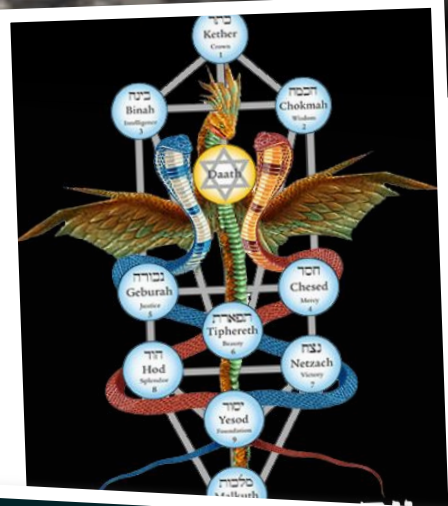


restoring the shattered soul,
Isaiah 61:1-2



June 2020
Book 3



DID/SRA ADVANCED
TRAINING

Please NOTE!

Very **IMPORTANT** information!

We have decided to make this information available for the use in counselling and in order to enable healing of the very wounded.

Our agreement is however, with certain ministries who have assisted us in compiling this material, that we would only make this available in print format.

In order to help counsellors and survivors AND protect those ministries that have kindly helped us, we ask the following:

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- ❖ It is **NOT** allowed to be placed on any website, or made available for electronic download.
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Amanda Buys' Spiritual Covering

This is a product of *Kanaan Ministries*, a non-profit ministry under the covering of Roly, Amanda's husband for more than 40 years.

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Pre-requisite to attend any DID/SRA course

MUST work through

1. DID/SRA Advanced Training 2014: Manual AND DVD's ... obtainable from kanaan@iafrica.com
2. Cape Town DID/SRA July 2018 Seminars: audio's only
<https://www.kanaanministries.org/courses-3/didsra/>
3. Hawaii 2018: DVD's
<https://www.kanaanministries.org/courses-3/didsra/>
4. Steve Quayle & Gary Cole: The Great Deception - 7/25/19; YouTube
https://www.youtube.com/watch?v=jrKLn_5Z1Qo

Phenomenal cutting-edge interview with Quayle and Gary Cole!!!

Protocol for Skype Counselling

Through the years we have learnt a couple of very valuable lessons to make Skype counselling more effective and ensuring a much better result and breakthrough.

It takes many hours and effort to do Skype counselling – and so we would like to suggest the following to help us along the process for healing and deliverance.

As we all know – SRA is a very difficult terrain and the client has been taught with exact precision to be VERY sharp and deceitful.

They have been trained:

- ◆ to deceive the counsellor
- ◆ they are super soldiers
- ◆ super spies and super killers
- ◆ psychic and physical.

They have so been programmed:

- ◆ to “read” the programmer
- ◆ to give them exactly what they are asking for
- ◆ to read their every movement and the slightest smallest flickering and trick
- ◆ the programmer sets MANY traps and tricks along the way to purposefully catch out the victim
... just so they can punish them severely.

Because of how the brain works, the victim creates a duplicate of the programmer inside their system.

A word to every SURVIVOR



Forgive yourself for not knowing better at the time.

Forgive yourself for giving away your power.

Forgive yourself for past behaviours.

Forgive yourself for the survival patterns and traits you picked up while enduring trauma.

Forgive yourself for being who you needed to be ...

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PART¹ 2:

PART 2: Kaballah Tree – Foundation of Mind Control

¹ For PART 1: Emotion & Body Code, please click [here](#)

Kabbalah: Introduction

Jewish Kabbalah is the ancient Jewish tradition of mystical interpretation of the Tenach, first transmitted orally and using esoteric methods.

Apart from the Jewish Kabbalah, there is also Hermetic Kabbalah (A. Crowley, Manly P. Hall etc.). Within programming you will find a combination of both of these philosophies.

In Kabbalah, the concepts of creation, the fall of man, redemption, and especially the coming Messiah are vastly different from the biblical view.

Kabbalah claims to explain the 'hidden' and 'esoteric' meaning of the Tanach (Old Testament).

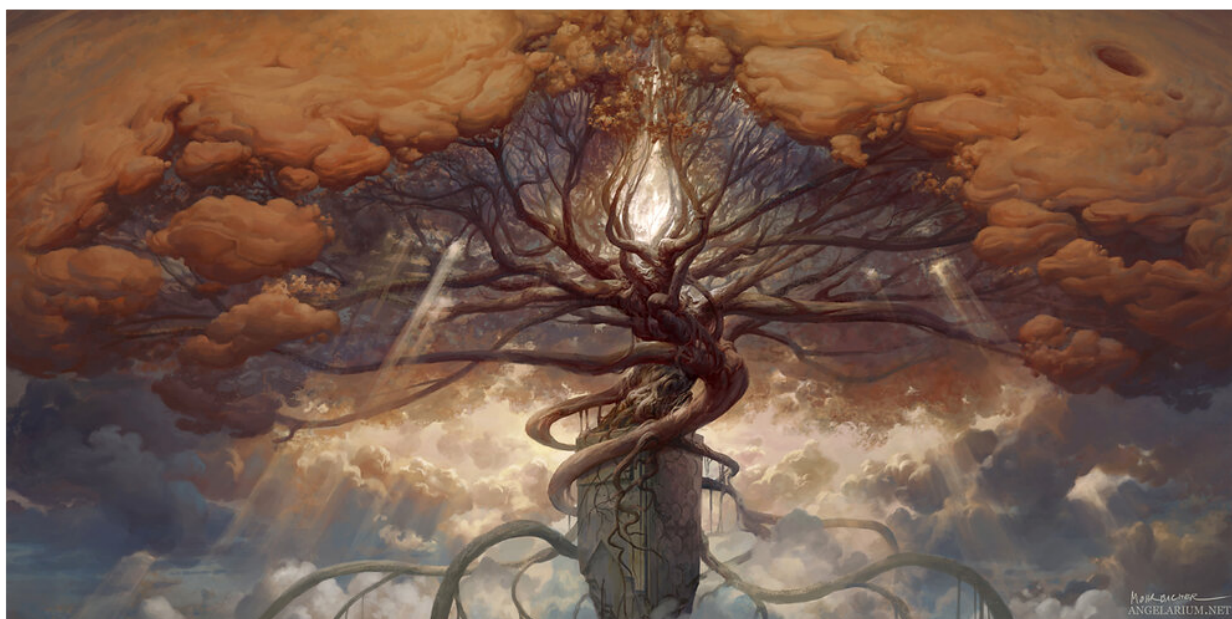
According to Orthodox Judaism there are four levels or layers of interpreting the Bible:

1. **P'shat:** the surface or plain meaning of the text
2. **Remez:** hints or what is implied below the surface
3. **Drash:** to dig deeper while focussing on the writings of the sages
4. **Sod:** Sod means secret and refers to the hidden, esoteric meaning. Sod represents the highest pinnacle of Jewish study. One of the main works that goes into this level of interpreting the Tanach is the Zohar.

According to the Zohar, the god who created the universe is not the God Elohim of **Genesis 1:26**, but Ein Sof, an infinite, formless, unknowable force.

Ein Sof (also spelled Ain Soph) may be defined as *"the Supreme Deity ... the eternal state of Being (the Absolute Not Being), without substance, essence or intelligence - the Most Ancient of all Ancients."* In the Genesis account of creation Elohim is the Creator, but in Kabbalistic theology Ein Sof is the Creator of Elohim!

Ein Sof is the 'unknowable or hidden god' who makes himself known through the sephirot in the Sephirot Tree.

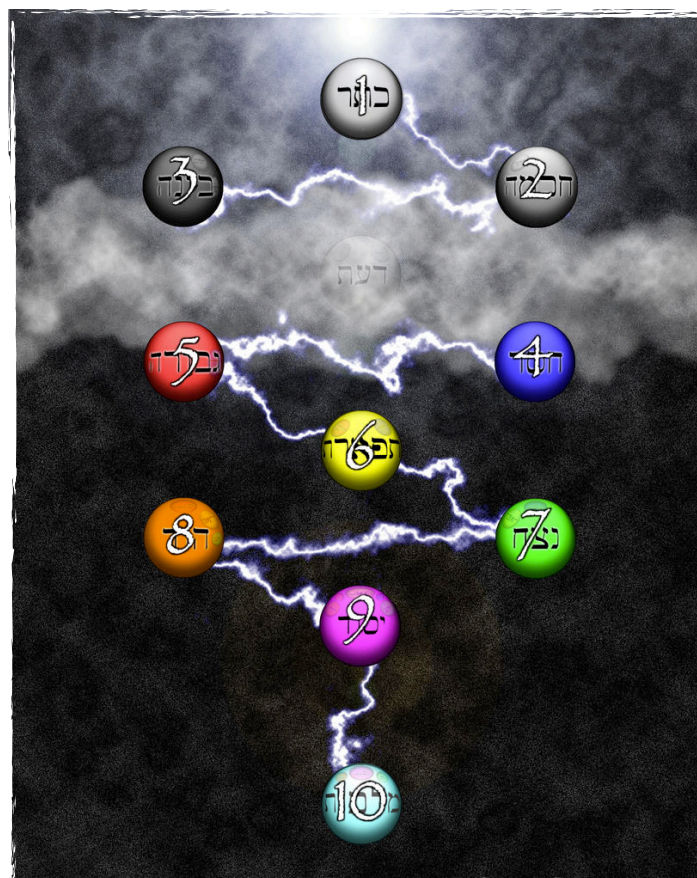
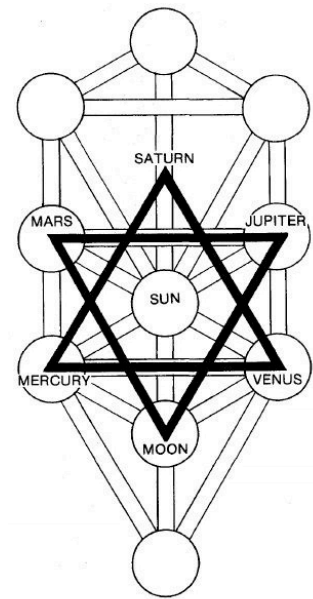


According to Isaac Luria, Ein Sof emanated from himself **ten spheres or vessels of light called Sephirah** (singular for Sephirot). The first was **Keter**, the **Crown**, the androgynous god who is both male and female, also known as **Adam Kadmon**.

This synthesis of male and female is esoterically communicated in the **union of the two triangles forming the six-pointed star**; an occult symbol whose meaning is known and understood by those initiated into the secrets of Kabbalah.

The six-pointed star also fulfils the principle of “As above as below”.

In Kabbalah, the entire process of creation through emanation is described as a “**Divine Lightning Flash**” from Ein Sof which **zigzags** through each of the nine sephirah all the way down to **Malkut** , the kingdom of god on earth. These ten sephirah are also called **worlds** and are portrayed in the Sephirot tree.



The Kabbalah Sephirot Tree

In Kabbalah, the Sephirot tree is referred to interchangeably as the Tree of Life and the Tree of Knowledge of Good and Evil.

“In the opinion of the Jewish mystics both trees are in essence **one**. They grow out into two directions from a common trunk... out of the common matrix of the divine world...

The sin of Adam was that he isolated the Tree of Life from the Tree of Knowledge to which he directed his desire. Once the unity of the two trees in men's lives was destroyed, there began the dominion of the Tree of Knowledge.”

This Tree is also used by the Freemasons as explained by Manly P. Hall:

“The Sephirothic Tree consists of ten globes of luminous splendor arranged in three vertical columns and connected by 22 channels or paths... analogous to the first 32 degrees of Freemasonry, which elevate the candidate to the dignity of a Prince of the Royal Secret... Aima , the Great Mother , is the name by which Binah, or the third Sephira, is generally known....

According to the mysteries of the Sephiroth, the order of the Creation...From AIN SOPH, the Nothing and All...AIN SOPH, corresponding to Kether, the Crown of the Sephiroth, gives birth out of Himself to the nine lesser spheres...

From this eternal and ancient androgyne-Kether come forth Chochmah, the great Father, and Binah, the great Mother...the first male and the first female, the prototypes of sex.”

Parts of the Tree of Life

There are many books written about this subject and trying to cover all subjects of Kaballah in one manual is simply impossible. By going through the different aspects of the Sephirot Tree, I will attempt to cover the philosophy and the ways of programming that go along with it. Please note that in programming not only ‘traditional’ Kabbalah is used, but that there are various occult beliefs combined and put into the framework of the Kabbalah beliefs.

In this world, where **Lucifer** is the current prince of the power of the air, we see that there is a ‘**Cosmic Tree of Life.**’ This Tree is rooted in Second Heaven and is both the receptor as the source of all the energy that is released through sin and iniquity. It contains the throne of Lucifer with all the ‘light’ and ‘glory’ that he has collected.

Every survivor will have his own ‘micro’ Tree of Life that is connected to the Cosmic Tree. Through ‘Jacob’s Ladder,’ which are four Tree’s or the ‘four worlds’ connected to each other, the survivor climbs up the cosmic tree. Throughout this document this principle will be explained.



Components that are part of the Tree of Life:

- (a) The Negative Veils
- (b) Sephiroth
- (c) The pillars
- (d) The four worlds
- (e) The parts of the soul
- (f) The paths
- (g) The triads

(a) The negative veils - Ain Soph

It is very difficult to explain the Negative Veils, because they represent a reality (or lack thereof) that is, by definition, beyond human comprehension.

There are three aspects of Ain Soph:

- Ain / nothing
- Ain Soph / the boundless
- Ain Soph Aur / the limitless light

AIN SOPH was referred to by the Kabbalists as *The Most Ancient of all the Ancients* and it signifies 'the nameless being.'

The Zohar gives the following description (Zohar part ii 42b):

Before He gave any shape to the world, before He produced any form, He was alone, without form and without resemblance to anything else. Who then can comprehend how He was before the Creation? Hence it is forbidden to lend Him any form or similitude, or even to call Him by His sacred name, or to indicate Him by a single letter or a single point...

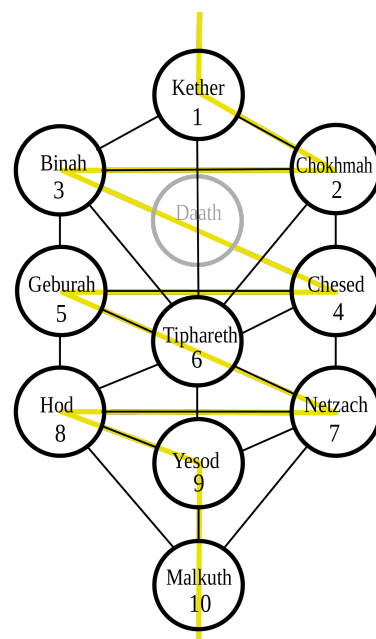
But after He created the form of the heavenly man. He used him as a chariot wherein to descend, and He wishes to be called after His form, which is the sacred name "YHWH".



(b) Sephiroth

Ain Soph makes himself known through the different Sephirot that make up the Tree of Life. From him comes a lightning flash that forms and goes through different worlds, also called Sephirot (sephirah is singular):

- i) Kether / Crown
- ii) Chokmah / Wisdom
- iii) Binah / Understanding
- iv) Chesed / Mercy
- v) Geburah / Strength
- vi) Tiphareth / Beauty
- vii) Netzach / Victory
- viii) Hod / Splendour
- ix) Yesod / Foundation
- x) Malkuth / Kingdom



There is also a hidden Sephirah: Da'at or knowledge.

Each Sephirah has been assigned different functions, planets, gods etc..
A small selection has been added in **Appendix 1**

Kether

The first Sephirah is called Keter or Crown. Keter is also known as **Adam Kadmon**, the primordial (or first) Adam, the androgynous god who is both male and female.

Because Keter is both male and female, the **right side** of the tree represents the **masculine** potencies of god, while the left side represents the feminine aspects of god. The remaining nine sephirah or spheres emanate from Keter through a process of mystical sexual union known as "hieros gamos, **the holy union of male and female powers.**"

Kether is the first "Emanation" of the Absolute. Kether is in Malkuth and Malkuth is in Kether, but after another manner, Malkuth reflects Kether, for that which is above is like that which is below, and that which is below is like that which is above.

It is the foundation of the pillar of Mildness and it represents **neutrality or balance**. In the human body, **Kether refers to the pineal gland.**



Chokhmah

Chokmah is the second of the ten sephirot, is the first power of conscious intellect within Creation, and the first point of 'real' existence, since Keter represents emptiness.

According to the Book of Job, "Wisdom comes from nothingness (Job 28:12)." This point is both infinitely small, and yet encompasses the whole of being, but it remains incomprehensible until it is given shape and form in Binah.

Chokmah is the foundation of the pillar of Mercy and it represents the male force. In the human body, Chokmah refers to the right brain.

Binah

Binah is 'intuitive understanding', or 'contemplation'. It is likened to a 'palace of mirrors' that reflects the pure point of light of Chokhmah, wisdom, increasing and multiplying it in an infinite variety of ways.

In this sense, it is the 'quarry', which is carved out by the light of wisdom. It is the womb, which gives shape to the Spirit of God.

On a psychological level, Binah is "processed wisdom," also known as deductive reasoning. It is *davar mitoch davar*—understanding one idea from another idea.

While Chokhmah is intellect that does not emanate from the rational process (it is either inspired or taught), Binah is the rational process that is innate in the person which works to develop an idea fully.

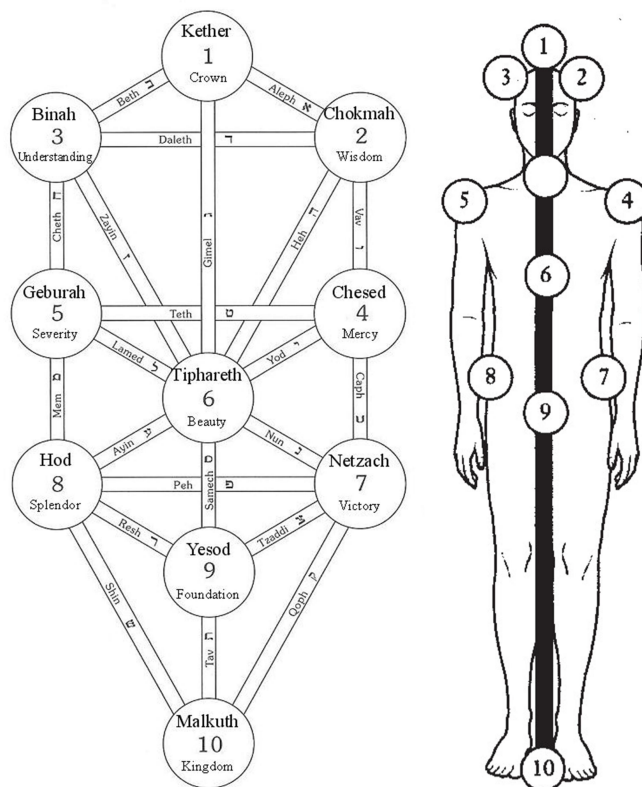
Binah is the foundation of the pillar of Judgement and it represents the female form. In the human body, Binah refers to the left brain.

Chesed

Chesed is also known as 'Mercy.' The first three of the ten *sephirot* are the attributes of the intellect, while *chesed* is the first *sephira* of the attribute of action.

Its position on the human body is on the right shoulder or arm.

The Spheres of the Tree of Life Superimposed on the Body



Geburah

Geburah is the sphere of might and strength. The energy here transmits courage and the ability to tear down old and outworn patterns to make room for new ones. It is the sphere where you learn to fight for what you want when there is opposition in your path.

Geburah is also the place to go to tap into the natural powers of the universe and to learn how they work and interact. It also teaches you responsibility and respect for the use of these great energies and powers.

A magician or a wiccan often tap into the power of Geburah before they cast a spell or do magic.

Geburah's position on the body is on the left shoulder or arm.

Tiphareth

Tiphareth is also known as 'Beauty' or 'Glory.'

Alistair Crowley says of this Sephira:

This Sephira is in some respects the most important of all. It is the centre of the whole system; it is the only Sephira below the Abyss which communicates directly with Kether. It is fed directly from Chokmah and Binah; also from Chesed and Geburah. It is thus admirably fitted to dominate the lower Sephiroth; it is balanced both vertically and horizontally. In the planetary system it represents the Sun; in the system of Tetragrammaton it represents the Son. In other words, the Son is an interpretation of the Father in terms of the mind. Tiphareth is thus representative of the four elements at their practical best.

Tiphareth represents the **heart** in the body. It is the center of the Tree of Life and thus the energy from this sphere feeds all the other spheres, not unlike the how the heart chakra is the centre of the human system and feeds all the other chakra.

Netzach

Netzach is also known as Victory.

Alistair Crowley says of this Sephira:

The position is doubly unbalanced; off the middle pillar, and very low down on the Tree. It is taking a very great risk to descend so far into illusion, and, above all, to do it by frantic struggle. Netzach pertains to Venus...and the greatest catastrophe that can befall Venus is to lose her Heavenly origin. (Book of Thoth, p.182)

Netzach on the body is represented by the **right hip/leg**. The legs are also called 'the supports of the world.'

Hod

Hod is also known as Splendour. It is described as being a force that breaks down energy into different, distinguishable forms, and it is associated with intellectuality, learning and ritual, as opposed to Netzach (Victory) which is the power of energy to overcome all barriers and limitations, and is associated with emotion and passion, music and dancing.

Both these forces find balance in Yesod (foundation) the world of the unconscious, where the different energies created await expression in the lowest world of Malkuth (the Kingdom).

On the body, Hod is represented by the left hip/leg.

Yesod

Yesod is also known as **Foundation**. It is the foundation upon which God has built the world. It also serves as a transmitter between the sephirot above, and the reality below.

The light of the upper sephirot gather in Yesod and are channelled to Malkuth below. In this manner, Yesod is associated with the sexual organs. The masculine Yesod collects the vital forces of the sephirot above, and transmits these creative and vital energies into the feminine Malkuth below. Yesod channels, Malkuth receives. In turn, it is through Malkuth that the earth is able to interact with the divinity.

Yesod plays the role of collecting and balancing the different and opposing energies of Hod and Netzach, and also from Tiferet above it, storing and distributing it throughout the world. It is likened to the 'engine-room' of creation.

Malkuth

Malkuth means Kingdom. It is associated with the realm of matter/earth and relates to the physical world, the planets and the solar system. It is important not to think of this Sephirah as "unspiritual". Even though Malkuth is the emanation "furthest" from the Divine Source, it is still on the Tree of Life and therefore has its own unique spiritual qualities. It is often said, 'Kether is in Malkuth and Malkuth is in Kether.'

As the receiving sphere of all the other Sephiroth, Malkuth gives tangible form to the other emanations. The Divine energy comes down and finds its expression in this plane, and our purpose as human beings is to bring that energy back around the circuit again and back up the Tree.

Malkuth represents the spiritual that has become visible. Where Kether represents the primordial Adam, Malkuth represents the second Adam (the Christian first Adam), made in the image of Adam Kadmon.

It's here where we the principle of 'As above, so below' becomes visible.

Malkuth represents the two feet, or the base of being.

Da'at

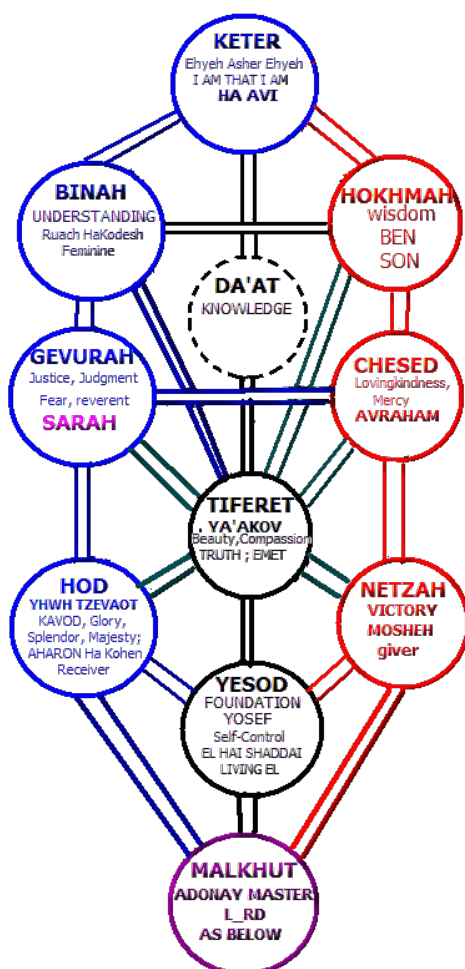
Hidden just below the first three spheres of Keter, Hochmah, and Binah is the hidden sphere of Daat, in the abyss that separates the initiate from the crown.

The word Daat means knowledge, awareness, or connection. Da'at is the location (the mystical state) where all ten sephirot in the Tree of Life are united as one... In the Zohar Da'at is referred to as “the key that includes six.” The “key” of Da'at opens all six chambers (attributes) of the heart and fills them with life-force.”

In Kabbalah, the abyss of Daat represents mankind's loss of knowledge and it is Leviathan, the “Holy Serpent,” who will restore knowledge to humanity.

Da'at is at the top of Metatron's cube and only through this point you can cross the Abyss and move up in the highest triangle of the Tree. This is where I believe where initiates move into the level of Luceferianism. Just like with the highest degrees of Freemasonry, Druidism, Satanism etc.

So far, it seems that **Daat is the place where the Silver Cord** connects to the body and where there is a ‘vacuum part’ available that allows **dead human spirits** to come up in to the body and rule from the dead.



(c) The pillars

There are three pillars in the Kabbalah Tree. In the Jewish Kabbalah these pillars are called: **Judgment, Mildness and Mercy.**

Hermetic Kabbalah calls them: **Boaz, Beneficence and Jachin.**

Mildness / Beneficence

The central pillar has its foundation in Kether, the Eternal One. It passes downward through the hypothetical Sephira, *Daath*, and then through Tiphereth and Yesod, with its lower end resting upon the firm foundation of Malchuth, the last of the globes.

The true import of the central pillar is equilibrium/balance. It demonstrates how the Deity always manifests by emanating poles of expression from the midst of Itself but remaining free from the illusion of polarity.

The four globes upon the central column reveal the function of the creative power in the various worlds.

In the first world the creative power is *Will*--the one Divine Cause;

In the second world, the hypothetical *Daath*--the Word coming forth from the Divine Thought;

In the third world, *Tiphereth*--the Sun, or focal point between God and Nature;

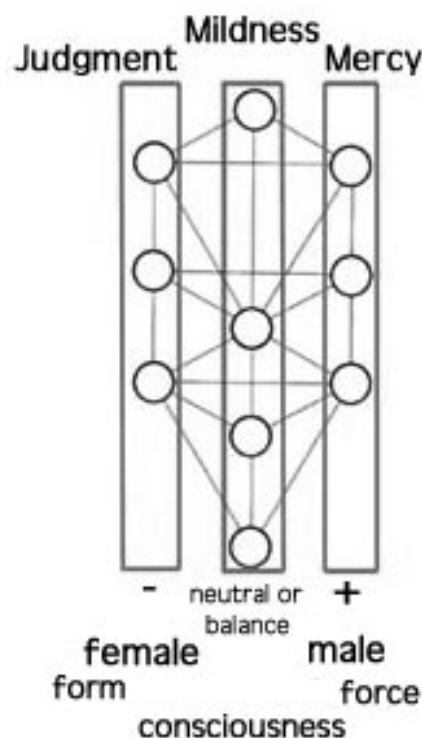
In the fourth world it is twofold, being the positive and negative poles of the reproductive system, of which Yesod is the male and Malchuth the female.

Mercy / Jachin

The column on the right, which is called *Jachin*, has its foundation on Chochmah, the outpouring Wisdom of God; the three globes suspended from it are all masculine potencies.

Judgment / Boaz

The column at the left is called Boaz. The three globes upon it are feminine and receptive potencies, for it is founded in *Understanding*, a receptive and maternal potency.

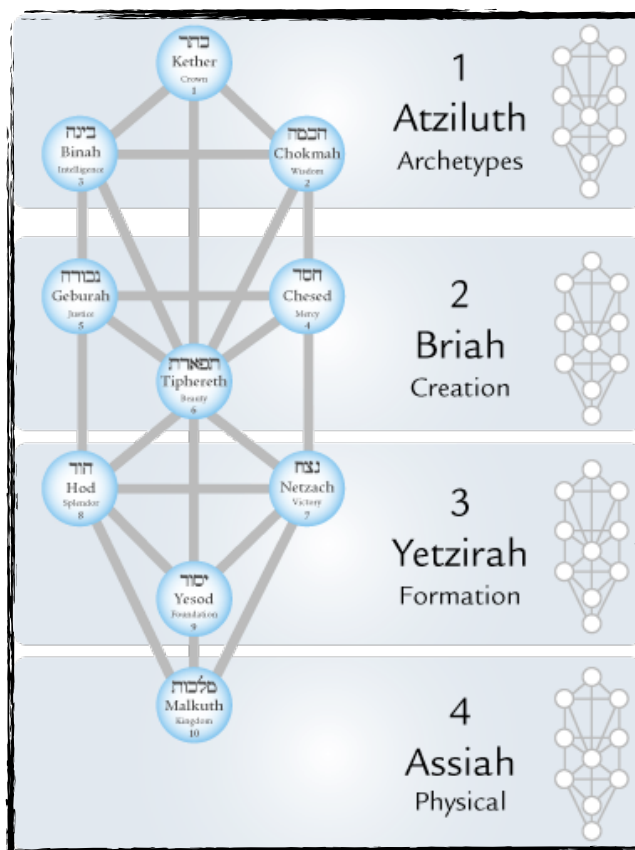


(d) The four worlds

The Four Worlds, sometimes counted with a prior stage to make Five Worlds, are the comprehensive categories of spiritual realms in Kabbalah in the descending chain of Existence.

Their names are read out from Isaiah 43:7, "Every one that is called by My name and for My glory (**Atzilut** "Emanation/Close"), I have created (**Beriah** "Creation"), I have formed (**Yetzirah** "Formation"), even I have made (**Asiyah** "Action").

These four worlds are spiritual, although the lowest world of Assiah has both a spiritual and a physical aspect. The physical level of Assiah is our physical finite realm, including the cosmological Universe studied by Science.



Each world is represented by its own Tree of Life.

The highest world has the purest, fastest vibrating energy that comes from Ain Soph and is therefore pure spiritual. The lower worlds reflect the light of the higher world and is therefore less powerful.

So as you move from Atzilut to Beriah, the ten radiations (sephiroth) lose part of their infinite power. A reflection is always like the thing reflected, but smaller and fainter.

The lower you descend, the lower the frequency of the energy and the more tangible the energy becomes. Only in Assiah the energy becomes physical.

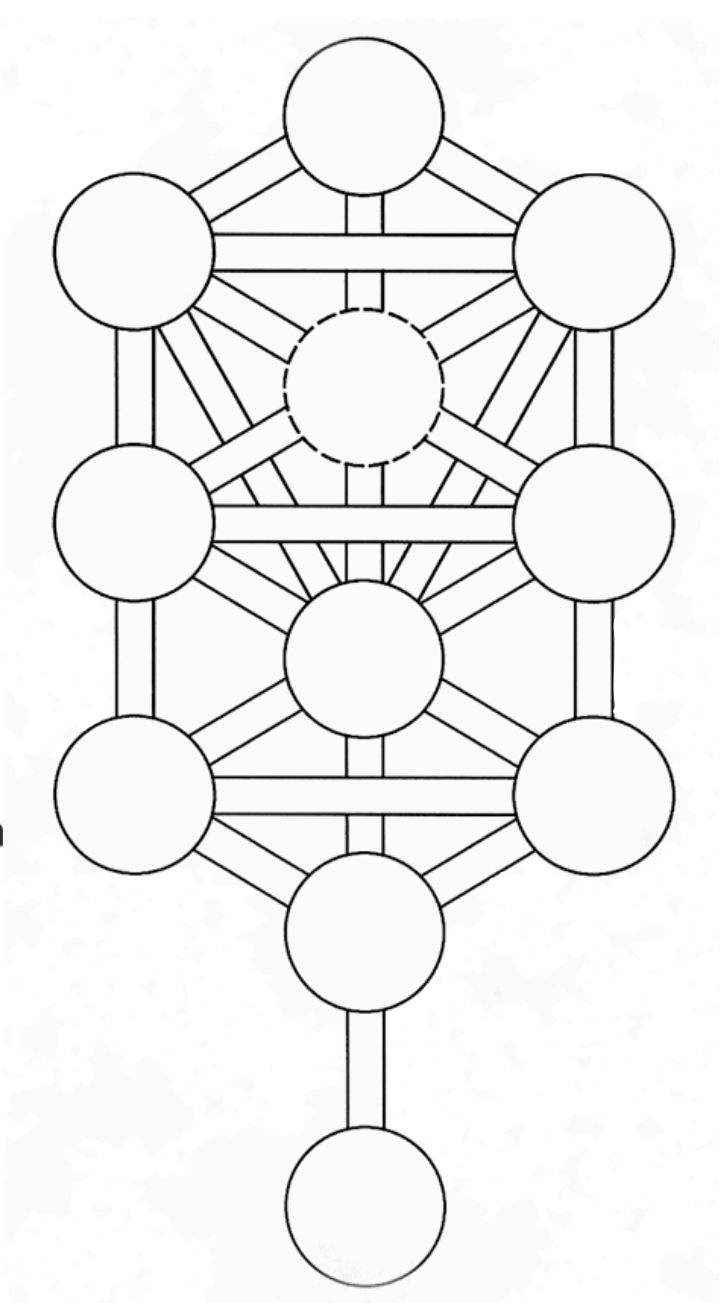
The four worlds are connected through the bottom and top Sephiroth. The lowest Sephirah (Malkuth) of the highest world, is also the highest Sephirah (Crown) of the world below. This is called **Jacob's ladder**.

In the section below, I will go through the different worlds. I will use mainly the philosophies of Aleister Crowley and Manly P. Hall, since these are the most used in programming.

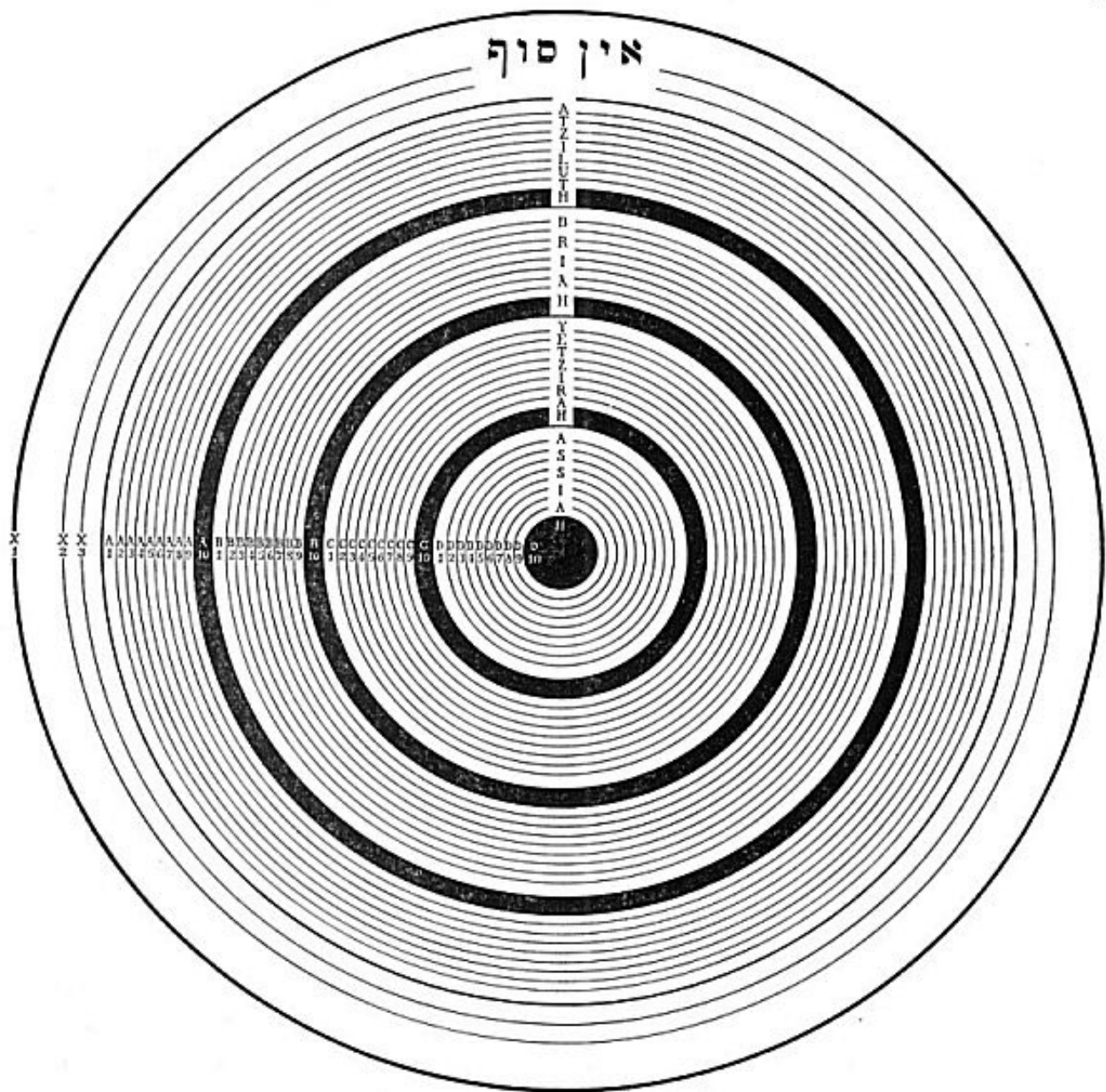
Climbing the Cosmic Tree of Life

Jacob’s Ladder

Cosmic Tree of Life



The Four Worlds Diagram



Adam Kadmon — Primordial World

Generally only four worlds are referred in the worlds of Kabbalah. Adam Kadmon is supreme above the worlds and it signifies the primary of primaries. It is the first pristine emanation, still united with Ain Soph. In the diagram it represents X1 - X3. The circle X1 is the outer boundary of space.

1. Atziluth — The Archetypical World

The first and highest of the four worlds is called **Atziluth**. The term **Atziluth** is usually translated as “emanation,” but literally means “closeness.” The element ‘**Fire**’ corresponds with this world.

This world is also called the ‘**Boundless world of divine names.**’ Each Sephirah carries one of the ‘**ten names of God:**’

The ten emanations from A1 to A10 inclusive are called **the foundations of all creations.**

The Kabbalists designate them **the ten roots of the Tree of Life.**

Atziluth		
A1	First Crown	Eheieh: I Am (that I Am)
A2	First Wisdom	Jehovah: essence of Being
A3	First Understanding	Jehova Elohim: God of Gods
A4	First Mercy	El: God the Creator
A5	First Severity	Elohim Gibor: God the Potent
A6	First Beauty	Eloah Vadaath: God the Strong
A7	First Victory	Jehovah Tzaboath: God of Hosts
A8	First Glory	Elohim Tzaboath: Lord God of Hosts
A9	First Foundation	Shaddai, El Chai: omnipotent
A10 / B1	First Kingdom / Second Crown	Adonai Melekh: God

2. Briah — The Creative World

The next phase, corresponding to **Water** of the elements, is called the **world of Briah**, which translates as '**Creation**.'

The function of Briah is to define **specific Form and function in the amorphous energy** of Atzilut. This is the evolutionary stage where matter begins to condense, "**solidify**", and to acquire specific, distinguishable qualities of it's own.

This world is also called the **Archangelic World of Creations** as it is the residence of the highest ranking angels.

The ten subdivisions are really the ten Atziluthic powers reflected into the substance of the *Briatic* World.

B1 is the ruler of this world, for it contains all the other rings of its own world and also the rings of the third and fourth worlds.

In the World of *Briah* the ten spheres of light are called the *Archangels of Briah*. Their order and powers are as follows:

Briah		
B1	Second Crown	Metatron: angel of the Presence
B2	Second Wisdom	Raziel: the herald of Deity who revealed the mysteries of Kabbalah to Adam
B3	Second Understanding	Tsaphkiel: the Contemplation of God
B4	Second Mercy	Tsadkiel: the Justice of God
B5	Second Severity	Samael: the Severity of God
B6	Second Beauty	Michael: Like unto God
B7	Second Victory	Haniel: the Grace of God
B8	Second Glory	Raphael: the divine Physician
B9	Second Foundation	Gabriel: the Man-God
B10 / C1	Second Kingdom / Second Crown	Sandalphon: the Messiah

3. Yetzirah — The Formative World

The world of Yetzirah corresponds to **Air of the elements**. On this level the created being assumes **shape and form**.

This world is also called the 'Hierarchal world of Formations.'

The power of Briah, while in itself a reflection, is mirrored downward in the world of Yetzirah.

Even though the globes are still more limited in their expression, **they become the spiritual and invisible zodiac which is behind the visible band of constellations**.

In Yetzirah, the globes become hierarchies of celestial creatures, called the *Choirs of Yetzirah*.

Here again, all are included within the ring C1, the power which controls the Yetziratic World and which includes within itself and controls the entire world Assiah.

The order of the globes and the names of the hierarchies composing them are as follows:

Yetzirah ... the hierarchy is		
C1	Third Crown	The Cherubim, Chaioth Ha Kadosh, the holy Animals
C2	Third Wisdom	The Cherubim, Orphanim, the Wheels
C3	Third Understanding	The Thrones, Aralim, the Mighty Ones
C4	Third Mercy	The Dominations, Chashmalim, the Brilliant Ones
C5	Third Severity	The Powers, Seraphim, the Flaming Serpents
C6	Third Beauty	The Virtues, Melachim, the Kings
C7	Third Victory	The Principalities, Elohim, the gods
C8	Third Glory	The Archangels, Ben Elohim, the sons of god
C9	Third Foundation	The Angels, Cherubim, the Scat of the Sons
C10 / D1	Third Kingdom / Third Crown	Humanity, the Ishim, the Souls of Just Men

4. Assiah — The Material World

Here we come naturally to the fourth and final stage of development, called **Assiah**, which translates as "Action". The World of Assiah corresponds to Earth of the elements.

This is the final proving ground where all the preceding Worlds and Spheres are actualized.

The results are judged according to how well they perform their intended purpose, which is conceived in Briah and gestates and takes form in Yetzirah.

In correspondence, the human body is the proving ground of the soul, where the soul is evaluated according to how well it fulfils it's intended purpose

Assiah is also called the Elemental world of Substances. This is the world of solar systems and it is the world into which humanity descended at the time of Adam's fall.

There are different opinions on how the globes should be arranged. In the chart below I will put in two options. The one according to A. Crowley (Thelema) and the one according to Manly P. Hall (Freemasonry).

Manly P. Hall			Crowley
D1	Fourth Crown	Rashith H-Galagalum, the Primum Mobile, the fiery mist which is the beginning of the material universe	Pluto
D2	Fourth Wisdom	Masloth, the Zodiac, the Firmament of the Fixed Stars	Neptune
D3	Fourth Understanding	Shabbathai, the sphere of Saturn	Saturn
D4	Fourth Mercy	Tzedeg, the sphere of Jupiter	Jupiter
D5	Fourth Severity	Madim, the sphere of Mars	Mars
D6	Fourth Beauty	Shemesh the sphere of the Sun	Sun
D7	Fourth Victory	Nogah, the sphere of Venus	Venus
D8	Fourth Glory	Kokab, the sphere of Mercury	Mercury
D9	Fourth Foundation	Levanah, the sphere of the Moon	Luna
D10	Fourth Kingdom / Fourth Crown	Cholom Yosodoth, the sphere of the Four Elements	Earth

The Ten Arch-demons of Assiah

There are ten arch-demons that are connected to the world of Assiah.

They are counterparts of the archangels that we saw in Briah.

The ten orders of demons and the ten Arch-demons of the World of *Assiah* are as follows:

Arch demons of Assiah ... the hierarchy is:		
D1	Evil Crown	Thaumiel, the doubles of God, the Two-headed; Satan and Moloch
D2	Evil Wisdom	Chaigidiel, this who obstruct; Adam Belial
D3	Evil Understanding	Satharial, the concealment of God, Lucifuge
D4	Evil Mercy	Gamchicoth, the disturber of things, Astaroth
D5	Evil Severity	Golab, incendiarism and burning; Asmodeus
D6	Evil Beauty	Togarine, the wranglers; Belphegor
D7	Evil Victory	Harab Serap, the dispensing Raven; Baal Chanan
D8	Evil Glory	Samael, the embroiler; Adramalek
D9	Evil Foundation	Gamaliel, the obscene; Lilith
D10	Evil Kingdom / Evil Crown	Nahemoth, the impure; Nahema

(e) The parts of the soul

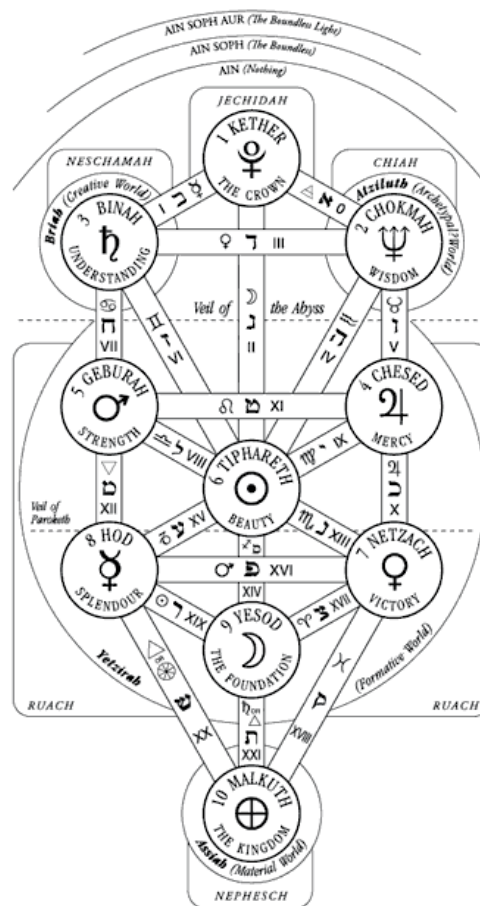
The soul has five names:

5. **Nefesh** (soul of vitality),
6. **Ruach** (spirit),
7. **Neshamah** (breath of life),
8. **Chayah** (living one), and
9. **Yechidah** (singular one).

Kabbalah explains that these five names of the soul correspond to the level of soul in each of the worlds.

Hassidism teaches that the:

- ◆ *Nefesh* resides in the blood,
- ◆ *Ruach* in the heart,
- ◆ *Neshamah* in the brain.
- ◆ *Chayah* and *Yechidah* are transcendent of the body, not enclothing themselves in any particular limb.



1. Nefesh

The lowest level of the soul is **Nefesh**, or the Animal Soul, which is the spark of life that animates and energizes the body and maintains its subconscious functions, such as breathing and the beating of the heart.

Nefesh corresponds to the **element of Earth and the world Assiah**.

2. Ruach

"Above" Nefesh is **Ruach**, literally translated as "**wind**", which is the general soul manifesting as consciousness. Ruach animates and energizes the **personal consciousness and intellect** within the physical vehicle. Ruach corresponds to the element of Air and the world Yetzirah.

Nefesh and Ruach are the existential aspects of the soul, while the aspects corresponding to **Water and Fire** are abstract, intangible to physical experience, existing at an almost purely subjective level of manifestation.

3. Neshamah

The first level of the soul higher than Ruach is called **Neshamah** (breath of life). This is the Jewish concept of the "Higher" soul, i.e., the higher level of spiritual consciousness inherent in the individual but often unrecognized.

The full potential of the Neshamah is realized through religious and mystical discipline.

Within the technical structure of Kabbalah, the Neshamah is the source of individual identity, the source of the ego, or sense of self.

Neshamah functions only at a purely unconscious level. It corresponds to the element of **Water** and the world of **Briah**.

4. Chiah

Contrarily, the next level of the soul, termed **Chiah**, is the general living force. It is the part of the soul which is connected with all life, every living, growing thing.

This concept embraces all Creation, as all of Creation is in a constant state of growth and development.

Chiah corresponds to the element of **Fire** and the world Atziluth.

5. Yechidah

Yechida is the highest plane of the soul, in which one can achieve as full a union with God as is possible.

It is connected to '**Adam Kadmon**' and also called 'the **Divine Source**.' It is in constant contact with all life and all of Creation.

A word on Neshamah

In previous manuals the importance of Neshamah has been emphasised quite some times. We have learned that it represents the 'breath of God' that gives life to every human being.

It also holds all the memories all the way back to conception as it is the Lamp of Lord and it gives us life and understanding.

Since this turned out to be a vital key in counselling, it is only logical to now find out that it is also a very important part of Kabbalah.

Survivors have reported that in their perception it was **the breath of Lucifer** that gave them life just after conception. Their true Neshamah was pushed to the side and was kept as hidden as possible.

Every time they would be brought into a death experience, a nephilim would breathe into them the breath of Lucifer as they were being resuscitated.

Be very careful when working with the Neshamah of a survivor. Make sure you have removed the false Neshamah and that the True Neshamah of God has been given its rightful place.

6. The paths

The ten Sephiroth are connected through pathways. Each pathway is assigned one of the Hebrew letters.

The pathways have a lot of different meanings and connections and it would be too complicated and too time consuming to get into these meanings.

It is important to know these pathways are electro-magnetically charged and that they are connected to different organs in the body.

7. The Triads

On Sephiroth Tree you find three triads that correspond to the three non-physical worlds. Each triad is separated by a veil.

The world of Assiah, which is called the 'Physical plane,' is not made up of a triad. It only contains Malkuth.

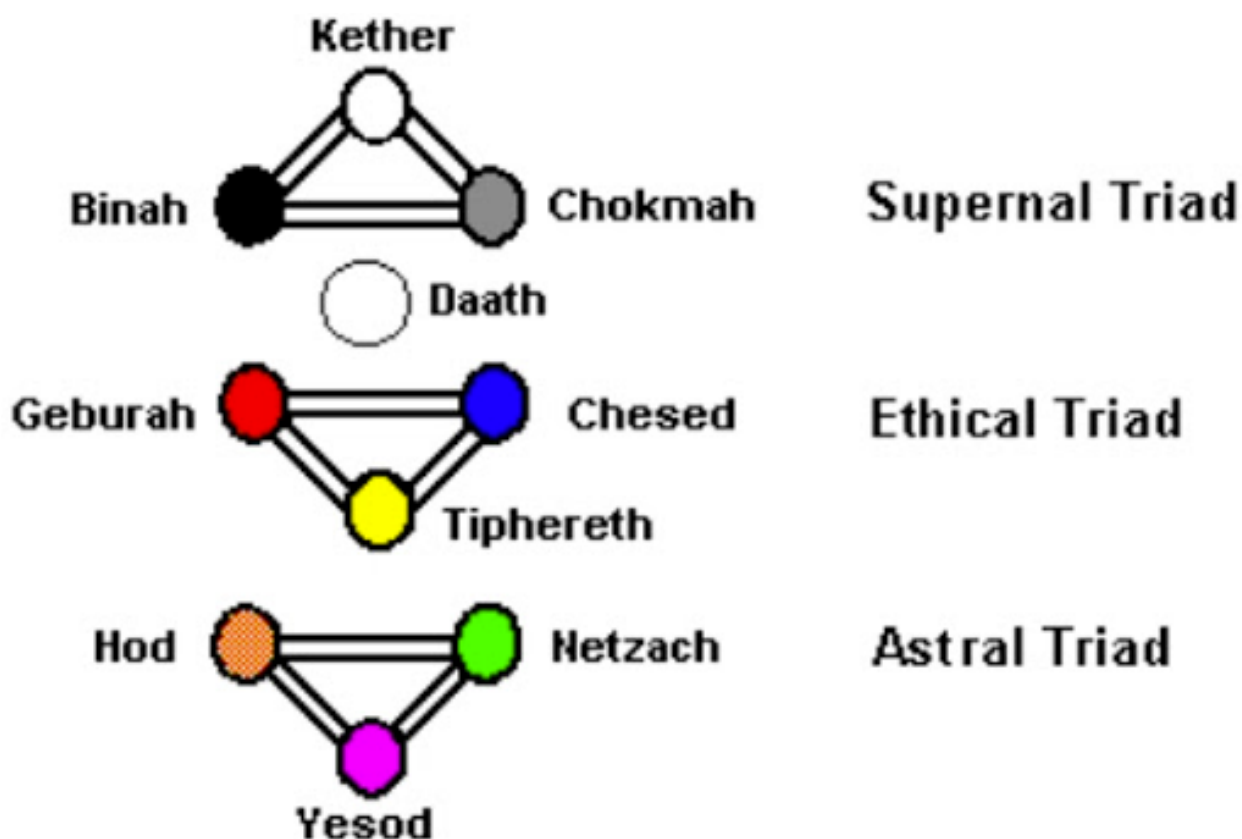
Using the Temple of Solomon as analogy, the physical plane correspond to **the outer court**.

a) Astral Triad

When you move up from Malkuth into the the world of Yetzirah, the '**Astral Triad**,' you move into the first level of the spiritual plane.

To enter into this triad, you have to move through '**The veil of physicality**.' You leave the physical elements behind and start moving into the different dimensions, using the MerKaBa (Metatron's Cube) to move up the Tree (see further down this document).

In the temple this triad would correspond to the **inner court**.



b) Ethical Triad

Once you have moved through the world of Yetzirah you have to go through the **Veil of Paroketh** to enter the world of Briah, or the Ethical Triad

You move into 'the Holies' of the Temple and in this place there is **direct contact with the fallen angels** that are behind the entities that were in Yetzirah.

This triangle or world is the heart of the Cosmic Tree and not many will move through the veil into the next world / triad.

c) Supernal Triad

To enter Atziluth, or the Supernal Triad and the **Holies of Holies** in the Temple, you have to pass through '**the veil of the Abyss.**'

The Abyss is not really a veil you have to pass through it is much more a gulf that needs to be crossed.

It is the only triad with the top pointing upwards as it really is the **world of Lucifer**, where he impersonates the different names of God.

The Abyss is visualised through Da'at, which is the hidden Sephirah that forms also the top of Metatron's cube (this is explained further down).

The only way to crossover, is to make a covenant with Leviathan, who in Kaballah is also called **the Kosher Serpent**. This will also be explained later.

For survivors, crossing the Abyss means going through several rituals in order to be 'worthy' enough to enter the world of Lucifer.

A survivor described one of the rituals as follows:

To make a covenant with Leviathan, I found myself standing at the edge of a huge hole in the ground. The pit was filled with all kinds of snakes, including very venomous ones. Out of free will, I had to dive into the pit and work my through the snakes to the bottom. The snakes would bite me and I would feel the poison getting in my body. It was only through the powers I had gained and the entities that were helping me that I didn't die. Once I reached the bottom, I found that there was a smaller hole that was the entrance to an underground passage. From there I had to find my through a labyrinth of underground corridors. There were many dead bodies, hybrid monsters and all kinds of weird scary creatures. It reminded me of the underground areas that I had to survive in when I was still living with the nephilim.

As I got to the middle of the labyrinth, I found Leviathan as a dragon waiting for me. Part of forming the covenant was of course that I had to have sex with his dragon. But another part was that I had to enter his mouth and then find my way to an exit. The exit was in his tail, but by now Leviathan was eating his own tail, forming an 'Ouroboros' or an infinity loop. A part of my got stuck in this infinity loop and only recently through counselling that was released.



The rest of me was able to get out and move into the world of Lucifer. As 'reward' I was given a spiritual tattoo that was placed on the top of my neck. It looked a bit like the cross of Leviathan.

Summary

We now have gone through the main parts of the Sephiroth Tree. All these aspects are used in Mind Control programming and in the next chapters we will go through some of the practical applications.

But before we do that, there is one more aspect of the Kabbalistic belief system that needs to be addressed: **the Kosher serpent and the Feast of Leviathan.**

The Kosher Serpent

Another secretly shared tradition of the rabbis is that the serpent (**nachash**) that deceived Adam and Eve in **Genesis 3**, is considered sacred and was to be a partner with Adam in the tikkun or repair of the shattered dream of Ain Soph. **This sacred serpent of light** is referred to as the “kosher serpent” that will rise from the ashes as Moshiach and assist humanity through technology in the process of rectification .

In Kabbalah the **nachash** is also called the shining one. Throughout the centuries, the mystic sage rabbis have incorporated the use of divination to equate the **nachash** (serpent) with Moshiach (Messiah).

In the cosmological order of Mystery Babylon, built on the foundation of Kabbalah, **the kosher serpent, the dragon and Metatron are one**, inseparably connected by the light of Ain Sof and this is a well known secret!



*“What is clear, however, is that together scientific discovery and technology are an actual living entity with a collective consciousness of its own. It is a “beast” – and a very powerful one. It is the “King of Beasts”. The **Techno Serpent** has risen from the dust, and Adam’s higher consciousness will, directed by the providential force of Mashiah ben Yoseph, ride it out to the finishing line of the Sixth Millennial Day ... into the Seventh Cosmic Day of Creation – a real and fully rectified higher dimension of existence and consciousness.”*

In Kabbalah, the abyss of Da’at represents mankind’s loss of knowledge and it is Leviathan, the “Holy Serpent,” who will restore knowledge to humanity. The Jewish sages say that Leviathan is a “Torah-code word for universal consciousness and never-ending knowledge.”

Leviathan is depicted as the **Ouroboros**, the serpent with its tail in its mouth and it represents the devouring serpent covering the Earth. It signifies the completion of an age and the return to Tikkun Olam: the repair of the world.



The kosher serpent will help to bring about the Messianic Era. The repair of the world is the achievement of immortality through the help of the serpent who gives us technology. **Hence the name ‘Techno Serpent.’**

In 'The secret Doctrine of the Gaon of Vilna' Joel David Bakst says it like this:

"The hardware of modern technology...is playing a direct Messianic role...this is because the machines and computers of the techno-sphere are nothing less than the supra-natural providence of Mashiach Ben David (Torah) clothed in the natural guise of Mashiach Ben Yosheph (science)... Within the context of the role and purpose of the primordial Nachash, it now becomes astoundingly clear that technology is none other than the original tikkun (repair) of Genesis itself...along with the curse of humanity, the curse and the enmity of the Nachash is also being removed...the essence of the Nachash is Mashiach ben Yoseph."

Talmud

Based on **Isaiah 27.1**, the Kabbalah teaches that Leviathan is really two ...

Isaiah 27:1 (NASB) *In that day the LORD will punish Leviathan the fleeing serpent, With His fierce and great and mighty sword, Even Leviathan the twisted serpent; And He will kill the dragon who lives in the sea.*

All that the Holy Once Created in His world He created male and female. Likewise, He created Leviathan the "straight serpent" and Leviathan the "curved serpent" male and female.

If He would have allowed them to mate with one another, however, they would have destroyed the world.

WHAT THEN DID THE HOLY ONE DO?

He castrated the male and killed the female, preserving her in brine for the righteous / tzadikim in the time to come.

The Feast of Leviathan

Isaiah 25:6-8 (NASB) *The LORD of hosts will prepare a lavish banquet for all peoples on this mountain; A banquet of aged wine, choice pieces with marrow, And refined, aged wine. And on this mountain He will swallow up the covering which is over all peoples, Even the veil which is stretched over all nations. He will swallow up death for all time, And the Lord GOD will wipe tears away from all faces, And He will remove the reproach of His people from all the earth; For the LORD has spoken.*

Judaistic interpretation tells us that the righteous are going to be served Leviathan as food when the Messiah has returned. It is 'cosmic' food that is served in order to inaugurate the Davidic Messianic reign.

TALMUD BAVA BATRA 74A

The Holy One will in the time to come make a banquet for the righteous from the flesh of the Leviathan and he will make a canopy (sukka) from the skin of Leviathan the rest of the skin will be spread out by the Holy One upon the walls of Jerusalem, and its radiance will shine from one end of the world to the other.

FROM THE SIDDUR (PRAYERBOOK)

"May it be Your will that just as we fulfilled the mitzvah of dwelling in the succah/ canopy in this world, may we merit to dwell in the succah of the future made from the skin of the Leviathan."

QUOTE JOEL BAKST

Also contained - and most importantly - in the vast encompassing framework of Leviathan is that of ultimate sensual delight and sexual bliss. That this concept is also contained in the Leviathanic matrix should not surprise us as the mystery of human and divine sexuality permeates the entire fabric of traditional Judaism.

(The Kaballah, as is known, is only amplifying and revealing that which is intrinsic within traditional Torah).

The higher-dimensional function of sexuality is alluded to in the 'eating' of the Leviathan and the succah / canopy that will surround the righteous / tzadikim in this new reality goes even more directly to the mystical source of human sexuality - the secret of carnal knowledge.

'Carnal Knowledge' is the term that comes to us directly from the same verse above as in Cerebral knowledge and Culinary knowledge - "And Adam knew his wife Eve ..."

Summarised, the Feast of Leviathan is deeply sexual. Some Kabbalists even say that the 'flesh of Leviathan' really is his 'phallus.'



Installing the tree

Now that we know the basic structure of the tree, we need to know more how the Tree is used in a practical way.

First of all, the Tree needs to be put into a survivor so that he can be connected to the Cosmic Tree.

At first the **blueprint** gets installed, which is done in the womb, and as the child is growing up the actual Sephirot will be **installed in the body**.

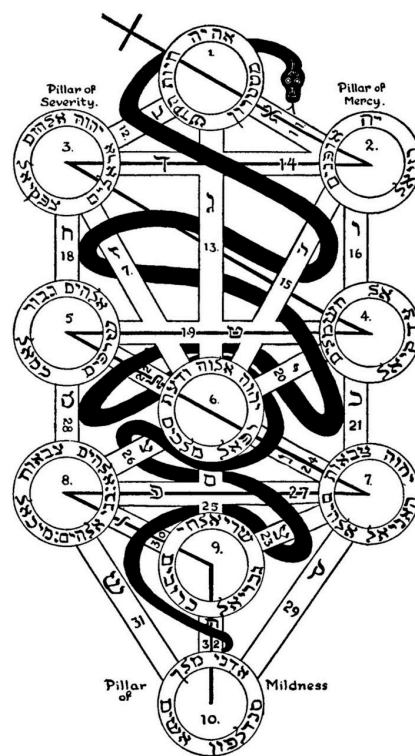
Installing the blueprint

As mentioned before we see that from Ain Soph a (divine) lightning flash **goes down** through all the different Sephiroth. But we also see that there is a snake (or two) that is **moving up** the Tree. This is also called 'the ascend of the soul.'

With survivors you will see that the blueprint or template of the Tree gets installed already at a very young age.

Some report that when they were still in the (artificial) womb, they would experience a very traumatic event around 12 weeks old (a few weeks after the development of the central nervous system). They experience some sort of electrical shock which is described as '*being hit by lightning*.'

This is the **lighting flash** that goes down and it puts all aspects of the Tree in place, including an artificial energy system (see next chapter).



Installation in the body

To put the Tree of Life in the body of a survivor is a very precise process and the success greatly depends on the skills of the programmer.

We have seen that methods have changed over time. With the older survivors we see that every Sephirah is installed at a different stages in the first two years through actual trauma to the body. **Appendix 2** contains a rather disturbing but clear testimony of an older survivor on how the Tree was put in her body.

With the emergence of a less lethal form of control, the way of installing the Tree in this specific way dropped off dramatically and will be found in very few survivors born after 1950. The Tree is still installed in the unconscious mind of many survivors through genuine mind control but that does not have the same attachment to the physical body as that of the archaic form.

With the younger survivors (think 1980's) Virtual Reality (VR) became more and more a common method to use in programming and this is how they would also put the Tree in.

How does VR work?

VR explains itself in the name. Virtual means that it is simulated, so it is a simulated reality. The brain processes everything that happens in this simulation as real, even though it is not really happening to the body.

In the early days they were only able to show a VR kind of movie and in order to make it more real, they would apply 'mild' trauma to the body so that it would be better absorbed by the brain.

For example, the child would be wearing VR goggles. This brings them into a 3D world where they would be put in movie. Because it is 3D, the child thinks it really is part of this movie, so when they for example cut off a leg and at that very same moment a programmer would dislocate the hip, the child really believes that his leg has been sown off.

As you can imagine, this is a very effective way of programming, because you can bring trauma to a child that he **perceives** to have really happened, while in reality this didn't happen. In VR you can die an infinite amount of times, without having to die in the body. Of course the subject needs a strong mind and a strong will to survive, because even through VR real death is possible. However, often it will lead to a survivor literally going crazy.

The development of VR went very fast and it didn't take long that the movies were replaced by simulations that were much more advanced.

In the late 80's a programmer was already able to go in to a simulation together with the subject and do the programming in that world.

They were able to create advanced games with worlds and planets that are only limited by the fantasy of the creator. When the creator is a nephilim, you can imagine that these were not worlds with beautiful beaches...



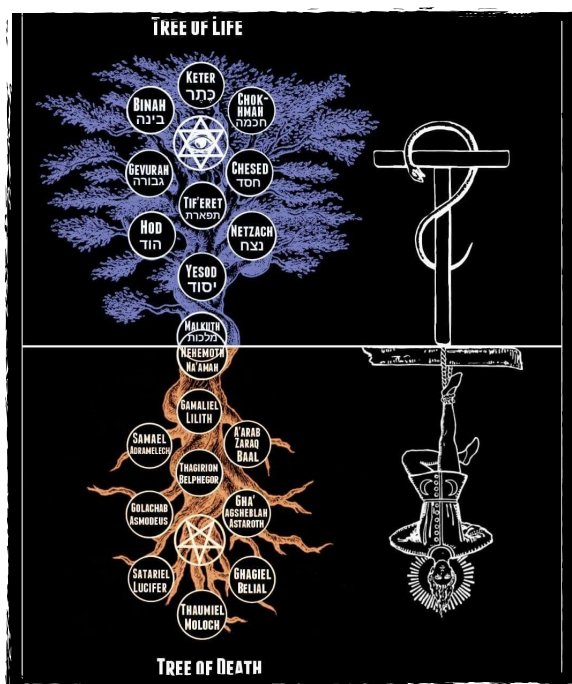
A lot more can be said about programming in VR, but in this context it is sufficient to know that they can put in the Kabbalah Tree with less actual physical trauma, but that the things they do in VR are beyond survivable in real life. So don't be surprised when you hear survivors talking about trauma that 'should not be possible' when they tell you how the Tree was installed.

Seven Trees

A survivor that has completed the programming will have up to seven main Kabbalah Trees he has to deal with:

- The **'micro' Tree** that is installed in the body
- The **four Trees** that make up Jacob's ladder and that represent each world
- The **Tree of Evil** that goes down into the underworld and that is connected to the 'Archdemons'
- The **Cosmic Tree** that is in second heaven.

Most survivors report that they feel as if there are two Trees going out of their 'belly button.' One is going up, this is the **micro tree**. And one is going down into the underworld, this is the **Tree of Evil**.



Moving up and down the Tree

The snake that is moving up the Tree is generational. It is often seen as an ancient snake that enters the life of a survivor at the feet and moves up to the genitals and there the snake splits into a female and male snake.

These two snakes move their way up and down the spine and are part of the energy circuit that runs through the body. For more information about snakes, see the manuals that are written about the Kundalini powers and the snake and serpent worship.



Travelling on the Tree, or '**climbing Jacob's ladder**' is one of the skills that most survivors will learn from a young age. In doing this, the different aspects and powers associated with the parts of the Tree will become part of their system and that is how you grow in ranking.

To travel up on the Tree, towards 'the halls of the unseen,' you need a vehicle. This vehicle is called the Merkabah or Metatron's Cube. Metatron

Metatron is an important figure in Kabbalah. According to the Zohar, Metatron is 'the holder of God's full authority' and 'the one who will redeem Israel.' He is both Yeshua and 'the lesser YHVH.' He rules the Sephirot tree from the top, Keter.

In Kabbalah Metatron is the spiritual force that is accelerating the redemption through the channel of Leviathan, the "holy serpent." As the "**holder of the keys of knowledge**," Metatron is the entity who will bring **balance** to the opposing forces of the shattered Sephirot tree.

Merkabah / Metatron's Cube

In Kabbalah, the experience of encountering Metatron upon his throne is known as **Merkabah Mysticism or Chariot Mysticism**.

This experience is based on the vision of Ezekiel in the first chapter of the Book.



In Merkabah Mysticism the goal is to travel up (ascend) on the Tree of Life. This is done with a 'Merkabah:' a vehicle used to transport a person to the third Heaven to behold Metatron on his throne. Another word for Merkabah is 'Metatron's Cube,' a **six pointed star**.

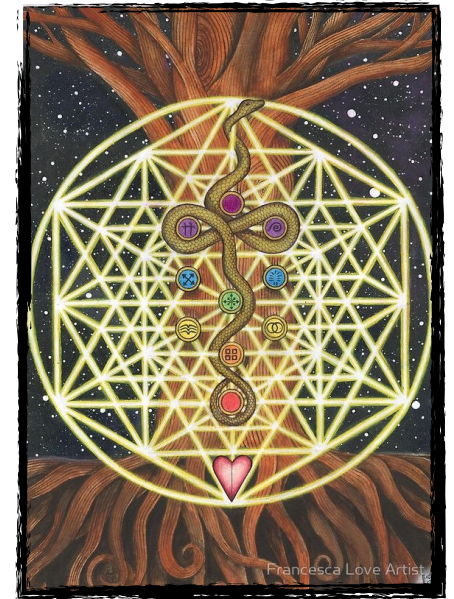
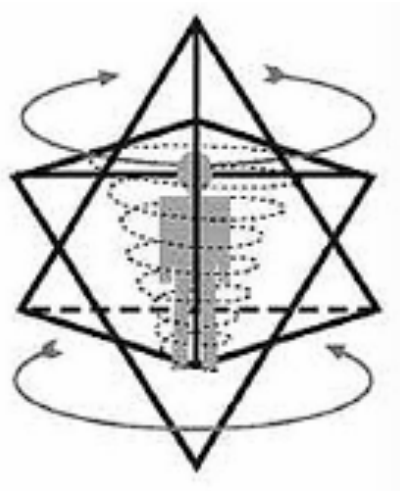


Metatron's Cube is also found on the Tree of Life, even though in a 'lesser' form. In sacred geometry Metatron's cube is made out of 13 circles that are all connected with each other. Out of this one figure, you can make all the 'Platonic Solids (see chapter on sacred geometry).'

On the Tree of Life Metatron's cube is formed by the 7 sephirot between Yesod and Da'at.

“Mer” means Light. “Ka” means Spirit. “Ba” means Body. Mer-Ka-Ba means the spirit / body surrounded by counter-rotating fields of light, (wheels within wheels), **spirals of energy** as in DNA, which **transports spirit / body from one dimension to another**.

MerKaBa is an inter-dimensional vehicle that is created when two star tetrahedrons are combined: one pointing up to the heavens, channeling energy down from the Universe to the Earth; and one pointing downwards, drawing energy up from the Earth. it can be viewed as a three dimensional Star of David.



A reversed Kabbalah trainer speaks²

Stella Katz

Warning

Much of the content of this article is really gruesome, so be prepared to be traumatized. I especially do not recommend that survivors read this, as it is likely to set off all kinds of conditioned reactions. For therapists, however, it provides incomparable information.

Editor's note

Survivor Stella Katz, who endured ritual abuse in her own childhood, worked as a cult trainer of little children, but was brave enough to leave the group and undo her own programming.

This remarkable article gives us information which cannot be retrieved just from survivors' memories of their own abuse, and that you will need to be able to recognize in your clients, so it is important for therapists to study it.

Remember that Katz was required to do what she describes here, and misled into believing that it was not the abuse that we, and now she, understand it to be. Below is a list of important points for therapists to note, as indicators of these experiences are commonly found among ritual abuse survivors but have not been well understood to this point.

1. The experiences of babyhood and infancy, which are often very difficult for a survivor to recall because of the way baby memories are stored in the brain;
2. The deliberate disruption of the mother:child bond to prevent attachment;
3. The early splits and the Gatekeeper alter;

Healing the unimaginable

4. The categories or blocks of alters and how they are developed;
5. The way the initial (baby) alters are created, and how other similar alters are deliberately split off from them;
6. The "playful" way the system structure is built;
7. Garbage kids, doubles and reactivators;
8. Touch triggers;
9. The use of spinning;
10. Deliberate preparation of the body for sexual penetration;
11. First, second and third circles for recruitment;
12. The details of each major ceremony;
13. The creation and training of demon and animal alters;
14. The use of the Kabbalah;
15. Booby traps;
16. Rewards used in training;
17. The helmet and other technology;
18. Occult belief systems;
19. The context in which ritual abusers operate, so that we can understand their beliefs and the reasons for their acts.

² Extracts taken from Healing the Unimaginable by Alison Miller

The Kabbalah and its inversion

*I want to make it very clear that **not** all Kabbalists are Satanists and **not** all Satanists train their children using the Reversed Kabbalah.*

The true ancient Kabbalah is a beautiful thing that takes a lifetime of training to integrate and apply in one's life. It is an ancient body of spiritual wisdom. The Kabbalah has always been meant to be applied as a tool to bring clarity, understanding, and freedom to lives, rather than being merely "learnt." It teaches its followers how to navigate through life without pain, suffering, and chaos.

Kabbalah is a comprehensive philosophy that cannot be explained in a few short lines.

Essentially, it teaches the person to integrate the spiritual with the physical in everyday existence. In Kabbalah, the person follows certain paths, using numerical codes and meanings in the shape of the Hebrew alphabet, to decipher the secret teachings of the Torah. As it does with all belief systems that it perverts, the Satanic version: or, perhaps, as it should be described, the "Satanic inversion" : bastardizes the practice of regular Kabbalah in a variety of ways. In the Satanic Kabbalah, the codes are still used, but they are taught using torture instead of meditation, and the Torah is twisted to make God the bad guy. To train children, Satanic Kabbalah trainers, in opposition to the practices of the regular Kabbalah, work from the feet up, rather than from the head down, their Supreme Being is Lucifer, and their angels are black angels.

I am a former trainer in a Kabbalah-based Satanic cult. I worked for them from 1971 to 1991. At the time I did this, I suffered from dissociative identity disorder. All parts of me except the host believed that they were doing the right thing in abusing children in this manner.

I am now integrated, and have been filled with remorse at what those parts of me did. But I am also aware that I became DID in childhood from the same things being done to me.

The philosophy of the group for whom I worked was: *"God is not the only one who can give. You do not beg Lucifer, you demand. You do not grovel on your knees, you stand face to face. Power is the most important thing in the universe. Without power you are nothing. Life is for taking, not giving."*

I discovered that the only thing I did was grovel: that I had no freedom at all, no matter how high in the ranks I got. Everything I did and said was what I was told to do and say. Eventually, I became sick of hiding in the shadows. I was sick of death. I was sick of watching children being tortured and told that this was love. I knew that there had to be more to life than *"kill or be killed."*

I am writing this because I want others to know that freedom is a wonderful thing, and it is attainable. I want to help therapists who seem to be fumbling in the dark, sometimes doing more harm than good, not because they want to, but because they do not have correct information. I want to give back some of what I've taken. And most of all, I want these groups to know that no matter how much torture they put us through, and no matter how many chains they put on our bodies, they cannot imprison our souls.

Occult belief systems

Just as there are many different Christian groups, there are a variety of different occult belief systems. Not all are the abusive or dark kind that creates mind control victims.

Magik is the occult practice of using a universal force or demons to get what you want in life. Death magik and sex magik are the two most powerful kinds, because they use the life force of a human for power.

The magik used by witches or druids is basically positive thinking, drawing on the force of many minds and the universal force. Satanists do the same, but in the negative, using demons for power.

In both Luciferian and Satanist belief your spirit does not belong to yourself or to God, it belongs to the devil. In strict Satanism, the entire goal is to prove that Satan is more powerful than God.

Since strictly Satanic groups use a system that is based on reversal of mainline Western religions, certain Satanic rituals reverse traditional Catholic ceremonies and symbols: the cross is turned upside down; the Holy Water is actual blood; instead of marriage to God, marriage to Satan; the Black Mass in place of the regular mass. Satanic abusers often meet in churches, and try to use as many sacred objects stolen from the church as possible in their ceremonies. This is to dishonor God.

Luciferians are more gentle than strict Satanists. They represent more of a religion than a revenge. Luciferians call upon Lucifer with the same respect as conventionally religious people give God. They focus less on attempting to prove God wrong and more on honoring Lucifer, and following his ways. More of the multigenerational groups are Luciferians. Like born:again Christians, who dedicate their lives and souls to their God, Luciferians do the same, but to Lucifer.

Some groups also incorporate ancient deities into their practices. Many of the ancient Pagan religions seem to share a number of lesser gods: a pantheon, as the ancient Greeks called it. Marduk, for example, was a lesser dark god, or a keeper of the gates to the underworld. In some religions he is a dark angel. Setians follow an older belief. Set dates back to the Egyptians.

Set is the God of Darkness. The belief is that Set is just another God among many, the God of the Underworld, the God of Death, the Mightiest of all Gods. Some men in the modern military follow Setian beliefs. Black Santerians, usually Hispanic, use black magik, demon magik, or Saints of the underworld. Black Santerians, like Satanists, practice a reversal of a positive religion.

When working with survivors, it is important to realize that the religious beliefs of the cult involved alters are real. Trying to change them is just like telling a Catholic that everything they have ever known is nonsense. The magical aspect of the religion is also a very important part of the belief system and must be dealt with. However, the spiritual or religious basis of the group is only one aspect of how the dark religions influence their participants. The other is mind control, which is based on abuse and deception.

Rationale for deliberately creating dissociative disorders in children

From what we had been able to establish through reviewing old writings, it is obvious that the splitting of children had been done for many generations in certain of these religions to release greater and lesser demons through children.

In the early days, when an alter emerged, it was seen as a certain demon by its behavior, and the group would call it by that demon's name. After a while the group could use the demon's name to purposely call it forth. However, when a demon came forth without permission: as most ended up doing: the child was usually subjected to exorcism by the church. Children that could not be exorcised would be put in an insane asylum.

Eventually, as the dark cults developed a greater understanding of the process and consequences of splitting children, their activities and systems they created became much more sophisticated.

We (by which I mean the training group for which I worked) purposely split children because when a child splits on its own, without any guidance, the alters that are created are unlikely to become productive members of the group, and cannot be controlled. We knew that a child who had to bear all the pain and torture to which we subjected it would die unless it had parts to absorb the trauma.

It was also important that the children whom we trained have a personality acceptable to the outside world, that could go to school and play with outside children without giving up the secrets.

Hierarchy of Satanic and Luciferian groups: first, second and third circles

The First Circle of the group in which I was raised consists of group members born of the First Circle or the higher echelon of the Second Circle. They are trained from birth in the ways described in this chapter.

The Second Circle consists of people not necessarily born into the group, but brought in at a very early age, usually before one year of age. For example, a child of a Third Circle member or a child recruited by a babysitter or neighbor. They also receive this training, though it may not start quite as early.

The Third Circle consists of people who have come in as teenagers or adults. If these people have children under the age of two, or very intelligent children up to age four, the children become Second Circle; children who are older remain Third Circle. They will become full-time breeders, prostitutes, or "gofers". They are never allowed to see all the intricacies of a ritual; they are kept in the back rows. Their bodies will form the outer circle but their backs will be turned, or they will be on the outside of the building. They might be told they are important because they must signal if someone comes around.

People who come into a group as teens or adults may not have dissociative disorders: after the age of nine you cannot split a person.¹

Reversed Kabbalah training

Goals, schedule, methods & technologies

Reversed Kabbalah training is a carefully developed process, with elaborate goals, a schedule, methods and technologies.

Props and technologies used for deception and training

A variety of props and technologies help trainers in these groups to create the illusions and affects that help them accomplish their goals. These include:

1. **"Stage magic"** is used to create non-human alters and simulate various false scenarios, including murders. This includes bags of blood, tape-recorded cries, costumes, stage scenery, projectors, and so forth.
2. **Drugs:** Different drugs are used for different purposes, such as to aid suggestibility, to restrain the child, or to whip him or her up into fury. Injections of sulfur or Naltrexone will create pain all over (a punishment program). Curare will paralyze the body.
3. **Spinners:** see the detailed discussion of this in the section on infancy.
4. **Red light flashing machine:** One way of making an alter believe illusions is through the use of a machine that flashes red light on closed eyelids. The perpetrators believe that when the eyelids are closed, light seen through them confuses the mind so that the person is unable to tell the difference between reality and fantasy. You can tell such people that what they are seeing is a spaceship and that they have been abducted by aliens. You can tell them that they have had surgery, and that a device for keeping track of them is hidden under their scalp. With the correct use of this machine, the groups believe that victims will believe everything they have been told.

For example, someone on whom a small cut or scar of some kind is done at the same time will believe that the eye of Lucifer has been placed in their stomachs to keep an eye on them, and they will believe it forever.

5. **Helmet:** The helmet is a piece of equipment used for imaginary brain surgery. Small electrodes in the helmet send small shocks to different areas of the head. This can be used as a form of punishment or to convince people they have had brain surgery. In punishment, these individuals are given a real scenario about something they have actually done (such as talk to an outsider), or an imaginary act, like killing a loved one or pet.

Each time they deny it they are shocked. The shocks get progressively more severe as they continue to deny until eventually they admit to what they have done. The trainer will get them to repeat that confession numerous times, while recording their words. They will often then be put on the light machine, and while the light flashes they hear themselves repeating whatever hideous crime they have committed in their own voices. At the end of the session they will believe they have committed the crime.

6. **Sensory deprivation room:** The deprivation room is a small soundproof and lightproof box. Sometimes it is lowered into a hole in the ground that is about two feet wide by three and a half feet high. The box has oxygen as well as stereo speakers. This is used for many different kinds of training, as well as for punishment. In training, the child will remain in the hole for hours at a time, with a tape repeating the same instructions over and over in a monotone. The child will then be removed, allowed to use the toilet, fed, and returned to the box.

When the box is used for punishment, no sound at all is piped in, or there will be a high-pitched, screaming sound; the child must remain there for a day or better, never allowed to use a bathroom and given no food or water. This box is also used for tone training. Different tones will be piped in along with a specific word or instruction. This will teach the child how to read sound signals.

7. **Sound machine:** The sound machine is simply an audio machine, similar to the one that is used to test hearing. It is a sound:proof box with headphones that produce different sound frequencies. The child is strapped into the box, and the trainer, from a room outside the box, makes requests of the child.

When the child does not comply, sounds are emitted. At first they are soft. Then they are louder and louder until the sound blows the eardrums, or almost does so. Survivors often have ear damage from this. The sound is initially used as a way to stop the "ignore reflex" in infants, at six weeks old. It continues to be used throughout the person's life as punishment for non:compliance or for talking to outsiders. All alters will be familiar with the sound used.

The sound is often used as a booby trap, set to go off if the survivor does not comply with a return program or request. During training, the child is told she or he has so much time to comply; then a trap is created so that the child cannot comply even if she or he wants to.

After a certain length of time, or after a certain date that has great significance, such as an anniversary or birthday, the trap goes off and the child is punished with the sound or a spin or an electric shock, or all of the above and more. Eventually the system learns the dates and what happens as a result of non:compliance, so the internal system automatically sets off the sound or other internal punishments.

8. **Electronic board:** This is a bed equipped with electrodes. It is used in teaching touch triggers. The child is hooked up to the electrodes. A small shock is administered that hurts but does not injure. It is accompanied by a repeated word or instruction. This lesson takes several months to complete. It will allow the child to be triggered by a simple touch, either given by an internal touch:trained alter or another person.

Each time a person/alter touches one of these triggers with a finger in a specific manner, the child will feel the shock and will bring forward a specific lesson or specific alter who will carry out the lesson.

The electronic board is used for many different things. Without a doubt it is the most effective kind of training. The touch must be done in a specific manner in order for the lesson to be triggered. This is so an outsider cannot set off the triggers accidentally.

9. **Virtual reality glasses:** These are a relatively new thing in modern day training. Since their invention, it has made illusion a great deal easier, especially for impersonation of therapists.

Role of the trainer

Most trainers of babies are young females, in their teens and twenties. The child has the same trainer for years:from birth to when they are "given," at age nine. During training, the baby is looked after by the trainer for two or three days at a time. The child is with the trainer for three days, home for three days, back and forth for months, until the mother is trained to maintain what the trainer started.

If a trainer starts to bond with a child, she has to hand the child on to someone else. The trainer monitors the child in the home and at cult functions. The trainer is in an emotionless alter when she hurts and splits the baby, unless she is not multiple and is simply sadistic.

Some trainers will smack the baby's face; some do not, because of the danger of brain damage. Some stab the baby's feet with extra sharp forks or fondue skewers. Exactly what is done when depends on the child's development.

The following describes what we did to the children we were training, and of course, what was done to me. It follows a chronological schedule.

At home during the first year of life

The child's primary guardian for the cult, who is often the mother but may be the father, another relative, or another cult person, must keep up the trainer's training at home. The trainers or programmers teach the parents what to do. The parents have to take notes, and are punished if the notes are not good enough. If the mother is too soft and cannot be trained to harm her child, the child is left to a specialized infant trainer until the age of two, then passed on to a trainer for older ages.

The following happens at home:

1. The child is neglected. The mother is not allowed to feed the baby consistently. Breastfeeding is not allowed.
2. The parent uses a home version of a spinner, like a baby weigh:scale, which spins the infant fast. It is a very smooth ride, and is not fast enough to cause shaken baby syndrome. Head and neck must be stabilized. This is used for compliance when the child will not stop crying on command, for example, or if the toddler will not stop touching something.
3. Colors made out of felt with little felt pockets are always kept in the crib. The mother has colored dolls made of hard foam (previously of cardboard) for the representations of the alters, and teaches the baby to put them in the pockets.
4. The parent shows the baby the magikal symbols in a game, and tells the baby what they are.
5. The parent uses touch triggers, especially Silence, taught with the trigger on the head and a hand over the baby's mouth.
6. The guardian calls out particular alters and speaks to them strictly in their own magikal languages. In the first few months, they are called out by using their name together with their unique touch.
7. The child is hurt without marking it. Its hand might be put over radiant heat, or it might be burned internally with a tiny probe.
8. The child is sexually abused with fingers and dildos. If the mother cannot do these things because she has bonded with the child, the child is given to someone else, or the mother has to take it to the trainers.

Preparation for sexual abuse

Starting at about two months, fingers are inserted in the child's orifices to widen the openings. This is done very carefully, so as not to tear.

Little boys' penises are stroked pleurably until they are erect. Little girls are also stroked, with jellies used as lubricants. By eighteen months the vagina or anus should be wide enough to accommodate a full-sized penis. The trainer shows the guardian how to do this. Once the fingers are no longer large enough, a kit is used with a series of size:graded, smooth wooden phalluses. It comes in a leather binder like a musical instrument case.

The trainer is trained to think that by stretching the orifice in this way, she is protecting the child from physical harm and intense pain when the child is later raped. The trainer teaches this to the guardian. If the child comes back to the trainer bruised, the guardian is punished and chastised; the kit is taken from her and the trainer continues the job.

Bonding to group rather than family

Very little takes place in the first two weeks of life except the bonding with the parent and trainer.

The baby's bond with the mother and the trainer is established in the first two weeks. Then later the one with the mother is broken. The child is passed around among the group members, so that a bond to the group will replace the maternal bond.

The child is taken out of the home, and cannot see the mother except at a distance. It is teased by being shown the mother at a distance, and told, "If she loved you, she'd be with you." The baby is made excited : *"Mommy's coming!"*

Then Mommy comes and walks right past. The baby is kept away from the home for the length of time it takes to break the bond with mother. The child never really trusts the mother again.

The trainer will always be the rescuer. A cult child rarely "makes strange" (that is, rejects strangers and clings to the mother) because it is accustomed to strangers and does not have an exclusive bond with its mother. It is passed from pillar to post. It is used to being in crowds, and will go to anybody.

Deliberate neglect

The infant up to six weeks of age is allowed to cry endlessly while its basic needs are ignored. Once the baby stops crying, its needs are attended to. During this time the child remains in the home unless the trainer feels that the mother cannot or will not do what is needed for the child.

The trainer monitors this child daily to see how it is responding. As the baby becomes accustomed to neglect, it learns to calm down in minutes instead of hours. It is monitored during this process. A child of that age can be abandoned for up to two days, depending on its size. Doctors give their opinions on what 'the child can tolerate without physical damage.

The not-yet-split child is spoken to in only one language, the mother tongue. The child's name is used constantly. The main teaching between six weeks and six months continues to be that its physical and emotional needs are to be ignored.

The child is still severely neglected, left to cry for hours. It is not fed on any specific schedule. It may be fed twice within an hour, and then left for twelve hours with nothing to eat or drink. It is left cold and without any diaper change, and it is not held or touched at all.

Its hands and feet are bound so that it cannot comfort itself by sucking a thumb. During the first six months the baby is taught to dissociate its own pains and needs.

Milk and blood

The baby is rarely breast fed, as this creates too much of a bond with the mother. However, the mother's milk is used, as babies prefer the taste and will accept it more readily. The milk is mixed with small amounts of the mother's blood so the child gets used to the tinny taste. (Contrary to popular belief, the child is not fed whole bottles of pure blood, as that would make the child ill and unwilling to accept what you are trying to feed it.)

Fear training

Loud noises are often used to frighten the child, in order to see how long it takes to settle down. Frightening sound is used from Day 1 to get the child past the ignore reflex. The trainer wants the child to be frightened. The child is forced to listen to such a sound over and over, now and at a later date, to teach it to be on guard and fearful all the time. The child is given no chance to calm down; there is no real comfort, ever.

Color training

From birth the child's crib is surrounded by color. There is a black crib sheet on the bottom, a red panel on the right, green on the left, blue at the head, yellow at the feet, and white on top. Faces in black and white as well as magikal symbols are stuck to the color sheets.

Dissociative testing and application of results

The faster the child settles when it has been frightened, the easier training will be. This also means the less the child will have to endure in the way of pain. This begins the weeding out process, through which the children are chosen to lead or to serve. Just because a child is the first born of a member of the inner circle does not automatically make it High Priest / Priestess material.

If the child tends to be placid it is trained easily, but from the perspective of the trainer it would be unlikely that such a child will be trained for the highest positions. The child with the strongest will is considered to be more intelligent. It was Lucifer's strong will that won him the position of Prince of the Underworld, instead of one as God's flunky.

Therefore, the strong-willed child, who is harder to train at first, will be seen as a true child of Lucifer. Lucifer does not want anyone who is willing to bow and scrape. Remember, in Satanic prayer, the petitioner demands, she does not beg and plead. She or he stands on her or his feet, and does not bend the knees and grovel. Therefore, it is the children that are the hardest to break that will be the rulers of the underworld, and the right hand of Satan.

The first splits

Between six weeks and six months of age, the trainer begins to deliberately split the child.

The Firstborn

The physical child that is born is the "birth child". The "Firstborn", who is the same gender as the person, is "born", or created, from the first split, and will serve as guardian or caregiver to the birth child. It will forever know what is actually going on in the person's life, while being shielded from the pain that could kill the person. All other parts come from the Firstborn.

The Gatekeeper

The next part to be split off will be raised as Gatekeeper. He or she will always be present at the birth of a new alter. He keeps the records for the developing system and the order of the splits. The Gatekeeper is never hurt after his birth. He holds everything back, and observes everything that happens. He will raise the new parts if they seem worthy or junk them if they are not. The Gatekeeper is told that he is in control of the mind and all emotions. The only alters not recorded by the Gatekeeper are accidental splits which can become "floaters" or remain stagnant.

These two first split alters are the same age as the body. They grow up with the body because they do not receive further trauma.

The thirteen blocks of alters

The group that follows will be intended to remain children or animals or demons. The trainer builds on the infant's initial dissociative training and attempts to split the child further. The foundation created by the first splitting of alters usually consists of thirteen "blocks" (alters of particular job categories who will be the sources of further alters of those categories). It might also be based on a number divisible by three. The triggers to bring the alters "out" in the body mostly correspond to the chakras, as well as to stations of the Kabbalah.

The types of alters are: spirit, language, guards, touch, magik, sacrifice, pain, sex, demons, animals, re-activators, doubles, and garbage kids. The "locations" of these alters (the blocks), and the triggers to bring these alters out in the body mostly correspond to the chakras, as well as to stations of the Kabbalah, as follows:

1. **Spirit:** head, third eye (middle of forehead)
2. **Language:** throat, thyroid chakra
3. **Guards:** palm of right hand
4. **Touch:** palm of left hand
5. **Magik:** heart chakra
6. **Sacrifice:** solar plexus chakra
7. **Pain:** sacral chakra
8. **Sex:** genitals (sex chakra)
9. **Demons:** right knee
10. **Animals:** left knee
11. **Re-activators:** right foot
12. **Doubles:** left foot
13. **Garbage bin:** on the behind, tailbone area

How the child is split

To create the splits, the child is bombarded by constant annoying sounds, its feet are jabbed with needles, and small electrodes are placed in every orifice. Small shocks are administered, not to burn the child, but just to make it hurt as much as possible. The trainer watches carefully. It is believed that the moment of a split occurs when the child's cry becomes a hooting sound, similar to that of an infant going through drug withdrawal. Its eyes roll back in its head, and it becomes suddenly limp and silent.

At this point the trainer has a window of fifteen seconds to one minute in which to name the new child alter, and assign it a color and a magikal symbol. The trainer wears the color with a symbol in black on the trainer's shoulder or chest. The trainer then picks up the child and wraps it in blankets of the color it will be assigned.

The child receives care for approximately one hour, in a very loving way. It is fed, bathed, changed and caressed. It is continuously spoken to in its own language, which may or may not be the mother tongue, using its new given name. Then it is rocked back to sleep. Once the child is asleep, it is returned to its mother until the next time it is brought to its trainer, which usually occurs two to three days later. This whole process can take a few hours or several days, depending on the child.

The task of the first few alters is to guard the "firstborn," who will not be not used again after the foundation is built. All of the other alters are told that without that firstborn, they would die. The firstborn is considered to be the body and soul; the others are "renting space".

Record keeping

All the child's data is recorded in a small book the trainer keeps. Data will include what was done, the exact amount of time it took to make the split, and what worked best to achieve the splits. The names of the child alters are recorded, along with the order of birth, the sex of the alter, what color and symbol was assigned, and what language they speak. A record is also kept of the type of "physical body" the alters have been assigned: human, animal or demon.

The Kabbalah on the body

An internal Kabbalah is installed when alters are split off. In most cases, binding and hurting parts of the body is sufficient for this. A cardboard cutout of a body, called "Kabbalah," is held where the baby can see it. Somebody points to a spot on the cutout while the baby is probed or stabbed at that spot on its body. The cutout is marked into layers. Initially, there are just three layers-from genitals down, genitals to throat, and head. As the child gets older the body is more differentiated.

The foundation of the first year

This includes:

- ◆ Original alters (blocks) with colors, names, touch triggers to bring them out, and locations in the body and in a cube.
- ◆ Compliance training.
- ◆ Spin training.
- ◆ Silence training.
- ◆ Training not to taste.
- ◆ Basic touch triggers to bring out alters, and to enforce compliance, silence, and not tasting.
- ◆ Some other triggers, e.g., sounds and smells.

Building the system structure

By the age of six months, the child should have at minimum 18-20 alters with distinct names and colors. This number is needed so that there will be some to fall back on if some of the splits are found to be untrainable.

Now, the visual form building begins. The child (each foundational alter) is placed in a boxlike playpen with cloths of certain colors on the walls. Each wall cloth contains small pockets. Small cardboard figures are used for what appears to be a game. The figures are male or female, animal or demon.

Each wears the color that corresponds to the name given. The names are printed on the chest and the magikal symbol is drawn on the abdomen. As the trainer shows each figure to the baby, the figure is called by name in the language that corresponds to the name. The little figure dances happily into its slot on the wall. "This is you ... Where do you live?"

The trainer talks with the child about the other foundational alters and where they all live. Each foundational alter learns the location of all the other foundational alters. Later, each foundational alter will learn where all those who split off from it live.

After a few tries, the trainer gives the child the figure, and helps guide the figure into the slot. The children are very responsive to this activity. It is fun for them, because it involves little figures, bright colors and a great deal of attention from the trainer. No torture is used in this game. This also makes it less likely that the person will remember it in therapy, as therapists tend to pursue discussion of traumatic events. Also, non-traumatic events from infancy are not available to explicit memory.

It takes a couple of months to build a base. The trainer tries to have it done by the time the child is 6-10 months of age. Internal structures are fixed by the trainer and the specific group. They are purposefully designed so that the trainers can easily retrain alters over time. Some groups use structures consisting of geometric shapes; others use trees; others use the Kabbalah.

Each structure has a department head and workers. Colors and symbols categorize different groups of alters.

Only the department heads know what the structure is based on. This is important for therapists to understand, as it is easier to go through the system once you know the physical look of the structure or structures.

In a reactive multiple (one not deliberately trained) any internal structure that exists is created spontaneously by the person for the safety of the system. It is not based on a hierarchy or the purpose of later use and is usually not elaborate. Most common are houses or boxes that serve no purpose other than as places for alters to live while inside.

Insertion of touch triggers

Once the child has a few of these little characters placed properly every time, the trainer can begin to inset basic touch triggers. Touch triggers are very important for the control of the children. A lot are put in during the first year. To the outside world, most of the program touch triggers look like loving touches.

The child is made accustomed to specific places on the body being made to feel more meaningful, being stroked, etc. These spots, at the acupuncture points, are mapped out on the body as the child starts to learn her programs. Touch triggers are often taught through a combination of games and pain. Each program has a trigger in each sensory modality. A baby really begins to find parts of its body; those parts are intentionally hurt. Triggers are repeated over and over while the child is in a semi-conscious state from drugs and punishment. The machine that flashes red light on the child's closed eyelids is used here.

Silence touch

The first touch trigger to be inset is the Silence touch. If a child has had a slip of the tongue in public, the crown trigger, found at the crown of a child's head, is touched in a loving way by the parent or guardian. The child will fall silent. To create this lesson, the trainer gets the baby babbling any way she can. Then the trainer touches the child's crown and says "*Shh.*" The touch is paired with putting a plant in the baby's mouth that makes its tongue swell, or with an electric shock.

If the baby cries during training, the trainer repeats the touch and sound and covering of the mouth again using a louder voice. This is repeated until the baby figures out that it must be silent. It can take days, or only two or three tries. Another silence trigger is a little rub at the dip at the base of the back of the neck.

An outside person observing the parent touch the child in this loving way would never know the child is being silenced through mind control.

The use of spinning

When a person is spun, he or she becomes ill and afraid, angry and thrilled - many different physical and emotional sensations are created. Spinning simply transfers these sensations to those alters best equipped to handle them, as alters tend to specialize in particular sensations.

Thereafter, every time the individual remembers anything associated with that kind of abuse, they will be brought back to that original memory and have the sensation that they are spinning.

Compliance training

Spinning is meant initially as a form of compliance training. From the very beginning, the baby is taught compliance and obedience. The baby is spun in the small cot fitted with padding that resembles a baby weigh-scale that was mentioned earlier, on a spinning chair, or attached to a device like an electric potter's wheel. The baby cannot see out. It is prodded until it cries. The crying baby is placed on its side so that it does not choke when it vomits, and secured using rolled towels or foam blocks.

It is spun slowly to begin with, increasing the speed as it goes. An annoying noise is made at the same time. When the child is exhausted from crying and has been sick several times, it stops crying. At that point the spinning is stopped. This process is repeated many times, using each alter. It usually takes several weeks before each alter has had its turn. This will be done over the next two years every time the child is disobedient.

Spinning teaches these children that they have no control over their own bodies. The child's head can flop, though their wrists and ankles are tied. Spinning makes the children physically ill, sick to their stomachs, but no help is given; they are spun until the screaming stops. The technique works better when children are not fighting. Small amounts of drugs are administered to calm children who fight a lot so they give up faster.

Sometimes mistakes are made in the spin training. These children can get "shaken baby syndrome" and can be killed.

Distributing lessons

After the child reaches the age of two, commercially available spinning chairs are used. A child is spun until it vomits while particular words are repeated over and over on tape such as Die or Kill or Silence. This is done to teach the child's alters to come forward quickly to take parts of the child's pain, fear, and nausea, or different illnesses.

It teaches the alters to share the lesson being taught. Some lessons, such as suicide or homicide, must be held by more than one alter in order for the target behavior to take place, so that one alter cannot kill the entire system, or one alter cannot kill another member of the group. Because of this kind of security measure, the majority of people only injure themselves rather than die in their suicide attempts.

Basic lessons for each child

1. Total compliance.
2. Loyalty to the group.
3. Silence.
4. Do your job to the best of your ability.
5. Replenish the group through breeding or recruitment.

The first three lessons are taught when the child is under two years old.

Training not to taste

At ten to twelve months there is training to shut off the ability to taste. This is done (using little sniffs of ammonia) so that the child will not be able to taste sacrifices. The trigger is a little circular counterclockwise motion with a finger on the tip of the nose.

Satanic baptism

The ritual of Satanic baptism occurs when the child is between twelve and eighteen months of age. The child is starved and isolated for two to four days (depending on the size of the child). Following this, the child is bathed and anointed with fragrant oils. During the ceremony, a man in a devil suit rapes the infant, vaginally for a girl and anally for a boy. This is considered a great honor for the child.

Because the child has not given its body freely in its sexual encounters with group members (it is taken), it is still considered a virgin. When children give their bodies "freely" at age nine, they are seen as losing their virginity. All parts of all group members (other than their host alters) truly believe that this is the right thing to do.

Before baptism the child is not involved in worship services. After baptism, it is involved in all of them. It is "free to participate" in orgies. In these situations, adult participants can do anything they want to the child, unless an older child tries to protect it by taking it as its partner for the whole night. The women lick the infant's genitals and give it their breasts to suck. Usually the child is eased down on to an erect penis, and the rapist pulls out when he feels resistance. Those who have sex with upper echelon babies are all upper echelon, and know how to do this. (In orgies, everyone has sex with only their own level.)

Preparations for future indoctrinations and trainings

At around three years of age, preparation begins for the Satanic rebirth ritual. Starting at age three, the child is taken out to cemeteries, and put inside open graves or mausoleums. Dirt is thrown at the child, and it is told that it is dead. The child is taught that it is born of Beast rather than of man, that man is nothing and that Beast is everything. The child is also taught beginning magik spells.

Building foundational blocks of alters

The trainer concentrates on building one specific block of alters at a time, filling it fully. Each original block alter is split through torture,² usually administered to the part of the body where this alter resides. The system is built like a giant jigsaw puzzle.

After the blocks of alters are created (see below), they are trained using a combination of torture and pleasure for ceremonial and teaching purposes. Alters from different blocks work together to make events happen. Cutting the person's arms, for instance, involves somebody from Pain, somebody from Touch, somebody from Emotion, and the Gatekeeper.

Guard block

The Guard block is usually built first, when the baby is between the ages of twelve and eighteen months. The original Guard alter is tortured by burning or electroshock to the right hand to create a group of new Guard alters, in a number that is divisible by three (usually six).

The new Guard alters are placed on the right hand in the reversed Kabbalah, and their representations are placed on the walls on the right and left sides of the child's box or crib, three in each color block. Their names will all be similar. Guards, usually male, are sometimes just labeled with numbers attached to the same name ("Michael #1, Michael #2", etc., M1 and M2 for short). Even though the child is too young to understand, these alters are told they are very important because it is their job to protect the body.

When these alters are older, they are trained using strength. Physical fights and beatings are used. The alters must not stop fighting their opponent no matter how badly they are hurt. Aggression is rewarded. A show of fear is punished.

This group's psychic ability is also trained. They are trained to feel others' emotions and to psychically see at long distances. The CIA started using this tactic several decades ago, calling it "remote viewing".

Language block

The next block, the language block,³ is made between eighteen months and three years, depending on the child's linguistic facility. The language alter is split through torture to the throat, usually using plants that cause the tongue and throat to swell. Two alters are created for each language that the child will learn. They are placed in the thyroid chakra, and in the box they are placed on the wall behind the head. The language blocks alters are always given names in their mother tongues.

The block used for language is not treated as badly as other blocks that are created in this age bracket. Language is mostly taught with age dependent rewards. Younger children (1-3) are rewarded with affection and candy, older children (5-10) are rewarded with money, and young teens are rewarded with money and sex and favors such as having more honored parts in rituals or holiday celebrations. This block is trained like anyone else learning a new language.

The faster an alter picks up the language, the more he or she is rewarded. Alters who are lazy or cannot learn the language are punished or replaced with ones who can learn quickly.

Touch block

The touch block is begun at eighteen months through dislocating the fingers of the left hand or making cuts in the creases between the fingers. Usually about fifteen Touch alters are created. The head Touch alter is in charge of being aware of exactly what it takes to harm someone else with a minimum of damage, and how to do such things as putting a nail through a hand or slicing a sacrifice with great care.

Below this is an alter who is in charge of cutting or any kind of mutilation of the person's own body. The alters below that are in charge of setting off the triggers for harming their own body (by thought, not by actual touch).

Some of this group are in charge of setting off self-harm programs in other people through those people's triggers. Names are similar to those of guards.

Demon and animal blocks

It is important to remember that not all of what is seen or believed by members of these groups is real.

For instance, you know there are alters who believe they are cats or dogs or snakes or demons, although you also know they cannot possibly be real. But to the alter they are as real as you or I. Tricks, technology, and "stage magic" are used to deceive the child. These are regarded as legitimate parts of magik.

The Demon and Animal blocks are built before the age of five years from harm to both knees. Doctors are involved as consultants. The child, drugged with hallucinogens, is in an altered state.

For demon and animal alter creation, puppets are used to simulate demons. The puppets are operated from above, and some are spiked. Some are hand puppets; others are on strings and fly in the air. They come at the child, who then gets a shock. The child is strapped down and wired.

Probes are used to create pain. Some demons appear to fly right through and inside the child. This is done in an empty room with white walls on which the demon pictures can be projected. Finally, the "Granddaddy of All Demons," a man or teenage boy in a costume, rapes the child.

Little girls are raped anally as well as vaginally. Little boys are raped anally while the penis is manipulated, and then they are raped orally. The rapist is using a drug that maintains his erection.

This takes place during a long session, lasting through the night. More than one perpetrator is present. One operates the puppets. The trainer does all the vocalizations-making demon sounds, and giving each demon a name and a job. As many demons and animals are made as possible, from two to twelve.

After the rape, while still heavily drugged, the child is decorated with theatrical makeup and corresponding tail and horns. When he or she "comes around", the child alter is told that it is a puppy, pussycat, or snake, or a demon, gargoyle, or devil. The alter may be a demon in the shape of an animal, or just an animal. The child is shown a small "mirror" that is painted with the image of an animal or a demon, and told this is him or her.

For example, the "cats" are kept in a dark room, until their eyes become accustomed to the darkness. Objects are coated with neon paint. The children are then told that cats can see in the dark. A black light is turned on, and the objects glow in the dark, making the children believe they can see in the dark like cats do. When the child has been shown it is a demon, an image of fire is projected on to a screen hidden behind a wall of smoke. The smoke has been created by dry black ice that has a red lamp shining on it. These children are told the fire will not burn them because they are from hell. In their drugged state, they are walked through what they perceive as fire. "Snake" children are bound with gauze and plastic wrap so they cannot move their arms or legs, then are placed on the ground and told to slither like a snake.

The purpose of the demon alters is to keep the child in line and in constant fear of being grabbed and harmed by a demon. They represent actual demons, just as idols may represent deities in the Hindu faith. A total of thirteen demons are wanted, including the original one, and six animals. The job of demons is to come up during rituals and during times of potential disloyalty. If the child is about to disclose something to an outsider, a demon will come up and scare him, so as to ensure compliance. The demons are set up in a hierarchy. They are given names of actual demons. Animal alters are used for purposes consonant with that animal's nature, such as a cat for going through the bushes at night.

The large animals such as dogs are also used for sexual intercourse with real animals. The child usually gets to pick their own animal names.

None of the children who are programmed to believe they have animal or demon alters are beyond the age of five years. This appears to be the best age in which to create these kinds of illusions. The group will be very careful to maintain the age of these alters. Beyond that age they would tend to question, and the illusion would be broken. If you come across a cat or dog or snake or demon when working with a client, remember that it is not likely to be more than five years old.

Painholder block

Built through pain (cramps) in the lower abdomen, the Painholder block includes three or four alters who inflict pain on the child's own body: three to six who block pain, and a smaller group of no more than three who inflict pain on others. Only one of each type of pain holder is kept in the Painholder block; the rest are shared among other blocks. For example, some might be put in with Demons, some with Guards, some with Touch, and some with Animals.

Sex block

Sex block alters are created through sexual torture. Once the splits are made and the names and jobs are given, the pleasure can begin. The child is taught to masturbate, and the trainer, guardian, and other group members masturbate the child.

The child is taken for entire weekends of nothing but sexual pleasures. While sucking breasts, it is taught to enjoy being masturbated.

The number of Sex block alters depends on what echelon the child belongs to. Higher echelons (children destined for higher roles, depending on how they tested in infancy) have fewer such alters than lower ones such as simple breeders.

Little nymphomaniacs are created for prostitution. These include masochists and necrophiliacs. Some breeders are trained to become sexualized at ovulation time. Some alters are designed specifically for sex magik. There are also sexual perpetrators, including necrophiliacs, who are usually male alters even when the body is female. The masochists are also usually male. There are male-bodied breeders, used for stud.

Masochist and perpetrator alters

The perpetrator and masochist alters are trained between five and seven years of age. First, the masochists are taught to hurt themselves. Every time they hurt themselves sexually they are rewarded with treats, candies and praise. A Pain alter is brought forth to share the outside body with the Masochist alter, so that the child is not feeling the pain s/he is inflicting on his or her own body. Each time the child escalates the level of self-harm, s/he is given a bigger reward. Once the child reaches a specific level, other children his or her age are brought in to do things to that child. The perpetrator child is rewarded for hurting the masochist child, while the masochist child is rewarded for enjoying the pain. Both children have pain-holder alters co-present with the sex alters. Those of the perpetrator child hold the empathic, vicarious pain.

At a certain level of tolerance and enjoyment, masochistic alters are brought forth to abuse themselves on the altar to show their abilities. This is done in an official ceremony. The alter is praised by the whole group.

Then the Grand Master or person in charge of the service is allowed to hurt the child sexually while the child enjoys it. This is usually accomplished via the vicious anal rape and biting of the penis for a boy, anal and vaginal rape for a girl.

The child is given sexual stimulant drugs during the orgies, and the sexual perpetrator alters are deliberately brought out. They see people having intensely pleasurable sexual experiences while harming or being harmed. They are allowed to go around and feel anyone's bodily parts. Masochistic alters are also trained during orgies. They are given pain-killing drugs, almost to the point of nerve blocks, so that the masochist feels as little as is physically possible until the physical stimulation (pain) reaches a certain level of intensity. These alters learn to need pain in order to achieve release, and experience it as pleasure.

Training to kill

The big ceremony for the perpetrator alter involves killing. The sexual perpetrator alters are also the killers. When these alters are first created some of them are put in the section with the Sacrifice alters. Prior to the ceremony, the alter has been taught not only to harm a masochistic child, but also to harm small animals, usually their own pets (such as kittens). They are allowed to have a pet for about two weeks, then have to kill it. Before killing, they have to sexually mutilate it. Ultimately, they are bonded for three to six months with a "disposable" child (an unregistered birth), whom they have to sexually mutilate and then kill.

Necrophiliac alters

The necrophiliac alters are taught with cadavers. A Sacrifice alter is brought out with them. They learn to slice a certain muscle in the male cadaver's abdomen, which can then be tugged to cause an erection. Then they mount the cadaver and have intercourse. The first time, the child has been sexually stimulated almost to orgasm before being put with the body. Oil of Wintergreen has been administered to the genitals, which then feel too hot, so the cold cadaver feels soothing. At age eleven or twelve, a necrophiliac alter is thrilled by intercourse with a cadaver; it is an honor. Earlier, they do not like it much because it is cold, but the child is praised a lot for this kind of performance, and by eleven or twelve vaginal secretions take the chill off for a girl.

Sacrificial block

The Sacrificial block of alters is created between five and seven years of age using torture to the solar plexus. Alters in this group are trained to do killing, cutting, and skilled dissection.

Alters of the Sacrificial block spend most of the time being tortured. They are put in a pit, starved, beaten, and taunted with little bits of food hanging down out of reach, having only rats or putrid things thrown in for them to eat. This makes them full of rage. However, the goal is for them to be trained to feel less.

Rewards are given for showing little or no emotion. The more they can endure without emotion, the more they are rewarded. These are the alters who endure the worst kinds of torture. These alters will be put in small holes with rats, or in graves. These must kill their beloved pets or siblings.⁴ By the "age of giving" (nine) they will already know how to skin and dismember an animal or fetus.

No weakness will be tolerated in this block of alters. Any sacrificial block alter who shows one sign of compassion will be tortured for long periods of time, or "destroyed" (taken to the point of unconsciousness or temporary death, and never revived).

Re-activators, doubles, and garbage kids

Re-activators are alters created specifically to retrain a wayward alter who has forgotten his or her training or chooses not to do it. Doubles are simply "backup" alters, to be used while the original alter is being retrained. If the alter cannot be retrained, the double will stand in its place and do its job permanently, while the original alter is discarded. (Often if an alter "changes sides" in therapy, its double will appear to do the job it used to do.)

There is a dump-a garbage bin is a place in the mind, similar to a prison-for discarded or untrainable alters, called "garbage kids." Garbage kids are alters that would not comply in training, or could not learn quickly enough. The trainer either takes them to death point (via drugs or severe electric shock) and "kills" them (stops the heart briefly), or simply never calls them out again. The rest of the system may believe these alters are dead, or at least that they are not as good as the others and not worthy to be alive. Once in the dump, they never leave.

When trying to take apart any lesson, it is important to include any garbage alters (as well as doubles) who were present, or the lesson will simply be re-activated or regenerated.

Satanic rebirth ceremony

The alter that will head the inside world is created during the rebirthing ceremony. This takes place around the time the child is six. Children are prepared for the ceremony by learning chants and prayers.

They are taught to crawl through a hole that has been cut in a piece of wood and fitted with a piece of tight flexible rubber. They are not told what they will crawl through for the ceremony. It will be the decomposing carcass of a cow, large goat, or sheep. These children are taught that they cannot enter the kingdom of darkness unless they are born of blood and beast. This is similar to, but a reversal of, the Christian belief that only those born of water and the holy spirit can enter the kingdom of heaven.

The child is drugged and placed naked inside the carcass. He or she is sewn into the body.

Upon awakening the child becomes terrified and thrashes around. The hand of the deliverer is inserted and the child is brought through the opening in the animal. In the meantime, the child, used to splitting when frightened, has formed a new split. This child alter will usually be given a demonic name by the deliverer, who tells the alter that she or he is in charge of all the others. This new alter will control all alters of the cult side. The others will learn to fear and obey him or her.

If an already existing alter emerges during the rebirthing, it becomes the new leader. If that alter is strong enough to take the rebirthing without leaving the body, it is strong enough to lead the entire system, so it deserves the position.

Training from ages six to eight

Suicide training

Suicide is taught after the rebirth and is attached to Loyalty programming. Once children are old enough to understand the concept of death, they are told that if they are found out by anyone outside the group, they simply must die. This is why so many survivors who have never before attempted suicide begin these attempts once they get into therapy.

This is also why so many kids in foster homes attempt to kill themselves or run away. For these people, suicide is not from "low self esteem," but because they have been told that the outside world is not as perfect as they are, so they must not allow themselves to be defiled by the filth of the outsiders.

This viewpoint is similar to white supremacist beliefs. It is also important to remember that several alters have to be involved via a spin before an attempt will be successful (see the section on Spinning).

The group will only allow the system to successfully suicide if an "outsider" (such as a therapist) has been allowed to come too close to the core, or to tamper with a lesson that they should not have opened.

The Kabbalah-trained alter will have many of these lessons throughout each important path. The system will also be allowed to die if the person, along with an outsider, reaches the angel at the end of a path, or if they tamper with the path. This is known as a booby trap. This will be discussed in the later section on walking the Kabbalah pathways.

Sexual training

During this time the child's sexual alters continue being taught how to sexually please adults, as well as themselves. The child is greatly rewarded for this by adults and other children, with praise, treats, and sexual pleasures.

Training regarding urine

Children are trained to hold urine for long periods of time, as it has been found that a full bladder actually aids in sexual arousal. Also, blood is mixed with urine, ashes, and wine for a Black Mass. The child whose urine is used is rewarded. During orgies, often a child will be asked to urinate on someone with t~at fetish, as a sexual stimulant.

Preparation for marriage to Satan

At age eight, the children begin preparation for when they will be given as brides and consorts of Satan. The head alter of the inside cult world will select the alter to become the bride. This alter is taught special prayers and chants in the chosen language, as well as spells in sex magik. Those children who are still physically too small to receive a full size penis comfortably will receive more physical preparation. Most of the ones who are not large enough are members of the second or third circle, who came in at an older age.

Marriage to Satan

Children are given as brides and consorts of Satan when they are nine years old. They take vows to Satan to love and obey Him, to give themselves to him freely in body and soul. This is the first time they "officially" lose their virginity.

They are prepared physically by their trainer. They are bathed in special oils. They are taught prayers and chants. They are painted head to toe with colors signifying their rank and circle.

The alter that will become a priestess or breeder is called forward. She is dressed in white and drugged with pain killers and hallucinogens. She is then walked to center circle where she takes part in a Black Mass.

During the offertory part of the service the children are called forward and raped either by a member of the congregation dressed in a costume of Lucifer, or by the Grand Master or High priest, who uses a phallus with sharp spikes sticking out. After the service these children will become permanent parts of the circle.

Reaching "maturity"

Between eleven and thirteen, the female child will conceive for the first time. The firstborn male child is killed in a sacrificial manner during its first weeks of life. Simply put, this is what Lucifer demands. The belief is that the energy of the child's life force is given to those who encircle it.

At thirteen the child becomes an adult, and has something similar to the Jewish rite of passage for that age, the Bar or Bat Mitzvah. The cult version is celebrated with the child's first orgy, that is, the first one in which he or she freely participates as an adult. The adult gets to choose his or her partners instead of being taken by anyone, gets the say in what is done, and is given as much pleasure, without pain, as possible.

Beginning of Kabbalah training

After the sacrament of marriage to Satan, the children begin training on the Kabbalah. The Jewish Kabbalah, or "tree of life," is a structure like a tree, with pathways representing different aspects of sacred mysticism. It also represents the shape of the human body.

The occult reversed Kabbalah groups use literal pathways and harm the literal body of the child. The Kabbalah, which was initially presented to the baby on his or her own body, is now represented in the training center both in that way and by pathways along which the child must walk.

Most paths contain thirteen doors. Each path has a guardian at the opening and a black angel at the end. Doors on the first path always contain the first symbols of the major triggers of obedience, such as roses, sounds, smells, words, or music.

The path is set up such that one door is the trigger, one door is a punishment, and one door is a pleasure. You may get two pleasures, one pain, and three triggers, or the other way around. The Trainer sets up the path according to a set law, but to the victim it appears to be completely random.

Twisted shapes of the alphabet as well as magikal symbols are used as a code of trail markers, and to bring forth specific lessons and alters. Different places in the body contain different lessons and codes. Only the Highest Jobs (high priest or priestess) will ever reach the head of the body, or be one with Lucifer.

Kabbalah levels and lessons

In each lesson of the Kabbalah, there is magik. Each spell accompanies a very important lesson. In therapy, it is important to remember the magik and the spell-work that go along with each path. Leaving this out would be the same as removing only part of a cancerous tumor. It would eventually grow back and spread throughout the entire system.

The bottom part of the body of the Kabbalah is for the Third and lower Second Circle. The mid section is for the higher Second and lower First Circle. The upper section, excluding the head, is for the rest of the First Circle.

The head is only for those who will become High Priest and Priestess, Grand Masters, or above. These children learn different lessons. They have to endure more physical and mental hardship and perfect their knowledge of secret languages. In the upper part of the Kabbalah, the child is taught a higher form of black magik and demon spell work, with the blackest magik, including the use of the Lords of Demons, being in the head region. The lower groups see this, but they are not taught how to do it.

It is here that the child will be broken, if possible. Only the strongest survive this level, and it is they who will become the leaders. The amount of abuse they must withstand is phenomenal.

These children are the physically strongest and have the best coping skills. However, attaining this level has nothing to do with whether they are any more prepared or willing to do evil than anyone else. I was chosen, but I never liked doing evil. I often said no. The fact that I would stand up to them showed my strengths but also increased my chances for death.

Those who become members of the hierarchy are rarely so damaged that they cannot function in a very successful career. It is rare that they end up in therapy, unless they do so for other reasons. They also rarely have any visible marks on their bodies, and rarely ever physically injure themselves. They are, therefore, more likely to be invisible in society.

Most people will have finished their level of the Kabbalah by the time they are sixteen years old.

The Kabbalah pathways

People being trained in the Satanic Kabbalah travel down the paths of the Kabbalah. All paths consist of thirteen doors. Each door has a symbol and a letter on it. In each room there is another symbol. The lower paths have no magik; the higher paths have more, plus sacred languages. Without exception, every door divisible by three will contain torture of some kind. The last door (13) contains an angel who is a booby trap.

Example of a path

This is an example of a mid path, moving up from knees to waist, used in training a young teenager:

Room 1:

The symbol is A for Alef, or the Hebrew A, which is a symbol that means return. In the room is a single yellow rose. The word "Return" is played over and over.

Room 2:

B for Bet. In the room is a man with a candle. You enter the room, and the man burns your hand with the candle while a prayer of dedication is being recited.

Room 3:

G (Gimel). Two people hold you down and rape you, using excessively large phalluses. You will recite the sex magik spell.

Room 4:

Delet. You see red, yellow and white roses. The word "traitor" is recited.

Room 5:

Heh. In blackness, the only thing heard is a series of tones. In each tone is a subliminal command. It could mean anything from "Be there Friday night" to "Kill John Doe".

Room 6:

Vav is a room of terror. It is usually pitch black, and you stand in the middle while things poke you and prod you and burn you and shock you for no apparent reason at all.

Room 7:

Zayin contains an altar with a fetus on it. You have to dissect it or you will be beaten.

Room 8:

Khet contains a chair. It is a place of refuge and rest.

Room 9:

Tet is an electrode placed in the mouth with the word "silence" repeated.

Room 10:

Yod is a demon triangle, the meeting with the demon master, and a spell.

Room 11:

Kaf. Color and tone, with word "comply."

Room 12:

Lamed. The person is strapped down, raped, and beaten, while the words "love and respect" are played over and over.

Room 13:

Mem. A spell is cast for power, and it is the setting for the Angel of the sunset.

Angels and booby traps

Each path has set booby traps that will be set off if the person tries to break the code. Not all doors contain booby traps that are designed to kill, and neither do all pathways. Only the paths divisible by three are trapped to kill. However, other traps may cause such things as a crash in the system (which in turn will cause a total loss of memory), or fabrication of wild stories in order to make the person appear insane. One of the worst traps, beside suicide, causes the person to become completely catatonic and perhaps remain so indefinitely.

One booby trap is an overwhelming feeling of guilt and depression that causes the person to shut down emotionally or to kill him, or herself. Other booby traps cause such unbearable feelings that the person gets trapped in the emotion, or door, and cannot find their way back.

The angel at the end of the path is a guard. If a survivor is trying to reverse the Kabbalah, and gets to the angel at the end of the path (in memory recovery or in therapy), it means she or he has gotten too close to the core.

This will set off a trap of death by suicide or accident. The survivor who runs from the angel can avert the trap going off. However, the angel is enticing, and will call the survivor in. This angel is so compelling because s/he is so beautiful and peaceful, and s/he causes alters in the path to feel as if s/he is the only one who can take away their pain.

The memories that can cause these pain and depression booby traps are of the deepest kind.

They include the death of a loved one, such as a brother, sister, or friend, or the death of a pet, especially by the person's own hand, or memories of abandonment, including being told they are unlovable, even by God.

The children have been told, *"No one wants you, you are worthless, no one can save you."*

Then the angel comes, and claims to be the only one who can stop their pain because s/he is the only one who loves them. This is so consoling that they want to go with the angel. The angel will help them stop the pain, but they must commit suicide, or die of a broken heart.

This is very important. It is a double-bind, with no escape from fatal consequences. As hard as it is to resist the angel-and it is very hard-if the survivor does not, he or she will die, in one way or the other, within forty-eight hours.

Breeders, fertility training, and use of babies

Breeders are girls and women whose function in the cult is to give birth to babies for cult use. They are trained using rape and sexual torture to show sexual pleasure but feel none. A breeder who feels for the fetus she aborts is no good to the group. The fetus must have no more meaning to her than an ordinary menstrual period.

The young breeder, before she begins her period, is raped on a daily basis. If she does not show pleasure to her partner, she is beaten. She is given hormones beginning at age nine to make her periods begin early and to make her gain weight. The weight is to hide pregnancy.

For the first year, her periods are monitored very carefully, so the trainer knows when ovulation takes place. Around the time of ovulation, the girl is given drugs to sexualize her.

This continues for a year. After that, if the girl demonstrates she is sexualized when she ovulates, the drugs are stopped; if she does not, the drugs continue until she is sexualized at ovulation. For some, this can take as much as three years. The girl's first few abortions are done with the use of drugs, so that she does not feel the procedure. As time goes on, less and less medication is used, until she needs none at all to abort. If the pregnancy is beyond twenty weeks, the girl is given ergotamine for several days to make her abort naturally. As time goes on some of these girls can actually abort at will. It just takes visualization for a day or two to begin contractions. A natural abortion is prized more highly than one done with instruments.

A girl who is destined to be High Priestess is also trained to become sexualized at ovulation. This is to ensure that her children are fathered by a High Priest or her mate. The fetus of a High Priestess is prized more highly than any other. Impregnation during ovulation helps to time a pregnancy so that the abortion falls on a Holy day, such as Imbloc.

It is considered that sixteen to twenty-three years of age is the best time for breeding, and that the infants that result will be of better quality.

These babies are rarely killed. They might either be raised by the group to be future leaders, sold for large profits to other groups, or put on the baby black market.

Most often, the firstborn healthy child is adopted by a member of the group residing in a different part of the country, or another country altogether, to be used as a pawn that will help control the mother later in life.

Internal calendars and dates

Internal calendars are used for special events such as birthdays, recall dates, and other such special events. These are usually learned by alters in a normal everyday way, just as you would teach any child its birthday, or what day Christmas falls on. The outside person ("host" or ANP) does not know that cult holidays are significant.

Children in Luciferian cults are taught that in the Millennium (the year 2012) Lucifer is supposed to return. The teachings that these people have received say this: We will all be called to account. Don't forget we owe our souls, so if you have been a good little Satanist, you will be rewarded; if not, you will be punished for eternity.

Satanist and Luciferian Groups celebrate both Christian and pagan holidays. Although many of these holidays correspond to the traditional pagan holidays the witches, druids, or Wiccans celebrate, you should not confuse these groups with Satanists. Traditional Pagans do not worship Satan, as they do not have such a deity in their belief systems; "Satan" is strictly a Judeo-Christian manifestation. The fact that Satanists also celebrate Christian holidays does not make Christians Satanists.

Rewards used in training

In Satanic Kabbalah, the rewards given for compliance depend on what the individual responds to. Some want money, others sex, and all want power.

Those in the situation do not even consider other rewards, such as having loving relationships, since these are not possible. They know what they will be rewarded for or what they will be punished for.

So much of Satanic Kabbalah has to do with "double binds" - putting people in the position of having to choose the lesser of two evils. Pain or less pain?

Power is preferable because it means being hurt less often and less severely. (Of course, the alter who lives in the "real world" is unaware of all this.) The highest levels of the Kabbalah contain the most rewards, balancing out the torture.

The rewards of ordinary life can seem very mild compared to those given in the cult. But I know the value of what I now have: freedom of body and soul. I am no longer a trapped soul; that is worth it.

Stella Katz

We shall hear from Stella at other points in the book regarding her own experiences both in childhood and in recovery. Her documentation of the training given to children from the perspective of the abuser group, in particular the training center, is very valuable for our understanding, as no one but an adult perpetrator is able to give us the information regarding what is done to infants. Many survivors' accounts, from many different locations, reflect the kind of experiences that Stella describes here, although they often do not know the purpose of those experiences. It is similar with the experiences of ritual abuse and mind control previously described. Many specific details and themes are constants, even though the survivors were abused by different and unrelated groups in different places. The selections from survivors in this book should be seen as not just the experiences of one or two, but as representative of many, voiced by these brave and articulate people.

The contents of this chapter in particular illustrate why therapists **MUST** be careful to do things in a particular order, rather than just responding to whatever their clients present at any given time.

Notes

1. **Editor's note:** Nine is a bit older than we have been taught to believe as the upper limit at which DID can be created.
2. **Editor's note:** The torture and training described in this section are gruesome, so reader beware.
3. **Editor's note:** Occult groups use various magikal languages, such as Enochian or Latin, in their rituals, and members have alters who are trained specifically to use these languages.
4. These memories, as well as those of perpetrating, often come up as soon as the client makes significant disclosures to a therapist. They are part of the "booby traps" to induce suicide attempts if security is breached.
5. **Editor's note:** In the angel booby traps, an alter has the job of making those who try to work through a memory feel that the angel is present in the here-and-now, and invites them to join the angel by suicide.
6. In addition to Appendix 2, a Satanic calendar authored by Stella Katz, a more detailed calendar for each year with holidays for a number of different groups can be found on the Survivorship website.

Artificial Energy System



It would be too much to do a comprehensive study on the subject of energy. For more understanding on this, please read the chapter on Energy centres in the 2019 DID SRA manual.

However, since most survivors operate out of an artificial energy system, we will explain more about this, working from the basic understanding that has already been written.

Our God given energy body is made out of the seven energy wheels and energy pathways that distribute the energy in the body.

These energy wheels can be compared to the chakra's of other religions, except that God created it and the others stole it and perverted it.

In mind control programming it is common practice to create an artificial energy system that gives survivors a much more

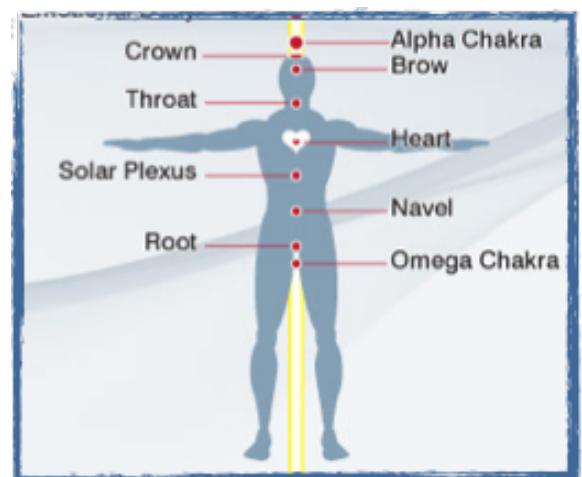
powerful energy system.

It enables them to perform 'supernatural' tasks like teleportation, remote viewing etc. what for 'normal' occult practitioners is nearly impossible to do.

They do this through the installing of two chakra's that are not naturally occurring in the body. It is called the Alpha and the Omega chakra.

The Alpha chakra is approximately 8 inches above the head and has been corded to **Metatron**.

The Omega chakra is approximately 8 inches below the spine and has thus far been corded directly to **Shiva, god of destruction** according to Hindu tradition and often associated with the **snake and phallus**.



These cordings do NOT have to be with the entities Metatron or Shiva, it can be others as well, but these are the entities that we usually find are connected to these artificial chakras.

In the programming, the programmers connects the micro Tree to the cosmic Tree of Life. The Alpha and the Omega chakras are the connection points and from there they form a 'closed circuit' that runs through the body. It magnifies the strength of the electro magnetic body as it is now connected to second heaven energy.

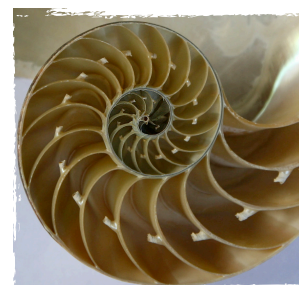
Dismantling this artificial energy system is not easy and can even be dangerous for the survivor. It is highly recommended to do this with the help of muscle testing. More on this subject can also be found in the manual mentioned before.

Sacred Geometry

Since the Tree of Life is based on the principles of Sacred Geometry, it will be helpful to get a little more understanding about this. In the next chapter we will be talking about 'Rose and Adam' in programming and there is a lot of Sacred Geometry involved as well.

What is sacred Geometry?

Sacred geometry ascribes symbolic and sacred meanings to certain geometric shapes and certain geometric proportions.



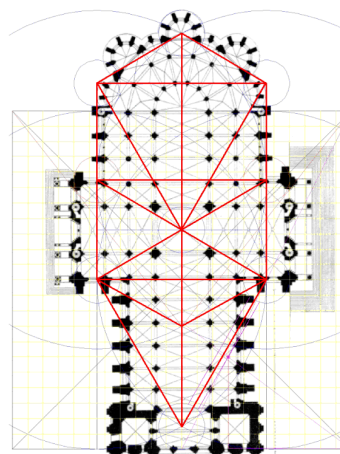
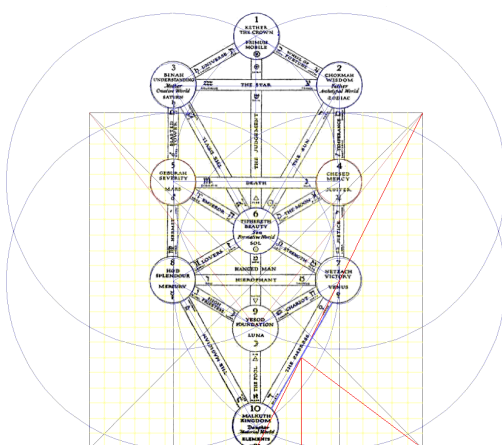
Chartres Cathedral - France

The study of sacred geometry has its roots in the study of nature, and the mathematical principles at work therein. Many forms observed in nature can be related to geometry; for example, the chambered nautilus grows at a constant rate and so its shell forms a logarithmic spiral to accommodate that growth without changing shape. Also, honeybees construct hexagonal cells to hold their honey. These and other correspondences are sometimes interpreted in terms of sacred geometry and considered to be further proof of the natural significance of geometric forms.

Geometric ratios, and geometric figures were often employed in the designs of ancient Egyptian, ancient Indian, Greek and Roman architecture. Medieval European cathedrals (ie



Chartres Cathedral) also incorporated symbolic geometry. Indian and Himalayan spiritual communities often constructed temples and fortifications on design plans of mandala and yantra.

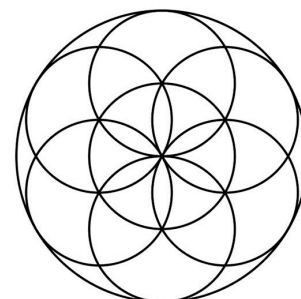


Forms of Life

There are three 'forms of life' that are commonly seen as the foundation for all shapes and patterns in creation: the **Seed of Life**, the **Flower of Life** and the **Fruit of Life**.

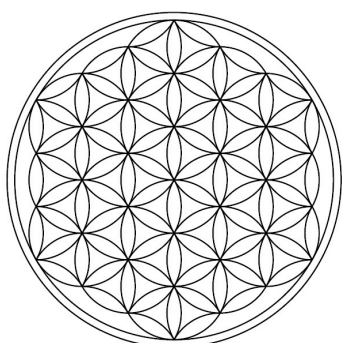
Seed of Life

The seed of Life is a **universal symbol of creation** and it is made up of seven circles; one in the center, and six others placed around it. These circles are not just touching, though, but overlapping. The overlapping pattern of the seven circles creates a design of interlocking rings, with what looks like a small, blooming flower in the middle. This flower is also called a '**rosette**' or **little rose**.



The basis of the Seed of Life is the circle, and in sacred geometry circles represent cycles, as well as encompassing things. In this case, the seven circles are often compared to the seven days of creation, with the different circles being ascribed to different points in the universe's making. The overlapping of the circles shows that these events did not happen independently of each other, either, but that each is intimately connected to the next, building atop what came before it.

Flower of Life



If you continue to add circles and expand the design, then the Seed of Life grows, becoming a symbol referred to as the **Flower of Life**.

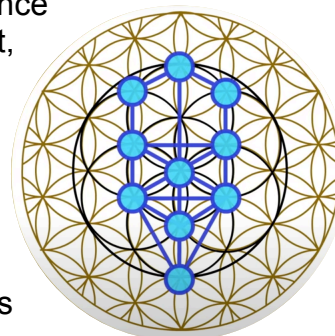
The Flower of Life is made of evenly-spaced, overlapping circles with six-fold symmetry similar to a hexagon. The Flower of Life embodies our **Life Force energy**, or Chi, and the lifeblood that flows through us.

Our energy, the Earth, and everything in the Universe is woven within a common repeating pattern that manifests in the geometry of this single sacred flower. Its perfect, infinite pattern represents the very thread of our being, stretching across planes and dimensions.

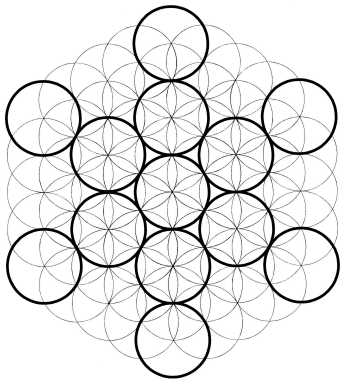
The Flower of Life symbol is used throughout the world, since thousands of years. It can be found at the Temple of Osiris in Egypt, the Forbidden City in China, and sacred sites in Israel, India, Spain, and Japan.

The **Tree of Life** already comes from the Seed of Life, but is mostly portrayed on the flower of life:

Tiferoth, the middle Sefirah is also the middle of the Rosette that is in the middle of the flower of life.



Fruit of Life



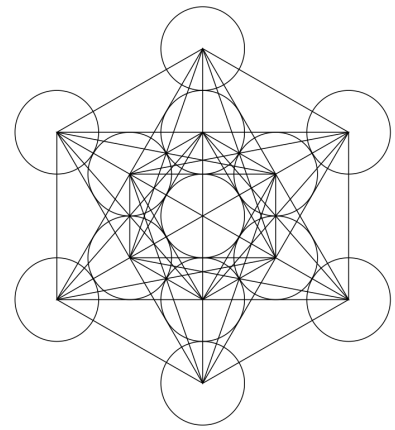
As you can see on the picture of the flower of life, a double circle is drawn around it. According to some occultists this was done to contain the secret knowledge that is revealed when you remove this double wand: **the Fruit of Life**.

If you finish the circles on the outside, you get a total of thirteen circles. If you then draw a circle around it and connect the centre of every circle with a line (78 in total) you get the complete Fruit of Life.

You might recognise this figure from the previous chapter on Metatron, because this figure is also called **Metatron's Cube**.

The Fruit of Life is one of the holiest and most sacred forms in existence. It contains **every shape that exists in the universe** God has created, and those shapes are the building blocks of all physical matter. They are known as Platonic solids because they are named after the philosopher Plato, who said each of these shapes **corresponds with one of the elements**: earth, fire, air, water, and ether.

Literally, **everything in the world** can be traced to these shapes in one form or another: from the flowers and trees to human DNA and cell structure. Sacred spaces such as mosques and temples are also created using these patterns. It is even believed that these shapes hold the power to open **communication channels to 'The Source.'**



All these esoteric meanings would be an interesting study to do in itself... maybe for another day.

God and 'sacred' geometry

All the things that scientists and occultist observe in nature is not necessarily wrong. There ARE patterns in creation and God did use building blocks to form everything that exists. The pattern of the Tabernacle to God gave to Moses has a beautiful pattern, which is only logical, because it is a copy of the Heavenly Tabernacle.

However, the sad thing is that people start worshipping objects and creation in stead of The Creator. Paul already explained this to us in Romans 1:21-25

Amplified

For even though they knew God [*as the Creator*], they did not honour Him as God or give thanks [*for His wondrous creation*]. On the contrary, they became worthless in their thinking [*godless, with pointless reasonings, and silly speculations*], and their foolish heart was darkened. **22** Claiming to be wise, they became fools, **23** and exchanged the glory *and* majesty *and* excellence of the immortal God for an image [*worthless idols*] in the shape of mortal man and birds and four-footed animals and reptiles. **24** Therefore God gave them over in the lusts of their own hearts to [*sexual*] impurity, so that their bodies would be dishonoured among them [*abandoning them to the degrading power of sin*], **25** **because [by choice] they exchanged the truth of God for a lie, and worshiped and served the creature rather than the Creator, who is blessed forever! Amen.**



Sacred Geometry and Rose

In a lot of survivors we have found that there are one or more parts that are called Rose (or a variation thereof). Maybe this is because it is a common name or maybe because it a very innocent name, or maybe the programmers just liked that name.

While all of the above could be true, we now seem to have found a much deeper reason why this could be. Knowing what we know now about Kabbalah and sacred geometry, we can now understand more about Rose in a survivor.

While working with survivors and the Roses in their system, we started to see a pattern in the role and the function of Rose.

Some observations:

- ◆ More than most female survivors have a Rose
- ◆ In these survivors, most have a 'little Rose' and a 'big Rose.'
- ◆ Most survivors claim that the part Rose was already there from 'before' conception.
- ◆ Even though the Rose-parts are very connected to the Kabbalah Tree, they are not part of it. Mostly they say they are **above** the Tree or that they are the **foundation**.

If we combine what we have read in the chapters before with what we have observed, there are a few important lessons we can learn from this.

Rose the Foundation

It is interesting to hear about all the different Rose parts who insist on existing before there was conception. We know for a fact that this isn't possible, because our humanity only starts at the moment of conception. It seems to be the case however, that Rose is connected to the Seed of Life, or the Rosette.

One survivor describes it as this:

I see myself as a rose growing into the ground. The roots become one big root symbolising a time-line that goes all the way back to Cain. From Cain it goes into the Garden of Eden and into the Tree of knowledge of good and evil.

The Seed of Life is seen as the symbol of creation. Out of the Rosette, the Kabbalah Tree was created and for this reason we believe that the part Rose **perceives** herself to be older than the Conception Identity (CI).

The part Rose is not older than the CI, **but the concept of what she represents is**. She is not only the foundation on which the Tree is built, but she's also the fruit, the result or the totality of every thing that has been done in the person to create a total mind control slave.

After some research, we found that there is the general belief by Kabbalists that **Lilith** was the 'half serpent half human' creature that deceived Eve into eating from the forbidden fruit.



After Adam and Eve were removed from the Garden, Lilith came to Eve, had sex with her and out of that union **Cain** was born. According to this story, Cain would be **the first nephilim** that was born. This would explain why Cain seems to be the main bloodline that all the generational iniquities are going back to.

Roses are also a sexual symbol. They represent the vagina and you can see the similarities when you look at a rose from above.

It might be that when working with parts in a survivor that are called Rose, you will find that **all the sexual goddesses are converging** and that there is very strong sexual programming. Names as **Venus, Ishtar, Inanna etc.** should not be a surprise to all come up in Rose.

It might be good to work through manuals like 'Worship at the mound of Venus' and 'Menstrual blood in Ritual.'

In some survivors Rose is also the part that has become the main programmer.

Rose often functions in the world of Atziluth / Lucifer. She is also seen as a strong warrior who is protecting Lucifer. At the same she is very well hidden inside the system and has strong protection around her.

Unfortunately there haven't been a lot of male survivors coming forward. But with what we know now, is that it seems that the male counterpart of Rose, is Adam.



Conclusion

Understanding Kabbalah is not easy, but working with survivors requires at least a basic understanding.

We believe that the Kabbalah Tree and the belief system that goes with it, is foundational in the programming of a mind control slave.

This still means that before you can start working with a survivor to dismantle the Tree, you first have to find the **Conception Identity** and the rest of the **Core Identities**. But once you have found those parts, it can help to systematically work your way through the principles described in this document.

While you work your way through it, you will find that it brings you to virtually every Prayer of Renunciation that we have available regarding DID SRA. However, instead of being in the dark as to what you're actually doing, having this knowledge will give you an idea where you are in the healing journey of a survivor.

Remember, every survivor is unique! So they will all walk their own journey, with their own memories on their own pace. You are their **coach**. You can't do the work for them, but you can help them to navigate through their horrific past and to let God bring the healing that He can't wait to bring.

Let's be thankful that we serve the **real uncreated God of this universe** and that He is on our side!

Ephesians 3:14-21 (NASB) *"For this reason I bow my knees before the Father, from whom every family in heaven and on earth derives its name, that He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit in the inner man, so that Christ may dwell in your hearts through faith; and that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the breadth and length and height and depth, and to know the love of Christ which surpasses knowledge, that you may be filled up to all the fullness of God. **Now to Him who is able to do far more abundantly beyond all that we ask or think, according to the power that works within us, to Him be the glory in the church and in Christ Jesus to all generations forever and ever. Amen.**"*

Appendix 1: Sephira Connections

Name	Meaning	Chakra	Precious Metal	Flower
3 Negative Veils	Ain, Ain Soph, Ain Soph Aur		Star Sapphire / Black diamond	Lotus / Rose
Kether	Crown	Crown	Diamond	Almond in flower, banyan
Chokmah	Wisdom	Third Eye	Star Ruby / Turquoise	Amaranth / Mistletoe / Bo or Pipal tree
Binah	Understanding	Throat	Star Sapphire / Pearl	Cypres, Opium Poppy, Lotus, Lily, Ivy
Chesed	Mercy	Heart	Amethyst / Sapphire, Lapis Lazuli	Olive, Shamrock, Opium poppy
Geburah	Strength	Heart	Ruby	Oak, Nux Vomica, Nettle, Hickory
Tiphareth	Beauty	Heart	Topaz, Yellow Diamond	Acacia, bay, Laurel, Vine, Oak, Gorse, Ash, Aswata
Netzach	Victory	Solar Plexus	Emerald	Rose, Laurel
Hod	Splendour	Sacral	Opal, especially fire opal	Moly, Anhalonium Lewinii
Yesod	The Foundation	Root	Quartz	Banyan, Mandrake, Damiana, Ginseng, Yohimba
Malkuth	The Kingdom	-	Rock Crystal	Willow, Lily, Ivy, Pomegranete, all cereals
Daath	Knowledge	-		

Name	Egyptian	Hindu	Scandinavian
Negative Veils	Heru-pa-Kraath	AUM	-
Kether	Ptah	Shiva, Brahma	Woatan
Chokmah	Isis	Shiva, Vishnu	Odin
Binah	Nepthys	Sakti, Prana, Yoni	Frigga
Chesed	Amoun	Indra, Brahma	Wotan
Geburah	Horus	Vishnu, Varruna	Thor
Tiphareth	Ra	Vishu, Hari Krishna, Rama	Balder
Netzach	Hathoor	Bahavani	Freya
Hod	Thoth	Hanuman	Odin, Loki
Yesod	Shu	Ganesha, Vishnu, Kurm Avatar	-
Malkuth	Osiris	Lakshmi, Kundalini	-

Name	Greek	Roman	Christian
Negative Veils	Pan	-	-
Kether	Zeus, Iachhus	Jupiter	God the 3 in 1
Chokmah	Athena, Uranus, Hermes	Janus, Mercury	God the Father, God who guides parliament
Binah	Cybele, Demeter, Rhea, Heré, Psyche, Kronos	Juno, Cybele, Hecate	Virgin Mary
Chesed	Poseidon, Zeus	Jupiter, Libitina	God Rainmaker, God farmer's friend
Geburah	Ares, Hades	Mars	Christ coming the judge the world
Tiphareth	Iaccus, Apollo, Adonis, Dionysus, Bacchus	Apollo, Bacchus, Aurora	God the son, Maker of fine weather
Netzach	Aphrodite, Nike	Venus	Messiah, Lord of hosts
Hod	Hermes	Mercury	God the holy Ghost, God healer of plagues
Yesod	Zeus, Diana (as Luna and phallic stone), Eros	Diana (as Luna), Terminus, Jupiter	God the holy Ghost (as incubus)
Malkuth	Persephone, Adonis, Psyche	Ceres	Virgin Mary, Ecclesia Xsti

Appendix 2: Survivor Testimony

Sarah's Story

On the day of her birth, her father had taken the wooden mallet he used to drive wooden pegs into wooden beams, and tapped her forehead with it. Her body had instantly gone into convulsions and for a short time she had stopped breathing. This was not due to the tap of the mallet but due to the download of spiritual evil that had been assigned to her body by the will of the father at that instant.

The little girl's experience was that the mallet had been smashed into her head, that it had swollen to several times its normal size and that her life had been spared only by the goodness of the gods of her ancestors. She was later told that the whole group had gathered to pray, asking the gods they served to "test" this girl to see if she was "strong enough to live". Since she survived, it was supposed that their gods had "chosen" her, "healed" her, and now "owned" her head. She was later taught that these three gods were joined together in a jeweled crown, which floated between her skull and her brain, guiding and directing her life and will. She was convinced that the seed of the Tree of Death had been planted in her body on the day of her birth.

Three months later, the baby had been laid on the wooden altar, and the father had punched the infant in the chest with his fist, temporarily stopping her heart. The baby briefly turned blue and then back to normal pink as the heart resumed its rhythm.

The little girl's experience was that her entire body burned as if an internal fire had exploded in her chest, a sensation produced by the download of spiritual evil that had accompanied the punch. She was led to believe that it was the god of the heart who had restarted her heart and spared her life. Since she lived, he was now the source of "beauty" within her heart. He would guide and control her emotions. She was later taught that the burning sensation meant that the seed of Tree of Death had sprouted.

When the infant was six months old, the baby had been tied to the wooden altar, legs widespread and her hymen ruptured with an intricately carved wooden rod. Since she was female, the mother herself had been the hand behind the agony.

The little girl's experience was that a red-hot steel rod had been thrust completely through her body, a sensation produced by the download of great spiritual evil that had accompanied the penetration. With the removal of the rod, she perceived that all of her blood had been drained from her body and that the gods of her ancestors had graciously spared her life. She was later taught that the sensation of the rod was the rapid growth of the Tree along her spine as the Tree of Death had been watered with her blood and could mature. But, as it was explained each time she was raped, it would have to be watered regularly with her vaginal blood until her body began to water it with menstrual blood.

The infant was nine months old when the toes of her left foot were punctured with a sewing needle and the right foot squeezed.

The little girl's experience was that a venomous snake had struck her big toe; a female black widow spider had bit her second toe; a bee had stung her third toe; a wasp had stung her fourth toe; and a scorpion had stung her little toe. The download of spiritual evil had formed those pictures within her mind as well as the illusion her whole foot and leg had swollen to gigantic proportions. They had also created the excruciating pain. They created the picture that the father had taken her body into his shop and squeezed her right foot in his big vice, completely crushing her right foot. She had "heard" the sound of the bones in her foot being crushed. She was persuaded that since she had survived the venom and the crushing, she carried great spiritual power. She was convinced that the Tree of Death within her now had its roots in agony and venom.

The bee sting was added to the left ear on her first birthday. The bee had been inserted, stinger first, into her ear canal and the animal tormented until it stung. A leather-making steel awl was pressed into the right ear causing great pain.

The little girl's experience was that a queen bee had crawled into her left ear and laid its eggs, they had hatched and the larvae were now eating her brain. The tremendous download of spiritual evil that accompanied the bee sting had created that picture in her mind. The picture created on the right side of the head was that the awl had punctured the eardrum and all the fluid on the right side of the brain had run out of her ear. She was later informed that they had invited one of their gods to heal the left side of her brain and give her "wisdom"; they had invited another of their gods to heal the right side of her brain and give her "understanding". The constant ringing in both ears, she believed, was a constant reminder that only they had wisdom and understanding so it would be useless to attempt to find it anywhere else. She was convinced that the Tree of Death had begun to branch out and the two columns had begun to control the left and right sides of the body.

At fifteen months, the right shoulder was dislocated and the left upper arm bone broken in a green-tree fracture by the stomp of father's heavy boot. A major download of spiritual evil was sent into these two parts of the body to take control. "Judgment" was to rule the left arm and "Mercy" the right.

Her experience was that molten gold had been poured into her shoulders creating complex occult shapes within her bones, even replacing her bone in one arm. The burning sensation had been long-lasting as the gold had "cooled" over the several weeks it took for her shoulder and arm to heal. She was convinced that the Tree of Death had fully branched out at that time within her body and that she was eternally trapped between "judgment" and "mercy".

The horse's iron shod hoof whizzed past the little girl's face as Blackie, the plow horse, kicked back in annoyance. The little girl's father was tickling the flank with a corn stalk while the mother held the 18 month old girl behind the horse, trying to gauge where the horse's hoof would fly the next time so she could move her daughter into harm's way. The next kick brushed the girl's left leg, so the mother adjusted her hold a bit and nodded her head again. Tickle, kick, wham! This time a direct hit just below the waist of the little girl. The mother checked. Yes, the leg was definitely hit hard enough to break, but was it broken? Flexing the girl's leg, the mother saw that it bent in an unfamiliar place. Yes, it was broken and the little girl was unconscious from the pain. The mother laid her daughter on the straw. The father moved beside her, grabbed the right leg of the little girl and with a strong jerk and a twist, quickly dislocated the right hip.

The little girl's experience was that her lower body had been consumed in liquid fire, that acid had been poured into the hip socket and cobra venom injected into the other leg. The pictures created by the spiritual evil assigned to the girl by the will of both parents had been that the Tree of Death had shot its roots down her legs to get to the venom and acid now contained within her marrow.

The little girl was later instructed that these were gifts from the gods named "Glory" and "Victory" as she gave them her legs. She was convinced that the Tree of Death was now fully grown within her body. It would rule her life forever and she would never turn from the path of her ancestors.

On her second birthday, the ten sacred locations on her body were joined together with the sacred twenty-two paths. She was given a special sucker as a birthday gift by a man she had never seen before. As she licked it, the mild hallucinogenic drug was ingested. That night she was placed on the stone altar, and the tip of the knife scratched connecting paths between the ten special places of her body that had been dedicated to the various gods.

In the little girl's experience, the knife cut deeply into the flesh and that wires were laid alongside of her bones to connect the ten places with twenty-two paths. Each wire glowed red hot in response to the man intoning the correct path name. The flesh was then healed without leaving a scar.

The picture was created by the spiritual evil downloaded in conjunction with the drug and the verbal description of what the installer was doing. The man then stood between the father and the mother placing his left hand just below her throat and leading in a strange chant. The picture in her mind was that a bright white ball of light materialized within his right hand, floated in the air, moved into his left hand and then melted into her chest.

A burning sensation was felt at the base of her throat, not painful but very warm. Suddenly she felt peaceful and warm, like floating in warm water. She was later taught that the Tree of Death had blossomed and given her an eleventh special place through which she could access the secret knowledge of the universe. She was now connected to the most secret source of illumination, to the "light-bringer" himself and now had become part of the "Illuminati".

Appendix 3: Structures in a survivor

It has been discovered that survivors actually have 13 CORE parts and not only THREE as previously taught. These are put in place from Conception Identity up to the age of 13.

There are still the THREE PRIMARY parts - but they then have another three connected to each one ... making a total of 12 PLUS no 13 as PRESENTER.

We have also found that there are TWO SYSTEMS you have to deal with when trying to dismantle these structure:

1. BLOODLINE SYSTEM

2. QUANTUM SYSTEM

Bloodline system		Quantum system	
	Alexei		Samael
Alexander (Russia)	Nicholai	Gabriel	Nimrod
	Mikael		Apollyon
	Harry		Metatron
George (UK)	Elisabeth	Michael	Hitler
	Phillip		Raziel
	Friedrich		Belial
Wilhelm (Germany)	Adolf	Raphael	Daniel
	Jozef		Napoleon

Appendix 4: Becoming friends with your Body

Another important step in the healing journey: Becoming friends with your body³.

You need to understand that the BODY, SOUL and SPIRIT are EQUAL before God. We have always down-played the BODY because we equated the BODY as the FLESH that needs to be crucified.

REMEMBER: SIN needs to be crucified and NOT the BODY!

With the amount and intensity of trauma that survivors go through, it is impossible to stay in the body and survive. That is why survivors learn to split in parts and to go outside the body.

It is very important in the healing journey of a survivor that they reconnect with their body and learn to appreciate it and all that it has gone through.

The body was not able to escape the torture and programmers use this to their advance.

When they torture the body and they see that there is dissociation from the torture, they build in structures (both physical, emotional and spiritual) to trap the body in that moment.

Physical

In the physical there are surgical techniques available that can build structures in the body on a nano level.

They use **nanobots and zeno bots** (research available on the internet) to build microscopic structures in organs, the brain and lots of other places in the body.

These structures are built on a physical level, but their purpose is not only that, but also to function as a holding place for what is done in the spirit and on an emotional level.

For example... One survivor was experiencing terrible pains in the gallbladder, even after it was surgically removed. Working with a specialised therapist in the USA, we discovered that in the natural the gallbladder functions as a '**back door**' to other organs.

Through the revelation of the Holy Spirit, it was discovered that in the place of the gallbladder, a physical structure was built with nano technology. This structure functioned as a back door for programmers to keep a hold on the survivor and it needed to be destroyed through prayer and warfare.

Emotional

Emotional 'structures' are built with the use of trapped emotions. With every physical trauma that the body goes through, emotions get trapped to a certain part of the body (this can be ANY part of the body).

With a survivor that goes through trauma on a daily basis, you can only imagine how many emotions are trapped in the body.

³ Please see Prayer Book 4 for more information

These emotions need to be released, which is in itself a very time consuming (but rewarding) process. Doing this with the help of muscle testing has proven to be very efficient and effective.

Sometimes these emotions get trapped on purpose to be connected to a physical structure. This causes the structure to become a more powerful stronghold.

Spiritual

Everywhere around us we see that physical objects are used to hold a spiritual charge. We find it in the Bible and of course we will then also find it in the occult.

Satan has brought this to the next level with those who work for him, whereas Christians have (often) lost the interest or faith in the power of symbols and physical action to do something in the spirit.

We have found that demons, entities etc. can be connected to specific parts of the body (this can be with ANY person). With survivors this is always done on purpose.

They can place gatekeepers to certain organs or energy wheels to make the survivor stronger in the cult and of course to keep him/her in bondage.

Often a survivor will make **covenants with entities** and they sacrifice themselves or a part of their body to this entity. This gives the entity a legal right to the body and it will have to be dealt with on that level as well as the spiritual.

When there are physical structures built, you will ALWAYS find entities that are connected to these. Actually, you can see this structure as a **temple** for a specific entity.

(Remember to also always check for dead human spirits attached to the entities.)

Being friends with the body

Most survivors will carry a deep hatred and feelings of betrayal towards their body.

In their mind the body should have been able to not feel the pain, or not get aroused when stimulated, because that would always be used against them. Their body is 'the weak link' and the perpetrators would always find something in the body to trick them with.

For this reason, many survivors don't treat their body well. They don't eat healthy, don't sleep enough, don't give it the care that it deserves etc.

Even for non-survivors this is a challenge and not many people know how to truly care for their body and give it the appreciation it deserves.

We won't get into the 'The body as a temple of the Holy Spirit' discussion, there is enough information available on that. But it will be good to really study that with a survivor.

Also, as a counsellor it is very important that you not only tell a survivor that they need to be friends with their body, but you also need to **SHOW** how it's done.

- ❖ **Ask yourself if you as a counsellor are truly friends with your body?**
- ❖ **Do you give it the care and appreciation that it needs?**

And if not, be honest about it when talking with a survivor. As a counsellor you are no super human, and being honest about your own shortcomings makes you only human. But when a survivor sees that you work on it, they will believe that it is possible for them as well.

It really is crucial for survivors to become friends with their body, because only then they will be able to release the trapped emotions and everything else that the body is holding.

Friendship indicates that there is appreciation, respect and love for the other. It also indicates that there is a RELATIONSHIP.

You can't treat the body as just a piece of meat, it's so much more than that. It has gone through the most horrific trauma and it survived.

Unlike the person IN the body, the body wasn't able to dissociate and the nerves felt every single moment of torture.

The body might have learned how to not communicate the pain with the brain, but that doesn't mean that it wasn't there. So the body really needs some love and care.

How to be friends with the body

This could be a very long list with tips and tricks on how to be friends with the body, but we will just give you a few examples. It is not hard to know what to do.

It is much harder to actually do it.

- ◆ Don't judge the body - when there is pain don't be angry with the body or feel sorry for yourself. Take time to acknowledge the pain and see what the body needs. Painkillers really aren't the answer. It might be needed in some cases, but don't just numb yourself.
- ◆ Speak to your body - Be honest about your struggle, but also be kind. Tell your body that you're trying to accept it and to learn to appreciate what it went through. Give your body compliments and encourage it to 'speak' to you about its needs and wants.
- ◆ Listen to your body - Pain is not a nuisance or something to ignore. God gave your body a way to communicate when things are out of order and pain is one of those ways. If you have pain, ask yourself if you are doing things that the body can't handle at this time. Does your body need sleep? Does it need you to exercise more, or less?
- ◆ Treat your body well - Your body might have gotten addicted to things like sugar etc. to treat itself. Don't judge, but tell your body that things need to change. If your body 'understands' that it needs to cut down on the sugar, it won't protest as much and the addiction will be easier to break. Also, treat the body on something that shows love and care, like a manicure or a massage. It might be something that you as a person doesn't particularly enjoy, but it might be just what the body needs to know that you really care about it.

- ◆ Give the body time to recover - Seriously, give it time. Think about the many years that it has taken you as a survivor to mentally and spiritually process what has happened to you. Don't expect your body to 'get over it' in a few weeks or months. Your body needs to get a chance to release the trapped emotions, to get back in balance and that can take a long time.
- ◆ And in some ways the body might never truly recover. We read that even Paul longs to go to Heaven and to be released from his earthly body. We have the promise that there is a heavenly body for us, but until that moment, we have to give our earthly body the best that we can give it.

Be creative. You live inside a body and the better friends you are, the more you will be able to enjoy life.