names.



Ammon and Moab were illegitimate children. They and their descendants could never come into the congregation of the LORD. The curse of illegitimacy on these children, however, gave satan the authority to attack GOD's people with curses. This time, those attacks were thwarted by GOD's Love for Israel. Satan got better at using this curse over time.

GOD created man, not only in His image, but He also created man for fellowship. The curse of illegitimacy prevents that fellowship from occurring because the consequence of this curse is that people are not able to come into their full potential of sonship within the congregation of the LORD.

It is GOD's Primary Will that we take up our place in the congregation of the LORD, because this is the place of intimacy and fellowship — the purpose for making man in the first place!

2. Abraham and Hagar

Satan's next attempt to introduce the curse of illegitimacy on the bloodline of GOD's people occurred with Abram. GOD had covenanted with Abram, declaring that he would be the father of many nations. Abram and Sarah faithlessly pre-empted GOD by taking Hagar and producing the illegitimate son, Ishmael. Ishmael was cursed.

He was not GOD's Plan. Ishmael was the result of Abraham's flesh-decision to do GOD's Will his own way instead of GOD's Way.

Genesis 16:11-12 *"11 And the Angel of the LORD continued, See now, you are with child and shall bear a son, and shall call his name Ishmael [GOD hears], because the LORD has heard and paid attention to your affliction. 12 And he [Ishmael] will be as a wild ass among men; his hand will be against every man and every man's hand against him, and he will live to the east and on the borders of all his kinsmen."*

Ishmael would be unable to live peaceably with every man. Think about this. The curse of illegitimacy prevents people from fellowship with GOD and with others. This curse lasts for at least 400 years. Naturally, satan doesn't stop fostering this curse simply with the first incidence, but endeavors to keep it running continually with subsequent generations as well. Ishmael, and all his descendants, are under this curse. Who are Ishmael's descendants? They constitute one of the world's three great religions today that claim Abraham as their father. This curse is very far reaching, even today.

3. The Curse of Judah

The next recorded incident of the curse of illegitimacy at work is in Genesis 38. The entire chapter relates how Judah refused to give either of his two remaining sons to his widowed daughter-in-law, Tamar, as instructed in the Torah. Realizing this, Tamar dressed as a prostitute and seduced her father-in-law to lie with her. The children that resulted from this incest were illegitimate. They were bastards, and thus the bastard curse commenced upon them and their descendants for the next ten generations.

Satan tried very hard to corrupt the bloodline through which Messiah Y'shua (Jesus Christ) would be on His mother's side. The curse of illegitimacy is very powerful. Sin leads to more sin. But the curse of illegitimacy is what injects a corrupting effect that lasts for ten generations.

No other sin in the Bible results in such an enduring generational curse. Death was the only means to eradicate the effects of this generational curse in the Old Testament. To eliminate it, not only was (sometimes) the death of the immediate perpetrators required, but their entire bloodline had to be purged by death. Remember, if only one person was spared, the curse could continue to grow in subsequent generations. We are not simply talking about sin that could be erased through repentance or any other means of sacrifice. The curse of illegitimacy's effect was generationally lasting, and in effect, was satan's heavy artillery to destroy the bloodline, as well as keep GOD's children from the congregation of the LORD.

We must keep in mind, that although the two parties may have lived after an illicit affair (see GOD's Instructions in Deuteronomy 22), the GENERATIONAL curse had been opened in the bloodline, and would continue on in its effects.

Although her motives were righteous — and Tamar is honoured to be in the bloodline of Y'shua (Jesus) — she did deceive Judah, and the sons of this union were illegitimate children (Tamar and Judah never married) ... and the cycle of curses on Judah's bloodline continued. Remember that satan was trying to get to the seed of the woman in Genesis 3:15.

A curse gives authority to the devil to interfere with the Will of GOD in mankind's life. The curse of illegitimacy was satan's primary tactic to accomplish this in Judah's bloodline, down to King David's father, Jesse. By corrupting the bloodline, he could keep GOD's children from developing a close relationship with Him, and try to corrupt the seed of the woman (the Messiah) from being born. He did not know that the seed of the woman would have only the woman's seed and not a human father's seed. But nevertheless, satan's strategy² was to destroy the woman's bloodline so thoroughly that it could not produce the seed necessary to defeat him as spoken by GOD in Genesis 3:14 and 15.

4. The House of Jesse

Have you ever wondered why the house of Jesse, David's father, was prophesied to be the line through which the kings of Israel would come, and yet Saul was chosen as the first king?

Isaiah 11:1-12 *"1 AND THERE shall come forth a Shoot out of the stock of Jesse [David's father], and a Branch out of his roots shall grow and bear fruit. 2 And the Spirit of the LORD shall rest upon Him—the Spirit of wisdom and understanding, the Spirit of counsel and might, the Spirit of knowledge and of the reverential and obedient fear of the LORD—3 And shall make Him of quick understanding, and His delight shall be in the reverential and obedient fear of the LORD. And He shall not judge by the sight of His eyes, neither decide by the hearing of His ears; 4 But with righteousness and justice shall He judge the poor and decide with fairness for the meek, the poor, and the downtrodden of the earth; and He shall smite the earth and the oppressor with the rod of His mouth, and with the breath of His lips He shall slay the wicked. 5 And righteousness shall be the girdle of His waist and faithfulness the girdle of His loins. 6 And the wolf shall dwell with the lamb, and the leopard shall lie down with the kid, and the calf and the young lion and the fatted domestic animal together; and a little child shall lead them ..."*



Satan's effort to counter GOD's Plan for the house of Jesse involved Saul. This was his second effort to thwart GOD's Plan for the house of Jesse. His first effort had been through the curse of illegitimacy on Judah and Tamar. Remember the curse of illegitimacy was effective for ten generations? Jesse was the tenth generation from Judah!

Matthew 1:1-6 *"1 THE BOOK of the ancestry (genealogy) of Jesus Christ (the Messiah, the Anointed), the son (descendant) of David, the son (descendant) of Abraham. 2 Abraham was the father of Isaac, Isaac the father of Jacob, Jacob the father of Judah and his brothers, 3 Judah the father of Perez and Zerah, whose mother was Tamar, Perez the father of Hezron, Hezron the father of Aram, 4 Aram the father of Aminadab, Aminadab the father of Nahshon, Nahshon the father of Salmon, 5 Salmon the father of Boaz, whose mother was Rahab, Boaz the father of Obed, whose mother was Ruth, Obed the father of Jesse, 6 Jesse the father of King David, King David the father of Solomon, whose mother had been the wife of Uriah,"*

² The enemy's strategy was also to corrupt the seed, through the intermingling of fallen angels and nephilim. For more information, please see our booklet: **"TODAY, As In The Days Of Noah"**.

5. David and Bathsheba

The curse started AGAIN!



David and Bathsheba constituted generation number one of the curse of illegitimacy. When the child died, some people would say that the death took care of the penalty for adultery (which was for both people to be put to death). But in this case, the David and Bathsheba continued to live. GOD extended His mercy to David. But even with GOD's Mercy, the consequences still remained as a curse in David and Bathsheba's bloodline.

A legitimate child is born from a marriage of a man and a woman. Their love produces offspring that are blessed. An illegitimate child is not from love, but from lust outside of marriage. In this case, satan used this advantage to leverage David into more sin. Adultery was accompanied by ordering

the murder of Uriah, which produced additional generational curses in his family, all of which came into being in association with the curse of illegitimacy.

The results in David's children included:

- **Incest.**
 - David's firstborn son Ammon raped his half-sister Tamar. Tamar was left destitute for the rest of her life with soul ties to this half-brother.
- **Murder.**
 - Absalom went against his father David's wishes not to kill Ammon. After killing Ammon, Absalom rose up and decided to be king. He took David's wives, in fulfillment of Nathan's prophecy in 2 Samuel 12:11. Absalom even determined to kill his father. All of this cost Absalom his life.
- **Rebellion and attempts to take over the throne.**
 - Another son, Adonijah tried to usurp David's throne when he was old. He conspired with Joab and the high priest Abiathar. Adonijah was murdered subsequently by Solomon, whose problems are also well known (1 Kings 11).

Notice that these problems arose in just the SECOND generation alone.

Evil gets worse and worse with each generation. The evil that followed in David's generations included:

- Personal rebellion,
- Sickness,
- Suicide,

- Murder,
- Mental illness, and much more.

Almost every king, with only a few exceptions, became more evil with each reign. Those who did follow GOD were never able to fully rid the Land of idolatry and sin as GOD desired.

Of David's first six sons:

- The first, Amnon raped Tamar and then was murdered by Absalom.
- Of the second, Chibb, fifth, Sephatiah, and sixth, Itham, no mention is made.
- The third, Absalom, was rebellious, a murderer, attempted murder of father, and was murdered himself.
- The fourth, Adonijah, plotted and attempted to take David's throne when David had his last illness. These had total disregard for GOD's House.

At this point, satan had gathered so much authority in the kings of Israel through the curse of illegitimacy and other generational curses, that it looked like he had won. Yet for all this, satan did not know that in Messiah Y'shua (Jesus Christ), GOD had His Own Seed. In all of satan's deception, he was the most deceived of all!

Y'shua (Jesus) has **RISEN!**

He has overcome death, hell, and the grave!

ILLEGITIMACY SECTION 8:
The Effect of this Curse
continues TODAY

The effects of the curse of illegitimacy continue on today, to make war against the believers through:

1. **War — Ancient and Modern**

Consider warfare — ancient and modern. War has, for centuries, involved raping, killing, and plundering. Every war, from the smallest African tribal conflict to the largest world war has always left behind a trail of illegitimate children.

If you are from a EUROPEAN background, you will know that many bloodlines were corrupted by such warring peoples as:

- The Goths,
- The Gauls,
- The Celts,
- The Franks,
- The Vikings as they devastated villages all over Europe,
- The Germans in the time of Hitler. He had so-called “breeding farms” where young girls were encouraged to have babies with SS soldiers to further the “superior” race.



Or if you are from ASIA, how many generations have been affected by the marauding:

- Huns,
- Mongols,
- or Seleucids?

Or from AMERICAN INDIANS, who warred against neighboring tribal nations?

Or from AFRICA, where many tribal wars have taken place, as well as racism and slavery. In African cultures, we have a culture that a woman must first produce a child before the man will marry her.

You can be pretty sure that we all have been under this curse, and still are if we have not repented for the sins of our forefathers or our own sin in these matters.

Word on Abortion

We must add that an abortion does not set people free from the curse of illegitimacy, even though the child was killed before it had a chance to be born. If you have done this, even though you have asked GOD to forgive you for the abortion, you still need to repent to remove the curse of illegitimacy off you.

Example of a family under this curse — four generations which included:

- Mother,
- Daughter,
- Grandchildren
- And great grandchildren.



Mother ran away from home at fifteen (claimed poverty was the reason), lived with a man, conceived an illegitimate daughter. The daughter runs away at fifteen, lives with a man, conceived grand-daughter ... lives with another man, creates another illegitimate grandson and grand-daughter ... marries, has legitimate grandson ... divorces, lives with another man and has illegitimate grand-daughter.

First grand-daughter entices a man to sex, conceives a child and forces the man into marriage. Second grand-daughter, the step-father exposes himself to her. First grandson is very promiscuous. Second grandson (only legitimate child) is the only Christian with any strength — he is very weak and unsure. Last grand-daughter, thirteen years old, finds out she is also illegitimate and is broken-hearted over it.

Here are some of the negative character traits that are evident of this curse:

- Never feeling at home in any community/church for long. Cannot enter into relationships at any community/church — become dissatisfied and move to a different community/church approximately each year.
- Never feel good about themselves — ashamed for people to look at them.
- Have an overriding fear of failure and authority figures. Do you have an unusual desire to please peers and adults or a fear of not being accepted by GOD?
- Striving excessively to succeed and stopping short of realizing the goal.
- A rebel, resisting authority, and have no respect for others.
- Fighting verbally and physically.
- Demonic pressure toward sexual activities — do you sell yourself for nothing?
- If you have a tendency to perversions or violence, agitating passion, moral conflict and craving or covetousness, perhaps the curse of illegitimacy is on you.
- No joy in natural or spiritual life.

Are there specific manifestations of this curse in YOUNG PEOPLE?

- Tendency to perversion or violence,
- Agitating passion,
- Moral conflict,

Young person:

- ☒ Does crime fascinate you?
- ☐ Are you ashamed for people to look at you?
- ☐ Do you have an unusual desire to please peers and adults?
- ☐ Do you sell yourself for nothing?
- ☐ Do you have no respect for yourself or others?
- ☐ Do you not trust and obey GOD or your parents?
- ☐ Do you deviate from GOD's Ways/Commandments?
- ☐ Do you have no joy?
- ☐ Are you double-minded?

The Spirit of ADOPTION is GOD's PRIMARY answer to every one who suffers under the curse of ILLEGITIMACY!

Illegitimacy in Families

Illegitimacy is most common on the first-born, but emotional illegitimacy can be upon a child in a large family — feeling they don't belong in the family.

A person who has a foundation of illegitimacy, who feels homeless and fatherless, can often even reject his/her homeland and heritage (like the Prodigal Son in Luke 15). This person then bonds together with others in injustice and hatred of authority and rebellion. They usually become very seductive and promiscuous.

They leave the "FATHER's House" — spiritually. They go to a "far country" and eat pigs' food. They have a hunger deep within that cannot be satisfied. Illegitimacy births an anger towards GOD. Illegitimacy leaves a huge deposit of rejection and a mindset of "I am not wanted anywhere."



When our father curses us instead of blessing us, we are left with grief, sorrow, rejection and anger. Illegitimacy will cause us to put up a huge wall of self-protection. It can become so thick that it can be impossible for a person to know how much pain is really in their own heart.

ILLEGITIMACY SECTION 9:
Adoption, GOD's Plan of
RESTORATION

The concept of adoption has a negative connotation to it. Within the world system of today, children are literally thrown away/abandoned for a variety of reasons. This reflection is emotionally a source of great distress. However, the mental trauma of “not being wanted” or being “second hand” is even more difficult to handle.

Most certainly the society in general attaches a stigma onto such a person. This is probably one of the cruelest twists in human perversion and iniquity. After all, what did the child do wrong? It is after all the parent who should carry the moral judgment, if any is needed.

The process of adoption in the physical is also not always the easiest and most pleasant. Prospective parents often adopt because of their own inability to have children of their own. Consequently we find two worlds coming together — each bringing its own load of baggage.

It is safe to say that generally speaking, the process of adoption is not always seen in the best light. This negative image is certainly not GOD’s Idea of adoption and it really calls for a significant renewing of the mind to see adoption from GOD’s Perspective.

Adoption is GOD’s Plan!



Adoption was planned before the disruption of the world:

Ephesians 1:4-5, 11 “4 Even as [in His love] He chose us [actually picked us out for Himself as His own] in Christ before the foundation of the world, that we should be holy (consecrated and set apart for Him) and blameless in His sight, even above reproach, before Him in love. 5 For He foreordained us (destined us, planned in love for us) to be adopted (revealed) as His own children through Jesus Christ, in accordance with the purpose of His will [because it pleased Him and was His kind intent]—11 In Him we also were made [GOD’s] heritage (portion) and we obtained an inheritance; for we had been foreordained (chosen and appointed beforehand) in accordance with His purpose, Who works out everything in agreement with the counsel and design of His [own] will,”

Hearts of the Fathers and Children

The Word teaches us that in the last days the hearts of the fathers will be turned to the hearts of the children and so also will the hearts of the children be turned back to their fathers.

Malachi 4:6 “6 And he shall turn and reconcile the hearts of the [estranged] fathers to the [un-Godly] children, and the hearts of the [rebellious] children to [the piety of] their fathers [a reconciliation produced by repentance of the un-Godly], lest I come and smite the land with a curse and a ban of utter destruction.”

What is a home?

Warmth	Tenderness
Protection	Valued Gentleness
Security	Honour/Respect
Affirmation	Acceptance
Comfort	Nature

A survey showed that 80% of a Christian's thinking is negative thinking and in line with the Accuser of Brethren.

- Adoption is energized, empowered, and accomplished when Y'shua (Jesus) died on the Cross.

John 19:30 "30 When Jesus had received the sour wine, He said, It is finished! And He bowed His head and gave up His spirit."

Galatians 4:5-6 "5 To purchase the freedom of (to ransom, to redeem, to atone for) those who were subject to the Law, that we might be adopted and have sonship conferred upon us [and be recognized as GOD's sons]. 6 And because you [really] are [His] sons, GOD has sent the [Holy] Spirit of His Son into our hearts, crying, Abba (Father)! Father!"

Hebrews 2:10 "10 For it was an act worthy [of GOD] and fitting [to the divine nature] that He, for Whose sake and by Whom all things have their existence, in bringing many sons into glory, should make the Pioneer of their salvation perfect [should bring to maturity the human experience necessary to be perfectly equipped for His office as High Priest] through suffering."

- Adoption is experienced personally when we accept Y'shua (Jesus) as Messiah.

John 3:3-5 "3 Jesus answered him, I assure you, most solemnly I tell you, that unless a person is born again (anew, from above), he cannot ever see (know, be acquainted with, and experience) the kingdom of GOD. 4 Nicodemus said to Him, How can a man be born when he is old? Can he enter his mother's womb again and be born? 5 Jesus answered, I assure you, most solemnly I tell you, unless a man is born of water and [even] the Spirit, he cannot [ever] enter the kingdom of GOD."

Ephesians 2:5-7 "5 Even when we were dead (slain) by [our own] shortcomings and trespasses, He made us alive together in fellowship and in union with Christ; [He gave us the very life of Christ Himself, the same new life with which He quickened Him, for] it is by grace (His favor and mercy which you did not deserve) that you are saved (delivered from judgment and made partakers of Christ's salvation). 6 And He raised us up together with Him and made us sit down together [giving us joint seating with Him] in the heavenly sphere [by virtue of our being] in Christ Jesus (the Messiah, the Anointed One). 7 He did this that He might clearly demonstrate through the ages to come the immeasurable (limitless, surpassing) riches of His free grace (His unmerited favor) in [His] kindness and goodness of heart toward us in Christ Jesus."

- THE PRICE OF ADOPTION HAS BEEN PAID!

Romans 8:1-4 “1 THEREFORE, [there is] now no condemnation (no adjudging guilty of wrong) for those who are in Christ Jesus, who live [and] walk not after the dictates of the flesh, but after the dictates of the Spirit. 2 For the law of the Spirit of life [which is] in Christ Jesus [the law of our new being] has freed me from the law of sin and of death. 3 For GOD has done what the Law could not do, [its power] being weakened by the flesh [the entire nature of man without the Holy Spirit]. Sending His own Son in the guise of sinful flesh and as an offering for sin, [GOD] condemned sin in the flesh [subdued, overcame, deprived it of its power over all who accept that sacrifice], 4 So that the righteous and just requirement of the Law might be fully met in us who live and move not in the ways of the flesh but in the ways of the Spirit [our lives governed not by the standards and according to the dictates of the flesh, but controlled by the Holy Spirit].”

- THOSE WHO ARE ILLEGITIMATE SONS:

Romans 8:5-8 “5 For those who are according to the flesh and are controlled by its unholy desires set their minds on and pursue those things which gratify the flesh, but those who are according to the Spirit and are controlled by the desires of the Spirit set their minds on and seek those things which gratify the [Holy] Spirit. 6 Now the mind of the flesh [which is sense and reason without the Holy Spirit] is death [death that comprises all the miseries arising from sin, both here and hereafter]. But the mind of the [Holy] Spirit is life and [soul] peace [both now and forever]. 7 [That is] because the mind of the flesh [with its carnal thoughts and purposes] is hostile to GOD, for it does not submit itself to GOD’s Law; indeed it cannot. 8 So then those who are living the life of the flesh [catering to the appetites and impulses of their carnal nature] cannot please or satisfy GOD, or be acceptable to Him.”

- TRUE SONS:

Romans 8:9-11 “9 But you are not living the life of the flesh, you are living the life of the Spirit, if the [Holy] Spirit of GOD [really] dwells within you [directs and controls you]. But if anyone does not possess the [Holy] Spirit of Christ, he is none of His [he does not belong to Christ, is not truly a child of GOD]. 10 But if Christ lives in you, [then although] your [natural] body is dead by reason of sin and guilt, the spirit is alive because of [the] righteousness [that He imputes to you]. 11 And if the Spirit of Him Who raised up Jesus from the dead dwells in you, [then] He Who raised up Christ Jesus from the dead will also restore to life your mortal (short-lived, perishable) bodies through His Spirit Who dwells in you.”



- WE MUST MAKE THE CHOICE TO ACCEPT OUR NEW FATHER AND NEW STATUS OF A SON OF GOD!

Romans 8:12-13 “12 So then, brethren, we are debtors, but not to the flesh [we are not obligated to our carnal nature], to live [a life ruled by the standards set up by the dictates] of the flesh. 13 For if you live according to [the dictates of] the flesh, you will surely die. But if through the power of the [Holy] Spirit you are [habitually] putting to death (making extinct, deadening) the [evil] deeds prompted by the body, you shall [really and genuinely] live forever.”

Y'shua (Jesus) is our example of the process of **ADOPTION**:

1. Y'shua (Jesus) manifests in the physical/natural on earth as the union of the Holy Spirit and a woman. In terms of the status — this would mean that Y'shua (Jesus) is illegitimate.

Matthew 1:18-19 “18 Now the birth of Jesus Christ took place under these circumstances: When His mother Mary had been promised in marriage to Joseph, before they came together, she was found to be pregnant [through the power] of the Holy Spirit. 19 And her [promised] husband Joseph, being a just and upright man and not willing to expose her publicly and to shame and disgrace her, decided to repudiate and dismiss (divorce) her quietly and secretly.”

2. Y'shua (Jesus) accepts His Position as Son of GOD on earth, and GOD in turn can manifest His Acceptance of an “adopted” Son of Man. GOD says — “This is My Son”.

As discussed earlier, the worldview on adoption has placed such a stigma/negativeness that those who have been abandoned take on the mentality of a slave.

ILLEGITIMATE

A man who has been born out of an illicit relationship and because of his “blemish” has been removed from the possible candidate to rule/govern a city — he is a non-participant (even if he is a believer).

SLAVE

A man who has lost his rights of ownership/citizenship, and due to his final dilemma, has to accept the “bondage” to another master. The man can be released by another person (the redeemer, as described in Leviticus 25:48-55. Today, the redeemer could be a family member, or a fellow believer).

HOWEVER, effectively, both of these are **NOT SONS!**
BUT can be **ADOPTED** into the full right of citizenship by faith in Y'shua (Jesus)!

The Spirit of Adoption is a Spirit of Intimacy with the **FATHER**

Messiah Y'shua (Jesus Christ) gave us something else as well. He gave us the Holy Spirit. The gift of the Holy Spirit has so many powerful dimensions. For our purpose in this section, we will focus on the Spirit of Adoption, for this is GOD's Primary Assist to every one who labors under the curse of illegitimacy. It is this Spirit that enables every believer to cry, “ABBA FATHER,” the cry of intimacy.

Galatians 4:3-7 “3 So we [Jewish Christians] also, when we were minors, were kept like slaves under [the rules of the Hebrew ritual and subject to] the elementary teachings of a system of external observations and regulations. 4 But when the proper time had fully come, GOD sent His Son, born of a woman, born subject to [the regulations of] the Law,”

"5 To purchase the freedom of (to ransom, to redeem, to atone for) those who were subject to the Law, that we might be adopted and have sonship conferred upon us [and be recognized as GOD's sons]. 6 And because you [really] are [His] sons, GOD has sent the [Holy] Spirit of His Son into our hearts, crying, Abba (Father)! Father! 7 Therefore, you are no longer a slave (bond servant) but a son; and if a son, then [it follows that you are] an heir by the aid of GOD, through Christ."

Like a child cries, "Daddy!" so intimate is our relationship with our Heavenly FATHER and with our precious Savior, Y'shua (Jesus), because the Spirit of Adoption enables us to draw near and become sons, children of GOD.

We will see that the Spirit of Adoption is tailored to help believers draw into the FATHER as they progress through each resisting city/stronghold in their Promised Land journey. The curse of illegitimacy is merely one of those resisting cities — a stronghold of generational bondage for which our FATHER has given His children the means to conquer.

Romans 8:14-19 *"14 For all who are led by the Spirit of GOD are sons of GOD. 15 For [the Spirit which] you have now received [is] not a spirit of slavery to put you once more in bondage to fear, but you have received the Spirit of adoption [the Spirit producing sonship] in [the bliss of] which we cry, Abba (Father)! Father! 16 The Spirit Himself [thus] testifies together with our own spirit, [assuring us] that we are children of GOD. 17 And if we are [His] children, then we are [His] heirs also: heirs of GOD and fellow heirs with Christ [sharing His inheritance with Him]; only we must share His suffering if we are to share His glory. 18 [But what of that?] For I consider that the sufferings of this present time (this present life) are not worth being compared with the glory that is about to be revealed to us and in us and for us and conferred on us! 19 For [even the whole] creation (all nature) waits expectantly and longs earnestly for GOD's sons to be made known [waits for the revealing, the disclosing of their sonship]."*

The purpose of the Spirit of Adoption is to help GOD's children grow and mature in intimacy with the FATHER and with Y'shua (Jesus), GOD's goal since the Creation. The curse of illegitimacy targets this intimacy precisely, preventing believers from entering into that intimacy, the congregation of the LORD.

While the Spirit of Adoption enables believers to cry with joy to our Heavenly FATHER, and know the pleasure of His Company, the curse of illegitimacy opens the legal doorway to three opposing spirits:

1. The spirit of bondage (meaning slavery),
2. The spirit of fear (which is the opposite of faith — it is faithlessness or lack of trust),
3. And the spirit of corruption (meaning perishing, decay).

Believers can observe and discern the obvious effects of these spirits (bondage, fear, and corruption) and their related spirits (such as rejection, anger, offense). But what is not obvious is their parentage — the legal authority permitted by the curse of illegitimacy.

Closing the Door

The enemy has legal authority because of the curse of illegitimacy, but GOD's people can be set free from its consequent spirits, which enables the continuing restoration of intimacy with the FATHER and Y'shua (Jesus), allowing our child-like hearts to cry, "ABBA FATHER!"

ILLEGITIMACY SECTION 10:
Redeemed From The Curse

Before we start this study, we need to clear up some wrong translations of the New Testament Scriptures. Every time the translators used the words “under the law” or “the curse of the law”, we understood that it referred to all the prescribed Commandments in the Old Testament, which have been defined as “works”. Often, keeping the Commandments of GOD is seen as “legalism” and “working for your salvation”, while the New Testament is seen as “living by faith”.

However, this is not from a correct understanding of GOD’s Commandments!

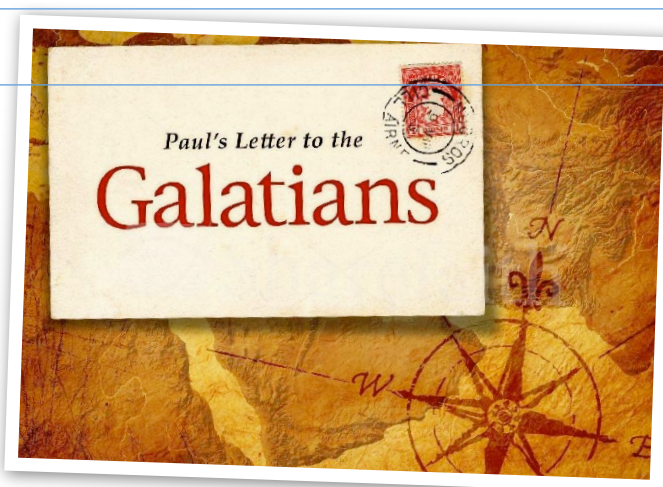
Galatians is most often taken out of context:

Galatians 5:4 “4 If you seek to be justified and declared righteous and to be given a right standing with GOD through the Law, you are brought to nothing and so separated (severed) from Christ. You have fallen away from grace (from GOD’s gracious favor and unmerited blessing).”

Galatians 5:18 “18 But if you are guided (led) by the [Holy] Spirit, you are not subject to the Law.”

We need to understand that if the above was true, then it means that Paul was teaching against the Torah (the first five books of the Bible). But Acts 21 tells us that Paul lived his life according to the Torah (kept GOD’s Instructions) and encouraged others to do the same.

We must understand that Galatians is not an anti-Torah viewpoint.



Galatians 3:21 “21 Is the Law then contrary and opposed to the promises of GOD? Of course not! For if a Law had been given which could confer [spiritual] life, then righteousness and right standing with GOD would certainly have come by Law.”

Power New Testament (PNT)³ translates this verse as: “Is the Torah then contrary to the promises of GOD? May it never be!”

The context of the letter to the Galatians is that of justification by faith — and not by WORKS. Paul was warning them NOT to keep GOD’s Commandments as their earning of their salvation — or to be in bondage to MAN-MADE traditions and “Commandments” — but simply to keep GOD’s Commandments BECAUSE of their salvation — that they walk in LOVING obedience to GOD.

“Works of the law” is a phrase indicating a man-made system of works, of which performance-based acceptance is the core belief.

³ Translation by William Morford, <http://www.thepowernewtestament.com/>

Galatians 2:16 should read:

“Knowing that man is not justified by the works of law but through faith in Jesus Christ, even we have believed in Christ Jesus, that we may be justified by faith in Jesus, and not by works of the law; since by works of law shall no flesh be justified.”

The moment we obey to secure our righteousness/salvation — we have moved from the realm of grace, into that of works. Our salvation was, is, and always will be a FREE GIFT of GOD! We follow GOD’s Commandments out of LOVE for Him — “If you love Me, keep My Commandments ...” (John 14:12-17).

Paul says that such a person has fallen from the principle of grace to the principle of “law” (legalism). In effect, when one believes such an erroneous teaching, the atonement accomplished by Y’shua (Jesus) has no value for him, since he is relying on what he does instead of what Y’shua (Jesus) did for him. The only acceptable response to this GRACE is to receive it by FAITH.

GOD’s Commandments were NEVER to be used for salvation — they are for our GOOD, and to bring BLESSING in our life/family (see this theme over and over again in Deuteronomy).

If we see the example of Israel, we see they were REDEEMED and SAVED from Egypt — only by applying the blood to the doorposts, and believing in what GOD said — that the angel of death would pass over them.

Israel was saved by GRACE (because of GOD’s Covenant with Abraham), through FAITH. They then went through the BAPTISM of the Red Sea ... and only later, when they are called up to Mount Sinai — where GOD proposes to Israel, asking them to be His People, His Bride — are the Commandments given.

If we obey the Torah in order to enjoy the blessings of the Grace of GOD received by faith, we are not “fallen from grace”, rather we are embracing the Grace of GOD for our lives.

To live the Torah is to live our new creation life in Y’shua (Jesus) — it is actually His Life in us, a life of grace and truth, reflecting a lifestyle of a royal priesthood, set-apart nation.

The Torah is GOD’s Revelation to those born of Him, concerning how they are to act in line with the Truth of the Good News (Galatians 2:14).

So we see GOD’s Commandments are still applicable today, and always will be.

We must understand very clearly what stopped at the Cross and what continued on after the Cross.

For example — in the Book of Hebrews we learn about the sacrificial/priestly system. The death of Y’shua (Jesus) was the final, once-for-all atonement for sin, though His Blood, which offered on the altar in the Heavenly Tabernacle.

So, the correct translation⁴ of the words “curse of the law” or “under the law” would be legalism or works of the flesh or man-made additions to the Word.

The Allegory of Hagar and Sarah (taken from the Power New Testament):

Galatians 4:21-5:1 Tell me, you who wish to be under tradition, “Do you understand the Torah?” For it has been written that Abraham had two sons, one from the slave and one from the free wife. But indeed one has been born from the slave according to the flesh, but the other one from the free wife through the promise. This is being spoken allegorically; for these are two covenants, indeed one from Mount Sinai, born into slavery, who is Hagar. And Hagar is Mount Sinai in Arabia: and now it corresponds to Jerusalem, it puts the yoke of bondage with her children. But the Jerusalem above, who is our mother, is free: for it has been written,

“You must rejoice now, the barren one who has not given birth, you must break forth and cry out at once, you who have not brought forth: because many are the children of the desolate rather than of the one having the husband.” (Isaiah 54:1)

And you brothers, you are children of Isaac according to the promise. But just as then the one who was born according to the flesh persecuted the one who was born according to the spirit, so also now. But what does the Scripture say? “You must now cast out the slave and her son: for the son of the maid will not inherit with the son of the free wife. (Genesis 21:10)

Messiah set us free for the freedom from legalism: so you must stand firm and not be subjected again to a yoke of bondage.

At this point, we will read the Scripture that is so commonly referenced on the subject of "can a Christian be cursed?"

First we will look at it “out of context”, as many Christians do. Then we will look at it in its context, exactly as it is written.

Galatians 3:13 *“13 Christ purchased our freedom [redeeming us] from the curse (doom) of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures], Cursed is everyone who hangs on a tree (is crucified);”*

We see, the curse of the law = the curse of the Torah, which is described in Deuteronomy 28:15-68, which is the curse of legalism.

The “out of context” view of this verse makes a presumption that no born again Christian can ever be cursed because Y’shua’s (Jesus’) sacrifice on the cross automatically eliminated curses from Christian experience.

⁴ The Power New Testament has much study on the correct translations — we also recommend reading *“Torah Rediscovered — Challenging Centuries of Misinterpretation and Neglect”* by Ariel and D’vorah Berkowitz for further study.

However, in J2F6 we have already seen this is not correct interpretation of Scripture — Christians can and do have personal/generational curses that need to be dealt with.

Now, let's look at this verse, setting it in its context. First of all in Galatians 3:1, Paul asks a question. He asks, "O foolish Galatians, who hath bewitched you, that you should not obey the truth?" Paul is writing to believers. Galatians 1:1-3 shows this clearly.

Galatians 3:1-2 *"1 O YOU poor and silly and thoughtless and unreflecting and senseless Galatians! Who has fascinated or bewitched or cast a spell over you, unto whom—right before your very eyes—Jesus Christ (the Messiah) was openly and graphically set forth and portrayed as crucified? 2 Let me ask you this one question: Did you receive the [Holy] Spirit as the result of obeying the Law and doing its works, or was it by hearing [the message of the Gospel] and believing [it]? [Was it from observing a law of rituals or from a message of faith?]"*



The PNT translates verse two as: "Did you take the Spirit from works of legalism or from hearing in faith?"

Even today, we receive the Spirit by faith.

Galatians 3:3 *"3 Are you so foolish and so senseless and so silly? Having begun [your new life spiritually] with the [Holy] Spirit, are you now reaching perfection [by dependence] on the flesh?"*

Legalism equals works. Faith equals Spirit and miracles.

Galatians 3:4-5 *"4 Have you suffered so many things and experienced so much all for nothing (to no purpose)—if it really is to no purpose and in vain? 5 Then does He Who supplies you with His marvelous [Holy] Spirit and works powerfully and miraculously among you do so on [the grounds of your doing] what legalism demands, or because of your believing in and adhering to and trusting in and relying on the message that you heard?"*

Many people who say that a Christian cannot be cursed because they have faith, never prove their faith with miracles. In Acts 2:22, the Scripture declares that GOD approved Y'shua's (Jesus') ministry with signs, miracles, and wonders.

Acts 2:22 *"22 You men of Israel, listen to what I have to say: Jesus of Nazareth, a Man accredited and pointed out and shown forth and commended and attested to you by GOD by the mighty works and [the power of performing] wonders and signs which GOD worked through Him [right] in your midst, as you yourselves know—"*

GOD hasn't changed. He still approves genuine ministries with signs, miracles, and wonders.

Galatians 3:6 *"6 Thus Abraham believed in and adhered to and trusted in and relied on GOD, and it was reckoned and placed to his account and credited as righteousness (as conformity to the divine will in purpose, thought, and action)."*

Flesh gives self-righteousness — faith gives GOD-righteousness.

Galatians 3:7 “7 Know and understand that it is [really] the people [who live] by faith who are [the true] sons of Abraham.”

The distinguishing characteristic of children of Abraham is that they have the kind of faith that results in signs, miracles, and wonders.

Galatians 3:8 “8 And the Scripture, foreseeing that GOD would justify (declare righteous, put in right standing with Himself) the Gentiles in consequence of faith, proclaimed the Gospel [foretelling the glad tidings of a Savior long beforehand] to Abraham in the promise, saying, In you shall all the nations [of the earth] be blessed.”

Faith equals GOD's justifying, which means to make righteous.

Galatians 3:9 “9 So then, those who are people of faith are blessed and made happy and favored by GOD [as partners in fellowship] with the believing and trusting Abraham.”

Those who are of faith, not merely associated by birth as the Pharisees believed, are the ones who have the blessings of Abraham. Verse 16 declares that the Promises of GOD were made to the seed of Abraham, which is Christ, and to all those who have faith in Christ, like Abraham had faith.

Galatians 3:16 “16 Now the promises (covenants, agreements) were decreed and made to Abraham and his Seed (his Offspring, his Heir). He [GOD] does not say, And to seeds (descendants, heirs), as if referring to many persons, but, And to your Seed (your Descendant, your Heir), obviously referring to one individual, Who is [none other than] Christ (the Messiah).”

One of the many powerful Promises of GOD to Abraham, which believers with faith today can also rightfully receive, is the blessing noted in:

Genesis 12:3 “3 And I will bless those who bless you [who confer prosperity or happiness upon you] and curse him who curses or uses insolent language toward you; in you will all the families and kindred of the earth be blessed [and by you they will bless themselves].”

Notice this verse mentions both blessings and curses. We are entitled, as heirs of faithful Abraham, to have both of these two parts by faith. Thus we have the blessing that those who bless us will be blessed. And we have the promise that those who curse us will be cursed whilst those curses will be turned to a blessing for us.

It is not up to us to curse others, or take vengeance. The New Testament clearly teaches that we are to bless those who curse us, and even pray for those who spitefully use us.

Luke 6:28 “28 Invoke blessings upon and pray for the happiness of those who curse you, implore GOD's blessing (favor) upon those who abuse you [who revile, reproach, disparage, and high-handedly misuse you].”

If we are not sure if someone has blessed us or cursed us, or if we are unsure how to deal with a negative situation in which someone has cursed us, we can rely on GOD's Promise in this verse.

Believing and speaking the promise of Genesis 12:3 makes it much easier for us to forgive and allow GOD to deal with the situation.

Galatians 3:10 *"10 And all who depend on the works of legalism [who are seeking to be justified by obedience to the legalistic rituals] are under a curse and doomed to disappointment and destruction, for it is written in the Scriptures, Cursed (accursed, devoted to destruction, doomed to eternal punishment) be everyone who does not continue to abide (live and remain) by all the precepts and commands written in the Book of the Law and to practice them."*

To stay out from under the curse of legalism requires faith. Faith proves itself with results. Unbelief proves itself with problems, problems, problems. And when we walk away from faith, and thereby become subject to legalism, we cannot do all that the Torah requires! No man has done this ever, except Y'shua (Jesus).

Galatians 3:11 *"11 Now it is evident that no person is justified (declared righteous and brought into right standing with GOD) through legalism, for the Scripture says, The man in right standing with GOD [the just, the righteous] shall live by and out of faith and he who through and by faith is declared righteous and in right standing with GOD shall live."*

This verse speaks for itself. If you want to take something out of context, try this verse!

Galatians 3:12 *"12 But legalism does not rest on faith [does not require faith, has nothing to do with faith], for it itself says, He who does them [the things prescribed by legalism] shall live by them [not by faith]."*

This verse says "them", plural. We have only two choices:

- To live under legalism and unbelief,
- Or live in faith and have GOD's Promises come to pass, just as He said they will.

And now, verse thirteen in context:

Galatians 3:13 *"13 Christ purchased our freedom [redeeming us] from the curse (doom) of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures], Cursed is everyone who hangs on a tree (is crucified);"*

Y'shua (Jesus) becomes the curse, so that every curse sent against us will be turned into a blessing IF we love GOD and live in obedience to His Will and Commandments.

Now let's continue!

Galatians 3:14 *"14 To the end that through [their receiving] Christ Jesus, the blessing [promised] to Abraham might come upon the Gentiles, so that we through faith might [all] receive [the realization of] the promise of the [Holy] Spirit."*

The promise of the Spirit is through faith, through Messiah Y'shua (Jesus Christ). We receive blessings by faith. We receive curses under legalism, when we live in unbelief.

Galatians 3:15 *"15 To speak in terms of human relations, brethren, [if] even a man makes a last will and testament (a merely human covenant), no one sets it aside or makes it void or adds to it when once it has been drawn up and signed (ratified, confirmed)."*

Is it possible when we take verse 13 out of its context, that we become guilty of disannulling or adding to it?

Hebrews 11:6 *"6 But without faith it is impossible to please and be satisfactory to Him. For whoever would come near to GOD must [necessarily] believe that GOD exists and that He is the rewarder of those who earnestly and diligently seek Him [out]."*

Under legalism (works of the flesh) we cannot please GOD because we cannot have GOD's Blessings. But by faith, GOD's Promises become reality as we walk forward with Him.



Mark 16:15-19 *"15 And He said to them, Go into all the world and preach and publish openly the good news (the Gospel) to every creature [of the whole human race]. 16 He who believes [who adheres to and trusts in and relies on the Gospel and Him Whom it sets forth] and is baptized will be saved [from the penalty of eternal death]; but he who does not believe [who does not adhere to and trust in and rely on the Gospel and Him Whom it sets forth] will be condemned. 17 And these attesting signs will accompany those who believe: in My name they will drive out demons; they will speak in new languages; 18 They will pick up serpents; and [even] if they drink anything deadly, it will not hurt them; they will lay their hands on the sick, and they will get well. 19 So then the LORD Jesus, after He had spoken to them, was taken up into heaven and He sat down at the right hand of GOD."*

Y'shua (Jesus) declares that the person that believes and is baptized shall be saved. Believing is what we do with our faith. He that does not believe shall be damned. Verses 17 and 18 say that signs shall follow those that believe. If we are not seeing signs, miracles and wonders as part of our faith walk, then we are not of faith. If we are not of faith, Galatians says that we are under legalism. If we are operating under legalism, then Galatians also states that we are cursed.

Let's get rid of our curses and grow in faith, so that Y'shua's (Jesus') Great Commission can be fulfilled in our lives!

We are not trying to upset or discourage the level of faith people have. We are simply endeavoring to encourage and challenge one another to grow in the faith that has already been planted within us when we confessed Messiah Y'shua (Jesus Christ) as our KING and Saviour.

ILLEGITIMACY SECTION 11:
Spiritual Illegitimacy in the
Body of Messiah Today

We have shown how the curse/spirit of illegitimacy has an impact on man in the natural realm — how his destiny and purpose, namely to take dominion, is neutralized and destroyed. Such men are also therefore impacted in the realization of their spiritual purpose to reflect the Image of GOD in the Fruit of the Spirit.

However, there are many people/believers who have physical fathers — but are still ILLEGITIMATE!

They have a father — they are NOT physically illegitimate ...

BUT due to the generational bloodline and the bad/negative circumstances that they experienced from their earthly father, they are so wounded that they live as spiritual illegitimate children.

Hebrews 12:8 *"8 Now if you are exempt from correction and left without discipline in which all [of GOD's children] share, then you are illegitimate offspring and not true sons [at all]."*

As such, they will have the SAME characteristics of the spirit of illegitimacy:

- They refuse chastisement.
- They are unteachable,
- They are uncorrectable,
- They are un-coachable.

They rebel when confronted with correction by anyone exercising legitimate, Godly spiritual authority such as a pastor, a husband, or a parent. A person affected by the curse of illegitimacy is unwilling to be governed by the Spirit of GOD. This shows up in their inability to have close fellowship with both the FATHER and with fellow believers.

Instead, they are often attracted to laws and legalism. (The short booklet, "Legalism In The Church And How To Get Free" is available from Kanaan Ministries.) They become:

- Hardened and easily estranged from fellow Christians,
- Quickly offended,
- And unwilling to change focus from themselves and are consumed with themselves.

Sheep and Goats

Y'shua (Jesus) used the analogy of a goat to indicate a person who was rebellious. Let's look at how He taught the difference between sheep who hear the Voice of their Master and are obedient, as opposed to goats who are always rebellious and disobedient.

This has enormous implications for the Church today. Remember, the curse of illegitimacy is at the root of rebellion, like goats display.

Matthew 25:31-39 “31 When the Son of Man comes in His glory (His majesty and splendor), and all the holy angels with Him, then He will sit on the throne of His glory. 32 All nations will be gathered before Him, and He will separate them [the people] from one another as a shepherd separates his sheep from the goats; 33 And He will cause the sheep to stand at His right hand, but the goats at His left. 34 Then the King will say to those at His right hand, Come, you blessed of My Father [you favored of GOD and appointed to eternal salvation], inherit (receive as your own) the kingdom prepared for you from the foundation of the world. 35 For I was hungry and you gave Me food, I was thirsty and you gave Me something to drink, I was a stranger and you brought Me together with yourselves and welcomed and entertained and lodged Me, 36 I was naked and you clothed Me, I was sick and you visited Me with help and ministering care, I was in prison and you came to see Me. 37 Then the just and upright will answer Him, LORD, when did we see You hungry and gave You food, or thirsty and gave You something to drink? 38 And when did we see You a stranger and welcomed and entertained You, or naked and clothed You? 39 And when did we see You sick or in prison and came to visit You?”

The difference between the sheep and the goats is very clear. The goat is into “the self”:

- Self-interest,
- Self-gratification,
- Self-focus.

The sheep, on the other hand, are full of compassion. They see the thirsty, the naked, the hungry. They are not self-focused. Instead they look to help others. When they help, they even forget that they have helped, and they expect nothing in return.



While the goat is quick to say, “Look what I did!” ... a sheep is content to seek neither reputation nor recognition.

Goats in the community/church call attention to anything good that they do, and quickly forget the evils they do. They also quickly forget the good things that others do for them. This makes it very easy for them to say, when a sheep has a need, “Oh, we’ll always have hungry people around us,” or, “If those nations only used birth control, we wouldn’t have to deal with so many children.” Or, “If you think they need help, then you go help them, I don’t want to hear about it.”

You see, goats are by nature rebellious. In a pasture, for example, goats always try to test the fence to see if they can get out. And when they do, they always lead sheep behind them. This is because sheep are naturally trusting, and willingly follow those who seem to know what they are talking about.

Sheep are not very discerning. So they will follow goats, even to their own peril. This is why it is so important to have good shepherds over the flock. Moses knew this when he asked GOD for a good shepherd to replace him:

Numbers 27:15-17 “15 And Moses said to the LORD, 16 Let the LORD, the GOD of the spirits of all flesh, set a man over the congregation, 17 Who shall go out and come in before them, leading them out and bringing them in, that the congregation of the LORD may not be as sheep which have no shepherd.”

In the Old Testament, goats and sheep were also sacrificial animals. For example, in Leviticus, we see that goats were used for the sin offering. In the following example, they were called scapegoats.

Leviticus 16:5-10, 15 *"5 He shall take [at the expense] of the congregation of the Israelites two male goats for a sin offering and one ram for a burnt offering. 6 And Aaron shall present the bull as the sin offering for himself and make atonement for himself and for his house [the other priests]. 7 He shall take the two goats and present them before the LORD at the door of the Tent of Meeting. 8 Aaron shall cast lots on the two goats—one lot for the LORD, the other lot for Azazel or removal. 9 And Aaron shall bring the goat on which the LORD's lot fell and offer him as a sin offering. 10 But the goat on which the lot fell for Azazel or removal shall be presented alive before the LORD to make atonement over him, that he may be let go into the wilderness for Azazel (for dismissal). 15 Then shall he kill the goat of the sin offering that is for [the sins of] the people and bring its blood within the veil [into the Holy of Holies] and do with that blood as he did with the blood of the bull, and sprinkle it on the mercy seat and before the mercy seat."*

Thus we can see how vital the goat was to the children of Israel. The goat sacrifice was for the spiritual protection and blessing of Israel. It is interesting that today, the goat is used as a figure to describe the rebellious, unloving person who pastures in the same fields as the Godly sheep. Those trusting sheep even follow the behavior of the un-Godly, rebellious goats.

In Matthew 25:32, Y'shua (Jesus) mentions how the shepherd must separate the sheep from the goats. The sheep are going to inherit the Kingdom. Why?

Because sheep do sheep things. When someone is hungry, they feed them, when thirsty they give them water to drink, they clothe the stranger, they visit those in prison. As they do those things with compassion. It is tantamount to having helped Y'shua (Jesus) Himself in His Need.

Y'shua (Jesus) often referred to sheep in describing His Ministry. In Matthew 15, He tells us He was not sent but unto the lost sheep of the House of Israel:

Matthew 15:24 *"But he answered and said, I am not sent but unto the lost sheep of the house of Israel."*

Due to their rebellion and violation of GOD's Covenant/Commandments — the Northern Kingdom of Israel (Ephraim) was expelled out the Land, and scattered amongst the nations ... they would not heed the words (correction) and warnings of the prophets!

One of the lessons we can see in this is — those who are UNTEACHABLE and unwilling to receive Godly input ... often leave the congregation and/or community. These people often become offended — they can't get along!

Often the opposite also happens. A goat who is a leader in some capacity over the flock drives out the sheep. In a flock, goats are the animals with the most personality. They are the cutest, smartest, most talented, the most enthusiastic, and most aggressive compared to the sheep. They even show tendencies of leadership ability.

Yet they remain unwilling to receive correction. But they remain in the flock and continue to lead the sheep away from the protection that they need.

For example, goats can drink from rushing water.

Sheep cannot drink in such water because the abundance of wool around their necks becomes so quickly weighed down with water that they give up fighting and get carried away to drown. They have little stamina to resist even the smallest obstacles.

Goats are even used in meat slaughter-houses today to lead the sheep directly into the chutes that begin the slaughtering process. The goats are nimble, able to jump away from death at the last moment. They are called "Judas" goats because they continually lead the sheep to their own deaths. These are some of the reasons why Y'shua (Jesus) used the illustration of goats to describe people masquerading as sheep right in the middle of the congregation.

GOD made sheep to be followers. They need leadership. But what is so great about sheep, is that they are meek, coachable, and able to learn to hear the sound of their shepherd's voice. They will follow no other when they have a good shepherd.



The primary distinguishing characteristic of sheep is that they hear the voice of their shepherd and obey it. That Shepherd is Y'shua (Jesus). The primary distinguishing characteristic of a goat, is that they do not hear nor pay any attention to the Voice of the Shepherd, and are therefore disobedient to it.

So far, we have referred to goats and sheep within a flock. But there is another common situation which can occur. Y'shua (Jesus) said He was sent to the lost sheep of the House of Israel. In Matthew 18, we see the parable of the man who goes out to find the one lost sheep.

What if the goat, the person exhibiting the rebellious behavior that is so typical of those who are under the curse of illegitimacy, is actually one of the leaders — a shepherd, or some other leader in the congregation, such as a worship team leader? After all, they have such talent and ability, personality and energy ...

In fact, they have everything except the ability to hear and obey their Shepherd. But they are leaders among the flock nevertheless because of all their wonderful talents. What happens to a flock under the care of such spiritually devious leadership as a goat? The sheep become scattered. This is the fruit of goats. This was precisely the situation in Y'shua's (Jesus') day. The Pharisees confused and scattered the "sheep".

Praise and Worship Today

What about today? Let's use an example. Much of Christianity today is rightfully growing in praise and worship, the kind GOD is pleased with. But, there is also a great deal of entertainment worship and praise that GOD is not at all pleased with.

In some circles, entertaining praise and worship has become part of a formula for a "successful" church.

Thousands are even spent on very expensive equipment that is surprisingly more related to secular entertainment stars than Biblically-based praise and worship — the kind that genuinely prepares the people to receive what GOD has for them. Remember, Y'shua (Jesus) said that even the stones would cry out to worship Him. So entertaining praise and worship often fails to move the Heart of GOD at all.

How does this relate to goats vs. sheep ministry? Goats are entertainers. They draw attention away from hearing and obeying their Shepherd, and place it on themselves.

Is it surprising that the church today has a huge problem in this area? Shepherds and, for example, worship leaders, who lead GOD's people away from a relationship with the Chief Shepherd, Y'shua (Jesus), are most often goats. A common method for doing this is entertainment, excitement, false manifestations of the Holy Spirit on the one side — or rejection of the legitimate manifestations of the Holy Spirit on the other side.



ILLEGITIMACY SECTION 12:
Practical Steps to
Return to Sonship

Practical steps to RETURN to SONSHIP:

1. **Forgive parental authority for misrepresentation of the FATHER's Love. This is non-negotiable!**

Psalm 45:10-11 "10 Hear, O daughter, consider, submit, and consent to my instruction: forget also your own people and your father's house; 11 So will the King desire your beauty; because He is your LORD, be submissive and reverence and honor Him."



Let go of your identity that has been formed in your father and mother's house that was not in line with the Father's Heart.

Let go of the expectation that your father and mother will make restitution with you. We all would want our parents to come and say they are sorry, and then go into the detail of where they failed us. Somehow that would justify our reactions against them like rebellion, anger, bitterness, etc. If only they will take all the blame — the ownership ... BUT we must let go!

We can't reach up for the FATHER's Love and still keep our other hand around our parent's throat, until they make it right with us! Give them what they do not deserve — your forgiveness! Many of our parents were spiritual slaves as well.

Realize that when you rejected your earthly parents you rejected your sonship, and you remained in the position of being a spiritual slave.

The spirit of illegitimacy is not CAST OUT, but you and your wounded heart must be introduced to the LOVING Heavenly FATHER.

In forgiving your parents — we are not talking about re-bonding with them. We are talking about letting go of the pain we suffered in our father and mother's house, so we can reach up to our Heavenly FATHER and receive Him as our FATHER meeting the deepest needs of our lives.

2. **Seek forgiveness from your parents or parental authority.**

For spiritual orphans to only forgive people may not be enough. Often we need to practice the ministry of restitution. If our attitudes, behaviour, actions, have hurt another person ... we may need to go to them and ask them to forgive us.

Spiritual orphans only know of their own pain. They do not see the pain they cause others. Spiritual slaves have a need for everybody around them to say the right things, otherwise they put their inner walls up and keep people out there — you cut them out of your life.

As a spiritual orphan, you can still be honouring your parents, you can stop judging them, you can say the right things, etc. BUT you still have uncrucified areas in your heart. You say good things to and about them, BUT you keep them out of your heart.

The reason why you keep your heart closed for your parents is because there is NO basic trust — your walls are up.

- When did you reject being the son/daughter of your father and/or mother?
- Cold/guarded love will stop your growth in the FATHER.
- Pride is when you are more concerned about what people think than what GOD thinks.

Spiritual orphans do not have enough basic trust in the FATHER's Love to meet their needs, so when they are being attacked, they:

- Attack,
- Justify,
- Blame-shift,
- Get the focus off them,
- Separate,
- Close their hearts to the attacker.

Where there is NO BASIC TRUST, there is no revelation of the FATHER's Love.

Even if you have forgiven, there can still be a need for the ministry of restitution in your life ... for example, when you realize the pain you have caused others. Spiritual orphans do not see that, but sons do.

- Spiritual slaves justify keeping their loved ones out of their hearts because of their negative attitude and criticism.
- Spiritual orphans are not subject to anyone else's mission, but only their own mission.
- Spiritual orphans justify staying away from their parents because they are so critical!
 - What you sow in your parents is what you will reap in your children.

When you go to ask forgiveness, it's not about their sin, it's about your responsibility for the pain you caused your parents.

Maybe you can write them a letter if you cannot talk to them personally. Let someone of spiritual maturity read it to make sure that there is no trace of justification or vindication. You take ownership for what you have done — no matter what they have done!

- You cannot cast out the dark — just turn on the light!

- You can't cast out an orphan spirit — it is an empty heart — empty of what you were created for, namely — for LOVE.

Romans 8:15 *"15 For [the Spirit which] you have now received [is] not a spirit of slavery to put you once more in bondage to fear, but you have received the Spirit of adoption [the Spirit producing sonship] in [the bliss of] which we cry, Abba (Father)! Father!"*

You have been placed in the FATHER's Presence. Fill the empty heart with the FATHER's Love.

You introduce the orphan heart to a loving FATHER, but then the orphan heart must make a choice — TO RECEIVE THE FATHER'S LOVE.

- Acknowledge your need to be a son or daughter to someone you trust — like an older/mature mentor in the LORD — so that you can have a spirit of submission to a spiritual Heavenly FATHER.

How can you have a heart of submission to GOD Who you can't see, if you do not have a heart of submission to man who you can see? Remember what Y'shua (Jesus) taught us — the Son learns obedience from the things He suffered. Y'shua (Jesus) focused on the FATHER and watched the FATHER. He focused on being a Son. Focusing on being a father/leader can lead you to become authoritative and controlling.

When I start trying to be a good father or leader I lose rest. That can lead to aggressive striving. Remember, Y'shua (Jesus) said — "My Yoke is easy, My Burden is light". So therefore, I do not need to perform.

The Parable of the Prodigal Son

When he ended up in the pigsty, he came to his senses and then wanted to become a son again in his father's house. We need to acknowledge our need to be a son in a father's house.

Hebrews 13:17 *"17 Obey your spiritual leaders and submit to them [continually recognizing their authority over you], for they are constantly keeping watch over your souls and guarding your spiritual welfare, as men who will have to render an account [of their trust]. [Do your part to] let them do this with gladness and not with sighing and groaning, for that would not be profitable to you [either]."*



The question we need to ask ourselves is ... "Whose son/daughter am I?"

- Who are you walking in relationship with?
- Are you in community, where you can submit to others, as well as come underneath and support?

- And you can receive Godly input, in order to mature and grow?
- Are you walking with an older/trustworthy mentor, who you can walk with?

Displacing the Illegitimate/Orphan Heart

You must forgive spiritual and governmental authorities that misrepresented the FATHER's Love to you. Remember, people WILL disappoint you!

Romans 13:1 *"1 LET EVERY person be loyally subject to the governing (civil) authorities. For there is no authority except from GOD [by His permission, His sanction], and those that exist do so by GOD's appointment."*

Paul was talking to Christians in Rome. The leaders were murderers, immoral, unjust. Paul is telling the Christians to submit to these leaders! (They did not acknowledge Caesar as lord and that is why many were killed). Remember however, we do not submit to anything that is against GOD's Word.

Romans 13:2 *"2 Therefore he who resists and sets himself up against the authorities resists what GOD has appointed and arranged [in divine order]. And those who resist will bring down judgment upon themselves [receiving the penalty due them]."*

Not honoring authority is not honoring GOD. Those that oppose the authority placed over them bring judgment on themselves. When we oppose authority, we come into agreement with satan. **Warning!** We sometimes use the character flaws that we see in our leaders lives as a justification for rejecting them.

Romans 13:3 *"3 For civil authorities are not a terror to [people of] good conduct, but to [those of] bad behavior. Would you have no dread of him who is in authority? Then do what is right and you will receive his approval and commendation."*

Noah and His Sons

One day when Noah got drunk, two of his sons covered his nakedness, but Ham did not — he exposed it! Leaders do make mistakes and are not perfect ... For example — an unreasonable boss helps you see what you're full of! Remember, there is no inheritance without suffering! We want instant maturity but it does not work that way!

Romans 13:4-5 *"4 For he is GOD's servant for your good. But if you do wrong, [you should dread him and] be afraid, for he does not bear and wear the sword for nothing. He is GOD's servant to execute His wrath (punishment, vengeance) on the wrongdoer. 5 Therefore one must be subject, not only to avoid GOD's wrath and escape punishment, but also as a matter of principle and for the sake of conscience."*

Principle — when you reject spiritual and earthly authorities — you reject a spirit of sonship.

3. Seek forgiveness from authorities for rebelling against them.

You may need to practice the principle of restitution. Often forgiving a person is not enough because we retaliated after we were hurt.

We may have hurt them, exposed them, uncovered them, spoke against their faults and weaknesses, criticized them, etc.

If we look at the life of David, we see that he had to leave Saul otherwise he would have lost his life. He then ended up for a season in the caves of Adullam with 400 men who were in distress, in debt and discontented. He asked a very important question — “Are you here for me or for the people?”

- Are you doing what you are doing for your own needs?
- To be seen?
- Building your own ministry?
 - Or are you doing what you are doing for the Kingdom?

If you are trying to get your own needs met and building your own kingdom, you are defiling the church and producing after your own kind — making spiritual slaves/orphans.

Your focus should be connecting with a community, to grow and learn together, and support those around you — if we all look to meet each other’s needs, everyone will be looked after! We are called to support each other, as the Body, and to learn from each other — and mature by walking with Godly/trustworthy elders.

If I am self-focused — I will start to control and manipulate others, in order to meet my needs.

4. Sow into your Inheritance.



Romans 15:27 “27 They were pleased to do it; and surely they are in debt to them, for if these Gentiles have come to share in their [the Jerusalem Jews’] spiritual blessings, then they ought also to be of service to them in material blessings.”

We have a debt to the people that put up with us in our “teenage” years as we are growing up in the LORD. Teenagers cause much pain as they rebel against parents and try to do things their own way. They dominate relationships to see what they can get out of the parents. They want their inheritance NOW!

The “teenagers” argue that they want the blessings and finances — they say the “parents” have enough! They find it very difficult to bless spiritual parents financially.

The Word says you have a debt — they put up with you to lead you to maturity.

1 Corinthians 9:11 “11 If we have sown [the seed of] spiritual good among you, [is it too] much if we reap from your material benefits?”

Galatians 6:6-8 “6 Let him who receives instruction in the Word [of GOD] share all good things with his teacher [contributing to his support]. 7 Do not be deceived and deluded and misled; GOD will not allow Himself to be sneered at (scorned, disdained, or mocked by mere pretensions or professions, or by His precepts being set aside.) [He inevitably deludes himself who attempts to delude GOD.] For whatever a man sows, that and that only is what he will reap. 8 For he who sows to his own flesh (lower nature, sensuality) will from the flesh reap decay and ruin and destruction, but he who sows to the Spirit will from the Spirit reap eternal life.”

Whatever you sow into your spiritual parents materially, you will reap. By making an offering to your spiritual parents is not about meeting their needs, but about whether I will reap a heart of Godly love. This is a commandment — I need to be able to stand before GOD and declare:

Deuteronomy 26:12-15 “12 When you have finished paying all the tithe of your produce the third year, which is the year of tithing, and have given it to the Levite, the stranger and the sojourner, the fatherless, and to the widow, that they may eat within your towns and be filled, 13 Then you shall say before the LORD your GOD, I have brought the hallowed things (the tithe) out of my house and moreover have given them to the Levite, to the stranger and the sojourner, to the fatherless, and to the widow, according to all Your commandments which You have commanded me; I have not transgressed any of Your commandments, neither have I forgotten them. 14 I have not eaten of the tithe in my mourning [making the tithe unclean], nor have I handled any of it when I was unclean, nor given any of it to the dead. I have hearkened to the voice of the LORD my GOD; I have done according to all that You have commanded me. 15 Look down from Your holy habitation, from heaven, and bless Your people Israel and the land which You have given us as You swore to our fathers, a land flowing with milk and honey.”

[Warning! You can fall into the trap of reasoning — they are so prosperous so they do not really need your offering. Do not miss GOD’s Blessing for your life!!]

2 Corinthians 9:10 “10 And [GOD] Who provides seed for the sower and bread for eating will also provide and multiply your [resources for] sowing and increase the fruits of your righteousness [which manifests itself in active goodness, kindness, and charity].”

John 13:34-35 “34 I give you a new commandment: that you should love one another. Just as I have loved you, so you too should love one another. 35 By this shall all [men] know that you are My disciples, if you love one another [if you keep on showing love among yourselves].”

5. Renounce the un-Godly beliefs, lies, and perceptions we have — DAILY!

Meditate and speak out the TRUTH of GOD’s Word — what HE proclaims over you! That you are accepted, ADOPTED, and LOVED!

Allow ABBA FATHER to fill your empty heart with HIS LOVE!

6. Seek out an older, MATURE, and trustworthy father/mother figure.

Someone who will walk with you and MENTOR you in MATURING — choose to keep your heart OPEN and be TEACHABLE ... able to receive INPUT!

7. Seek out a church, congregation, COMMUNITY where you can fellowship and receive INPUT, and where we can all SHARPEN each other!

CONCLUSION:

We have learnt that the Kingdom of GOD is LOVE.

FIRST the Great COMMANDMENT, THEN the Great Commission.

FATHER, teach us how to be sons and only do what we see Our FATHER doing, in Y'shua's (Jesus) Name!

SIX things to help MOTIVATE you to REPENTANCE

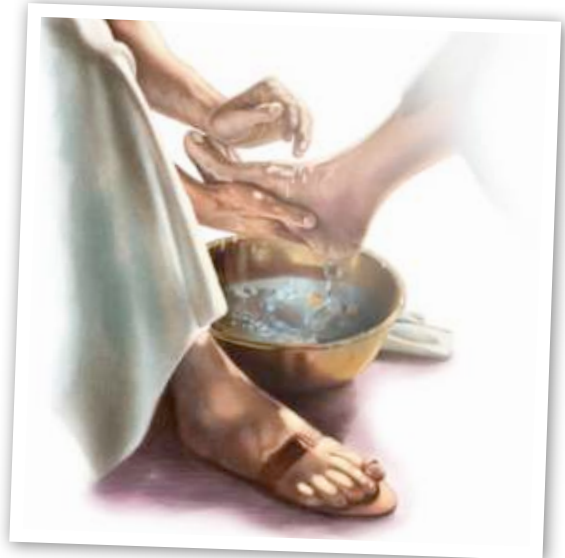
1 Peter 5:5 *"5 Likewise, you who are younger and of lesser rank, be subject to the elders (the ministers and spiritual guides of the church)—[giving them due respect and yielding to their counsel]. Clothe (apron) yourselves, all of you, with humility [as the garb of a servant, so that its covering cannot possibly be stripped from you, with freedom from pride and arrogance] toward one another. For GOD sets Himself against the proud (the insolent, the overbearing, the disdainful, the presumptuous, the boastful)—[and He opposes, frustrates, and defeats them], but gives grace (favor, blessing) to the humble."*

Repentance is not an act performed but repentance is an ATTITUDE performed. It's the principle of weakness — "blessed is the meek for they shall rule the earth".

1. Clothe yourself with humility.

You cannot get humility on your own — you receive it by impartation when you submit to the Spirit of Y'shua (Jesus), and when you humble yourself towards others in the community, as well as those who are mentoring you — then you will be clothed with the Spirit of Messiah. You humble yourself before man ... GOD will lift you up.

"GOD resists the proud, but He gives grace to the humble". Grace is GOD's ABILITY! If you agree with the father of lies, you fall from grace. As soon as you move into slave-thinking, you fall from grace. This does not mean you are not going to Heaven — slaves are independent, self-reliant. You fall from GOD's Ability.



Humility gives you GOD's Ability!

1 Peter 5:6 *"6 Therefore humble yourselves [demote, lower yourselves in your own estimation] under the mighty hand of GOD, that in due time He may exalt you,"*

2. Die to self.

When you get into this place of humility, you are exalted into the FATHER's Presence — not exalted into ministry! First the Great Commandment then the great Commission! A ministry is just an overflow of GOD's Love into the community where I live.

1 Peter 5:7 *“7 Casting the whole of your care [all your anxieties, all your worries, all your concerns, once and for all] on Him, for He cares for you affectionately and cares about you watchfully.”*

If you lack a spirit of sonship on this earth, you will lack peace, you won't be able to cast all you burdens upon the LORD.

1 Peter 5:8-10 *“8 Be well balanced (temperate, sober of mind), be vigilant and cautious at all times; for that enemy of yours, the devil, roams around like a lion roaring [in fierce hunger], seeking someone to seize upon and devour. 9 Withstand him; be firm in faith [against his onset—rooted, established, strong, immovable, and determined], knowing that the same (identical) sufferings are appointed to your brotherhood (the whole body of Christians) throughout the world. 10 And after you have suffered a little while, the GOD of all grace [Who imparts all blessing and favor], Who has called you to His [own] eternal glory in Christ Jesus, will Himself complete and make you what you ought to be, establish and ground you securely, and strengthen, and settle you.”*

A mature believer will submit to Godly mentors and community, and get underneath, push up and do all you can to see OTHERS blessed. As you submit to Godly mentorship, you will mature and be established.

1 Peter 2:13 *“13 Be submissive to every human institution and authority for the sake of the LORD, whether it be to the emperor as supreme,”*

Submission has nothing to do with the leaders but it is for the LORD's Sake! Submission is not for the benefit of your leader. It's about you future and the Kingdom's future.

NO SONSHIP ... NO INFLUENCE!!

1 Peter 2:14-17 *“14 Or to governors as sent by him to bring vengeance (punishment, justice) to those who do wrong and to encourage those who do good service. 15 For it is GOD's will and intention that by doing right [your good and honest lives] should silence (muzzle, gag) the ignorant charges and ill-informed criticisms of foolish persons. 16 [Live] as free people, [yet] without employing your freedom as a pretext for wickedness; but [live at all times] as servants of GOD. 17 Show respect for all men [treat them honorably]. Love the brotherhood (the Christian fraternity of which Christ is the Head). Reverence GOD. Honor the emperor.”*

We are not to only honor those that can do something for you. We must honor all men. Submission is not about authority — it is about LOVE!

Ephesians 5:21 *“21 Be subject to one another out of reverence for Christ (the Messiah, the Anointed One).”*

How can you humble yourself and honor all men — getting underneath and pushing up? YOU CAN'T!! Submit to love — allow GOD's Love to flow through you. Look to whom you can give GOD's Love to.

Y'shua (Jesus) came to give His life away. He did not come as a FATHER — He came as a Son. He came to serve.

Luke 16:12 *“12 And if you have not proved faithful in that which belongs to another [whether GOD or man], who will give you that which is your own [that is, the true riches]?”*

Have you been faithful with the emotions of your spouse and children? This faithfulness includes all areas of life.

Questions to think about:

- When did you reject your mother and/or father? When did you cease being their son/daughter?
- How does that affect your relationship with authority figures today?
- How has it affected your ability to relate to elders/pastors today?
- Whose son/daughter are you?
- How can I begin to walk in GODLY humility — this is an attitude performed.



There are not many FATHERS/mentors:

1 Corinthians 4:15 *"15 After all, though you should have ten thousand teachers (guides to direct you) in Christ, yet you do not have many fathers. For I became your father in Christ Jesus through the glad tidings (the Gospel)."*

Who is responsible that there are no fathers in the land?

We must be careful not to take this teaching on the illegitimate/slave heart and use it as a club to hit the church over the head with.

Illegitimate/Slave Leaders

Who put these illegitimate/slave leaders in power?

Samuel and Saul

In the time of Samuel, the people wanted a king. GOD gave them a king with the name of Saul. He was anointed, gifted, and a head taller than the rest, good looking, etc. The result of this king was disaster for Israel.

Are you guilty of running after:

- The gifted?
- The anointed?
- The talented?
- The charismatic?

Who have you given money to, supported, or who have you put in power?

People who have a slave heart, will reject those who have a father-heart and will rather receive those who tickle their ears. Immature children have valued leaders with gifts, talents and charisma more than character. Just like Israel we said, “Give us someone with anointing, power and giftings”.

There must be a revelation and a return of fathers to the land — BUT we will not be fathers until we are SONS, and MATURE.

We must start to value character above gifts and MATURITY. Character must be our message — not our words, or our ability to handle the gifts and the power. Do not look at the Sauls and say “It’s because of them that we are in this mess”.

****PRAYER**** FATHER, forgive me for valuing a man’s gift more than I valued his character. FATHER, give us men that have the heart like David — those that are broken, humble and with servant hearts.

Forgive us for looking for the gift and not the Godly character.

Forgive us for being drawn to those with the power and gifts, and not drawn to the fathers that would mature and discipline us according to Your Word.

Hear our cry, FATHER! We want to be sons and daughters! ***In the Name of Y’shua (Jesus), AMEN!***



With the lack of fathers comes lack of identity. We need so desperately to belong, to have boundaries, etc. A slave will seek for many years trying to find where he belongs. You do not know yourself if you do not know where you come from.

We have gathered under banners of certain teachings or organizations, or some sort of identity or we use our particular gifting as a source of personhood and identity in the Kingdom. This perverts the very purpose of why GOD gave gifts to man. The result of this is a sick infantile Body, unable to walk in the Spirit — She totters and sways, fulfilling the lusts of the flesh.

We need a REVIVAL and RENEWAL of relational patterns. We must rediscover the impartation of the relationship between father and son.

ILLEGITIMACY ADDENDUM A:
Ending The Cycle Of Relational
Distance And Failures

The Ministry of Restitution

If our actions or attitudes have brought hurt to another person there may be a need to go to that person and make right any wrong to break the destructive patterns in our relationships.

GOD has forgiven us for the wrong the first time we ask. But to break the cycle of reaping from what we have sown and to begin restoring trust, it is often necessary to make every effort to bring healing to others and to seek to restore the fractured relationship. Even if we feel the other person is 98% wrong and we are only 2% wrong, we are 100% responsible to walk in forgiveness and repentance for our 2% (see Matthew 5:22-26; Psalm 109:17-19, 29).

It is not enough for a forgiving person to forgive you. You may still carry unconscious guilt or shame for the offense and have a need to ask for forgiveness to be free.

There can also be a block in the relationship until you acknowledge to them that you have wronged them. The other person may have forgiven you but trust has been violated.

Until you acknowledge your offense it is difficult for them to trust you again because forgiveness and trust are two different things. You will then either respond with self-pity (feelings of sorrow over our suffering) or repentance in action that begins to rebuild trust with those who were offended (2 Corinthians 7:9-11).



Self-pity seldom leads to transformed behavior or restored relationships. It diminishes, in our eyes, the gravity of each sin we commit against love and honor towards others. It hinders Godly repentance by feeling that life has not been fair with us, and believing that others are the cause of our frustrations. Thus we do not look to GOD but people to meet our need.

It places the primary fault upon others for relational conflicts because we feel that we have been treated unfairly. If they would not have done that to me ... or, If only they would have done this for me then life would be better and I would not be forced to act in such a way!

It excuses our negative attitudes by seeing the weaknesses in others and feeling that our rightness justifies our judgmentalism or actions.

It tries to get others to feel sorry for us and to get them to feel that we have been treated unfairly (defilement) thus strengthening the stronghold of self-pity within.

It may try to compensate for our relational failures with increased hyper-religious activity, aggressively striving to earn self-worth or acceptance, or we may take on a false sense of responsibility and place all the blame upon ourselves for relational conflicts thus denying others the opportunity to deal with their own issues.

It often leads to others feeling manipulated or demeaned by closing our heart to those that will not come into agreement with our self-pity, thus leaving others feeling that they have little value or honor in our presence. It may result in hidden anger at our feelings of loss or unmet expectations.

This increases our blame towards others and results in deeper feelings of anger, insecurity, shame, isolation, self-condemnation, addictive compulsive behavior, and/or depression.

It leaves us dissatisfied at work, church, and at home and we want to escape to a place where we can find rest.

On the other hand, Godly repentance always involves action. It is not just emotions and tears. It is to be so grieved at the wounding and stress that our actions and attitudes have brought to others that now we are willing to humble ourselves and do whatever it takes to restore healthy relationships.

It is to be so grieved at the hurt that our actions and attitudes have brought to others that now we are willing to humble ourselves and do whatever it takes to restore healthy relationships.

It comes to hate the destructive habit patterns that have misrepresented GOD's Love and grace to others. It becomes more concerned with others' needs than our own pride and walls of self-protection.

It is willing to lay down the need to be right in order to see healing in those whom we have hurt or offended. It chooses to walk in openness and transparency, and willingly comes forward and acknowledges our sin against love and how we have hurt or offended others.

It does not seek to make excuses, seek to put the blame on others, or diminish the depth of our self-deception or fear of intimacy with which we have struggled.

It takes the focus off of ourselves (self-pity) and begins to focus our energy upon humility, confession, forgiveness, repentance, and healing the pain that we have caused others.

Practicing the Ministry of Restitution

- 1. Ask GOD to reveal to you each way you have brought hurt or offense to others (see Psalm 139:23-24).**

Ask the Holy Spirit to reveal to you the names of people that you have offended. What is the basic offense — how did you demean, devalue, or dishonor each person? Ask the Holy Spirit to bring conviction and repentance to each individual issue (see John 15:26; 16:7-8; Romans 2:4).

- 2. Ask mature spiritual leaders who know you personally to speak admonition into your blind spots.**

Review with them the above offenses that you have noted (see James 5:16; Ephesians 4:15).

Give them permission to speak the truth in love to you, about what they have seen in you that could be perceived as offensive or defiling. Ask for input as to how you can approach those you have offended and bring restoration to the relationships.

3. Ask forgiveness for how your immaturity, attitudes, actions, or neglect has caused hurt or offense in others.

Be thankful for this opportunity for growth. GOD is using this situation to help expose hidden destructive habit patterns and to bring them to death.

Call on the phone or schedule a meeting with each individual person to whom you may have brought offense or defilement. A letter is not the best way because it does not give opportunity for the offended party to respond, plus it documents instead of removes the offense. Approach them with humility and respect.

Schedule the meeting during the best time of day for them. Allow plenty of time to discuss the issues.

You may want a spiritually mature individual to go with you who has helped you see your blind spots and to whom you are holding yourself accountable.



Begin the meeting by telling the one who you have hurt or offended that GOD has been revealing to you how your attitude and actions have misrepresented GOD's Love to them. Example: *"GOD has brought to my attention how wrong I was _____ (tell them the basic offense without going into detail). It would mean a lot to me if you would forgive me. Will you forgive me?"*

Do not go into too much detail or it gives the enemy something to work with and to stir up bitterness, resentment, or defilement in the other person.

Do not expect them to forgive you. They may, but do not require it as it does not always happen.

At this time, do not mention their faults. Just take ownership of your own. (Later, if your spiritual authority thinks it wise, and some trust is restored with the person, you may go to them about hurts you have received from them.)

Do not try to diminish your offense by blame shifting, justifying your behavior because of past hurts, or try to make an excuse because you were having a bad day. That only serves to diminish Godly repentance.

Take full ownership of your misrepresentation of GOD's Love.

Ask each individual you go to if there are other areas that they have personally seen that have brought offense to them or others. Ask forgiveness and apologize for each area they mention.

Do this individually with each family member, peer, office worker, or authority that you may have offended or defiled.

If your attitudes or actions have brought offense or defilement to a corporate group (family, work place, church, or group of friends) after you have gone to them individually, then you may want to gather the group together and be specific about how your attitudes have brought offense to the group. Ask them corporately to forgive you and to give you grace while you are attempting to make some changes in life.

4. Ask the spiritually mature person to who is mentoring you, to meet with you weekly or monthly.

Be sure that this individual is mature and is not afraid to speak the truth in love to you and that they do not come into agreement (defilement) with the issues you are having with others but that they know how to help you judge yourself in each matter (see 1 Corinthians 11:31).

Discuss any other blind spots that are being exposed and have them pray with you over issues.

Ask them how you can grow and mature relationally.

ILLEGITIMACY ADDENDUM B:
Prayers For Deliverance From The
Curse Of Illegitimacy

FATHER, we come in the Name of Y'shua (Jesus). I bring every sin of our forefathers for up to 400 years before You. I ask You to forgive this sin of bearing illegitimate children that is in my family line for 400 years. I ask You to forgive this sin that has displeased You, or if there has been anyone that has hated You and are bearing this iniquity, I ask You to forgive them also.

I know, FATHER, that Your Word says that we bear the sins and the iniquities of our forefathers, and even if I am not illegitimate and have not committed sexual sins, I ask You to cleanse my blood line and anything that I have inherited from my forefathers.

I ask You, Y'shua (Jesus), to come with Your Precious Blood, with Your Almighty Hand, and to cleanse me from all defilement of sexual sins. FATHER clean out all of the old debris in me, that I know nothing about, and everything that hinders my growth as a believer.

FATHER, let Your Precious Anointing come upon me. Heal and cleanse by Your Precious Blood, by Your Stripes that You bore. FATHER, I receive my healing in Y'shua's (Jesus') Name. Because You hung on a tree and was made a curse, I do not have to bear this curse.

Galatians 3:13 *"13 Christ purchased our freedom [redeeming us] from the curse (doom) of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures], Cursed is everyone who hangs on a tree (is crucified);"*

FATHER, for all of my feeling of rejection, not being able to love people, not being able to really "enter in" and worship with a congregation, not ever feeling at home in my church, I ask for Your help. I ask that this curse be lifted off of me, in Y'shua's (Jesus') Name.

FATHER, I totally renounce and reject this enemy that works with this curse making me feel like taking my life, making me feel rejected all the time, causing this sick feeling in my stomach.

FATHER, Your Word says, "Whoever calls on the Name of the LORD will be saved". FATHER, I call on You now. Deliver me from these spirits connected with the curse of illegitimacy.

I come against (list of SEXUAL demons):

- Bastard
- Fornication (Idolatrous Sex Orgies)
- Adultery
- Masculine Women
- Effeminate Men
- Abuser of Themselves with mankind (Arsenokoites or Sodomite, Oral or Anal Copulation)
- Sensual (Carnal, Voluptuous, Senses, Appetites)
- Evil Concupiscence (powerful feelings of physical desire)
- Inordinate Affections (Excessive)

- Lasciviousness (Lewd Emotions: showing a desire for or unseemly interest in sex)
- Filthy Communication (Obscene, Blasphemy, Profanity)
- Masturbation
- Homosexuality and Catamite Lesbianism
- Pornography
- Exposure
- Uncleanliness
- Perversion
- Lust and Passions, Fantasy Lust
- Fantasies
- Obscene Music, Poetry, Literature and Art
- Occult sex
- Sex magic
- Immorality
- Incest
- Harlotry, Rape, Frigidity
- Bad Dreams
- Heterosexuality

I come against (list of DISEASES):

- Venereal Diseases
- Gonorrhea
- Chancroid (Soft)
- Granuloma Inguinale
- Spirochetal Infections
- Spirochetal Infections
- Syphilis
- Congenital Syphilis
- Gonorrheal Arthritis
- Venereal Lymphogranuloma
- Aids
- Meningitis
- Endocarditis
- Sterility
- Insanity
- Staggering Gait
- Heart Disease

- Blindness
- Ulcerative Lesions
- Yaws
- Bejel
- Pinta
- Relapsing Fever
- Tropical Ulcer
- Rat-Bite Fever
- Weil's Disease
- Herpes I and II

We repent for our behavior, and the behavior of our ancestors, going back ten generations. We know that we cannot change their judgment, but we know from Your Word FATHER, that Y'shua (Jesus) died on Calvary's cross to redeem us from all curses, but especially right now we ask You FATHER to redeem us from the curse of the illegitimacy. We nail the sin, transgressions, and iniquities of ourselves and our ancestors to the Cross, going back ten generations in the Name of Messiah Y'shua (Jesus Christ).

We ask You FATHER, that You restore the blessings in our lives, that we can come freely into the congregation of the LORD, having sweet fellowship with You FATHER, with You KING Y'shua (Jesus), and very importantly, that we can have fellowship with our brothers and sisters in Messiah. We thank You FATHER for Your Faithfulness. Help us break any habit patterns we may have from living under this heavy curse, in the Name of Messiah Y'shua (Jesus Christ) we pray and thank You for this deliverance.

AMEN!

If you prayed this prayer with us in faith, with a heart of repentance, forgiveness and thankfulness, then you are free from the curse of illegitimacy. He who the Son makes free is free indeed! What a wonderful realization to know that we do not have to tolerate four hundred years of this curse, that satan's bondage over us is broken, that the spirit of offense has lost its grip. You should be really blessed. We are!

What we have just done together is monumental. Our experience has been that people who have been set free of the curse of illegitimacy see enormous blessings in their relationships both in their churches and in their prayer closets. But why stop here? Why not reach your own family members?

Now that we have been set free of the curse of illegitimacy, by the price Y'shua (Jesus) paid on the Tree, let's go out to the scattered sheep, and help them come back into the sheepfold. Explain this to them, or have them read a copy of this book. This book could be a wonderful gift to help your loved ones become set free. Once they understand about this curse, and you pray with them and encourage them to come back into the congregation of the LORD, then you can all stand together, even if there are goats.

The KING Y'shua (Jesus) is coming back for a Glorious Bride at His return. We believe helping our brothers and sisters break free of the curse of illegitimacy that has inhibited their fellowship is an important part of helping His Body be more glorious. If we, the sheep of the FATHER's Pasture, will look out for one another, and stand together, we will not have to fight off the goats. The battle belongs to the LORD. We just stand together in love, helping and encouraging one another, and the authority of this terrible curse will melt away until it is only a bad memory. We believe with all our hearts that this is the Truth.

Messiah Y'shua (Jesus Christ) was conceived by the Holy Spirit, born of the virgin Mary, and GOD was His FATHER. During His ministry the Pharisees and the Jews belittled and mocked Him by declaring, "Where is your FATHER?" and "we are not born of fornication", meaning that they were not bastard children like (they thought) Y'shua (Jesus) was.

The very process that satan would use to bring generational curses, GOD, in His Infinite Wisdom used, through the virgin birth of our KING and His death on the cross, to break the curse and bring generational blessings. The Word of GOD declares in Galatians Chapter 3 that Y'shua (Jesus) has redeemed us from the curse of breaking the Law/GOD's Commandments. This redemption is universal for all Christians, but it must be appropriated by faith, that the blessing of Abraham may come through Messiah Y'shua (Jesus Christ).

May the understanding brought by this book help to release much freedom and joy to the Body of Messiah!

Additional Prayers

Illegitimacy is when a child is born of parents not married to each other — when there was a **lack of marriage (cannon law marriage) when the child was conceived**. That is when the curse falls under the curse of bastard, curse of illegitimacy. (In the past, an illegitimate child could not inherit property, etc. Now there is equal protection under the 14th Amendment.)

The demons attached/associated with the curse makes them to act out with the following behaviors.

Difficulties experienced by bastards:

- Worship, prayer, and giving are a challenge — there is opposition. Often the person is a loner ...
- Reading the Bible is difficult — there is no desire and/or lack of understanding for the Word of GOD.
- Fellowship is uncomfortable — not natural to be drawn to attend events or friendships of faith.
- They consistently question their salvation. Insecurity is one effect of the curse.

Breaking the curse of illegitimacy:

- Descendants of the direct bloodline can break the curse — parents, etc.
- Recipients can break the curse — when person is of legal age.
- A father must break the curse — the father is responsible for spiritual health of child.
- The mother may also break the curse, when there is refusal on spiritual responsibility from father. **Mother claims Messiah as the head of the home**. She speaks on behalf of the child.

Prayer to Break the CURSE of Illegitimacy

I, _____, confess Messiah Y'shua (Jesus Christ) as my Savior and renounce the Kingdom of Darkness and all the works of the Devil. I renounce all the sins of my ancestors, back to Adam and Eve, and everyone in between.

I especially renounce all sexual sins of my ancestors and, in particular, the sins of adultery, fornication, rape, and incest.

If any of my ancestors committed these sins, I declare their effect upon me null and void. If I have fathered any illegitimate child, and that child is not of legal consent in the county of their domicile, I speak for that child and declare the curse of illegitimacy upon them is broken by virtue of the power in the Blood of Messiah and the Authority in His Name.

The curse of illegitimacy is broken and renounced unto the tenth generation, that is, in eternity. This declaration is binding upon all demonic forces which have hitherto exercised any influence because of this curse.

Every effect of this curse is broken including all hindrances to worship, prayer, giving, acts of charity, reading God's Word, attendance at the House of God, and any inhibition regarding fellowship and Christian communion. I declare all the aforementioned are legal and binding on earth and in heaven.

I, and any illegitimate offspring of mine, are free from this curse, and henceforth, have every right to enter fully into a personal relationship with GOD and enjoy the full benefits of corporate worship including receiving the Body and Blood of our Messiah Y'shua (Jesus Christ) through communion. The Courts of Heaven, the Regions of Hell, and the agreement of my Christian brothers and sisters are all witness to this declaration and agreement in the Name of the Father, the Son, and the Holy Spirit.

AMEN!

Prayer to Break the SPIRIT of Illegitimacy

Heavenly FATHER and Almighty GOD, I come to You with a humble heart, letting go of all pride and arrogance.

I ask You in the Name of Messiah Y'shua (Jesus Christ) to forgive me for my involvement in the conception of illegitimate children. FATHER, I ask You to forgive me for breaking Your Commandment by committing fornication and having sex outside of marriage.

By entering into the sin of fornication and becoming pregnant out of wedlock, I confess I have partnered with a demon spirit and brought a curse into and on my life and the life of my child. I know that this curse starts at the time of conception.

Even if I aborted⁵ the child the curse is still there.

FATHER, I break the power of the ground that opened the door for the seducing spirit of lust.

I break the power of the ground that would allow for these spirits being transferred to _____ my child or children. (Name the names of the children.)

Because You gave Your Son's life for us on the Cross — I am free to approach Your Throne and I confess and repent for this sin and ask You FATHER, to restore me and my family to the congregation of the LORD.

⁵ Please see our prayer on abortion: <http://www.kanaanministries.org/downloads/?did=304>

FATHER, in the Name of Messiah Y'shua (Jesus Christ), I break and cancel this curse off myself and _____ (name the names of the children). I command the spirit of Illegitimacy to leave me, _____ and my family now.

FATHER, I lift _____ to You for Your cleansing of my sin.

I confess and repent of breaking Your Commandments, the sin of fornication and the conception of a baby outside of marriage. FATHER, this is not _____'s fault and he/she did not ask for this curse.

FATHER, in the Name of Y'shua (Jesus), restore _____ to Your congregation and give him/her full access to Your Throne and to You as a member of the family of GOD with all rights restored.

FATHER, the fact that _____ was conceived out of wedlock does not mean that he/she was not a welcome part of our family, but I am being obedient to Your Word — I am confessing, repenting, and renouncing, breaking, casting out this sin, curse and spirit from among us.

_____ is LEGITIMATE from this day forward. There is no sin — IT HAS BEEN WASHED CLEAN — it is under the BLOOD of Messiah Y'shua (Jesus).

FATHER, I repent for my behavior, and the behavior of my ancestors, going back ten generations. I know that I cannot change their judgment, but I know from Your Word FATHER, that Y'shua (Jesus) died on Calvary's Cross to redeem me from all curses, but especially right now I ask You FATHER, to redeem and deliver me from the CURSE OF ILLEGITIMACY.

I ask You FATHER, to restore the blessings in and on our lives, and so that we can come freely into the congregation of the LORD, having sweet fellowship, worship, and intimacy with You.

I thank You FATHER for Your Faithfulness, and I receive Your Forgiveness and Mercy. Help us break any habits or sin patterns we may have formed from living under this heavy curse, in the Name of Messiah Y'shua (Jesus Christ) I pray and thank You for the deliverance.

AMEN!

Scriptures:

- Deuteronomy 23:2
- Genesis 38:1-30
- Genesis 19:30-38
- Genesis 16:11-12

Prayer of Blessing on the Child

Pray a blessing on the child born out of wedlock (put their name in the blank).

FATHER, in the Name of Y'shua (Jesus), I bless _____ with the SPIRIT of ADOPTION by You. You are his/her Father.

He/She is cleansed from any unrighteousness.

I bless _____ with the healing of all wounds from the past.

You are _____'s Heavenly Father, he/she is Your son/daughter and is in line for all the blessings and promises of Your Word, and is a joint heir to You, King Y'shua (Jesus).

Thank You for Your Forgiveness and Restoration to my family.

_____ is the head not the tail — he/she is above and not beneath.

Thank You Father!

AMEN!

Additional Resources on Illegitimacy:

- Restoring Your Sexuality
- Understanding the Spiritual Side of Your Sexuality (For Ages 13-18)
- Prayers of Renunciation:
 - Eastern
 - Sex Magic
- Petitions:
 - Marriage
 - Soul Ties
 - Cybersex and Pornography
- HTSBH Sodomy and Sexual Abuse
- HTSBH Harlotry and Idolatry
- Kundalini — The Tree of Knowledge and the Ancient Serpent

Notes/points of this book taken from:

- “From Slavery to Sonship” by Jack Frost
- “Breaking the Authority of The Bastard Curse” by Carl L. Fox and Paul D. Norcross

Part 2:
Curse of
Shame

Introduction

We have seen man is created in the IMAGE of GOD — and given a role to play in the “dominion” of the earth.

This aspect of “**likeness**” — being/acting like GOD and having such a clear goal in life — is eroded away until we find man:

- Who is lost.
- Feeling illegitimate.
- Going in the wrong direction.
- And dominated by the forces of life.

As we progress through this study we will see the effect that **shame** has on the believer and his attitude, gifts and abilities for life.

We’ve seen that there are TWO broad meanings of “made in His IMAGE”:

1. We LOOK like our Creator — this reflects our way of DOING things, being “a set-apart people”.
2. We represent the Kingdom of GOD — our mandate to rule and take DOMINION is backed up by the Spiritual Leadership of Heaven.



We’ve seen that in the Garden, from the very Beginning, mankind was given PURPOSE — and was BLESSED! In complete legitimacy, acceptance, LOVE, and the authority (boldness) of a CHILD of GOD. We were created in FATHER’s Image ... we look like GOD the FATHER and this speaks of RELATIONSHIP!

Relationship

The very fact that I look like — have the same characteristics of my FATHER, and that I have been empowered to have dominion over His creation through the completed work on the Cross by Y’shua (Jesus) — speaks of a **relationship**.

My comprehension/acceptance of my rank and authority will only be real in my mind if I have come **face to face** with the Messiah.

The understanding of this revelation causes me to react because I have seen something, Someone remarkable/extraordinary with my eyes wide open in **an experience which can never be erased**. I have a monument in my heart of visitation from GOD.

1 Corinthians 13:12 “12 For now we are looking in a mirror that gives only a dim (blurred) reflection [of reality as in a riddle or enigma], but then [when perfection comes] we shall see in **reality and face to face!** Now I know in part (imperfectly), but then I shall know and understand fully and clearly, even in the same manner as I have been fully and clearly known and understood [by GOD].”

2 Corinthians 3:7 “7 Now if the dispensation of death engraved in letters on stone [the ministration of the Law], was inaugurated with such glory and splendor that the Israelites were not able to look steadily at the face of Moses **because of its brilliance**, [a glory] that was to fade and pass away,”

1 Thessalonians 3:10 “10 [And we] continue to pray especially and with most intense earnestness night and day that we may **see you face to face** and mend and make good whatever may be imperfect and lacking in your faith.”

Boldness

Boldness in **HEBREW** (Strong's H982) is BATACH and means to:

- Find refuge,
- To trust,
- To have hope/be confident.

Boldness in **GREEK** (Strong's G5111) means to be:

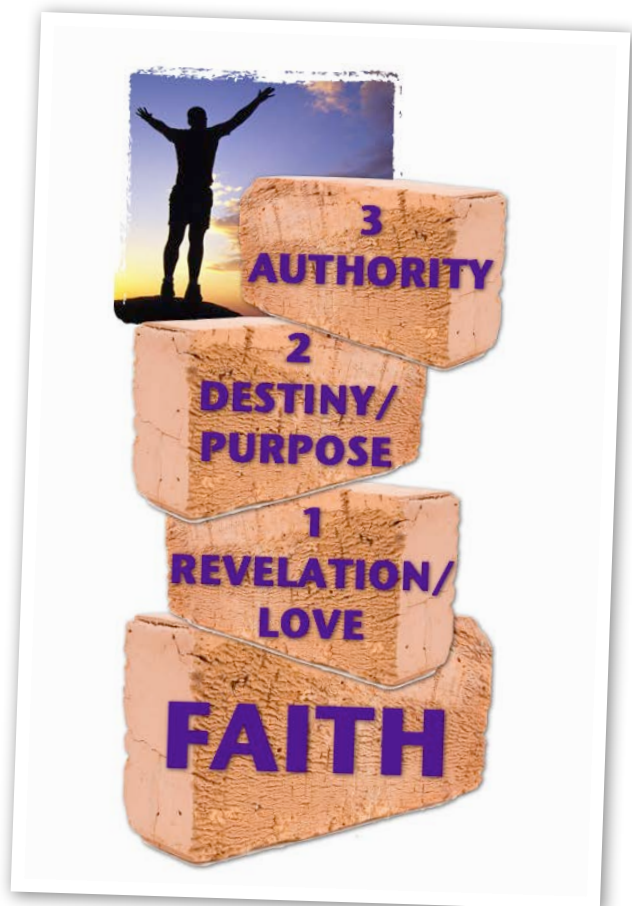
- Outspoken
- Frank
- Have courage/daring,
- Complete assurance.

My KNOWING (as I grow) Who GOD the FATHER is — and my TRUST/faith in Him — allows for Godly BOLDNESS! This is the FOUNDATION! Of TRUST and FAITH!

We build upon this foundation:

1. Revelation/LOVE — Access to the Throne of Grace!

Hebrews 4:16 “16 Let us then fearlessly and confidently and **boldly draw near to the throne of grace** (the throne of GOD's unmerited favor to us sinners), that we may receive mercy [for our failures] and find grace to help in good time for every need [appropriate help and well-timed help, coming just when we need it].”



2. Destiny/PURPOSE — Access to GOD!

Ephesians 3:12 “12 In Whom, because of our faith in Him, we dare to have the **boldness** (courage and confidence) **of free access** (an unreserved approach to GOD with freedom and without fear).”

3. AUTHORITY/Boldness like a LION!

Proverbs 28:1 “1 THE WICKED flee when no man pursues them, but the [uncompromisingly] righteous are BOLD as a lion.”

In the BEGINNING

Did you know there was NO SUCH thing as SHAME before sin entered the world?

Genesis 2:25 “25 And the man and his wife were both naked and were not embarrassed or ashamed in each other’s presence.”

Genesis 2:16-17 “16 And the LORD GOD commanded the man, saying, You may freely eat of every tree of the garden; 17 But of the tree of the knowledge of good and evil and blessing and calamity you shall not eat, for in the day that you eat of it you shall surely die.”

The serpent deceived them and Adam and Eve ate the forbidden tree. What happened at that moment?

Genesis 3:7 “7 Then the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves apronlike girdles.”

The anguish of SHAME entered the world ...

Before they sinned, they were naked and completely at peace with sexuality. There was no shame about their nakedness/sexuality. The light of the Glory of the LORD was shining out of them and they were clothed with LIGHT!

When they sinned, the light went out — and so they defaulted to the fig leaves!

Legitimacy

... is the feeling of being appropriate or right in a given situation. The sense of legitimacy varies from culture to culture — each culture has their own arena of legitimacy what is right, what is proper, what is acceptable. EXAMPLE — a good friend comes through the back door in some cultures, but in other cultures it will not be acceptable to go through the back door.

In the Garden of Eden, Adam and Eve had **five areas of legitimacy**:



1. They felt very legitimate in the Presence of GOD. GOD walked with them every day.
2. They felt very comfortable with authority. GOD gave commands and man obeyed.
3. They had profound legitimacy with the land.
4. They were very comfortable with their own bodies.
5. They were very comfortable in their relationship with sex and the other gender.

HOWEVER, in one instant of disobedience, mankind lost ALL five areas of legitimacy, and SHAME entered the world ...

1. Mankind was NOT comfortable with GOD.
2. Mankind was NOT comfortable with their authority.
3. The land was CURSED — there was a breach between them and the land.
4. Mankind was NOT comfortable with their own bodies.
5. Mankind was NOT comfortable with the opposite sex and **SHAME** entered into the spirit-sex relationship.

We have all inherited generations of illegitimacy — we all have monumental layers of lack of legitimacy that have been built into the family line. It is an incredible task to re-establish, but NOT impossible with the FATHER.

The first consequence of the fall is a sense of shame attached to the body and to sexuality. Since then, sex has been used for comfort, physically and emotionally, not for spiritual righteous things.

Our shame is so painful, and we have so much anxiety about our failures, that we'll do just about anything to cover it up.

The shame just hurts so much that we anaesthetise ourselves. We are trying to get into paradise — the **place of no shame**.

- Liquor's intoxication makes the alcoholic momentarily unaware of his shame — but it does not put him back into Eden.
- The overeater momentarily masks the pain of shame with the pleasure of food — but it does not reproduce paradise.
- The rebellious teenager avoids the pain by pretending he does not care.
- The perfectionist hides behind the satisfaction of accomplishment.

We use different shapes and sizes, but we all wear fig leaves of some sort.

As Adam and Eve began hiding from one another, they also began hiding from GOD.

Genesis 3:8 *"8 And they heard the sound of the LORD GOD walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD GOD among the trees of the garden."*

Hiding from GOD

One of the greatest goals of shame is to get you to hide from GOD. GOD rewards those that SEEK Him:

Psalm 53:2 *"2 GOD looked down from heaven upon the children of men to see if there were any who understood, who sought (inquired after and desperately required) GOD."*

Hebrews 11:6 *"6 But without faith it is impossible to please and be satisfactory to Him. For whoever would come near to GOD must [necessarily] believe that GOD exists and that He is the **rewarder of those who earnestly and diligently seek Him [out].**"*



Shame therefore steals the joy of knowing yourself to be infinitely valuable and also steals the blessings that come to those who seek GOD.

Shame says: *"Hide from GOD lest you be condemned."*

Shame also makes you hide from yourself. That is what happened when Adam tried to shift the blame towards Eve. We try to avoiding the pain of honestly looking at the truth about ourselves, we rationalise our actions and shift blame.

The self-deceived life never benefits from GOD's PURIFYING purposes.

- The only thing that can keep us from knowing GOD is our decision to hide from Him.
- The only thing that can keep us from the cleansing stream of GOD's mercy is our decision to hide from ourselves.

We grow up hearing from our parents — *"Go to your room. I am so frustrated with you that I do not even want to see your face."*

What does the child hear? *"Go off by yourself and bear your own shame"*

So we are taught from our earliest days that the **consequences of misbehaviour are isolation and shame**. We learn that our parents do not want to hear about our feelings of inward shame. We are encouraged to grab the closest fig leaves!

SHAME SECTION 1:
Understanding Shame

All your life, you may have felt as though you have to work twice as hard to be half as good as other people. No matter how hard you try, you just never feel like I measure up or belong. Does this make any sense?

Shame is a strong sense of being uniquely and hopelessly different and less than other human beings. When you experience shame, you feel isolated and alienated from others. It is as if you are standing alone on one side of a broken bridge, while everyone else in the world stares at you from the other side.

Shame symptoms include beliefs, emotions, and behaviours that display the underlying pain that comes from seeing ourselves as eternally separated from others.



Shame can have three underlying components:

1. The physical component in **biological** shame.
2. The spiritual component in **Biblical** shame.
3. The psychological component in **binding** shame.

1. Biological Shame

Biological shame is a time-limited, natural response to the observable differences between children and grown-ups. As a child, you were physically and intellectually different and less than your parents and other adults. On some level of awareness you might have believed that your condition was unique and hopeless. The basis of biological shame is transitory. The solution to the personal distress of biological shame is simple — GROWING OLDER.

Examples of biological shame:

- “Why can’t you keep up with me you slow poke? I haven’t got all day!” (Says a Mom to a three-year-old.)
- “Now look what you did you clumsy kid — what’s the matter with you?” (Says a Dad to a six-year-old who spilt milk.)

Some parents have unrealistic developmental expectation of a child and then they shame their child for not fulfilling them. If you were expected automatically to possess some information or master a skill you had never been taught, that brings biological shame.

The time and the emotional energy needed to understand and to teach children are scarce in troubled homes. Shaming a child’s limited skills and knowledge is less time-consuming than responding with understanding and patience.

2. Biblical Shame

Biblical shame is an appropriate, healthy response when we acknowledge that we are different and less than GOD made us and that we are separated from Him by our sin.

Biblical shame is when people so focus on their sinful natures that they deny the fact that GOD has provided a trustworthy “bridge” over the chasm of separating sin and they see themselves without hope.

The solution to Biblical shame is GRACE and the work of Y'SHUA (JESUS).

We will always be different and less than GOD. When we accept His Gift of Grace through Y'shua (Jesus), we will no longer be alienated from Him.

3. Binding Shame

Binding shame is rooted in CHILDHOOD (covered in J2F8). The unhealed baggage/hurts of the PARENTS is passed onto the CHILDREN.

○ Cause NO.1 — Parental power causes “stumbling”.

Parents and other adults can put obstacles of false teachings in children's paths. Because they believe these lies are truth and act on them, the children might experience disastrous personal and spiritual consequences.

Children have no choices about what to accept as truth because they only have their parent's view of reality. The parent's degree of commitment to truth — and their own level of maturity/healing — is the most significant discriminator between healthy and unhealthy families.

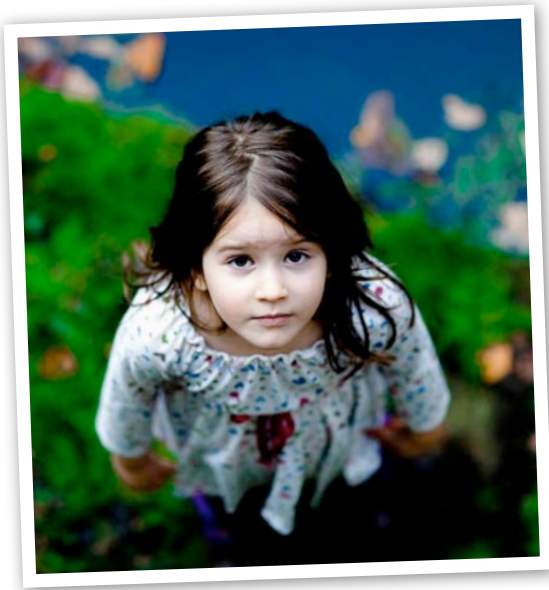
Parents display or deny truth by their words, attitudes, and actions. Children inevitably believe that every parental frown or phrase, smile, or syllable accurately reflects reality. This is the bedrock of binding shame. Parents and parental substitutes are the sole interpreters of reality to young children.

Therefore their verbal and non-verbal statements are impressed like handprints in the wet cement of their children's minds.

“Unrealistic” is not found in the dictionary of childhood. Young children are unable to distinguish realistic from unrealistic expectations. Children have no way of understanding that when their parents withheld affirmation or inflicted abuse, it revealed something sadly missing within the parents, rather than something hopelessly flawed within the children.

If you were raised in a dysfunctional family, you were caused to stumble. Unrealistic expectations or abusive treatment taught you the lies that you are the kind of child who deserves disrespectful or dehumanising treatment, that parents can do anything they want to you, and that GOD doesn't care.

○ **Cause NO.2 — Children’s imaginative thinking.**



All young children see themselves as the centres of the universe who possess awesome, unlimited powers to cause events. This is sometimes called magical thinking, and it translates into a kind of fairy-tale logic that teaches children that good things happen to good people, and bad things happen to bad people. This has devastating results for children in troubled families.

If you are from one of these families, you concluded at a very early age that the abuse was your fault because you believed that you caused everything.

In a healthy family, you naturally outgrow imaginative thinking as you bump against the firm limitations of your personal power. But in

unhealthy families, imaginative thinking is reinforced if you are told that you caused Dad’s drinking problem, Mom’s anger outbursts, or even your own abuse.

Imaginative thinking merges with your primitive awareness that you were a hopeless disappointment to your parents because you weren’t perfect. Your conclusion was that if you were different, acceptable, “good” (meaning perfect) child, you would not be abused. You assumed you were being treated in the manner you deserved (that’s one reason why adults who were abused as children repeatedly get into abusive relationships. On some deep level they believe that those are the kind of relationships they deserve.)

○ **Cause NO.3 — Need for protective illusions.**

It is terrifying to acknowledge that your parents made their own bad choices about how to treat you and that you were utterly powerless to control them. The reality is that children are totally vulnerable to the whims of imperfect and impaired adults. Therefore, children feel safer being the “bad ones”, rather than facing the challenge of acknowledging that their parents could choose to be bad no matter what the children did or didn’t do.

Life Motivators

All people who try hard at life do so for one of two reasons —

- They’re fearful and looking for acceptance,
- OR, they’re fulfilled and looking to make a difference.

These opposing life motivators are matters of the heart and can be well hidden from public view. An honest look at your strengths and weaknesses can reveal some recurring problems in your character and can lead you to some hard questions:

- **Why am I so sensitive to anything resembling criticism?**

You usually overreact, justify yourself in the process or you would feel a disproportionate weight of guilt. You tend to hear innocent questions or comments as criticism ... “The kids have really missed you this week” can be received as: “You are a bad father.” **You have mixed motives behind even your best efforts.**

- **Why do you need everyone to like you?**

You have difficulty speaking direct truth to people. This leaves you not only feeling phoney, but also tired and often ineffective as a leader.

- **Why do you always point out the faults of your loved ones instead of encouraging them in all their strengths?**

You are never satisfied with their efforts.

- **Why couldn't I fail without feeling like a failure?**

You are driven to succeed!

- **Why did I have such vague boundaries in my life?**

You have a hard time keeping a sense of balance in your life. You feel like everybody has access to your time except your own family.

- **Why couldn't you care for others without having to take on the weight of the world?**

You feel overly responsible for others' burdens.

- **You turn down honours and gifts thinking someone else “might need it more.”**

Do you unconsciously think you do not deserve such gifts and honours? Why did it not ever occur to you that maybe GOD HAD given you some important gifts and you DID have something special to offer?

- **Is there something in me that shies away from ultimate success? Do you feel you hold back from true greatness?**

You know you can succeed, but only to a point. You can see yourself as being really good at a lot of things, but never could you image yourself becoming great.

The Answer

The answer to all the above questions is **SHAME!** Shame binds people into a prison of performance-based living. We are so desperate for love — from the first shock of cold air in the delivery room to the last gasp of air on our deathbeds, we crave love.

We instinctively yearn for it, gravitate towards it, and feel like starving people if we're deprived of it. Our need for unfettered, unconditional, lavish love is so massive we'll do almost anything to get it.

The drive to attain love and its benefits of acceptance and significance is so great in us that we'll devote everything we have to lay hold of it. People have discovered through manipulation how to get you to run after love — they dangle it in front of your panting soul like a carrot on a stick. This particular carrot comes in different shapes and sizes — approval, acceptance, affirmation, and affection. BUT what has happened to so many of us — no matter how hard you tried — no matter how good a little boy or girl you were, the affirmation you wanted so deeply was never fully given. It was withheld. So you would keep on running! We run harder when we are ashamed because we are utterly desperate for love.

It might have been withheld because:

- They were empty — the ones you wanted love from just did not have it to give it.
- They wanted you to do well and saw how fast and far you could run when love was withheld.
- They were Ignorant. They thought, "We'd better not praise him too much. It might go to his head."
- Their energy was consumed by their addictions and there was nothing left to show you real love.
- It was the only way they knew — they had run after carrots all their lives, so it was your turn to learn to run.



For whatever reasons, people everywhere have tried and tried to catch up to love. Millions have never tasted the real thing. Shame is the painful feeling that there is some flaw in you that keeps you from catching the carrot. So you just try harder and harder.

Authority Figures

We all want people under our influence to be excellent and to accomplish great things:

- **PARENTS** want their children to behave.
- **TEACHERS** want their students to excel.
- **PASTORS** want their congregation to grow in faith and mature to be strong believers.

That is why we know the phrase "SHAME ON YOU!" so well!

It is everywhere because it works ... on the surface.

- Shame can get kids to quit misbehaving.
- Shame can compel students to make straight A's.
- Shame can motivate congregation members to give more money.

People use shame to motivate others because they do not know the Way of GOD. GOD never uses shame to motivate us toward right living or excellence. He never motivates us by withholding His Love from us — He GIVES love!

Genesis 1:28 *"28 And GOD blessed them and said to them, Be fruitful, multiply, and fill the earth, and subdue it [using all its vast resources in the service of GOD and man]; and have dominion over the fish of the sea, the birds of the air, and over every living creature that moves upon the earth."*

Note the sequence of the Scripture — GOD blessed Adam and Eve and **THEN** told them to be fruitful.

The blessing came first. The affirmation of their worth did not rest upon their fruitfulness.

Instead, **their fruitfulness depended upon them knowing their self-worth.** The knowledge of their blessedness fuelled their capacity to subdue the earth.

Most people imagine the message of walking after Y'shua (Jesus) runs something like this — *"Love the LORD, do good, give generously, live right, serve GOD, and the LORD will really love you and bless you."*

The TRUTH is — *"GOD really loves you and has blessed you ... therefore, love the LORD, do good, give generously, live right, and serve GOD."*

Shame does change behaviours — but it does not change hearts. In our efforts to control others, our shame seems to improve their outward lives, but inwardly, it sabotages their souls.

What causes us to lose our attribute of boldness?

- **SHAME** is a primary hindrance that keeps us from coming to GOD, it keeps us from flowing in the things of GOD, and it steals our passion for GOD.
- **GUILT** is a feeling of a wrongness of action — I did something wrong.
- SHAME is wrongness of BEING. SHAME is not just "I did something wrong", but also "I AM something wrong!"

There is a hopelessness about SHAME.

If I AM a mistake rather than I made a mistake, then what can I do about that?!

There is nothing you can do about a wrongness of BEING. You can do something about a wrongness of doing, but you cannot do a thing about wrongness of BEING! “I’m a mistake!”

This is not just a stronghold of the mind — this is something in your HEART! It CRIPPLES you from being able to move in the things of GOD.

Shaming someone can be described as “causing someone to die of embarrassment” — that is, as we cause shame, it is equivalent or similar to committing **murder**. The only difference is that murder is visible, whilst we often go our way without realising that we have hurt someone.

It is a sin to shame someone in public.

Many believers have the opinion that they are entitled, even obligated to confront others whom they believe to be “wrong” in some aspect of life.

This is often done under the banner:

- Of covenantal love.
- Of imparting wisdom.
- Of Divine Word from GOD.



While, as part of the community/congregation, we must submit one to ANOTHER, and be willing to receive GODLY input and correction:

Leviticus 19:16-18 “16 You shall not go up and down as a dispenser of gossip and scandal among your people, nor shall you [secure yourself by false testimony or by silence and] endanger the life of your neighbor. I am the LORD. 17 You shall not hate your brother in your heart; but you **shall surely rebuke** your neighbor, lest you incur sin because of him. 18 You shall not take revenge or bear any grudge against the sons of your people, but you shall love your neighbor as yourself. I am the LORD.”

We need to be very CAREFUL of how we bring our input/correction — and that it is of a pure/LOVING motive ... we are NOT to shame others!

Biblical examples of people who chose to protect others and not to shame them:

1. Joseph — chooses to ask all of the Egyptians to leave the room before he exposes himself to his brothers and obviously the fact that they had sinned against him.

2. Tamar — the daughter-in-law of Judah who dressed up like a prostitute to deceive him in Genesis 38. She chooses to indicate only by way of the pledge (the staff, etc.) the debt that Judah had withheld exposing his sexual exploits to the whole world.

CAUSES of Shame

What is shame? We've seen shame is a deep feeling of uncleanness, unacceptability, wrongness of BEING, worthlessness. It breeds self-hatred and unforgiveness towards yourself.

SHAME is **rooted** in a **fear of abandonment and annihilation**.

It's a deep wound of the being — like a cancer that eats on the inside and eventually destroys you. Every one of us has a certain measure of SHAME upon us. Most of the SHAME that came upon us was not even initially our own SHAME. Most of us are carrying SHAME that came from someone else.

Soul-Spirit Hurts:

We grow up with wounded people who then in turn wound us. Hurt people hurt people. Wounds come to us from our families, our peers/our friends, etc. Out of those wounds we make decisions about life and that is where a lot of our un-Godly beliefs come from.

Luke 4:18 *"18 The Spirit of the LORD [is] upon Me, because He has anointed Me [the Anointed One, the Messiah] to preach the good news (the Gospel) to the poor; He has sent Me to announce release to the captives and recovery of sight to the blind, to send forth as delivered those who are oppressed [who **are** downtrodden, bruised, crushed, and broken down by calamity],"*

Inside of us we all have soul-spirit wounds that need to be healed.

FOUNDATION of Shame

ABANDONMENT is anytime somebody else leaves you or anything leaves you. Abandonment can be:

- From an organisation.
- My perception that GOD has abandoned me.
- Or abandonment by PEOPLE.

The definition of REJECTION is — "I REJECT you and will not have anything more to do with you".

Abandonment is — "I am just NOT HERE anymore". This is like a "passive" rejection.

Abandonment is the FOUNDATION of shame!

Two groups of abandonment:

1. **Man abandons GOD** — "I am going to do things my way in my own strength". This can manifest in many forms:
 - a. Turning away from GOD.

- b. Trusting in idols/paganism.
- c. Trusting in our own strength/self-righteousness.
- d. Our foolishness and failures.
- e. Occult involvement.

Embedded in our very DNA is this shame-fear-control stronghold.

Proverbs 13:18 *"18 Poverty and shame come to him who refuses instruction and correction, but he who heeds reproof is honored."*

If I admit I need instruction, it will expose my shame. Our biggest fear is the shame being exposed.

Isaiah 42:17 *"17 They shall be turned back, they shall be utterly put to shame, who trust in graven images, who say to molten images, You are our gods."*

2. Man abandons man.

- a. Any form of **sexual defilement** is abandonment — I am going to use you — I don't care about you — I just want you for myself — this brings a separation in relationship.
- b. **Illegitimacy** brings a curse (Deuteronomy 23:2) and results in a rejection and separation from the rest of the community.



GOD's Curse comes into EFFECT, and man ABANDONS man ...

2 Samuel 13:13 *"13 And I, how could I rid myself of my shame? And you, you will be [considered] one of the stupid fools in Israel. Now therefore, I pray you, speak to the king, for he will not withhold me from you."*

Deuteronomy 23:2 *"2 A person begotten out of wedlock shall not enter into the assembly of the LORD; even to his tenth generation shall his descendants not enter into the congregation of the LORD."*

Examples of Abandonment:

- An abandonment of providing the right kind of protection.
- An abandonment of a Godly attitude toward a child.

The ROOTS of shame sit on top of the FOUNDATIONS of ABANDONMENT.

The difference between ROOTS and FRUITS is:

- **ROOTS** are those things that are unseen, hidden. They are the sources of the shame. These are what put it in place and hold it in place.
- **FRUITS** are those things that are visible. These are what we would rather people NOT see. These are the things we are trying to cover up. We may think we have done a very good job: “Nobody sees how awful I really am.” But the rest of us look at that person and wonder why they are doing all that work to keep us from seeing their true personality. They are really not that bad! They always show everyone a happy face and keeping their walls up so that nobody can get close to them. We keep on wondering what is going on in the inside of such a person ...

The fruit are the clues that shame is present.

STRONGHOLDS and SUPER-Strongholds

A SUPER-stronghold is an all-in-one structure, in which all FOUR-problem areas are in one structure in a person's life:

1. Generational/bloodline issues.
2. Un-Godly beliefs/lies.
3. Demonic oppression.
4. Shaming hurts.

Shame has ancestral sins and curses holding it in place — they were the original seeds waiting for that trigger to come along, or multiple triggers.

The un-Godly beliefs about who I am as a person are wrapped up in this same shame stronghold and help hold it in place.

The hurts that I got were shaming hurts as authority figures put me down, the alcoholic family doing it's usual unpredictable thing, etc. ... I was shamed and got hurt — this is all part of the shame stronghold and holds it in place.

Then the demons come marching in and act out of the stronghold — it is like a castle.

Inside one person there could be a lot of different strongholds. If we look at the city/stronghold of shame it is like a castle that is sitting on the ground of the sins of the fathers and curses.

The bricks and the stones might be demons that make up the towers, walls and structures. The un-Godly beliefs and the soul-spirit hurts are the cement that sticks it all together.

So in one complex stronghold/structure in our lives we get all four-problem areas that we need to deal with in a unified way.

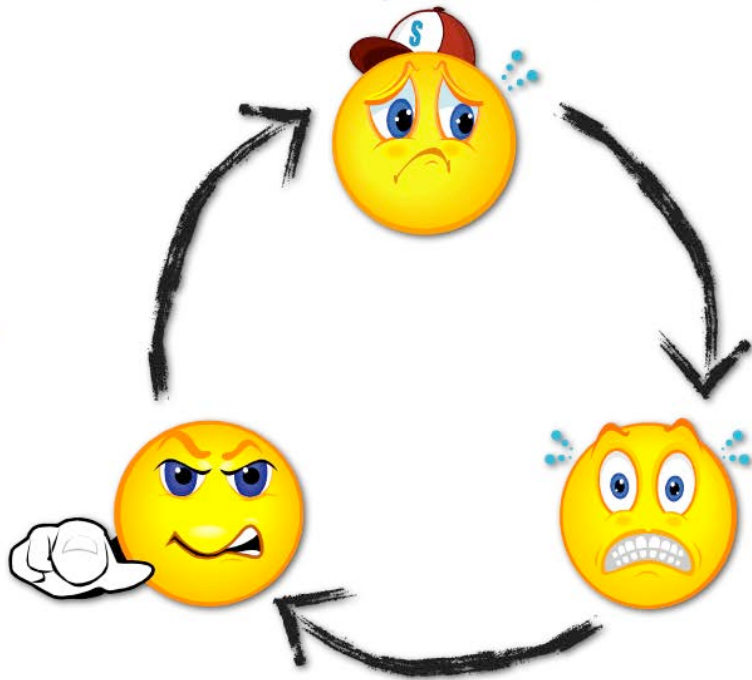
The shame-fear-control stronghold is a super-CYCLICAL stronghold.

Cyclical Stronghold

SHAME "I'm different!"

FEAR "What if they find out?"

CONTROL "I'll keep them from finding out!"



Genesis 3:10 "10 He said, I heard the sound of You [walking] in the garden, and I was afraid because I was naked; and I hid myself."

Our GOD given TRUE identity is walled in and kept locked up in the stronghold of:

- Shame
- Fear
- Control

In J2F8, we've seen there are TWO kinds of trauma:

1. Trauma of BAD things that happened to us.
2. Trauma of the LACK of good things that never happened to us.
 - a. Such as times we were never loved, sang to, prayed over ... or when our parents never showed up at the ball game, etc.

These are the lacks we never received and they are just as shaming.

SHAME SECTION 2:
Roots of Shame

1) Father, mother, **AUTHORITY** figures transfer shame to children.

A Poem written by an Orphan Juan.

*"The Want of a
Mom and Dad"*

*Moms and Dads are wonderful
For those people
That has a mom and dad.
Parents that guide and teach you the right way
Not the wrong way
As for me
I never knew my mom
My dad drunk all the time
I don't know what it is like
To have a mom and dad
A dad to wrestle and play with
A mom to tell me everything is okay
When something is wrong
Parents that really care for me
Ones that will help me
Not abuse me
I wish I had a mom and dad
Why can't I have a mom and dad
Like all the other kids?*

"Like all the other kids" ... that's shame's motto. There is something not right about me. There is something that I don't have that I should have, and it seems that everyone else has.

If you grew up without a mother or father OR if you grew up with a mother or father who was there physically, but not there emotionally, you are automatically a target for shame. There is no source of shame more fundamental in the world than the broken family. To have anything less than a healthy mom and dad is to miss out on GOD's Essential Plan.

GOD's Design is simple — we learn to trust at our mother's breast (**Psalm 22:9**), but we are challenged to arise to our destinies by the exhortation of a father (**1 Thessalonians 2:11-12**).

I live for the want of a mom and dad:

- A mom to be gentle with me and reassure me.
- A dad to show me strength and give me courage to live out a great destiny.

Without a mom, *I can't trust*. Without a dad, *I can't dream*. Without a mom, *I'll build walls around my heart*. Without a dad, *I'll never sign up for the battle*.

- I need a full realisation of **GRACE** which tells me I'm accepted, no matter what. I need to be full of **TRUTH** which tells me that there is more for me to accomplish in the world.
- I need enough **GRACE** to know that I am accepted even when I fail. I need enough **TRUTH** to know that I was made for more than milk.



Parents blame you for something that is not in your control — something you can't do, something you can't change. For example — if you are shamed because of your physical appearance, what can you do about it?

Many of us were SHAMED as little children, made to feel that there is something wrong with us. A teacher should, by virtue of their wisdom, be able to estimate the ability of a child and therefore not pose questions in such a way as to cause the child regularly to fail. For example — in a classroom situation, you may have given the wrong answer and were totally humiliated.

You can't clean this feeling by repenting of an action — that's the problem! Children always see what the parent does as RIGHT. Parents are supposed to be RIGHT because they are **reflecting the Image of GOD** to you.

SHAME is transferred to a child when there is a sudden interruption of a normal day-to-day experience for no reason. Dad gets angry, screams at the child, grabs him and physically pushes him around.

The child begins to feel insecure and fearful because there's no telling when this is going to happen again. The feeling of shame is created and experienced every time father is unhappy.

We grow up with all this baggage and this will block us from having a relationship with THE FATHER because deep on the inside, we believe GOD is going to be like this with us in any moment! Some people confuse this with the fear of the LORD!

2) **DIVORCE in a family brings SHAME upon children.**

In the majority of broken homes, it is the father who is absent. No wonder that the vast majority of inmates in our prisons report an absence of a meaningful father relationship.

With no father to wrestle, we will not learn to wrestle against the adversities of life, but will seek to avoid them by way of finding comfort.

Too big and too embarrassed to ask for mother's milk anymore, when pressures come, we will look for other substances to soothe us (B.E.E.P.S.), or we will simply withdraw from life.

For some fatherless children, the prison is not a barred, cinder block room, but it is a cell of shame, blockading us from the fullness of life. Where there is no father there is no deep dream in the child.

Without deep dreams, we wither into aimless orphans who either pity ourselves into ineffectiveness or who rage meaningless against the void of the night. *Oh, for the want of a mom and dad!*

There is a feeling on the inside that some how I caused this. “If I wasn’t such a bad kid, my parents would not have divorced ...” GOD put parents into our lives to speak our destiny and purpose into us. That is how we get it. If that did not happen there was abandonment of what GOD had always intended for you — an abandonment regarding your parents.

3) Being a “SCAPEGOAT”.

Being the target — being the one that gets all the focus of all the blame — is a “scapegoat”. Studies have shown that children do not want to be separated from their parents. So even if the parents abuse the children, they still see their parents as good and themselves as bad. We internalize the bad — we are much quicker to point the finger at ourselves then we are to say there is something wrong with my Mom, Dad, or both.

4) PHYSICAL abuse.

The list of torment is endless. You never know when it is going to happen. You do not know why you are being abused. You learn to hide, run away, etc. Physical abuse is a terrible shaming experience.

5) SEXUAL abuse.

What is the first thing we usually say about a new baby? It’s a boy! Or It’s a girl! We declare it’s sexual identity because our sexuality is so much a part of our core identity. When we are sexually abused, it is not just something that happens to our body — it violates the very core of who we are!

There is a lot of kind of sexual abuse — some of it is obvious like molestation or fondling, or intercourse. There are lots of sexual abuse that occur in the home:

- Where the parents dress indecently in front of the children.
- Where the parents make shaming comments about the children’s bodies.
- Making sexual jokes.

Sexual abuse and sexual experiences often open the door for two very defiling sexual spirits — **incubus and succubus**. These are male and female spirits that can actually create a feeling of having orgasm or of having sex, but it is demonic. It is very confusing, defiling, and upsetting to people. It can happen if sexual doors have been opened and people are so ashamed to speak about this is they have had to deal with it.

6) Illegitimacy

Shame comes upon the baby in the womb. The mom is usually carrying shame even when there is a big cover-up. The baby comes into the world with shame.

7) Poverty

If you are in a neighbourhood and everybody is poor, then it is not so bad because that's just how it is! But if you have less than the people that you are around with, that is very shaming. If you can't keep up with the standard, it is very shaming.

- It is very shaming to wear shoes to school that are too small.
- The shame about what your house looks like.
- The neighbourhood where you grew up.
- The kind of car your parents drive.

There is a lot of shame connected to what we don't have and are not able to have.



8) Any kind of significant loss.

Such as a demotion — particularly in the job arena.

9) Substance-abuse and/or ADDICTIONS.

Addictive behaviours have multi-faceted abilities to SHAME us:

- You bring friends over, but never know what it's going to be like at home.
- There is a lot of lying and covering up.
- Ill spoken words, broken promises, embarrassments, etc.

The child is not the alcoholic or drug addict, but goes through all of the shame of that family.

10) Shame by ASSOCIATION.

If someone in your family gets arrested for some wrongdoing, people speak about it and it gets into the media, you get shamed by association by what is said about your family.

11) ANY kind of "DIFFERENTNESS" we experience, such as:

- Dyslexic.
- Taller than the rest.

- More freckles.
- Red hair.
- Parts of our body that we reject and find shameful — such as a flat chest for a female, or large breasts, etc.
- Any kind of handicap — walk with a limp, stutter, can't see well, can't read well, can't hear well, etc.

12)Hypocrisy

Many believers have come to a place where they are so full of their own righteousness, they have been “promoted” to the highest position in church, they are known as the people who do the most “good” works and yet their heart does not reflect the will of GOD. They have **exchanged** a humble heart for a position of pride in man's eyes.

Luke 13:12-17 “12 And when Jesus saw her, He called [her to Him] and said to her, Woman, you are released from your infirmity! 13 Then He laid [His] hands on her, and instantly she was made straight, and she recognized and thanked and praised GOD. 14 But the **leader of the synagogue, indignant** because Jesus had healed on the Sabbath, said to the crowd, There are six days on which work ought to be done; so come on those days and be cured, and not on the Sabbath day. 15 But the LORD replied to him, saying, You **playactors (hypocrites)**! Does not each one of you on the Sabbath loose his ox or his donkey from the stall and lead it out to water it? 16 And ought not this woman, a daughter of Abraham, whom Satan has kept bound for eighteen years, be loosed from this bond on the Sabbath day? 17 Even as He said this, all His opponents were put to shame, and all the people were rejoicing over all the glorious things that were being done by Him.”

13)RELIGIOUS shame.

Religious shame can come from NOT experiencing the “manifestations” or being at some “higher level” spiritually. “*I ought to have more JOY ... healing ... prosperity ... GIFTS ... supernatural experiences!*”

If you have ever felt like a “have not” in the midst of other believers — you have experienced SHAME in some way — often because we compare ourselves to others. HOWEVER, no two people will have all the same experiences of GOD. There is no need to ever compare your experience of GOD with someone else's.

Please be free from trying to perform spiritually in order to be accepted! You are already accepted by GOD, and you do not need any sort of spiritual badge to prove it.

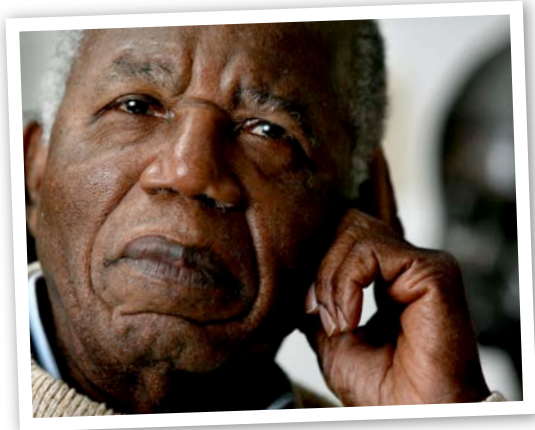
Let go of all the pressure to be like other Christians — humble yourself before GOD, seek Him, and He WILL manifest in your life, all that you need, according to HIS Will!

Remember too — emphasis on manifestations and experiences, WITHOUT the balance of the importance of MATURITY and character, is DANGEROUS!

PROCLAMATION — “I choose today to FORGIVE churches, pastors, friends, and religious organisations that have contributed to my shame. I choose today to invite the Holy Spirit to minister through me to others, in a shame-free way. I choose to help my community/congregation be more like Messiah — full of GRACE and TRUTH!”

****PRAYER**** FATHER GOD, grant me the GRACE to forgive those who have used religion to shame me, and grant me the grace to face how I have done the same. I thank You that Y'shua (Jesus) came full of GRACE and TRUTH. Full me with YOUR Grace and Truth — that I can be more like Y'shua (Jesus) and like You FATHER, and I might be used in bringing hope/healing to others. In the Name of Y'shua (Jesus), AMEN!

14) GENERATIONAL sin brings shame.



We are called to be a Set-Apart/Holy Nation. However, we have strayed from the Ways of GOD. Our forefathers began a process of straying and of a role-model to children less than the acceptable standard, instead of a lifestyle of a teaching day and night.

In the second Commandment, GOD tells us not to bow down to idols and we are not to serve them. The reason is — “For I the LORD your GOD is a JEALOUS GOD”. The Hebrew for this is — “For I the LORD your GOD is a RED GOD”.

RED with anger! The Scripture continues and says — “*I will visit the iniquities of the fathers unto the children to the third and fourth generation of those who hate Me*”. The phrase “those who hate Me” is better translated as “Those who are DISOBEDIENT to Me”.

The iniquities are passed on down — we all experience the pressure of our forefather’s sin pressing us to continue into and enter into the same kinds of sins that our ancestors have been committed to.

An **IDOL** is anything we put our trust in. Examples include our good looks, our bank balance, our own abilities/strengths, etc.

Deuteronomy 6 “1 NOW THIS is the instruction, the laws, and the precepts which the LORD your GOD commanded me to teach you, that you might do them in the land to which you go to possess it, 2 That you may [reverently] fear the LORD your GOD, you and your son and your son’s son, and keep all His statutes and His commandments which I command you all the days of your life, and that your days may be prolonged. 3 Hear therefore, O Israel, and **be watchful to do them**, that **it may be well** with you and that you may increase exceedingly, as the LORD, the GOD of your fathers, has promised you, in a land flowing with milk and honey. 4 Hear, O Israel: the LORD our GOD is one LORD [the only LORD]. 5 And you shall love the LORD your GOD with all your [mind and] heart and with your entire being and with all your might. 6 And these words which I am commanding you this day shall be [first] in your [own] minds and hearts; [then] 7 **You shall whet and sharpen them** so as to make them **penetrate**, and **teach** and **impress** them **diligently** upon the [minds and] hearts of your children, and shall talk of them when you sit in your house and when **you walk by the way, and when you lie down and when you rise up**. 8 And you shall bind them as a sign upon your hand, and they shall be as frontlets (forehead bands) between your eyes. 9 And you shall write them upon the doorposts of your house and on your gates. 13 You shall [reverently] **fear the LORD your GOD** and serve Him and swear by His name [and presence]. 14 You shall **not go after other gods**, any of the gods of the peoples who are round about you; 15 For the LORD your GOD in the midst of you is a **jealous** GOD; lest the anger of the LORD your GOD be kindled against you, and He destroy you from the face of the earth ...”

*"20 When **your son asks you in time to come**, What is the meaning of the testimonies and statutes and precepts which the LORD our GOD has commanded you? 21 Then you shall say to your son, We were Pharaoh's bondmen in Egypt, and the LORD brought us out of Egypt with a mighty hand. 22 And the LORD showed **signs and wonders**, great and evil, against Egypt, against Pharaoh, and all his household, before our eyes; 23 And He **brought us out from** there, that He might bring us in to give us the land which He swore to give our fathers. 24 And the LORD commanded us to do all these statutes, to [reverently] fear the LORD our GOD for our good always, that He might preserve us alive, as it is this day. 25 **And it will be accounted as righteousness (conformity to GOD's will in word, thought, and action) for us if we are watchful to do all this commandment before the LORD our GOD, as He has commanded us.**"*

We find that generation after generation go further astray.

***Ezra 9:1-8** "1 AFTERWARD, THE officials came to me and said, The Israelites and the priests and Levites have not separated themselves from the peoples of the lands, but **have committed the abominations** of the Canaanites, Hittites, Perizzites, Jebusites, Ammonites, Moabites, Egyptians, and Amorites. 2 For they have taken as wives some of their daughters for themselves and for their sons, so that the holy offspring have **mixed themselves with the peoples of the lands**. Indeed, the officials and chief men have been foremost in this **wicked act and direct violation** [of GOD's will]. 3 When I heard this, I rent my undergarment and my mantle, I pulled hair from my head and beard and sat down appalled. 4 Then all those who trembled at the words of the GOD of Israel because of the offensive violation of His will by the returned exiles gathered around me as I sat astounded until the evening sacrifice. 5 At the evening sacrifice I arose from my depression, and, having rent my undergarment and my mantle, I fell on my knees and spread out my hands to the LORD my GOD, 6 Saying, O my GOD, **I am ashamed and blush** to lift my face to You, my GOD, for our iniquities have risen higher than our heads and our guilt has mounted to the heavens. 7 **Since the days of our fathers we have been exceedingly guilty**; and for our willfulness we, our kings, and our priests have been delivered into the hand of the kings of the lands, to the sword, captivity, plundering, and utter shame, as it is today. 8 And now, for a brief moment, grace has been shown us by the LORD our GOD, Who has left us a remnant to escape and has given us a secure hold in His holy place, that our GOD may brighten our eyes and give us a little reviving in our bondage."*

15)Generational TRANSFER of shame.

Shame can start in the womb or later in infancy — when parents carrying their own SHAME, they feel worthless and feel that they are not good parents, etc. If you don't deal with the shame that's been put upon you by other people, you will shame others around you. You will put shame on your children, your wife, your husband, etc., because you have a need to control their choices. Everything has to go according to the plan!

Your children must have the friends you had planned for them. They must marry whoever you have planned for them to marry. This process of manipulation continues ... when parents try to control the choices of adult children after they have left home.

You are shamed when somebody bigger and stronger than you takes charge of your will and controls you so that you can do nothing about it. We then believe that GOD is like that too. Whenever disappointing things happen to us, then we impute that to GOD and say, "GOD let that happen to me".

Children see a "mirror" in their parents, and interpret an ANGRY parent's words as:

- "You deserve anger!"
- "You are such a poor excuse for a human being!"

- “There is something wrong with ME!”

Then when we become adults, and we get angry, we transfer SHAME onto others.

The DIFFERENCE between TRUE and FALSE humility.

TRUE humility is the fear of the LORD, that reminds you that you are NOT GOD, you are limited and dependent ... without GOD you will DIE!

FALSE humility is a perverted SHAME. Often times, parents use SHAME as a motivating factor to try to control the behaviour of their children:

- “SHAME ON YOU!”
- “You are a NOBODY! You’re WORTHLESS!”
- “You don’t MEAN ANYTHING!”

This is actually MANIPULATION!

SHAME causes us to believe that **we deserve to have bad things** happen to us **because** we are bad people.

For EXAMPLE — a young girl gets pregnant. Her family is so ashamed and tries to hide this sin. What will the people think? They want to send the daughter away because the baby will bring shame to everybody. When we hide the baby away from other people, we nullify the baby’s existence! In the process shame gets transferred from one generation to the next.



ANOTHER example is POTTY training — it is not in the best interest for the child to be potty-trained at this time. It is an inconvenience for the parent! The child ends up getting pressured to perform because everything is not going according to the parent’s plans. When children disrupt their plans/image, the parents are ashamed of the child.

The message that is conveyed to you is — “You don’t have any needs.” Shame always results in **PRIDE**. Pride is exalting me and turns focus on me.

It can manifest in two ways:

- External pride — arrogance.
- Internal pride — self-pity.

16) BACKSLIDING causes shame.

Many people make a choice to serve GOD, though often times, this is an **emotional choice** or else, one made without having **counted the cost** of following the Messiah.

Then as soon as trials and tribulations arrive, our reason to follow the Messiah seems to have a **poor foundation**. This is why Y'shua (Jesus) tells us the parable of the wise man, who build his house upon the rock. Unless we find Y'shua (Jesus) as our Rock, we will find our house of faith falling over.

***Jeremiah 17:13** "13 O LORD, the Hope of Israel, **all who forsake You shall be put to shame**. They who depart from You and me [Your prophet] shall [disappear like] writing upon the ground, because they have forsaken the LORD, the Fountain of living waters."*

Those who backslide will be ashamed and will look to immerse themselves in the society far away from the community of believers.

17) FEAR OF MAN causes shame.

All too often we are exposed to peer pressure of the "successful" world and do not want to feel "separate/set-apart" ... we want to be "IN" and part of the crowd.

***Mark 8:34-38** "34 And Jesus called [to Him] the throng with His disciples and said to them, If anyone intends to come after Me, **let him deny himself** [forget, ignore, disown, and **lose sight of himself** and his own interests] and take up his cross, and [joining Me as a disciple and siding with My party] follow with Me [continually, cleaving steadfastly to Me]. 35 For whoever wants to save his [higher, spiritual, eternal] life, will lose it [the lower, natural, temporal life which is lived only on earth]; and whoever gives up his life [which is lived only on earth] for My sake and the Gospel's will save it [his higher, spiritual life in the eternal kingdom of GOD]. 36 For what does it profit a man to gain the whole world, and forfeit his life [in the eternal kingdom of GOD]? 37 For what can a man give as an exchange (a compensation, a ransom, in return) for his [blessed] life [in the eternal kingdom of GOD]? 38 For **whoever is ashamed [here and now] of Me and My words in this adulterous (unfaithful) and [preeminently] sinful generation**, of him will the Son of Man also be ashamed when He comes in the glory (splendor and majesty) of His Father with the holy angels."*

Authority figures (FATHERS) can cause a "permanent" feeling of shame to be an integral part of a child, by the perpetual belittling of their value. Shame comes to you whenever you were treated with rejection, scorn, ridicule, or punishment ... for things for which you:

- Don't know, can't do,
- Can't help,
- Can't control,
- Or aren't yet there in maturity in your growth.

HEBREW words for SHAME

***2 Samuel 13:13** "13 And I, how could I rid myself of my **shame**? And you, you will be [considered] one of the stupid fools in Israel. Now therefore, I pray you, speak to the king, for he will not withhold me from you."*

The Hebrew ROOT of the word used here is “CHARAPH” (Strong’s H2778), and means to pull off, to expose (as by stripping). Specifically, to betroth, blaspheme, defy, jeopardy, rail, REPROACH, upbraid.

CHARAPH is spelt:

- CHET = A fence.
- RESH = A head/chief.
- PEY = A mouth, speech, open.



The word picture we get is — **“an authority figure that uses his MOUTH (words) to put an un-Godly fence (limitation) on others”.**

*Hosea 4:7-8 “7 The more they increased and multiplied [in prosperity and power], the more they sinned against Me; I will change their glory into **shame**. 8 They feed on the sin of My people and set their heart on their iniquity.”*

The Hebrew ROOT of the word used here is “QALAH” (Strong’s H7034), and means to base, contempt, despise, set light, seem vile, to be lightly esteemed (little value) or DISHONORED.

QALAH is spelt:

- KOF = The back of the head, behind, last.
- LAMED = Control, authority, tongue.
- HEY = Behold, reveal.

The word picture we get is — **“the TONGUE of the authority figure reveals what is in the HEART”.**

*Ezekiel 16:54 “54 That you [Judah], amid your **shame** and disgrace, may be compelled to recognize your wickedness and be thoroughly ashamed and confounded at all you have done, becoming [converted and bringing] consolation and comfort to [your sisters.]”*

The Hebrew ROOT of the word used here is “KALAM” (Strong’s H3637), and means to WOUND, but only figuratively, to taunt or insult — be (made) ashamed, blush, be confounded, be put to CONFUSION, hurt, reproach, (do, put to) SHAME.

KALAM is spelt:

- KAF = A palm, open hand.
- LAMED = Control, authority, tongue.
- MEM = Chaos.

The word picture we get is — ***“the leader that uses his TONGUE to cause CHAOS in another’s life”***.

Public dishonour can cause tremendous wounds, which we’ve seen can be likened to being “put into a WINTER” and cause confusion. This causes man to lose all sense of DIRECTION and PURPOSE. Examples include:

- If you give a job to a 12 year old which is for the skills of an 18 year old, shame is going to come.
- We shame one another when we expect each other to be spiritually further than what we are — “If you were really spiritual, you would do this _____”. If you were really spiritual, you would get up and pray every morning at 5AM!!”
- Mother tells oldest child to be an example to other siblings because she is the oldest. That put so much fear on her to do everything perfect so that her sisters will not end up in a mess! Now she believes the lie that she is responsible for somebody else’s life. Every time her sisters got in trouble, she felt it was her fault. She ended up in bondage to anorexia because she ended up with a need to control. “If I can’t control my circumstances around me and the choices of other people, then I am going to be held accountable and responsible, and I can’t stand it, so I have to control everything.”

Shame says “I can never measure up to that, forget it!” When you do something or something happens to you and you get the feeling: “I just want to die of SHAME!” Then you grow up feeling:

- I’m worthless.
- I don’t mean anything.
- I don’t count.
- I can’t do anything right.
- I’m of no value.
- You do the best you can but it’s not good enough.

Then you feel — *“I might as well give up! Nothing I can do is ever going to be good enough. I’ll never make it, I’ll never win.”*

Preachers are experts at SHAMING people. We are quick to recall someone’s past offences and weaknesses. If you find out somebody in leadership has sinned in some way, then what do we do to them? *“You shouldn’t act that way! SHAME on you!”*

SHAME SECTION 3:
Causes and Fruits of Shame

CAUSES of Shame

1. SELFISHNESS causes shame.

The Greco-Roman mindset of performance, of being first in the class, top of the pile, has created a mentality of always taking the best for oneself and leaving the rest for anyone else who follows. Y'shua (Jesus) tells us that this attitude abounds and goes onto explain that this is **not** the “image of a Godly man”.



Luke 14:7-14 “7 Now He told a parable to those who were invited, [when] He noticed how they were selecting the places of honor, saying to them, 8 When you are invited by anyone to a marriage feast, **do not recline on the chief seat** [in the place of honor], lest a more distinguished person than you has been invited by him, 9 And he who invited both of you will come to you and say, Let this man have the place [you have taken]. Then, with **humiliation and a guilty sense of impropriety**, you will begin to take the lowest place. 10 But when you are invited, go and recline in the lowest place, so that when your host comes in, he may say to you, Friend, go up higher! Then you will be honored in the presence of all who sit [at table] with you. 11 **For everyone who exalts himself** will be **humbled** (ranked below others who are honored or rewarded), and he who humbles himself (keeps a modest opinion of himself and behaves accordingly) will be exalted (elevated in rank). 12 Jesus also said to the man who had invited Him, When you give a dinner or a supper, do not invite your friends or your brothers or your relatives or your wealthy neighbors, lest perhaps they also invite you in return, and so you are paid back. 13 But when you give a banquet or a reception, invite the poor, the disabled, the lame, and the blind. 14 Then you will be blessed (happy, fortunate, and to be envied), because they have no way of repaying you, and you will be recompensed at the resurrection of the just (upright).”

SHAME comes when people put expectations on other people — they try to get them to conform to the image that they want.

Exodus 32:25 “25 And when Moses saw that the people were unruly and unrestrained (for Aaron had let them get out of control, so that they were a derision and object of **shame** among their enemies),”

The HEBREW word used here for SHAME means “scornfully whisper a hostile word of shame”. When my words are used to bring discredit to someone else, especially when this whispering is done behind their backs (i.e. gossip) and that person has no idea why people react strangely towards them — that will cause them to feel shame.

GOD wants to teach us how to deal with sin without SHAMING other people — how to deal with the GUILT that comes from wrongness of action without making people feel worthless.

We need to establish Godly principles of never opening our ears to words about someone else unless they are present.

2. WRONG-DOING causes shame.

Paul tells us that acts of **wilful disobedience** to GOD's Word and the prompting of the Holy Spirit is **sin**. Any such acts cause us to become a **slave** to the fruit of sin. These acts of compulsive behaviour become a mesh that leads to death — in the process we become burdened with a sense of shame.

Romans 6:19-21 *"19 I am speaking in familiar human terms because of your natural limitations. For as you yielded your bodily members [and faculties] as servants to impurity and ever increasing lawlessness, so now yield your bodily members [and faculties] once for all as servants to righteousness (right being and doing) [which leads] to sanctification. 20 For when you were slaves of sin, you were free in regard to righteousness. 21 But then what benefit (return) did you get from the things of which you are now ashamed? [None] for the end of those things is death."*

3. WORTHLESSNESS causes shame.

SHAME will enslave you to compulsive/B.E.E.P.S. habits — smoking, alcohol, drugs, masturbation, sex, food, etc. — every one of these habits are SHAME-BASED.

When I feel worthless it creates a "yukky" feeling in my soul, a sense of need — and I run for comfort or escape in my B.E.E.P.S. You begin to fight against this thought pattern — "I'm not going to drink anymore, I'm not going to get angry anymore", etc. But without healing, when SHAME rises up again and begins to torment the soul — you revert to the pattern.

When your soul is out of peace, you attempt to "change" by your own works. The flesh comes with a plan — when you do it, the feeling goes away for a short while but then returns twice as heavy!

"I'll just have a couple of drinks and then I'll feel better." When you wake up, it's worse! You suffer from the GUILT of your actions and now SHAME and GUILT work together — *"See! You are worthless! Because you did that thing AGAIN!"*

In order to break the cycle, you will need to get down to the ROOT, and ask Y'shua (Jesus) to bring healing (see J2F8 for more information on addictive behaviours).

4. BROKEN boundaries cause shame.

You and I need personal boundaries in our lives — boundaries that are clear to everyone. This does not mean we have to build walls around our hearts or put cold barriers between others and us. In fact, it's alright for people to see into our lives and even to view some of the treasures inside. People have to know what is available and what is not. They need to know that we share important parts of our lives only when we choose to do so.

In healthy families, children learn about boundaries from their parents. At the simplest level, children learn that they can have privacy. They come to understand that certain body parts are not for others to touch, that they don't have to share their toys unless they want to, that they can keep some things confidential, and that their desires are valid.

In shame-based homes, healthy boundaries don't emerge naturally. Parents who don't have healthy boundaries themselves make too much of their emotional life available to the child.



The emotionally distraught parent makes the child a confidante to soothe his or her loneliness. To reveal too much of my inward emotional life to my children with the hope that they will be a comfort to me is to violate the child.

Children develop boundaries only as they mature. With this in mind, the parent is responsible for setting boundaries on behalf of the children when they are young. The parent's role is to protect the child from invasive forces like scary movies or unhealthy touch. Abuse or molestation is the most tragic boundary violation. It teaches the child — "My body is not my own; it exists to please others." As a result, the sexually molested child usually becomes promiscuous in adolescence. The promiscuous adolescent may not enjoy sex at all, in fact, may despise it. But he or she can't seem to stop because of a deep-seated "belief" that I exist to please others.

When healthy boundaries are not present, a person, in effect, exposes too much of themselves to others. Passers-by assume that they can help themselves — to our sexuality, our time, our emotional energy, our money, and our talents.

- Do people just assume they can presume upon your time?
- Do others know they can always count on you to help them out?
- Do people seem to take advantage of your generosity?
- Do people borrow money from you, and not pay it back?
- Do you have a hard time saying "NO"? And feeling guilty if you do?

How do we RECOGNISE shame? Remember, it is a feeling of not belonging and not having what's required.

FRUITS of Shame

1) Unworthiness.

I am so unworthy. I don't deserve anything good. We feel DIFFERENT from other people, and because of this, we constantly need and seek approval and affirmation.

2) The VICTIM-pattern.

The victim expects everything to go wrong. He expects to be blamed. He expects to fail. We live life from the viewpoint of a victim, and are attracted by that weakness in our love/friend/career friendships.

We confuse love and pity, and tend to love people we can pity and rescue!

3) The Apologiser.

“Please excuse my existence! I am sorry for breathing your air. I am so sorry! Please excuse me! I really didn’t mean that.”

You feel like a burden. Illegitimate children as well as others feel like “I am not supposed to be here”. So I am a burden to start with. If I am not supposed to be here then I am breathing your air. We judge ourselves harshly and have a very low sense of self-esteem.

4) AVOIDING conflict.

If I can just keep the peace nobody will know that I am really bad.

5) FEAR of losing control.

A fear of expressing or feeling emotion that you might get out of control.

- You may do something that will embarrass you and cause people to reject you.
- You want to hide and maintain secrecy.
- When you lose control and something goes wrong, blame somebody! Or you blame yourself.
- Many times when the parents fail, the children feel it is all their fault — “If I wouldn’t have been here”.

This is IDOLATRY — it is all about me. I don’t trust GOD, I can’t release my problems to GOD. I need to control everything just in case something happens and I get hurt.

6) UNRELIABLE relationships — can’t TRUST.

Relationships are unreliable because you do not trust anyone. The most wounding comes when you were the neediest. When you expressed your needs as a child, it made your SHAME-BASED parents ANGRY! In our own parenting, we become RIGID like our parents, or marry someone like that ... or BOTH! Or we find another compulsive personality such as a workaholic, to fulfill our unbalanced needs.

7) CAN’T SAY NO.

You have difficulty in saying “NO” to people. You have guilt feelings when you stand up for yourself, instead of giving in to others.

If you can't say "NO", you have not said "YES". The flip-side to this is, "*I don't care what people think.*"

You have a hard time making close friends because you have a **fear of being rejected**. You are fearful or uncomfortable being part of a small group — you will either withdraw or you have a need to lead the group so that you are in control!

8) Emotional DENIAL.

You deny anything going on in the inside of your heart.

- Don't perceive anything. "Your say does not count! You have no opinion!"
- Don't feel! Shut up! Stop trying to express your feelings!
- Don't ever make yourself vulnerable. Don't ever open your heart to anyone.
- Don't need! Don't ever ask anyone a favour. Make sure that you are self-sufficient and okay.
- Don't think! Don't dream. No vision.
- Don't TALK! If anything bad happens, make sure nobody finds out!



Unfortunately, stuffing our emotions/feelings causes us to lose the ability to feel or EXPRESS our feelings, because it hurts too much — and this includes GOOD feelings like JOY and happiness.

Stuffing your EMOTIONS is much like eating food and being constipated ... you get POISONED!

9) GIVE but can't RECEIVE.

You have real difficulty in asking anyone for a favour. You see this as a weakness. You must never be in a position of need because you want to be in control! If people do help you in some way or other, you have a strong need to pay people back! If somebody just gives you something, you have a strong need to give them something back. You can't just receive something. This causes you to have an **inability to receive** from anybody — love or blessings, birthday gifts, etc.

Perhaps are even a super-worker in the community/congregation. In your heart you can resist doing all the work, but on the other hand, you will be compelled to do it — because you feel you are earning your existence.

The more you do, the more you feel that you have a right just to be. GOD wants us to be motivated by the Holy Spirit and not by a right to earn our existence.

10)Handicap and/or disability.

The ones that were really shamed were those with **some or other handicap**.

11)Deep inside, you don't FEEL CHOSEN.

Value is established in the order that you are chosen. If you were good at doing whatever, you would be chosen first. If you weren't very good, you were one of the last that was chosen. You feel — "I am not chosen. I am just tolerated."

GOD has chosen us before the foundation of the world was laid. GOD has chosen His Teams long ago! Everybody has a place in His Kingdom! Shame says — "It is by mistake that I am part of GOD's team. He had to take me because of my father, mother, spouse, etc." But GOD says:

*Ephesians 1:1-3 "4 Even as [in His love] He **chose us [actually picked us out for Himself as His own] in Christ before the foundation of the world**, that we should be **holy (consecrated and set apart for Him)** and **blameless** in His sight, even above reproach, before Him in love. 5 For **He foreordained us (destined us, planned in love for us) to be adopted (revealed)** as His own children through Jesus Christ, in accordance with the purpose of His will [because it pleased Him and was His kind intent]—6 [So that we might be] to the praise and the commendation of His glorious grace (favor and mercy), which He so freely bestowed on us **in the Beloved.**"*

12)PERFORMANCE.

"I've got to perform and do it good enough so that they will see that I really am okay."

This is exhausting! The reality is that we never can do it good enough! We never feel satisfied. We need to do it better. Shame will drive us to perform and perform!!

We try to overcome the stigma of shame by proving we're really good through our accomplishments. We set our goals so HIGH that they are UNATTAINABLE ... then we become ANGRY with ourselves for not meeting these goals.

We set ourselves up for FAILURE because we are AFRAID we cannot maintain our success.

13)PERFECTION.

We have to do it so good and so right or know all the answers, then we are beyond criticism. Nobody can say they are bad in any way because they have just done it all right! They are beyond fault. People that are in this trap find it very stressful.

You fear failing therefore you are afraid to try new things. *"If I don't do it right, I am going to be scorned and rejected."*

Make sure you are never wrong. A mistake is NOT okay! **Perfectionism** gets established. SHAME generates **PRIDE**.

PRIDE is a sure SIGN that there is shame underneath. We try so hard to feel good about ourselves to overcome the shame because we don't know that GOD can help us feel good about who we really are without the pride. The pride says I am better than you are.

14)BITTERNESS.

There are two kinds of bitterness that are a reflection of shame:

- The **shame-blame game**, where we are always blaming the other person so we don't look bad. Shame is where I feel I am the bad one so if I can make you the bad one I can be okay.
- **Put-downs**, where I may have it but you have it worse than me! I do not want to be the bad one so I make the other person look worse than me.

15)ANGER.

People with shame carry an anger that is just under the surface. You feel it but you can't get to it! You can not identify where it is coming from. It is not related to anything that is happening in any given situation. It is related to your shame. **If you experience a lot of anger and rage** working in your life it shows that you are full of shame. Being shamed is not fair and I don't like it!

16)JEALOUSY.

This comes out of the faulty belief that there is a limited amount to go around. There is a limited amount of:

- Love.
- Success.
- What we can give.
- Who we can be.

So that every time you succeed, I feel like I am losing. It's like there is only one pizza so if you get a slice, then I have a deficit.



Any time anybody wins, we feel jealous. Instead of saying there is a place for you and nobody can take that place — the shame-based person feels constant competition and constant loss. There is no place for us BOTH to be okay. We can't both win on the same day.

17)CONTROL.

Out of that jealousy comes a lot of control. I control you so that you don't get AHEAD of me or get in my place, to take something from me ... I control to stay SAFE!

There is UGLY territorialism in the church — “This is MY Sunday school class! I am going to do it all — it’s MINE!”

“I get my significance and my security to try to overcome my shame by being in this position ... don’t you dare try to take it away from me, or threaten it!”

18)MORE Fruits of SHAME.

- ☒ We become approval seekers and lose our identity — and we are WILLING to lose our identity in the process of being approved of.
- ☒ We have an over-developed sense of RESPONSIBILITY and it is easier for us to be concerned with others rather than ourselves.
- ☒ This enables us to not look too closely at our faults or our responsibility to ourselves.
- ☒ We are DEPENDENT personalities who are terrified of ABANDONMENT!
- ☒ We will do anything to hold on to a relationship in order not to experience the painful ABANDONMENT feelings, which we continually received from living with people who were never there emotionally to meet our needs.
- ☒ We have difficulty having fun.
- ☒ We take ourselves very seriously.
- ☒ We overreact to changes in which we have no control.
- ☒ We are either super responsible, or super irresponsible, or BOTH — we are not balanced.
- ☒ We are extremely LOYAL even in the face of evidence that the loyalty is undeserved.
- ☒ It is more comfortable to stay with the status quo than it is to stretch and leave.
- ☒ We tend to lock ourselves into a course of action without giving serious consideration to ALTERNATIVE behaviours or possible consequences.
- ☒ This IMPULSIVENESS leads to confusion, self-hate, and loss of control of our environment.
- ☒ We use more energy cleaning up the mess than what would have been expended in the first place.

As we see these fruit manifest in our lives, we can begin to identify our enemy ...

SEEDS of Shame

Ephesians 4:27-29 “27 Leave no [such] room or foothold for the devil [give no opportunity to him]. 28 Let the thief steal no more, but rather let him be industrious, making an honest living with his own hands, so that he may be able to give to those in need. 29 Let no foul or polluting language, nor evil word nor unwholesome or worthless talk [ever] come out of your mouth, but only such [speech] as is good and beneficial to the spiritual progress of others, as is fitting to the need and the occasion, that it may be a blessing and give grace (GOD’s favor) to those who hear it.”

How does this work?

Because of the ancestral/generational sins and curses of our forefathers, and because we were born into a wounded family, the SEEDS of the generational curses are carried in our personhood. Seeds could be:

- Abandonment.
- Sexual sins.
- Occult involvement.
- Gossip.
- Victimization.

These generational seeds are waiting for a triggering event — a little rain on a garden causes seeds to spring up. The triggering event is our initial shaming event. The enemy will make sure we get it as early in our life as possible. The younger we are the more defenceless we are.



A shaming event comes along and triggers the seed that has been lying dormant and it starts to grow. From J2F8, we know the FIVE traumas that one can experience — and when we are wounded, SHAME occurs and the seeds are WATERED.

Five traumas:

1. Rejection
2. Incest
3. Molestation
4. Emotional Abuse
5. Physical Abuse

Not everyone has become a shame-based person, but we all get shamed. With these traumas, arrested development and un-Godly beliefs (LIES) are then put in place, and DEMONS come to torment.

The PATH of shame in our lives:

1. Sins of the forefathers and curses set us up.
2. Seeds come down the generational lines.
3. A hurt/trauma occurs — minor to major.
4. The seeds get triggered and begin to grow up.

5. Questions get raised — “What is the matter with me? Why am I different to other people?”
6. Un-Godly beliefs get put into place.
 - a. Demons are very happy — “We got another one!” Their plan is — “Keep this person from being saved. Keep them from fulfilling their destiny.”
7. And the person is BOUND and kept in the CYCLICAL-shame stronghold.

These captive people then become so **self-focused** trying to deal with their shame, even if they don't know what to call it, they will not do what GOD has called and created them to do — they will not fulfil their destiny. This is the greatest tragedy and loss of the shame-based stronghold.

BUT WE CAN BE FREE IN THE WORK OF Y'SHUA (JESUS)!!

The Way Shame-Based Families Think and Talk	
Your FAMILY's “rules and beliefs”.	Your OWN self-talk and perceptions.
1. Performance over person "How well you do determines who you are"	1. Human doing vs. human being "My worth depends upon my ability to always do well"
2. Not allowed to make mistakes "Stay within the lines, don't stumble; don't let others do better than you"	2. Perfectionism "If I blow it, people will not accept me, appreciate me, or love me"
3. Cannot do it well enough "You always do that wrong, you never get it just right, you could have done a better job"	3. Success sabotaging "Things never work out for me; someone else could probably do a better job than me; that position is too important for me to accept"
4 Must always do better "Never give full credit because they will stop trying."	4. Over-achieving "Have I done enough? Never mind the awards I've won, look what I haven't won yet"

5 Conditional support "If you do things right, I'll support you, if you perform well enough, I'll really be proud of you"	5 Self-worth contingent on others "I am okay only if you approve of me, what do you think of me? Do you think I did well enough?"
6 Undiscussed issues, secrets "We're supposed to be a happy family, we don't talk about things like that." "It is in the past, so there is no need to talk about it, if you tell anyone, things will get worse for you"	6 Fear of discovery "If people really knew about me, they would leave me. If people found out, they would think less of me"

STAGES⁶ of how shame DEVELOPS

1. I want LOVE and ACCEPTANCE.
2. I don't get it because:
 - a. It's withheld when I fail,
 - b. Or the people I need don't have love to give,
 - c. Or the people I need are addicted to other things,
 - d. Or I'm abused or abandoned.
3. I feel FLAWED.
4. I'm ASHAMED, so I HIDE.
5. I try HARDER (perfectionism) or I GIVE UP and don't try at all (rebellion).
6. My failures at perfection or my outright rebellion make me feel even more ashamed.
7. The SHAME is so painful, I try to transfer it to someone else.
8. I become very ANXIOUS because no matter how hard I try, it's never enough.
9. I try to alleviate my ANXIETY with B.E.E.P.S. — success, materialism, alcohol, sex, accomplishment.
- 10. And the cycle starts all over again!**

⁶ By Alan D. Wright

SHAME SECTION 4:
Strongholds of Shame

What shame TELLS us:

1. Shame tells us that those who we are in relationship with are always RIGHT (it starts with our parents). If they are doing something evil or wrong to me, it's because there is something wrong with me. If my parents are wrong, it places me in a more dangerous position, and that is — I am out of control!

Sudden disruptive experiences as a child — such as when Dad suddenly yells at you, because you bothered him, disturbed him, you got in his space, you talked too loud and he was watching TV, or you are going somewhere where you are not supposed to go — “What are you doing? I told you don’t go there!”

... this explosive behaviour causes a person to distrust their own perception and experience of life: “Why did that happen? I can never count on what’s going on. Here I am, minding my own business, and suddenly I am jerked over here! Why did you do that?”



When we grow up, we experience our circumstances with the FATHER the same way. Example — I get into a car accident and I think: “Well, that is just what I deserve!” Shame works inside and says: “I would expect that to happen.”

Shame causes us to distrust our own perception of ourselves, and causes you to feel that “Who I am is not okay”.

Psalm 44:13-16 “13 You have made us the taunt of our neighbors, a scoffing and a derision to those who are round about us. 14 You make us a byword among the nations, a shaking of the heads among the people. 15 My dishonor is before me all day long, and shame has covered my face, 16 At the words of the taunter and reviler, by reason of the enemy and the revengeful.”

Psalm 69:7 “7 Because for Your sake I have borne taunt and reproach; confusion and shame have covered my face.”

2. It causes emotions and to be bound up and suppressed — instead of expressing what you are feeling, shame causes you to believe that it is not right to feel how you feel.

The truth is — what you feel is what you feel!! You can not govern what you feel! So now I blame myself for feeling what I feel.

What happens if I feel angry at somebody? What happens if a feeling of lust comes upon you and shame says: “See, what a terrible person you are because that thought came to your mind.”

Shame says: “Yeh, that is just the way I am. I am just this rotten, awful, yukky person.”

Emotions that are not released due to “shame” creates the same result as someone who eats food, is blocked like a cork, causing everything that you ate to turn to poison.

It can also be like hyper-ventilation. You keep breathing in, but your blood-stream gets filled up with carbon-dioxide and so your blood doesn't take in the oxygen it needs and your brain isn't getting any oxygen.

Your brain sends a signal down to the lungs that you need more oxygen. The lungs start to breathe faster but it does not help. The blood cannot carry the oxygen because it is full of carbon-dioxide that has not been eliminated.

Shame blocks us from eliminating that which needs to be expressed to come out to before the FATHER. One day the shame-cork blows!! That causes believers to have mental break-downs — to get involved in adulterous affairs, etc.

Shame also produces a life-long fear of abandonment. "I am not going to be taken care of. I am going to be abandoned by my husband/wife."

Shame ultimately objectifies a person. You are not valued for your personhood. You are not valued for relationship. You are worth only for what you can do for others. Slaves are owned and valued for their productivity.

Prostitution is a symbol of ultimate shame, I am only worth what someone will pay for me, so I might as well sell myself. Fatherless children are tempted to prostitute themselves in a thousand different ways. Every concession of integrity in order to gain the "payment" of acceptance from others is an unseen prostitution of our souls.

The temptress says — "You're a slave. Your life is going nowhere fast. Your only chance at happiness or advancement is through the pleasures of sin and the deception of others. Enjoy the moment of pleasure; it will temporarily make you forget that you are a slave whose life is slipping away. Come to bed with me and you will feel alive again."

The only way that we can avoid the temptation to settle for a perversion of real love is to have REAL LOVE.

3. Jezebel uses SHAME.

Elijah had a powerful heavenly experience on Mount Carmel — he saw GOD in action and answers his prayer against the Baal prophets. Just after that experience, he finds himself fighting fear and running for his life from Jezebel who threatened to kill him. What happened to him?!

Imagine for a moment the prophet's mental torment:

- You gave it your best, but your best wasn't good enough.
- You gave it your all, but your all didn't measure up.
- If you tried that hard and failed, you might as well give up.
- Besides, you're the only one left — no one notices; there is no one to help you.
- In the end you're no better than those who have gone before you.
- You're like every one else — a failure.

Our own Mount Carmel's are opportune moments for the enemy because those are the seasons in which we have given it our all. We have done our best. The pain is finding your best not to be enough.

Elijah's plea for death is a plea for escape from the pressure of life. For Elijah, that day, sleep would be his anaesthesia. Food, alcohol, pornography, busyness, materialism — almost anything can serve as your plea for escape.

Suicide is simply the final attempt to find an anaesthesia that will turn off the pain of life's pressures — but suicide is just the move from one hell to another, our anaesthetics always wear off, and our Jezebels still chase us down.

We want to believe that when there are no more Jezebels, we will finally find some joy. Let the following words sink in ...

- There is no accomplishment great enough to WIPE OUT the pressures of life.
- There is no level of success high enough to exempt you from Jezebel.
- Never be tempted to excuse yourself from the battle.
- Never, while you live in this broken world, imagine there will be a day when you can safely shed your spiritual armour and declare the war to be over!
- No matter what level of spiritual maturity you might attain, the enemy of your soul will fight and contend with you until your last breath.

Once you realize that you will always be in process and we will never achieve perfection in this life, then you will be ready for the Jezebels. You will always be substandard in somebody's eyes. There will always be people ready to criticize, critique, and demean you. It comes with the territory.

You need to be set free from the bondage of performance. GOD will deal with the voices of Jezebel that shame you and eventually He will silence satan himself. GOD's answer for your shame is not your personal success. GOD wants to be with you in your pain, to bear your shame, and nourish you for the journey ahead.



GOD will not leave His children comfortless. When you give up on yourself, GOD doesn't!

What happened to Elijah after Mount Carmel? GOD sent an angel! "Get up and eat for the journey is too much for you!"

Jezebel is too much for you, but not for GOD! The shame of the past is too much for you — but not too much for GOD!

The battle is the LORD's — Yes you will win but it will be “Not by might, nor by power, but by My Spirit”. Life is a journey, not a destination. Shame-based believers tend to focus on arriving at a point of success to prove themselves. Grace-filled believers focus on walking with GOD.

A PROCLAMATION — I choose today to get up from my place of shame, take GOD's Nourishment, and set my eyes on the glorious journey that is still ahead.

****PRAYER**** FATHER, despite the triumphs of my life, You know I am prone to discouragement when the enemy keeps attacking. Send Your angels to pick me up, speak Your Word to lift me up and show me the journey that is still ahead. I thank You for all that You have done in my life — for every victory and every accomplishment.

But FATHER, don't let my successes lull me into spiritual vulnerability. Gird me with Your full armour and grant me the faith to see that the best is yet to come. In the Name of Y'shua (Jesus), AMEN!

Lies that Keep Shame on the Inside

1. You always need to be good. Cover up the vessel at all costs!

“Good” is usually a code-word that means “perfect”. “You be a good boy today. You be good when you go to school today. You be good when we have friends over today.”

This is especially true for pastor's children. Children should not be “good”, they should be healthy. Let them be children!! They sin, make mistakes, they fail, they will do things they should not do — allow them to grow up!!

If children have to be perfect to make us look good, then we are in IDOLATRY! We are worshipping our children instead of GOD. We are trying to manage their appearances so that people think I am okay. The truth is — I AM NOT OKAY!! Neither are our children. We are all still in a process of recovery.

The code-word for being “good” also includes:

- Never inconvenience others. It starts with parents telling us: “Don't be selfish!”
 - What it really means is: Don't have any legitimate needs. Don't put anybody out. Don't let anybody know you need something. Don't let them know something is bothering you.”
- Do everything perfectly without it being taught or practised!! If you get told to do something, you should know how to do it!! (Even if you are only three years old!!)
 - You can't just get onto a bicycle and know how to ride it! You can't just potty-train and get it right the first time!!
- Never embarrass or disappoint your parents. That leads onto: “Don't embarrass other people, or the church, etc.”
 - Only let people see what is practised and looks good. Don't let anyone see you are still practising and learning things. Everything is a show! Everything you do must be excellent!!

- Never have a critical thought of other people. Everything adults do is right. Don't ever talk back or ask questions — never criticize. Just do as you are told.
 - You always win!! Never get less than an "A" at school. Never lose!
- Do everything you are asked. You are supposed to thrive in instability, chaos and stress.
 - Only remember the happy times! Don't think of the unhappy times like mom and dad fighting, don't remember the times that you were sad or when you were hurt, etc.

The Definition of Shame

- **UNIQUELY flawed!**

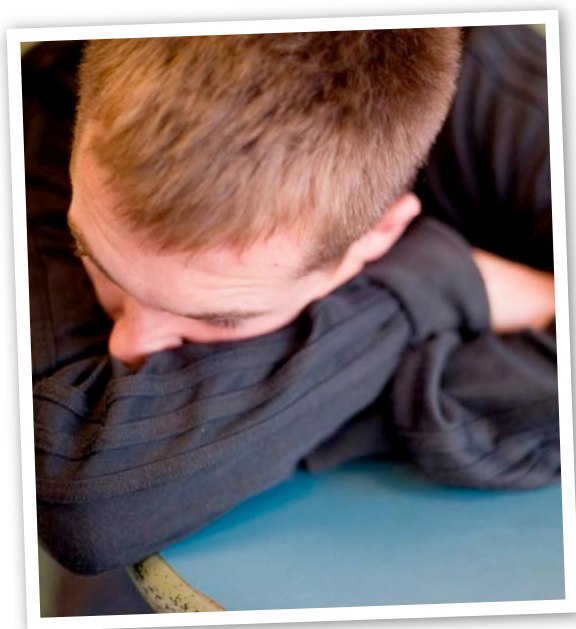
People who believe the shame lies will never tell other people what is happening to them. Shame, by it's very nature, keeps us from telling other people. "I am so bad, you would not have understood. I am so bad I can't let you know about it."

- **FATALLY flawed!**

"There is nothing I can do about it. Not even GOD can help me." Guilt will come and go as we do good and bad things. But shame stays!

What are the primary motivations of a shame-based person?

1. Stay **SAFE!**



You have to be your own safe place. You don't trust GOD or other people to provide a safe place for you. Stay safe, be safe — self protection.

It is then very difficult to fully move into GOD's Family and be His son/daughter if we are being our own safe place. The goal is — keep the shame from being exposed and thus to keep from experiencing the pain of rejection and abandonment.

Abandonment triggers the shame — and so the pain that goes with that abandonment, isolation and separation from other people, the pain of being all alone, etc., is something that we do not want to keep experiencing.

So we push it down and say it is not there and do our best not to experience anymore abandonment or rejection. We work very hard to not get the shame exposed.

2. Stay in CONTROL!

Shame, which is telling you how awful you are, stirs fear and makes room for fear because you are afraid that the people will find out how awful you are. And when they find out, they will reject you and avoid you and so you are controlling very hard to keep them from finding out!

SHAME — FEAR — CONTROL Stronghold

These three work together which makes them worse than just three individual strongholds oppressing you.

WE NEED TO DECLARE WAR ON SHAME!!

GOD has designed us for relationship — most of all with Him and then with other people. He designed us to be in families — we have an innate drawing to be in relationship with other human beings. BUT if we are uniquely and fatally flawed, it means that nobody wants to be with us!

- **FEAR** rises up! “What if they find out? They will reject and abandon me! I’ll be all alone”
- **CONTROL** then stands up and says: “I’ll keep them from finding out!” He is like a sheriff who guns down anyone who threatens the shame. Some people are so controlling and they appear very touchy and aggressive. Others are so passive — they won’t engage with you because their control turns inward and they will not take any risks just in case it disturbs their shame.
- And **PERFECTIONISM** says — “If I do everything just right, you won’t discover how awful I really am!”

Genesis 3:6-10 “6 And when the woman saw that the tree was good (suitable, pleasant) for food and that it was delightful to look at, and a tree to be desired in order to make one wise, she took of its fruit and ate; and she gave some also to her husband, and he ate. 7 Then the eyes of them both were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves apronlike girdles. 8 And they heard the sound of the LORD GOD walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD GOD among the trees of the garden. 9 But the LORD GOD called to Adam and said to him, Where are you? 10 He said, I heard the sound of You [walking] in the garden, and I was afraid because I was naked; and I hid myself.”

Adam and Eve used fig leaves to take control of their shameful situation of being naked. Hiding from the FATHER is also a form of control. Why are they hiding? Because of the fear of the shame of being naked!

The human race has been hiding from each other and hiding from GOD since the Garden of Eden. Why? “Because I don’t want you to see who I really am. I don’t want you to see that I am uniquely and fatally flawed. There is something the matter with me ... I don’t know what it is — but I can’t do anything about it.”

THIS IS THE ULTIMATE TRAP OF SATAN!!

So GOD sent us a Saviour!! We needed a Saviour!! Adam and Eve abandoned GOD — they went to hide.

SHAME causes us to hide behind a FALSE identity — “I’m cool! GOD is so wonderful! I am full of faith!”

BUT the true identity is entangled and under-developed. It is immature in its emotions. The true identity has not been able to grow up and become a matured man/woman of GOD, walking in your full identity and purpose.

We believe that our identity are these STRONGHOLDS!

- I am SHAME.
- I am FEAR.
- I am CONTROL.
- It is not what I do — it is who I am!!

This is then a demonic stronghold masquerading as our true self — we have bought into that lie. We go through life protecting a demonic stronghold!! We have made room for the enemy to live in our house and we think it is us! That is why it is so hard to expose the shame within ourselves.



The thing about shame for the most part is that nobody else sees it and nobody else ever knows. We are the only ones that go back to those memories. GOD wants those memories healed and He has given us a way.

SHAME⁷ and VULNERABILITY

We’ve seen that SHAME causes us to MISTRUST others, to withdraw our heart, and reject being vulnerable. We suppress our emotions and go NUMB!

⁷ Notes taken from YouTube TEDx lectures presented by Brené Brown

However, what we don't realize is that you can't have it BOTH ways — in numbing the negative/scary emotions, you will also numb joy, gratitude, peace ... in our relationship with others, we usually find that the MORE vulnerable we are, the more FEAR we have! Without ABBA FATHER, we cover and hide! So we try to be PERFECT — “Then I'll be loved!” And we project this perfection onto our children. However, to walk in healing, we have to allow ABBA FATHER to first SEE us — deeply SEE us. Intimacy is “Into-me-He-sees”. And out of this RELATIONSHIP with ABBA, be vulnerable with others!

Vulnerability is NOT weakness!

WARNING! We're not saying you must be vulnerable with everyone you meet and know! Your vulnerability must depend on the levels of trust and MATURITY in your relationships. Shame is highly correlated with depression, addiction, violence, bullying, aggression, suicide, and eating disorders ... it is also organized by GENDER!

- **For WOMEN:**
- Shame says do it perfectly, do it all, and never let them see you sweat!
 - Unattainable conflicting competing expectations of who we are supposed to be ... is like a straight jacket!
- **For MEN:**
 - Shame says do not be perceived as WEAK. When a man reaches out to be vulnerable, they get beat up!

SHAME is an EPIDEMIC in our culture!

- What must women do to conform with female norms? To be accepted? *Be nice, thin, modest, beautiful, sexy, resources for APPEARANCE.*
- What must men do to conform with male norms? To be accepted? *Be emotionally controlled, primacy of work, pursuit of status, violent.*

Part of overcoming shame is to have COMPASSION and EMPATHY. Compassion and empathy is the anti-dote against shame. If we put shame in a Petri-dish, it needs THREE things to grow exponentially:

- Secrecy
- Silence
- Judgment

If you put the same amount of shame in a Petri-dish and douse it with compassion and empathy — it will NOT SURVIVE!

The two most powerful words when we are in a struggle are: ***“ME TOO!”***

Be vulnerable and open with ABBA FATHER ... and then with others!

SHAME SECTION 5:
Victory over Shame!

GOD the FATHER wants to deal with all our shame. He wants to release us into GLORY and BOLDNESS.

Satan's purpose is to impart shame to you because that will keep you from the Glory of GOD. Shame will also keep us from the boldness that GOD intends for us to walk in.

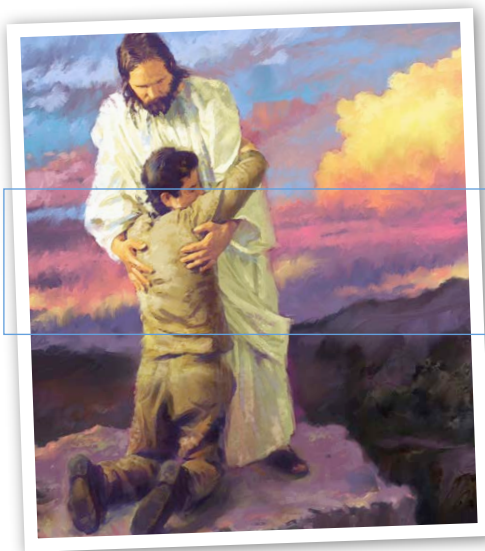
- Guilt says "I made a mistake!"
- Shame says "I am a mistake!"

GOD did not put shame in the Garden of Eden.

2 Corinthians 4:1 *"1 THEREFORE, SINCE we do hold and engage in this ministry by the mercy of GOD [granting us favor, benefits, opportunities, and especially salvation], we do not get discouraged (spiritless and despondent with fear) or become faint with weariness and exhaustion."*

Satan wants to get you to loose heart. What ministry is Paul talking about?

2 Corinthians 3:4 *"4 Such is the reliance and confidence that we have through Christ toward and with reference to GOD."*



Your adequacy is going to be from GOD — not from yourself. The ministry that came through Moses came with GLORY. It changed the physical appearance of Moses.

2 Corinthians 3:8 *"8 Why should not the dispensation of the Spirit [this spiritual ministry whose task it is to cause men to obtain and be governed by the Holy Spirit] be attended with much greater and more splendid glory?"*

We have received a ministry of the Spirit and that has more GLORY! A GLORY comes upon us when we carry the Righteousness of Messiah Y'shua (Jesus)!

We have boldness because of the glory!

When you are not looking toward the FATHER, there is a veil over your eyes — you can't see your circumstances clearly. Whenever you turn to the FATHER, the veil is taken away and you see clearly.

The ministry of the Spirit is to transform us from glory to glory in His Image. He wants to remove the PAIN and HURT in exchange for HIS Wholeness!

Steps to VICTORY

1. We have to renounce SHAME and the FEAR that goes with it!

Shame is a focus on me — the vessel. Shame is a type of FEAR. It is a fear that there is something wrong with me.

Shame is like being the only caterpillar in a world of butterflies! You are also separated from all the butterflies. You don't know how to become a butterfly. Paul says we must renounce doing that!

2 Corinthians 4:2 *"2 We have renounced disgraceful ways (secret thoughts, feelings, desires and underhandedness, the methods and arts that men hide through shame); we refuse to deal craftily (to practice trickery and cunning) or to adulterate or handle dishonestly the Word of GOD, but we state the truth openly (clearly and candidly). And so we commend ourselves in the sight and presence of GOD to every man's conscience."*

We must renounce hiding because of shame — I do all kinds of things to appear okay — but deep inside, I know I am not!

When shame is working, what we do is that we do not receive the word directly — we receive it through our shame. We mix it with those things we need to do to cover up all this stuff that we feel yukkie about on the inside.

What are we going to do with all this?

2 Corinthians 10:3-5 *"3 For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons. 4 For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before GOD for the overthrow and destruction of strongholds, 5 [Inasmuch as we] refute arguments and theories and reasonings and every proud and lofty thing that sets itself up against the [true] knowledge of GOD; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One),"*

You need to understand that whosever rules you have embraced on the inside becomes "god" to you.

We feel that we can't renounce those rules because we will be betraying "god" if we do that!

- "The Church told me that's the way it was!"
- "The Church told me: don't ever have a need!"
- "The Church told me if you masturbate, cover it up and don't let anybody know it is a problem for you because that is a shameful, terrible thing!!"

These strongholds work on the inside of us. We need to renounce them to be set free!

For example — if your father molested you, or you were raped you, or beaten you, these acts do not declare who you are. We need to go to the FATHER and ask Him to bring healing into those areas of our lives so that we can renounce the shame that has come upon us.

The Truth is:

You don't need to remain where you are. The things of the past influence you but they don't control you. You can allow change to take place. Choices reflect the rules you are following. You can change your choices.

What you need to know about yourself:

There aren't any butterflies! Everybody is just like you!! Nobody is perfect!! We are all in the process of change.

2. We must CHOOSE to change and not allow the past to control and influence us!

Nothing that has ever happened to you is a statement about your personal worth!!

3. You are NOT responsible for OTHER people.

You are not responsible for other people — you are responsible to other people. Shame makes you responsible for everybody else around you. If you can't say "NO" you have not chosen to say "YES". Shame makes people not able to say "NO".

4. We must come to KNOW that GOD is not like your parents!

- GOD is not like your parents. GOD loves you for who you are but He loves you too much to let you stay there.
- GOD loves us and calls us to serve Him. If you are serving other people you will look to them for approval instead of looking to Y'shua (Jesus).
- GOD builds His Church out of bruised and broken people like us! GOD is making an army out of us!! GOD wants to heal us so we can walk in boldness, unashamed, and free to love and be loved!!



Messiah Y'shua (Jesus) in you, the hope of GLORY!!

5. Remember, shame is very different from guilt.

Guilt is a feeling "I made a mistake. I did something wrong." Shame is a feeling: "I am a mistake. Something is wrong with my being. Something is wrong with who I am."

GOD never intended for anyone to experience shame. GOD did however intend for you to experience guilt so that you would know when you did something wrong. Guilt is not bad.

Guilt is like an oil light in your car. You can not just get rid of it by taking a hammer and smashing it! Many people are using all sorts of therapies and techniques to try and get rid of guilt.

Guilt is removed — if I do something wrong, and repent, ask forgiveness, I will be set free because Y'shua (Jesus) died for my sin. Without Y'shua there is no way to get rid of guilt.

Trying to get rid of guilt without Y'shua (Jesus) is just like smashing the oil light in the car and driving on, thinking the problem is taken care of! But if we do that, there comes a day that our "engine" seizes up and we land in hospital.

How to identify the feeling:

- I just don't belong. I am not supposed to be here.
- I don't have what it takes. I am going to be a big disappointment to everybody.

1 John 2:28 *"28 And now, little children, abide (live, remain permanently) in Him, so that when He is made visible, we may have and enjoy perfect confidence (boldness, assurance) and not be ashamed and shrink from Him at His coming."*

6. We must manifest the TRUTH!

The truth is veiled to the unbelievers because if we walk in shame — we are the vessel that must carry the LIGHT of the Gospel.

The devil gets you to focus on yourself — he shows you all the things that are wrong with you so that you block the light from coming forth. You get ensnared by mingling the Word with false doctrines and ideas of men — based on the degree of wrong identity that we exhibit toward GOD's Image of me.

When light shines out of an earthen vessel, the vessel gets exposed. Fear makes me want to cover the vessel to make sure that there is not further hurt.

- A hypocrite is somebody who is not honest — having one appearance but living differently on the inside.
- All hypocrites must stand up and repent and accept the Truth of GOD's Word — you are special!!

GOD builds His Body out of caterpillars and then He transforms us!!

7. We must cease from WORKS!

For every level of Glory to come GOD has to peel off the next layer of SHAME. Shame causes you to work all the time to justify your existence. If I do not do something that is powerful and wonderful and spiritual important and valuable, then I am a nobody. I must be busy all the time doing all this stuff so that I can feel good enough to breathe the air on this planet.

Isaiah 57:14-15 *"15 Cast, cast up, prepare the way! Take up the stumbling block out of the way of My people. For thus says the High and Holy One, I dwell in the high and holy place, but with him also who is of a thoroughly penitent and humble spirit, to revive the spirit of the humble and to receive the heart of the thoroughly penitent (bruised with sorrow for sin)."*

1 John 2:28 “28 And now, little children, abide (live, remain permanently) in Him, so that when He is made visible, we may have and enjoy perfect confidence (boldness, assurance) and not be ashamed and shrink from Him at His coming.”

Do I get out of this messy feeling called SHAME by works? If:

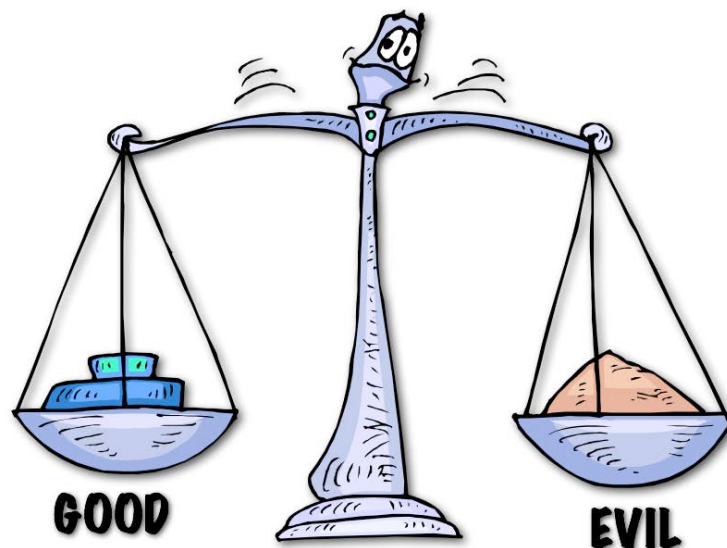
- I work HARDER,
- Do MORE good works,
- STOP being bad,
 - I will feel better?!

NO!!

Works for salvation is un-Biblical and falsely comforts the soul. We are saved by faith in the Messiah.

Ephesians 2:8-9 “8 For it is by free grace (GOD’s unmerited favor) that you are saved (delivered from judgment and made partakers of Christ’s salvation) through [your] faith. And this [salvation] is not of yourselves [of your own doing, it came not through your own striving], but it is the gift of GOD; 9 Not because of works [not the fulfillment of the Law’s demands], lest any man should boast. [It is not the result of what anyone can possibly do, so no one can pride himself in it or take glory to himself.]”

The Strain, PAIN, and UNCERTAINTY of ...



GOD wants to lift this off of you! Y’shua (Jesus) was SHAMED that we might not have SHAME on us. GOD wants to exchange your SHAME for His GLORY!!

If you carry SHAME that Y’shua (Jesus) came to die for and pay for, then exchange has not taken place. Exchange means: You give what you had and give it, and you no longer have it! You take what He had and you now have that!

Y'shua (Jesus) was called a BASTARD all His life. He allowed that so that you don't have to carry the SHAME!

8. We must TAKE OFF the garment of shame!

David asks that those who seek his downfall to be clothed with a garment of shame.

Psalm 35:26 *"26 Let them be put to shame and confusion together who rejoice at my calamity! Let them be clothed with shame and dishonor who magnify and exalt themselves over me!"*

Psalm 109:29 *"29 Let my adversaries be clothed with shame and dishonor, and let them cover themselves with their own disgrace and confusion as with a robe."*

We need to understand that those who have shamed us have put such a garment on our shoulders — we need to take this off and put on the robe of joy!

GOD says He is on my side!

Psalm 132:13-18 *"13 For the LORD has chosen Zion, He has desired it for His habitation: 14 This is My resting-place forever [says the LORD]; here will I dwell, for I have desired it. 15 I will surely and abundantly bless her provision; I will satisfy her poor with bread. 16 Her priests also will I clothe with salvation, and her saints shall shout aloud for joy. 17 There will I make a horn spring forth and bud for David; I have ordained and prepared a lamp for My anointed [fulfilling the promises of old]. 18 His enemies will I clothe with shame, but upon himself shall his crown flourish."*

These feelings of shame are like a garment/robe that "hang" over us, and can even become an idol (something we need to feel safe in).

The act of disobeying means to take off, step away from the feeling of confusion/shame.

9. We must restore honour to our parents.

Irrespective of what my parents did to me, GOD wants me to honour them.

Part of my healing is when I take this step to publicly honour them irrespective of what they did to me. A child who does not move in this act of obedience shames his parent.

Proverbs 10:5 *"5 He who gathers in summer is a wise son, but he who sleeps in harvest is a son who causes shame."*

Proverbs 17:2 *"2 A wise servant shall have rule over a son who causes shame, and shall share in the inheritance among the brothers."*

Proverbs 19:26 *"26 He who does violence to his father and chases away his mother is a son who causes shame and brings reproach."*

Psalm 119:31 *"31 I cleave to Your testimonies; O LORD, put me not to shame!"*

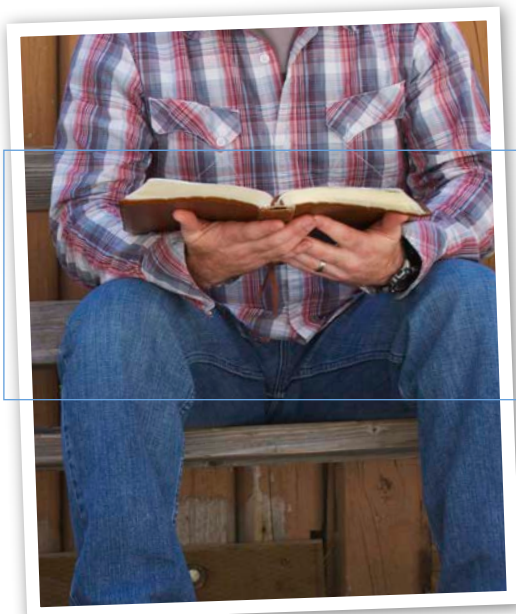
10. We MUST deal with the wounds/LIE-based thinking of our CHILDHOODS.

To renew our minds and allow the FATHER to bring HEALING and SHALOM! (J2F8 is foundational!)

We are given a Covenantal PROMISE — GOD will not put us to shame:

Romans 10:11 *"11 The Scripture says, No man who believes in Him [who adheres to, relies on, and trusts in Him] will [ever] be put to shame or be disappointed."*

Psalms 25:2-3 *"2 O my GOD, I trust, lean on, rely on, and am confident in You. Let me not be put to shame or [my hope in You] be disappointed; let not my enemies triumph over me. 3 Yes, let none who trust and wait hopefully and look for You be put to shame or be disappointed; let them be ashamed who forsake the right or deal treacherously without cause."*



In the same manner that I came to believe in the works of Y'shua (Jesus) in my life, I must have faith that He will be my Banner.

Romans 9:33, 10:11 *"33 As it is written, Behold I am laying in Zion a Stone that will make men stumble, a Rock that will make them fall; but he who believes in Him [who adheres to, trusts in, and relies on Him] shall not be put to shame nor be disappointed in his expectations. 11 The Scripture says, No man who believes in Him [who adheres to, relies on, and trusts in Him] will [ever] be put to shame or be disappointed."*

The Word of GOD is the absolute Truth, and every word written will come to pass. I believe with my whole heart (even if I do not fully understand the interpretation) and have faith in the power of the gospel to bring salvation. I will not be ashamed.

Romans 1:16 *"16 For I am not ashamed of the Gospel (good news) of Christ, for it is GOD's power working unto salvation [for deliverance from eternal death] to everyone who believes with a personal trust and a confident surrender and firm reliance, to the Jew first and also to the Greek,"*

Y'shua (Jesus) came as a fulfillment of many of the Old Testament prophecies. The outpouring of the Holy Spirit is a manifestation of the Truth of GOD's Word. I therefore have hope not to be disappointed.

Romans 5:5 *"5 Such hope never disappoints or deludes or shames us, for GOD's love has been poured out in our hearts through the Holy Spirit Who has been given to us."*

Hebrews 12:2 *"2 Looking away [from all that will distract] to Jesus, Who is the Leader and the Source of our faith [giving the first incentive for our belief] and is also its Finisher [bringing it to maturity and perfection]. He, for the joy [of obtaining the prize] that was set before Him, endured the cross, despising and ignoring the shame, and is now seated at the right hand of the throne of GOD."*

GOD has created me in His Image — I will not be ashamed.

Genesis 2:25 *"25 And the man and his wife were both naked and were not embarrassed or ashamed in each other's presence."*

I will trust in you O GOD at ALL time in ALL circumstances.

Psalms 25:2-3 *"2 O my GOD, I trust, lean on, rely on, and am confident in You. Let me not be put to shame or [my hope in You] be disappointed; let not my enemies triumph over me. 3 Yes, let none who trust and wait hopefully and look for You be put to shame or be disappointed; let them be ashamed who forsake the right or deal treacherously without cause."*

I will diligently search out Your Truth and Your Wisdom. I will worship You in the study of Your Word and Commandments.

John 8:32-36 *"32 And you will know the Truth, and the Truth will set you free. 33 They answered Him, We are Abraham's offspring (descendants) and have never been in bondage to anybody. What do You mean by saying, You will be set free? 34 Jesus answered them, I assure you, most solemnly I tell you, Whoever commits and practices sin is the slave of sin. 35 Now a slave does not remain in a household permanently (forever); the son [of the house] does remain forever. 36 So if the Son liberates you [makes you free men], then you are really and unquestionably free."*

2 Timothy 2:15 *"15 Study and be eager and do your utmost to present yourself to GOD approved (tested by trial), a workman who has no cause to be ashamed, correctly analyzing and accurately dividing [rightly handling and skillfully teaching] the Word of Truth."*

I will perform all Your Commandments in LOVING obedience — I will walk a righteous Path of Truth.

Psalms 119:3-6 *"3 Yes, they do no unrighteousness [no willful wandering from His precepts]; they walk in His ways. 4 You have commanded us to keep Your precepts, that we should observe them diligently. 5 Oh, that my ways were directed and established to observe Your statutes [hearing, receiving, loving, and obeying them]! 6 Then shall I not be put to shame [by failing to inherit Your promises] when I have respect to all Your commandments."*

Daniel 12:2-3 *"2 And many of those who sleep in the dust of the earth shall awake: some to everlasting life and some to shame and everlasting contempt and abhorrence. 3 And the teachers and those who are wise shall shine like the brightness of the firmament, and those who turn many to righteousness (to uprightness and right standing with GOD) [shall give forth light] like the stars forever and ever."*

I will walk in Your Light continually.

Ephesians 5:8-13 *"8 For once you were darkness, but now you are light in the LORD; walk as children of Light [lead the lives of those native-born to the Light]. 9 For the fruit (the effect, the product) of the Light or the Spirit [consists] in every form of kindly goodness, uprightness of heart, and trueness of life. 10 And try to learn [in your experience] what is pleasing to the LORD [let your lives be constant proofs of what is most acceptable to Him]. 11 Take no part in and have no fellowship with the fruitless deeds and enterprises of darkness, but instead [let your lives be so in contrast as to] expose and reprove and convict them. 12 For it is a shame even to speak of or mention the things that [such people] practice in secret. 13 But when anything is exposed and reproved by the light, it is made visible and clear; and where everything is visible and clear there is light."*

The COVENANT

Almost all covenants hold five elements in common:

1. Representatives for each side.
2. Binding oaths.
3. Promises of blessings/benefits.
4. Blood sacrifices.
5. A shared meal.

The Old and RENEWED Covenants have TWO representatives — One Divine and one human ... BUT!! HEAR THIS!! The (Re)New Covenant is NOT between you and GOD!



You are not the primarily representative on the earthly side — **Y'SHUA (JESUS) IS!!** It is between GOD the Son and GOD the FATHER! Y'shua (Jesus) is the MAN Who represents you in the (Re)New Covenant and Y'shua (Jesus) is the Fullness of GOD Himself. The (Re)New Covenant also has solemn oaths. The Son pledges to live in perfect obedience to the FATHER's Will. The FATHER pledges to bless and highly exalt the Son over all things. The Son pledged to always say NO to satan and to always say YES to the FATHER.

The FATHER pledges not to withhold any measure of the Holy Spirit from the Son, and to give Him all authority in Heaven and on earth.

Nothing, nothing, NOTHING can undo the perfect Fulfillment of the (Re)New Covenant by Y'shua (Jesus) nor the perfect exaltation of the Covenant Keeper.

- It is not up to you to measure up!
- There is no performance left for you to render!
- There is no sacrifice left for you to make.
- There is no chance that the (Re)New Covenant can fail!

IT IS FINISHED!! IT IS FULFILLED!! THE COVENANT IS COMPLETE!!

- We do not need to add something to the finished work of Messiah Y'shua (Jesus)!! There is no striving left — only surrendering!
- There is no performance expected — just the passion of our gratitude!
- When GOD blesses you, it is not because you did something wonderful but because His Son has done something wonderful.
- The faithfulness of GOD is not faithfulness to a Covenant He made with you, but to the Covenant He made with the Son.

The agony of SHAME is built upon one simple lie — there is something more that you must do in order to be blessed.

The TRUTH — there is nothing else you must do in order to be blessed. It is all in HIM!!

PROCLAMATION — I choose today to focus on what Y'shua (Jesus) has done for me rather than all that I have yet to do for Him.

****PRAYER**** FATHER GOD, I praise You for Your Mysterious Plan revealed. You have made and kept the (Re)New Covenant in my behalf. I cannot add or take away from the Infinite Love You have already shown me. Give me eyes to see how wide, how deep, how long, how high is Your Love in Messiah Y'shua (Jesus).

I thank You that I am in Y'shua (Jesus) and, therefore, have been blessed with every spiritual blessing.

Let me cease from my striving and rest in the finished work of Y'shua (Jesus). Grant me new courage, faith, and joy as I live as co-heir with Y'shua (Jesus). AMEN!

The Day of ATONEMENT

On the Day of Atonement (Yom Kippur), there were TWO goats:

- ONE was sacrificed, it's blood split.
- The OTHER was sent away as the scapegoat.

We point to and preach about the goat that was slaughtered to pay for the sin of the people. We know that goat. Its blood is the payment for our debt — the way of salvation. Aaron took its blood behind the veil, sprinkled it on the atonement cover in the Most Holy Place and, for the moment, for a season, the sin-debt was paid.

We know about the innocent animal whose blood was shed on the Day of Atonement, because we remember the blood of the Passover lamb on the doorposts of GOD's people in Egypt. We preach about the blood that was shed because it foreshadows the heart of our story — worthy is the Lamb that was slain for us!

We've always known about the goat whose blood was shed. But never have we heard a sermon about the second goat.

Leviticus 16:5, 7-10, 20-22 "5 He shall take [at the expense] of the congregation of the Israelites two male goats for a sin offering and one ram for a burnt offering. 7 He shall take the two goats and present them before the LORD at the door of the Tent of Meeting. 8 Aaron shall cast lots on the two goats—one lot for the LORD, the other lot for Azazel or removal. 9 And Aaron shall bring the goat on which the LORD's lot fell and offer him as a sin offering. 10 But the goat on which the lot fell for Azazel or removal shall be presented alive before the LORD to make atonement over him, that he may be let go into the wilderness for Azazel (for dismissal). 20 And when he has finished atoning for the Holy of Holies and the Tent of Meeting and the altar [of burnt offering], he shall present the live goat;"

"21 And Aaron shall lay both his hands upon the head of the live goat and confess over him all the iniquities of the Israelites and all their transgressions, all their sins; and he shall put them upon the head of the goat [the sin-bearer], and send him away into the wilderness by the hand of a man who is timely (ready, fit). 22 The goat shall bear upon himself all their iniquities, carrying them to a land cut off (a land of forgetfulness and separation, not inhabited)! And the man leading it shall let the goat go in the wilderness."

The first goat was payment for the debt of sin, bearing the punishment that the people deserved for the previous year. The first goat bought forgiveness and atonement ... until the next year's Day of Atonement.

GOD forgave the people — the goat was their substitute. By GOD's Grace, the demand for justice would be temporarily fulfilled by spilling the blood of the first goat. The first goat was a gracious provision from a gracious GOD.

The most important question that man can ask is — ***"What must I do to be saved?"***

But one goat wasn't enough.

Why? Because even though the debt was paid, the haunting memory of failure continued. The debt was gone with the first goat, but the shame lingered on.

The SECOND Goat

But there was a second goat. And there is a second question. Not as urgent as the first, perhaps, but very, very important nonetheless.



"What must I do to be healed?"

It is not enough for my guilt to be gone. I must find a way to be cleansed of the haunting memory of my repeated failures. If I were about to be evicted because I was five months behind on my mortgage payments and, at the last moment, a benefactor paid the debt for me, I would be overjoyed.

But it would not be enough. I would still be haunted by the knowledge that I had allowed myself into the predicament in the first place. I might be consumed with feelings of guilt even though, legally speaking, I wasn't guilty anymore.

My legal standing might have changed, but my self-perception might have not. In fact, if my debt was paid, but my thought life was unhealed, I might be so consumed with the memory of my failure that I could hardly enjoy living in the house that my benefactor had so generously rescued for me.

The GOD's people, like all people, faced the same predicament.

It wasn't enough to be forgiven their debt — they needed to resolve their inward feelings of guilt. They needed one goat to resolve their guilt. They needed another goat to bear their shame.

Most believers know they have received the gift of Y'shua (Jesus) as payment for their sins, but have not received the gift of Y'shua (Jesus) as the bearer of their shame.

- This explains why so many believers, though knowing Y'shua (Jesus) died for them, still feel guilty.
- It explains why believers, who have been given the FREE GIFT of salvation, are still trying to earn their way into the heaven.
- It explains why a person can be a born-again, bound-for-eternal-glory child of GOD, and be meaner than a junkyard dog.
- And it explains why we expose too much of our private lives to others.

Scapegoats in our own lives TODAY

- **PEOPLE scapegoats.**

There are scapegoats in the sandlot on the school ground — “Hey, everyone, look at Johnny, he throws a ball like a girl. Ha-ha-ha!!” ... “Look at Johnny — nobody ever picks him for his team. Ha-ha-ha!!” Ashamed of our own inadequacies against the demands of life, we'll put our shame on Johnny. At least we're not as weak and slow as he is.

- **FAMILY scapegoats.**

There are scapegoats in families. Sometimes it's the middle child. He is not as perfect as the firstborn. Not as cute as the baby. He seems to always get into trouble.

- If the family isn't happy, it must be someone's fault. Let's blame the middle child.
- The problem isn't my parenting, it's my rebellious middle child.
- The problem's not our marriage, it's our middle child.
- If anything goes wrong, I'm sure he's in the middle of it.
- Let's praise our older child — see how smart he is? Let's pet our youngest child — see how cute she is?
- But let's persecute our middle child. After all, someone's got to be responsible for this mess we're in.

- **MARRIAGE scapegoats.**

There are scapegoats in marriages — someone to shame.

- It's your fault.
- You're too fat.
- You're too dumb.

- You have too many friends.
- You don't have enough friends.
- You're gone too much.
- You're hovering around me too much.

One spouse loses all the arguments and, over time, feels lower and lower and lower, until, finally, she will take just about anything — even a fist.

- **WORKPLACE scapegoats.**

There are scapegoats in the workplace:

- Anxiety grows amidst the uncertainty of the times.
- We hear that layoffs are coming.
- I fear for my job.
- Sales have been down.
- And I think ... it's Sue's fault. She's the weakest link.
- Talk behind her back. Shift the shame.
- Get her fired.
- I don't feel secure, but at least I'm not poor Sue.



If our sins are paid for by the first goat's blood, but our shame is unhealed, we will always be looking for another goat.

- That's why wounded people wound people.
- That's why ashamed people shame people.
- That's why we need Y'shua (Jesus) not only to save us, but also to heal us.

Isaiah foretold it. Because we needed a Savior, it "was the LORD'S Will to crush him and cause him to suffer ..." and to make "His life a guilt offering" (Isaiah 53:10). Because we needed someone to bear our shame, "he took up our infirmities and carried our sorrows" (verse four).

Why Me?

Ever feel like someone else's scapegoat? Consider the sequence of events for the second goat on the Day of Atonement. It might be painful, but look for yourself in the drama.

Isn't it possible that it's just a matter of convenience? Others feel ashamed of their deep inadequacies and there you are. You're no more deserving of the role of scapegoat than anyone else. You're just ... available. There is nothing inherent within the scapegoat that makes it the scapegoat! It's just an ordinary goat upon whom the lot fell.

Why some despised racial minority in South Africa, America, etc.? Why the Jews in Hitler's Germany? No reason. Nothing inherent in them at all. Just the power of a gang to cast the lot and name a scapegoat.

Leviticus 16:21 *"21 And Aaron shall lay both his hands upon the head of the live goat and confess over him all the iniquities of the Israelites and all their transgressions, all their sins; and he shall put them upon the head of the goat [the sin-bearer], and send him away into the wilderness by the hand of a man jwho is timely (ready, fit)."*

We don't lay ceremonial hands upon our scapegoats, but we have many ways to make the transfer, don't we?

- Name-calling: "You're a loser."
- Gossip: "I can't believe what she was wearing! Did you see that outfit?"
- Mockery: "You're a joke." Cursing: "Damn you. Go to hell."

Christians have found religious words to make the transfer of shame, "We really need to be praying for Susan, did you hear about her affair?" Translated, "I don't feel good about my own life or marriage, but at least I didn't have an affair."

Like the ceremonial hands upon the goat's head, people will attempt to put things into your head.

- You can't stop them from speaking.
- You can't stop them from shaming.
- But you do have a choice as to what you allow in your head.

In Paul's list of the spiritual armor issued to every Christian is the helmet of salvation (Ephesians 6:17). The head is the command center of the body. How we think determines how we live. Our over-availability to others is a symptom of shame-based thinking and is rooted in a lack of assurance that our:

- Salvation,
- Freedom,
- And worth,

... has been bought completely by Y'shua (Jesus).

The helmet of salvation symbolizes the depth of assurance that Paul had:

Romans 8:38-39 *"38 For I am persuaded beyond doubt (am sure) that neither death nor life, nor angels nor principalities, nor things impending and threatening nor things to come, nor powers, 39 Nor height nor depth, nor anything else in all creation will be able to separate us from the love of GOD which is in Christ Jesus our Lord."*

A Ticket to the Wilderness:

Leviticus 16:21-22 “22 The goat shall bear upon himself all their iniquities, carrying them to a land cut off (a land of forgetfulness and separation, not inhabited)! And the man leading it shall let the goat go in the wilderness. 23 Aaron shall come into the Tent of Meeting and put off the linen garments which he put on when he went into the Holy of Holies, and leave them there;”

The scapegoat is relegated to an unfertile place — a desert. It must remain in a solitary place — a wilderness. Those who lay hands on the scapegoat don't want to see the animal that bears their shame. The purpose of the Day of Atonement ceremony was to shift the shame. If the goat returns to society, it displays the people's shame before them again.

- It's because we can't stand the sight of our own shame that we have designated a scapegoat in the first place.
- Ever notice that what you like least in someone else is what you like least about yourself?
- Whatever bothers you most about someone else is probably what bothers you most about yourself.
- Whatever bothers you about someone else is probably not that person's flaws, but your own.

Discipline and the Scapegoat

Sometimes a parent needs a little distance to simmer down, but “go to your room” is not an effective disciplinary tool.

Discipline should be an act of deep intimacy, never isolation.

- In isolation, the child becomes a scapegoat in a wilderness.
- In isolation, the child makes inward conclusions, “I'm not wanted in my parent's presence. There's something wrong with me. I must bear my own shame.”



We instinctively know that the only viable scapegoat is an isolated one. That's why the gang doesn't invite Charlie Brown to the parties. No one sends him a card or invite.

We need our scapegoats to bear our shame in isolation so that we can pretend that a genuine transfer has taken place. When the “problem teenager” is once again chastised, he storms out of the house.

The parents act frustrated again by his leaving, but intuitively, know that he must leave in order to bear the shame in isolation.

When the husband loses his temper and yells at his wife, he walks out with the words, “I can’t stand the sight of you.”

- If I project my ugliness onto you, then I’ll tell you to “get out of my face.”
- If I need you to “get out of my face,” I’m revealing that I can’t stand looking into a mirror.
- If I project my shame onto you, then the sight of you will seem offensive to me.
- Who constantly takes the precious parts of your soul and leaves you with nothing?
- Who has rejected you?
- Who has sent you to the desert?
- Who has isolated you?
- Could it be that his rejection of you is a rejection of himself?
- Could it be that her abandonment of you is not because of your ugliness but because of what she dislikes about herself?

Everything works to keep the scapegoat isolated.

Families unconsciously conspire to isolate the scapegoat and form unwritten “rules” that keep the shame hidden. The battered and bruised child is told, “If any of your teachers ask about the bruises, tell them you fell.”

In the office, nobody takes up for the scapegoat for fear of losing his own job, so the scapegoat has no colleague.

In the school, if a “normal” kid sits with the “uncool” kid, he might gain guilt by association. Fearing being “scape-goated” also, the “normal” kid leaves the “uncool” kid in isolation.

The most powerful and important thing a scapegoat can do is refuse isolation. Coming into relationship can bring miraculous change.

Boundaries and Scapegoats

The scapegoat is essentially a person without clear boundaries. For people with deep shame, it is very difficult to sort through an appropriate level of availability to others. It seems almost impossible to say “NO” to anyone with a legitimate need. For years, I not only found it difficult to tell anyone that I wasn’t available, but when I did summon up the courage to say NO, I’d spend more energy feeling guilty about “letting the person down” than I would have spent helping them.

False Alarms!

When the phone would ring and someone would be on the other end with a need, a silent alarm would go off inside me.

A quiet panic would fill my heart because I felt that if I became aware of a need, then I would feel responsible to take care of it. What a frightening way to live! Every need from every human being became a silent alarm blaring in my soul.

If you don't have clear boundaries, then every time someone asks you to do something, an alarm goes off. There is no real predator. There is no theft actually taking place. You're asked a simple question. There should be a simple answer.

All you have to do is say, "I don't have room for that in my schedule," or "I really can't take anything else on right now".

But to you, it sounds the alarm because you feel like you ought to say yes, even though you don't want to say yes. It causes constant stress to your system. When you do say yes just because you feel like you have to, it can lead to an even worse dynamic-resentment.

You resent a person for asking you to do something because, being powerless to say no, the one who made the request is tantamount to a slave driver.

If I resent saying yes, then I develop a bitter root that "will spring up and defile many" (Hebrews 12:15). If I am ashamed for saying no, then I resent the other person putting me in the position of feeling bad about myself.

The Plight of "the Willing Few":

Society makes the scapegoat syndrome worse by applauding the person who is always available. We call on that person. Call the guy, call the lady who never says no.

Society praises the driven people. We love the people who will take our problems upon themselves. We love the people who put a shoulder under our loads.

- Never mind what happens to their families.
- Never mind what happens to their souls.
- Never mind that they work themselves into exhaustion.

We figuratively lay our hands on them, confess our problems over them, and send them out into the wilderness to carry our burdens away. Sadly, there is no organization that applauds scapegoats louder than the church.



We are confused because the Bible teaches us to turn the other cheek and, if someone asks you for your coat, give him your shirt as well. Martyrs are praised for bravely dying, and we know that it is more blessed to give than to receive.

Along with such Biblical exhortations, we are faced with a mountain of need. We need someone to keep the nursery, someone to lead the youth, someone to mow the lawn, someone to visit the bereaved, and someone to serve on the committees.

Desperate to get it all done, church leaders often call on "the willing few". We applaud their hard work and lift them up as examples of good Christians who are doing what the Bible says to do.

While certain verses seem to encourage a boundary-less life, look at Y'shua (Jesus). Look at how sharply He defined Himself. He not only was known to dismiss a crowd in order to be alone (Mark 6:45), but on one occasion said to a dear friend: "Get behind me, Satan!" (8:33).

After a leper was cleansed and told everyone about the healing, Y'shua (Jesus) could no longer come into the towns, but instead had to stay outside in "lonely places" (1:40-45).

Once, when a woman sneaked up, touched His garment, and received healing power, Y'shua (Jesus) stopped, and insisted to speak to the woman in order to show that He was not a "force field" available for anyone to just "plug into" (5:31).

Eventually, Y'shua (Jesus) would lay down His life, but He made it clear "I lay down my life ... no one takes it from me" (John 10:17-18).

How can you know the difference between a life of Godly surrender and a life of unhealthy boundaries?

It's all in the motivation.

The scapegoat takes on more and more responsibility because he feels like he has to.

The Spirit-filled person gives because of the leading of GOD and the overflow of love.

- Does GOD call you to a life of complete surrender to Him? Absolutely.
- Does He want you to live a life of giving and service? Most certainly.
- But He never wants you to give out of compulsion or fear.
- He intends your ministry, like your life, to be an overflow of the abundance of love and joy He's deposited in you.

Scapegoat REDEEMER!

You don't have to be the scapegoat — Y'shua (Jesus) has already taken that role upon Himself.

- As Y'shua (Jesus) sweat Blood in the Garden of Gethsemane, He saw the cup that He would drink.
- Like the vilest poison that was certain to kill, He knew it would be His death.
- Like the bitterest gall, it was sure to defile Him.

- In the cup of suffering that He would drink was not only the collective guilt of a sinful world, but also its shame.
- The guilt of the rapist and the shame of the raped.
- The guilt of the child molester and the shame of the molested.
- In that cup would be the isolation and loneliness of a scapegoat, wandering in the demonic wilderness of hell itself.

Y'SHUA (JESUS) as the First and Second Goat

- He would be the first goat — bleeding to pay the debt.
- He would also be the second goat — carrying the sorrows of the world.
- If you have taken a step to trust that Y'shua's (Jesus) death has paid for your sins, then you know that it's a matter of faith.
- You acknowledge that you are completely bankrupt.
- You can't pay for your own sins, and trust that Y'shua (Jesus) has done it for you.
- You let Him pay the price.
- Letting Y'shua (Jesus) bear your shame is a step of faith, too.
- You let Him be the scapegoat so that you won't have to.
- You come to Him honestly, admit your shame, and release it to Him in faith.



Choose wisely what parts of your emotional, intimate life you will share. Not only is it impossible for you to bear everyone's burdens — it isn't necessary! Y'shua (Jesus) already has.

And please hear this — you don't have to be anybody's scapegoat. Y'shua (Jesus) was the Lamb AND the Scapegoat!

How can we help people to change in a Biblical Way?

The best thing we can do is pray:

- ☒ Intercede for those who need to change.
- ☒ Ask GOD to open the eyes of their hearts.
- ☒ Stand in the gap.
- ☒ Envision GOD's Best for them.

- ☑ Plead the Promises of GOD over their lives,
- ☑ Pray the Scriptures over them.
- ☑ Ask the Holy Spirit to convict them.
- ☑ Pray for GOD to put Godly influences in their lives.

There are three basic Biblical strategies to help others change.

1. We change a negative person by sowing the opposite spirit.

Romans 12:21 *"21 Do not let yourself be overcome by evil, but overcome (master) evil with good."*

2. We enable positive change through the power of blessing.

A Biblical blessing has a prophetic power to release positive change in a person. [Conversely, curse has negative power and, if un-renounced, can shape our lives for the worse.]

3. We help people embrace responsibility by treating them as if they are owners and not slaves.
 - Slaves are valued for their productivity, whereas sons are valued for their position.
 - Slaves live primarily by rules whereas sons live by relationship.
 - Slaves live trying to avoid pain whereas true sons get ahead by claiming promises.

What motivates us to work hard in life? Most of the time, it is SHAME.

How can we challenge our children, supervise our employees, and exhort loved ones without shaming them, because if we do, we will eventually produce slaves. We get people to work more, try harder, and perform better by threatening the withdrawal of our love and acceptance, but we will never set them free. We produce workers who have no joy and who are looking for a way to escape the responsibilities that so haunt their consciences.

Once we have been filled with shame it produces slave thinking — "I have to perform in order to be accepted. Therefore I'll work hard, but only up to the point necessary to avoid rejection."

We work for the promotion, the new title, or the better salary, but not for the improvement of the business. In our shame, we don't look at life like owners who are investing ourselves in a great dream, but more like slaves trying to escape further hurt.

Only free people own things!

The key to motivating people is to liberate them. Only when people see themselves as owners will they take responsibility.

- Shaming message — "Why can't you be a better husband and father by leading us in family prayer, devotions and church attendance?"

- Usually, while shaming the husband for his passivity, the wife becomes all the more domineering. He might respond dutifully like a slave, or, more likely will retreat into his own world to avoid the shame.
- The husband of a domineering wife remains passive because he feels no ownership of the decision-making in the household or in the parenting of the children.
- Shaming message — “You’re not a good wife — if you want to be a better partner, you’ll have sex with me more often.”
 - The wife will either dutifully participate in having intercourse more often to avoid the shame, or she will find herself feeling increasingly less attractive to her husband. So her husband has produced a slave who responds to him out of fear of abandonment rather than genuine attraction.
 - If the wife can be approached as an heir of life together and with a sense of full partnership, she will be attracted emotionally and physically to her husband.

The fruit of shame is SLAVERY. If you make slaves of others around you, they’ll eventually want to break free from you.

If you choose the Way of GOD — you’ll produce FREE people. You can’t control and manipulate free people.

A PROCLAMATION — I choose today to abandon the unhealthy ways that I try to change others with shaming tactics. After an honest evaluation of how I want the people I love to change, I will apply Biblical strategies and patiently wait for GOD to work in them.

****PRAYER**** FATHER GOD, forgive me for my futile attempts to change others using shame or other corrosive tactics. I have not succeeded in helping others in those ways, but have only added to their problems. From now on, FATHER, I want to only use Biblical strategies to help others change.

Teach me to bless, not curse.

Teach me to overcome evil with good.

Teach me to instill ownership in others and never enslave them.

FATHER, I now ask Your Grace, Love, and Goodness to be poured out in _____’s life. Let him/her be captured by Your Affection, set free by Your Mercy, and empowered to be all You have called him/her to be.

In the Name of Y’shua (Jesus), AMEN!

Breaking Free!

- The cycle of shame can only be broken when repentance replaces bitterness.
- Shame can only be healed when honour replaces dishonour.

- To let go of shame, you must let go of your sinful reaction to it. Be angry but do not sin. Hold no judgement. Harbour no resentment. Nourish no bitter root.

****PRAYER**** I choose today to release bitterness, judgment, and resentment from my heart.

While I may not have received an apology from my offenders, I forgive them on the confession of another. While I do not excuse the offense, I lift the offender unto GOD for His blessing.

FATHER, You have promised to never leave me nor forsake me. You have always been there — even when I've been most ashamed. Heal my deepest wounds. I worship You in the beauty of Your Holiness and open my heart to receive the honour You have shown me in the gift of Messiah Y'shua (Jesus).

Fill me with the supernatural grace to let go of all roots of bitterness.

I release _____ to You, choosing to hold no resentment against my offender and asking You to bless him/her instead.

As You have forgiven me, I forgive others. In the Name of Y'shua (Jesus), AMEN!

Who's Servant Are You?



Shame causes you to stand in rebellion against GOD. You hold your opinion against the Living GOD! Shame causes you to judge yourself.

You are the servant of the King! You are no longer your own master. You do not have the right to judge who you are anymore. Your Master, Y'shua (Jesus), now has the right to say who you are.

Why do we feel like GOD can save and help everybody else but not me? That is PRIDE!!

Romans 14:1 "1 AS FOR the man who is a weak believer, welcome him [into your fellowship], but not to criticize his opinions or pass judgment on his scruples or perplex him with discussions. 2 One [man's faith permits him to] believe he may eat anything, while a weaker one [limits his] eating to vegetables. 3 Let not him who eats look down on or despise him who abstains, and let not him who abstains criticize and pass judgment on him who eats; for GOD has accepted and welcomed him. 4 Who are you to pass judgment on and censure another's household servant? It is before his own master that he stands or falls. And he shall stand and be upheld, for the Master (the LORD) is mighty to support him and make him stand."

Do you treat yourself worse than everybody else, say things about yourself that you would not say about others?

Y'shua (Jesus) accepts you as you are, but if you don't accept yourself you are standing in rebellion against Him. He wants you to repent in the areas where you have judged His servant!

Every time you partake in the Covenant Meal (of the bread and wine), you are stepping across the threshold of Y'shua's (Jesus) Blood into Covenant. He poured His very own Blood out for you, His Life ... not the blood of a goat or a lamb, or even the blood of the fatted calf!!

When you judge yourself because of shame, you stand outside that Blood poured out for you and say: "GOD, I refuse to come in. I refuse to step across and to enter Covenant because I just don't have what it takes!!"

And Y'shua (Jesus) weeps and says: "It cost Me My life!! Would you please receive it?? Would you please agree with Me?? Would you please enter in!! Please step across that threshold, would you please stop judging My servant??" **AMEN.**

Here's the good news. Even though Adam and Eve had broken GOD's only prohibition and had introduced sin into a sinless world, GOD didn't yank off their fig leaves. **Instead, He gave them a better set of clothes.**

Genesis 3:21 "21 The LORD GOD made garments of skin for Adam and his wife and clothed them."

Please notice that the first covering for shame required shed blood. Fig leaves fade. Sacrificed animal skins last a while longer. But GOD had a permanent covering in the making.

What began as the blood shed to make leather garments, continued as a crimson thread throughout the pages of GOD's Word. Isaac was on the altar, but a ram was in the thicket ready to take the knife.

The blood was on the doorposts of GOD's peoples' homes in Egypt as the destroyer slew every firstborn in every home — except the ones covered by the crimson stain. The blood stream ran from the Passover lamb, to the altar of the Tabernacle ... to the sprinkled High Priest on the Day of Atonement.

From His flogged flesh, to His thorn-pierced brow, to His nailed wrists, to His impaled side — the Blood of Y'shua (Jesus) flowed freely to cover your shame.

Y'shua (Jesus) didn't just pay the penalty for your sin, He became your sin.

2 Corinthians 5:21 "21 For our sake He made Christ [virtually] to be sin Who knew no sin, so that in and through Him we might become [endued with, viewed as being in, and examples of] the righteousness of GOD [what we ought to be, approved and acceptable and in right relationship with Him, by His goodness]."

It means that Y'shua (Jesus) not only endured the punishment due to sinners, but He also experienced the symptoms and anguish that sin inevitably causes.

Isaiah's prophecy painted the picture of the Messiah's shame 800 years before the cross — "He was despised and rejected by men ... like one from whom men hide their faces ... we esteemed him not" (Isaiah 53:3).

In the excruciating hours on the cross, FATHER GOD, in His unspeakable LOVE for us, did two unthinkable things toward His Son.

FIRST, the FATHER turned His Face away from His Son, as one does when disgusted.

When Y'shua (Jesus) began His ministry and was baptized, the FATHER spoke from heaven: "This is my Son in whom I'm well pleased." On the cross, the FATHER's silence communicated the opposite message: "I'm so ashamed of Him."

SECOND, while Y'shua (Jesus) was on the cross, the FATHER lifted the cover off His only Son. He didn't even allow Y'shua (Jesus) the clothes He had given Adam and Eve.

FATHER GOD allowed Messiah Y'shua (Jesus Christ) to hang exposed and vulnerable, not only before the watching world but also before the whole invisible realm of spiritual powers.

The mocking taunts of the Roman guards or passersby held no comparison to the taunts of the invisible demons who were granted an unthinkable open season to shame the Son of GOD.

In the cup of suffering that Y'shua (Jesus) drank was the poison of not only every sin ever committed, but also the shame that it evoked. In other words, on the cross, Messiah Y'shua (Jesus) was not only bearing the sin of the child molester, He also was bearing the shame of the bewildered, broken child.



He was not only bearing the sin of the prostitute's adultery, He was bearing the shame of the prostitute's identity as well.

He not only was bearing the sin of the alcoholic's drunkenness, but at the same time, was bearing the shame of the alcoholic's child who never invited friends home to play.

And Y'shua (Jesus) took the shame willingly — in fact, almost eagerly — that we might be set free.

Hebrews 12:2 "2 Looking away [from all that will distract] to Jesus, Who is the Leader and the Source of our faith [giving the first incentive for our belief] and is also its Finisher [bringing it to maturity and perfection]. He, for the joy [of obtaining the prize] that was set before Him, endured the cross, despising and ignoring the shame, and is now seated at the right hand of the throne of GOD. [Ps. 110:1.]"

When we bring the Holy Spirit into places of leadership in any area of our life, a tremendous amount of shame leaves.

The Holy Spirit and the human spirit were made to give us dignity and not shame. Shame is a function of the enemy.

PRAYER:

- Just close your eyes and look at Y'shua (Jesus) on the cross.
- He was called illegitimate on your behalf.
- He was publicly disrobed, spat on, laughed at, scorned and mocked, and beaten.
- He had His beard pulled right out of His Face — primary symbol of manhood in that day.
- Whipped with a cat-o-nine-tails, nails driven through His Hands and Feet, and was hung naked for all to see.
- He saw this day and He saw YOU.
- He said — YOU ARE WORTH IT!!
- You are worth My LIFE!!
- **I LOVE YOU!!**



Prayer for “Scapegoat”

FATHER, forgive me and my generational line for placing our sins on others and chasing them away or making them scapegoats. Forgive us for banning them into the desert.

I repent for myself and my family line for wittingly or unwittingly receiving the sins of others or allowing myself to be the sacrifice or the scapegoat. Forgive me and cleanse me from all assigning or giving to others the sin that Y’shua (Jesus) died for, or from taking on myself and receiving any sin that Y’shua (Jesus) died for.

I confess that I am no longer willing to be the sacrifice. I am no longer willing to be the scapegoat. I ask that all sins of others, which have been placed upon me be removed. Break them off. I will not bear them. I refuse them.

FATHER, remove the consequences of this sin from me and from my generational line. I ask that the reaping of the consequences and all related curses be broken off of me from this time forward.

I ask they be broken off my family line for all future generations. I ask they be removed from me and removed from my children based on Your Righteousness which You have imputed to me through the Blood of Y’shua (Jesus).

I ask that they also be removed from all of my grandchildren, all of my future grandchildren, and all future generations, from this time forward throughout eternity.

FATHER, right now in the Name of Y’shua (Jesus), remove the scapegoat from me and my children and please remove every evil thing related to all un-Godly sacrifices.

FATHER, please bring every person back from the desert places to where they were banned. We declare that the curse of the scapegoat is now broken in the Name of Y’shua (Jesus)!

FATHER, please replace these vacated areas with Your Holy Spirit and with Your Blessings. Thank You for pouring Your Spirit into me and into my descendants.

AMEN!

SHAME SECTION 6:
Prayer of Repentance

To the dishonoured and shamed women and children in our world ... I am sorry!!

I'm sorry for the way that men have abandoned women.

To every little girl, whose daddy was too busy at work to notice her playschool art ... for every dance recital that we missed because of needing to work late one more night ... for every preacher's daughter whose father was out saving the world but didn't notice he was losing his own girl ... I'm truly sorry.

When the moment of battle rises, and the dragon rears its ugly head, we were meant to fight — to do something, even if it's the wrong thing. But we have been too silent, too passive, and we have left you to fight your own battle.

We've left our adolescent girls to find out about their sexuality in the backseat of the boy's car, rather than in the open conversation and sanctity of our home. I am sorry for our silence — that we haven't spoken to you more.

And I'm sorry that we have been so unable to show our daughters affection. You wanted to roll in the grass, to ride on our shoulders, to feel the whiskers on our cheeks, and to sit in our laps for long stretches of time.

But we've been uncomfortable with touch because we weren't taught it by our fathers ... I want to say I'm sorry for every little girl and every wife whose daddy or husband abandoned her for a bottle of alcohol. When you needed us, we just weren't there.

I want to say that I'm sorry for every little girl or wife whose daddy or husband left home and didn't come back. You were the hidden treasure and we didn't know it. We thought we could find it at the end of the rainbow, over some distant horizon ... but the rainbow had no end, and there was no other treasure, and for too many of us, it's now too late.

I'm sorry for the ways we have used you for our advantage. No, I am not the child molester, nor the rapist, nor the man sitting at the bar watching you dance around a pole, nor the John who was your last customer.

I have not, by the Grace of GOD been that man. But what man in our midst has not sinned by looking upon a woman as an object rather than a person, putting expectations upon your waistline that we do not put upon our own.

We have bought the cars and the calendars that the bikini models modeled. I feel the whole weight of the unthinkable ways that we have used women to momentarily soothe our deep inward shame.

May I tell you — if we could be honest with ourselves, with GOD, and with you — how most men really feel? We marvel at who you are. You have discernment that we don't have. You notice tiny, subtle details when we see nothing at all.

We marvel at the way you make relationships, and we secretly long to be able to find friends the way you do. We're amazed at the way you pray, the way you sing, the way you smile, the way you laugh, the way you cry.

We're amazed at how deeply you feel things and how easily you express those feelings.

We are amazed at how multidimensional you are interweaving softness and strength — how you have endured so much, persevered through so much, and celebrated so much.

Every woman is a rose — lovely, mysterious, fragrant, and meant to be handled with care. Its piercing thorns greet only those who recklessly grab the stem without taking time to appreciate its total beauty.

The most beautiful of flowers, the sweetest of fragrances, and the costliest in the florist's shop. You are beautiful from the moment of the first bud, but your beauty unfolds a petal at a time as you blossom and grow.

Today, we honour you. We do not seek to own you, use you, sell you, or control you — but to admire you. And thank you.

To every child who spilled her milk on Mommy's clean floor, or whose legs were too little to keep up with Daddy, or whose ordinary childish acts of irresponsibility were met with shame instead of understanding, I'm truly sorry.

Please forgive us. We parents often treat our children as if they are already adults. You were just acting the way a little child acts. You didn't have the dexterity to never spill your milk.

You didn't have the leg span to always keep up. We reprimanded you for breaking rules that you didn't even know were rules, and we acted disgusted with you for not understanding what no one had ever taught you. Forgive us.

To every school child who was teased on the school bus, or the playground, or laughed at in the classroom, I confess. The saying should be reversed: "Sticks and stones can break my bones, but your words can really hurt me." For every nickname, every taunt, and every smirk from every bully or brat, I'm sorry. We didn't realize we were eroding your soul. We secretly felt so bad about ourselves that we had to put others down in order to feel worthwhile. Forgive us.

To every child of parents of who were too busy, I'm sorry. We were busy making money or making a name or building a business, and we didn't realize that we had sacrificed you on the way. Forgive us.

To every child of parents who were too consumed with their hatred of one another to notice you, I'm sorry. While your parents fought, all you ever received was the table scraps of bitterness and the rinds of our rage. Forgive us.

To every child who never knew a father, I'm sorry. I knew how to sleep with a woman but not how to marry her and nurture her. I knew how to make a baby but not how to father a child. I have no idea what I missed. Please forgive me.

To every child whose father left, I'm sorry. I fooled myself into thinking I could leave your mother without it seeming like I was leaving you. I didn't know that you would lose sleep wondering what you did wrong. Please forgive me.

To every child who was born a girl but whose parents wanted a boy, I'm so sorry. I didn't know that my little jokes were like daggers to your soul. GOD made you who you are because of His perfect plan. It wasn't you I was displeased with, it was really me. Oh, please forgive us. Be your beautiful self.

To every child of an alcoholic, I'm sorry. I can't believe that I let a bottle capture my attention more than you. It was not my lack of love for you that led me to drink — it was a lack of love for myself. While I was anesthetizing my anxiety, you were being abandoned. Forgive me.

To every school child who was shamed by a teacher. We wanted you to learn fast so that we would look like good teachers. We didn't have the patience to spend the time with you that you really needed. We didn't know that singling you out for scorn was cursing your life. Forgive us.

To every child from a performance-based home. Success and looking good meant everything to us. When we pushed you to excel we didn't realize that you thought you were only valuable when you were succeeding. We're sorry for all the pressure we put on you. We hurried you up through childhood and put all our broken dreams onto you, for you to somehow magically fulfill. Forgive us.

To every employee who was belittled or mistreated by a supervisor, I'm sorry. The workplace was the place I shifted my shame. You had to take it, your job depended on it. I never stopped to think about your sleepless nights and gnawing anxiety that were the product of my pride. Forgive me.

To every church member who ever left church feeling worse than before. We thought that we were being bold and "really preaching the gospel" when we shamed you over and over. But we weren't.

It wasn't the Gospel at all. GOD wanted you convicted, so you could be filled with the hope of change. We condemned you and left you with no instruction on how to change. You needed an encounter with the most winsome Person in the universe, Messiah Y'shua (Jesus), and we gave you a set of rules. The rules were good, but they were impossible to keep without the Power of the Holy Spirit. Forgive us.

To every victim of incest, rape, and abuse. My soul was diseased. I was famished for approval. I abused you as the ultimate shifting of my shame. You did not invite it, nor deserve it. The horror of my deeds demonstrates not the depth of a flaw in you, but the depth of disgust I had for myself. I left you to bear the weight of the shame because I didn't know how to give it to Y'shua (Jesus). Forgive me.

AMEN!

SHAME SECTION 7:
Blessing your Spiritman

There are certain wounds that affect our soul (such as rejection) — but there are other wounds that affect our spirits — shame.

We need to build up and strengthen the spiritman to be able to be healed of spirit wounds.

In J2F1, we looked at the understanding of our spiritman. This section is the "other side of the coin" of SHAME. We have added some examples of how you can pray for your spirit.

- **LEGITIMIZING the SPIRIT**

I call your spirit to attention in the Name of Y'shua (Jesus) of Nazareth. Listen with your spirit to GOD's Word for you.

Psalm 139:13-16 "13 For You did form my inward parts; You did knit me together in my mother's womb. 14 I will confess and praise You for You are fearful and wonderful and for the awful wonder of my birth! Wonderful are Your works, and that my inner self knows right well. 15 My frame was not hidden from You when I was being formed in secret [and] intricately and curiously wrought [as if embroidered with various colors] in the depths of the earth [a region of darkness and mystery]. 16 Your eyes saw my unformed substance, and in Your book all the days [of my life] were written before ever they took shape, when as yet there was none of them. 17 How precious and weighty also are Your thoughts to me, O GOD! How vast is the sum of them!"

- **IDENTITY and LEGITIMACY**

Your FATHER made you special. You are a very special person, created and crafted and designed by GOD Your FATHER. Before the foundation of the world, your FATHER planned for you. You are no accident. You did have to exist, but your FATHER willed you into existence.

He chose your parents and wove you together in your mother's womb. He planned your birth order and put you in your family.

Your FATHER gave you everything you need in the package of your life to be an overcomer, a victor, to take the negative parts of your heritage and triumph over them, to walk in the beauty of all GOD has placed within you.

- **Knowing your PURPOSE**

I call your spirit to attention in the Name of Y'shua (Jesus) of Nazareth. Listen with your spirit to GOD's Promise in His Word.

Ephesians 2:10 "10 For we are GOD's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which GOD predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live]. "

Your FATHER has a purpose for you. I bless you with knowing your purpose as GOD has seen it in His Heart.

I bless you with being everything that GOD has designed you to be, because as you experience the joy of fulfilling your purpose, you will benefit, others will benefit, and the world will be blessed.

I bless you with fulfilling the call of GOD on your life and living out the fullness of His Will.

I bless you with being in your FATHER's Time, not running ahead and not lagging behind, but knowing His Will and doing His Will in the right time, the right place, and the right way, with the right people alongside you.

I bless you with knowing the things your FATHER has called you to know and doing the things that he has called you to do.

I bless you with being able to carry out GOD's Work with honor, with peace, with joy, doing GOD's Work, GOD's Way.

- **LIFE-GIVING JOY!**

Your FATHER intends for you to be contagious with His Joy! I bless you with being contagious with the JOY of the LORD.

I bless you with having so much of His Joy that your joy touches everyone with whom you associate, and you leave behind you a trail of joy everywhere you go.

I bless you with significantly introducing people to the genuine joy of life with GOD.

I bless you to transfer the joy of the Presence of GOD, as others walk with you and draw from the abundance of the JOY of the LORD in your spirit, and they are able to savor that themselves.

I bless you with companionship with those who know the joy of the LORD. May your joy stir them up!!

- **GOD FIGHTS FOR YOU!**

I call your spirit to attention in the Name of Y'shua (Jesus) of Nazareth. Listen to the Word of GOD for you — "Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today. The LORD will fight for you — you need only to be still."

Your FATHER intends for you to rest at peace in Him as He takes care of your enemies. I bless you with an unafraid heart that will lead you to the place of peace where GOD will fight for you and you will not have to fight.

You will watch GOD remove your enemies before your eyes and deliver you.

You will stand and move forward doing the things GOD has called you to do, and He will fight your battles.

I bless you with being led by the Spirit to respond to problems with faith, not as a slave out of a victim mindset of avoidance, blame-shifting, or rationalization.

I bless you with perseverance, not a spirit of fainting and giving up.

I bless you with embracing problems, viewing them as challenges, and as opportunities for faith, as new ways to see the many Facets of GOD and how He will work in them and through them to work things out in His Plan.

I bless you with seeing the Presence of GOD in those things that the world calls problematic and painful.

I bless you with such faith that you can rejoice in standing firm as danger gets closer and you see GOD intervene on your behalf in a supernatural way!!

- **SONSHIP**

I call your spirit to attention. Listen with your spirit to the Word of GOD for you. "For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of Sonship. And by Him we cry ABBA FATHER!!"

I bless you with the Spirit of Sonship and the mindset of sonship.

I bless you with embracing problems with the confidence that GOD is in them to give you grace to solve them and to overcome.

I bless you with deep heart identity as GOD's very own child, securely loved in His family, calling Him ABBA!!

I bless you with the Spirit of Sonship that does not make you a slave to fear because you know your FATHER is with you.

I bless you with the settled assurance that He has a future and a hope for you, that He has written your days in His Book with love, for your best interests and His Ultimate Glory.

I bless you with being filled with the deep knowledge that your ABBA knows what you need and has all the resources of the universe to meet that need.

I bless you with delighting in obedience in the Fear of the LORD.

I bless you with confidence that you have the riches of your FATHER and that you lack nothing that you need emotionally, physically, practically, mentally, spiritually, in any way.

I bless you with your FATHER waking you up every morning to be taught by Him personally.

I bless you with a heart that does not rebel or shrink away from what He puts before you each day!

AMEN!

SHAME SECTION 8:
Additional Information on Shame

The experience of shame is associated with the self or the person, not with our behavior.

Components of the Shame Experience⁸

We feel **defective**, **powerless**, and **lonely**.

Shame is an experience involving all aspects of the self including:

- Physical
- Emotional
- Spiritual
- Social
- Will

1) Pride

- Pride is the opposite of shame.

2) Shame

- Shame can be healed by the Holy Spirit.

3) Guilt

- Guilt is associated with our behavior.
- There is: **healthy and unhealthy guilt**.
- Guilt can be corrected by:
 - ➡ Taking responsibility for our behavior.
 - ➡ Asking for forgiveness.
 - ➡ Making restitution.



Sources of Shame

The following are circumstances in life that create a shame-based identity.

- Personal needs unmet.
- Loved for what you do, not who you are.
- Ridiculed for interests, abilities
- Feeling isolated.

⁸ The following section is taken from the resources of Karen Sackett, <http://www.shieldofaith.org/>

- Ridiculed for body, feelings, and needs.
- Violations of personhood.

All of the above creates a shame identity based on:

- Self-consciousness.
- People pleasing.
- Rage.
- Repression.
- Perfectionism.
- Compulsive behaviors.

Behaviors or clues that demonstrate that an individual is struggling with a shame based identity.

- 1) Must do things better than good.
- 2) Must always be right.
- 3) Blame others for failure.
- 4) Need to be in control of self and others.
- 5) Secrets in family system.
- 6) Don't talk rules include: don't talk about abuse or addiction or death or suicide in family.
- 7) Family rule of don't think or feel.
- 8) Feel that have no right to be _____ (alive or to have needs).
- 9) Don't have awareness of body or boundaries.
- 10) Defensive — unable to receive correction or structure.
- 11) Reacts negatively to authority.
- 12) Exhibits a lack of trust in self or others.

Characteristics of Adults Shamed in Childhood

- 1) Adults shamed, as children are afraid of vulnerability and fear exposure of self.
- 2) Adults shamed as children may suffer extreme shyness, embarrassment and feelings of being inferior to others. They don't believe they make mistakes. *Instead they believe they are mistakes.*
- 3) Adults shamed, as children fear intimacy and tend to avoid real commitment in relationships. These adults frequently express the feeling that one foot is out of the door, prepared to run.
- 4) Adults shamed as children may appear either grandiose or self-centered or seem selfless.

- 5) Adults shamed as children feel that, *"No matter what I do, it won't make a difference; I am and always will be worthless and unlovable."*
- 6) Adults shamed as children frequently feel defensive when even minor negative feedback is given. They suffer feelings of severe humiliation if forced to look at mistakes or imperfections.
- 7) Adults shamed blame others before they can be blamed.
- 8) Adults shamed as children may suffer from debilitating guilt. These individuals apologize constantly. They assume responsibility for the behavior for those around them.
- 9) Adults shamed as children feel like outsiders. They feel a pervasive sense of loneliness throughout their lives, even when surrounded by those who love and care.
- 10) Adults shamed as children project their beliefs about themselves onto others. *They engage in mind reading that is not in their favor, constantly feeling judged by others.*
- 11) Adults shamed as children often feel angry and judgmental towards the qualities in others that they feel ashamed of in themselves. This can lead to shaming others.
- 12) Adults shamed as children often feel ugly, flawed and imperfect. These feelings regarding self may lead to focus on clothing and make-up in an attempt to hide flaws in personal appearance and self.
- 13) Adults shamed as children often feel controlled from the outside world as well as from within. Normal spontaneous expression is blocked.
- 14) Adults shamed as children feel they must do things perfectly or not at all. This internalized belief frequently leads to performance, anxiety and procrastination.
- 15) Adults shamed as children experience depression.
- 16) Adults shamed as children lie to themselves and others.
- 17) Adults shamed as children block their feelings of shame through compulsive behaviors like work-aholism, eating disorders, shopping, substance abuse, list making or gambling.
- 18) Adults shamed as children often have caseloads rather than friendships.
- 19) Adults shamed as children often involve themselves in compulsive processing of past interactions and events and intellectualizations as a defense against pain.
- 20) Adults shamed as children are stuck in dependency or counter-dependency.
- 21) Adults shamed as children have little sense of emotional boundaries. They feel constantly violated by others. They frequently build false boundaries through walls, rage, pleasing or isolation.

Personality Characteristics of Shame-Based Adults in Relationships

- 1) We love ourselves in love.
- 2) When we argue, we fight for our lives.
- 3) We expend a great deal of energy in mind reading. We frequently talk to ourselves about what our partners are feeling and needing more than to our partners.

- 4) We pay a high price for those few good times.
- 5) We often sign two contracts upon commitment, one conscious and another that is subconscious.
- 6) We often blame and are blamed.
- 7) We want them gone, and then fight to get them back.
- 8) We know it will be different but expect it to be the same.
- 9) We often feel that our partners are controlling our behavior.
- 10) We are frequently attracted to the emotional qualities in another that we have disowned in ourselves.
- 11) We often create triangles in relationships.
- 12) We seek the unconditional love from our partners that we didn't receive in a shaming childhood.

So what are ways that shame affects our ability to relate to a Holy Creator GOD?

- 1) May be overly active in the church but have little peace or joy.
- 2) Experiencing little or no freedom in the Spirit.
- 3) Feeling angry with GOD and the church, but not able to express it to Christians.
- 4) May have difficulty in forgiving and receiving forgiveness.
- 5) Frequently we get and give "quick fix" answers from/to the church and other Christians.
- 6) Christians struggle with the fact that healing should be instantaneous. This is a problem because it doesn't allow people to be human or allow them their process of self-awareness and growth. This also adds immense shame.

Shame Resolution

1. It is impossible to do it alone. Ask GOD for support.
2. Shame begins to heal when that shame is exposed to others in a safe environment.
3. We need courage to let others see that part of us that we condemn.
4. We need to make a commitment to reach out to others at the very time we feel least acceptable.
5. We need to protect ourselves by seeking non-shaming persons with whom to share. Begin by taking small risks.
6. Challenge your defenses:
 - Denial
 - Admit that you are ashamed of something.

- Withdrawal
- Hang in there ten extra minutes.
- Rage
- Relax your body, breathe and ask for what you want.
- Perfectionism
- Let three people know in some way you are imperfect.
- Arrogance
- Struggle through the nervousness of being an equal. Ask someone else for advice, then go to the Lord with all of your feelings and reactions and seek His Truth in all of these areas.

Shame Exercise:

- 1) Pick a partner with whom you can share a small part of yourself.
- 2) Think of a story about yourself that requires when you "tell it", you need to be vulnerable and courageous.
- 3) The listener needs to be quiet and tune his/her heart and mind to the Holy Spirit.
- 4) Be non-judgmental.
- 5) Do not shame the talker with words or looks.
- 6) Let the talker see that you are human.
- 7) Accept the talker's shame and do not argue it away.
- 8) Be patient. Shame heals slowly.
- 9) Do not try to fix-it, or give advice.
- 10) Take five to ten minutes for the story to be told.
- 11) The Listener then shares his/her own story (see "2" through "4" above):
- 12) Your story should not be an answer to the original talker's story.
- 13) Your story can be a time for you to be vulnerable and courageous.
- 14) Both thank each other.
- 15) End with a prayer for healing.

Journey Out of Shame

- 1) Stop doing the primary behaviors which undermine your and others' dignity.
- 2) Make conscious your patterns of responding: Stop and observe your inner events with a friendly nature.
- 3) Face your shame directly and discover how you learned to be so shameful.
- 4) Look at your attachment to your shame in the present (e.g.: payoffs).
- 5) Translate your shame into emotional pain and express it with others in a safe environment.

- 6) Learn new and more positive ways of relating to yourself (nurturing rather than critical "voices"/self-talk).
- 7) Learn and put into practice the difference between anger and abuse.
- 8) Create new and self-affirming patterns.

Ten Tips to Remember Regarding Fear

What happens to you physically when fear or panic becomes unmanageable? You become afraid of the feelings of fear, afraid of being overwhelmed. These feelings are so intense that you don't trust yourself to think clearly. The fear becomes so overwhelming that you become afraid to move or leave home because the feelings may intensify. Your body tenses up when you experience intense fear. Tensing your body is your first mistake. Instead, let go, slacken, release, accept, take a deep breath, and exhale gently.

Relaxing will allow your body processes to right themselves so it can function properly. The following tips are given to help you walk through intense fear or a panic attack and recognize that you will live. It is very important to call on the Name of Messiah Y'shua (Jesus) when a panic attack is occurring. He can stop the out of control body reactions and help you stabilize emotionally and physically.

1. It does not matter if you feel frightened, bewildered, unreal or unsteady. These feelings are nothing more than an exaggeration of the normal body reactions to stress.
2. Just because you have these sensations doesn't mean you are very sick. These feelings are just unpleasant and frightening, not dangerous. Nothing worse will happen to you.
3. Let your feelings come. They've been in charge of you. You've been pumping them up and making them more acute. Stop pumping. Don't run away from panic. When you feel the panic mount, take a deep breath and as you breathe out, let go. Keep trying. Stay there almost as if you were floating in space. Don't fight the feeling of panic. Accept it. You can do it. Ask Y'shua (Jesus) to help you.
4. Try to make yourself as comfortable as possible without escaping. If you're on a street, lean against a post or stone wall. If you're at the cosmetics department of the department store, find a quieter counter or corner. If you're in a boutique, tell the salesperson you don't feel well and want to sit for a while. Do not jump into a cab and go home in fear.
5. Stop adding to your panic with frightening thoughts about what is happening and where it might lead. Don't indulge in self-pity and think, "Why can't I be like all the other people? Why do I have to go through all this?" Just accept what is happening to you. If you do this, what you fear most will not happen.
6. Think about what is really happening to your body at this moment. Do not think, "Something terrible is going to happen. I must get out." Repeat to yourself, "I will not fall, faint, die or lose control."

7. Now wait and give the fear a chance to pass. Do not run away. Others have found the strength. You will too. Notice that as you stop adding the frightening thoughts to your panic, the fear starts to fade away by itself.

8. This is your opportunity to practice. Think of it that way. Even if you feel isolated in space, one of these days you will not feel that way. Sometime soon you will be able to go through the panic and say, "I did it." Once you say this, you will have gone a long way toward conquering fear. Think about the progress you have already made.

9. Try to distract yourself from what is going on inside you. Look at your surroundings. See the other people on the street or in the bus. They are with you, not against you.

10. When the panic subsides, let your body go loose, take a deep breath, and go on with your day. Remember, each time you cope with a panic attack, you reduce the level of fear that you carry in your body.



SUMMARY of Shame⁹

Symptoms of a SHAME-Based Rigid System

1. We become isolated and afraid of people and authority figures.
2. We become approval seekers and lose our identity — and we are willing to lose our identity in the process of being approved of.
3. We are frightened by angry people and any personal criticisms.
4. We either become rigid parents or marry someone like that or both — or find another compulsive personality such as a workaholic to fulfill our unbalanced needs.
5. We live life from the viewpoint of victims and are attracted by that weakness, in our love, our friendships and our career relationships.
6. We have an over-developed sense of responsibility and it is easier for us to be concerned with others rather than ourselves. This enables us to not look too closely at our faults or our responsibility to ourselves.
7. We get guilt feelings when we stand up for ourselves instead of giving in to others.
8. We become addicted to excitement.
9. We confuse love and pity and tend to love people we can pity and rescue.
10. We stuff our feelings from our traumatic childhood and have lost the ability to feel or express our feelings because it hurts too much. This includes our “good” feelings such as joy and happiness. Our being out of touch with our feelings is one of our basic denials.
11. We judge ourselves harshly and have a very low sense of self-esteem.
12. We are dependent personalities who are terrified of abandonment. We will do anything to hold on to a relationship in order not to experience the painful abandonment feelings, which we continually receive from living with sick people who were never there emotionally to meet our needs.
13. We replicate the characteristics of the rigid family system from generation to generation.
14. We are reactors rather than actors.
15. We always guess what “normal” is yet when someone tells us what is normal, we will reject that advice.
16. We have difficulty in following a project through from beginning to end even projects of our own choosing.
17. We have difficulty in having fun.
18. We take ourselves very seriously.
19. We have difficulty with intimate relationships.
20. We overreact to changes in which we have no control.

⁹ The following section is transcribed notes from the CD's of Dr. Paul Hegstrom, <http://www.lifeskillsintl.org/>

21. We constantly need and seek approval and affirmation.
22. We usually feel different from other people.
23. We are either super responsible or super irresponsible and we can be both — we are not balanced — we are either / or — one or the other.
24. We are extremely loyal even in the face of evidence that the loyalty is undeserved. It is more comfortable to stay with the status quo than it is to stretch and leave.
25. We tend to lock our selves into a course of action without giving serious consideration to alternative behaviours or possible consequences. This impulsiveness leads to confusion, self hate and loss of control of our environment and as a result — more energy is spent cleaning up the mess than what would have been expended in the first place. For example: we spend more energy trying to stay out of areas of rejection than if we faced the rejection and past over it in the first place because we are afraid of that type of thing.
26. We tend to look for immediate gratification as opposed to deferred gratification or long term goal orientation.
27. We have problems bringing sex and love into proper perspective and realizing that sex and love compliment each other in a balanced relationship.
28. We become procrastinators.
29. We set ourselves up for failure because we are afraid we cannot maintain success.
30. We set to set our goals so high that they are unattainable — then we become angry with ourselves for not meeting these goals.
31. If our ideas or opinions are rejected, we feel rejected.
32. We fail to recognize that the behavior and the person are two separate entities.
33. It's more comfortable to stay in a situation than to stretch and leave and face the unknown.
34. When we get into the shame-base and we have these types of things happen to us, we feel: dirty, damaged and different.

- **GUILT:**

- *I made a mistake, I did a bad thing, my behavior was wrong.*
- This exists in a system of accountability, learning, growth, and a deepening of values.

- **SHAME:**

- *I am a mistake. I am bad. I am wrong.*
- This exists in a system of perfectionism and leads to expectations of rejection, rigidity, isolation, or despair.



We have the choice to grow-up and MATURE ... to move from a shame-base, to the age of decision-making — and become mature adults who are able to decide:

- What do we need and what do we want out of relationships;
- What do we need and what do we want for ourselves;

... and identify those things.



Then, when we go into relationships, we will be able to discuss these issues and put together a healthy relationship out of choice and not out of need.

A word¹⁰ of ENCOURAGEMENT!

The Hebrew word TRUST:

"Trust in the LORD with all your heart ... know Him in all your ways" (Proverbs 3:5-6).

The Hebrew word for **trust** is "**bittachon**" (בִּטָּחוֹן), from a root word (נָטַח) that means "**to lean upon,**" **to feel safe and secure.**

"**Bittachon**" describes emotional acceptance of the goodness of the LORD. Some of the teachers have said that while **emunah** (אֱמוּנָה), or "faith", represents a state of understanding (בִּינָה) that GOD is intimately involved in all the events of the universe, **bittachon** means **personally** trusting that the LORD is present in every situation for your good. Rabbi Bechaya put the distinction this way:

"Everyone who trusts has faith, but not everyone with faith trusts."

Bittachon is an intuitive awareness of the Personal Love of GOD for your life, coupled with complete trust that He cares for you (Romans 8:28). It is an expectation that the Love of GOD is "I-AM-always-with-you," too.

The Greek word ANXIETY:

Where it is written, "**cast all your anxiety on Him because He cares for you**" (1 Peter 5:7), the word translated "**anxiety**" (ἀνέριμνα) comes from a Greek verb (μερίζω) that means to be **fragmented or divided into parts and pieces**. We bring our brokenness to GOD — including even those distractions that tear us away from Him and that tend to make us inwardly fragmented — in order to receive GOD's Healing Care for us.

Therefore choose to regard your brokenness as an invitation to come before GOD for healing. Never let it keep you from coming to the LORD for help! We are not to be ignorant of satan and his devices ... despite our many sins, frailties, and even our own inner ambivalence, we know that GOD Alone makes us whole and He is the True Lover of our souls.

The Spirit always cries out for you come ... it is my prayer and hope that each of us will draw near to GOD for life.

May the LORD GOD heal you, body and soul ... may He ease your pain, increase your strength, and release you from all your fears. May blessing, love, joy, and true shalom surround you and fill you in the Love of Y'shua (Jesus) our Savior.

AMEN!

¹⁰ Taken from the Facebook page of <http://www.hebrew4christians.com/>

Resources:

- “Released from Shame” by Sandra D. Wilson, Ph.D InterVasity Press
- “Shame off You!” by Alan D. Wright Multnomah Publishers, Inc.
- Series of CD’s on Shame by Craig Hill

Additional Resources

Please be sure to work through all the books in the “***Journey2Wholeness***” series:

- J2W1 Breaking The Curse Of Illegitimacy And Shame
- J2W2 Emotional Pain And Building Healthy Relationships
- J2W3 Emotional Pain And Restoring Relationships

As well as our foundational series, “***Journey2Freedom***”:

- J2F1 Man’s Purpose And The Gifts Of The Spirit
- J2F2 Generational Blessings
- J2F3 Blessings And Curses Over Motherhood
- J2F4 Water/Spirit Baptism
- J2F5 Spying Out The Land
- J2F6 Dealing With The Giants
- J2F7 Uprooting Generational Heart-Attitudes And Roots
- J2F8 Childhood Pain, The Brain, And Arrested Development ... How Do We HEAL And Come To MATURITY?
- J2F9 Mother-Bonds, Deception, And The False Prophetic

In closing, after these curses have been dealt with and broken, it is very important to restore BLESSINGS ... we want to encourage fathers to take this calling seriously, and to begin BLESSING their families according to the Commandment of the LORD that the priests bless with the following blessing ...

Priestly Blessing

Numbers 6:24-27

“Y’varekh’kha YHVH v’yishmerekha.

May YHVH bless you and keep you.

Ya’er YHVH panav eleikha vichunekka.

May YHVH make His Face shine on you and show you His favour.

Yissa YHVH panav eleikha v’yasem l’kha shalom.

May YHVH lift up His Face toward you and give you peace.

Numbers 6:27 *“In this way they are to put **My Name** on the people of Isra’el, so that I will Bless them.”*

